

DECEMBER 2005

**HOLIDAY
ALKATHONS**

5:00 pm Saturday, Dec 24th through 11:00 pm Sunday, Dec 25th
and

5:00 pm Saturday, Dec 31st through 11:00 pm Sunday, Jan 1st

Nassau Intergroup Office
361 Hempstead Turnpike, West Hempstead 11552

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

Dec 7	8:00 pm	Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville				2006
Dec 8	7:00 pm	PI/CPC Committee Meeting	Jan 1	11:00 pm		ALKATHON Wraps Up
Dec 14	8:00 pm	Share-A-Day Committee	Jan 4	8:00 pm		Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville
Dec 17	8:00 am	Group Exchange Meeting Ethical Humanist Society 38 Old Country Rd, Garden City	Jan 5	7:30 pm		Intergroup Rep's Orientation
Dec 18	1:00 pm	Special Needs Committee	Jan 11	8:00 pm		Intergroup Rep's Meeting
Dec 19	7:00 pm	GSR Orientation	Jan 12	7:00 pm		Share-A-Day Committee
	7:30 pm	GSR Meeting	Jan 15	1:00 pm		PI/CPC Committee Meeting
Dec 21	7:00 pm	WebSite Committee	Jan 18	7:00 pm		Special Needs Committee
Dec 22		NEWSLETTER DEADLINE	Jan 19			WebSite Committee
Dec 24	5:00 pm	ALKATHON Kicks Off	Jan 26	7:30 pm		NEWSLETTER DEADLINE Steering committee
Dec 25	11:00 pm	ALKATHON Wraps Up				
Dec 29	7:30 pm	Steering Committee				
Dec 31	5:00 pm	ALKATHON Kicks Off				

Nassau GSC will not meet in January

WE LIST ONLY A.A. MEETINGS

MEETING CHANGES

Bayville: Triangle Group Monday night beginner's meeting now begins at 7:45pm.

Brookville/Muttontown: Brookville/Muttontown Group will now hold all its meetings in the church basement.

Hicksville: Primary Purpose Group Friday is now a Beginner's mtg. Third Friday of every month is an Open meeting at 8:15pm.

Island Park: Below Sea Level Group will no longer hold its Sunday 7:00pm meeting.

NEW MEETINGS

Hempstead: Reality in Hempstead Group will meet at Family & Children Association 126 N. Franklin St, Hempstead. Beginner's meetings on Mondays at 4:00pm and Step meetings on Thursday at 4:00pm.

Lynbrook: Primary Purpose Group at Lynbrook Baptist Church, Earle Ave/Peninsula Blvd. Tuesdays: 7:00pm – Beginner's Meeting; 8:00pm – Open BB Meeting..

Manhasset: North Shore Group 1:00pm Open Discussion mtg. will be held on Sundays at the Extended Care Facility, North Shore Hospital Community Drive, Manhasset.

COMING UP

The "old-timers" open meetings-speakers with 25 or more years sober-will continue in November.

Here is this month schedule:

Dec 6 8:00pm Levittown Turnpike Group
Dec 9 9:00pm Baldwin New Outlook Group
Dec 18 8:00pm Seaford Gratitude Group

If you are interested in getting involved in this commitment contact Brian through the Intergroup office (516) 292.3045 during business hours.

Registration forms Now Available for
the 2006 SENY Convention
March 31 – April 2, 2006
Westchester Marriott Hotel
Tarrytown, New York
www.aaseny.org

A MESSAGE FROM:

Ed the Literature Guy



On Sale at InterGroup

PASS IT ON

One reader's review:

"Great story about a great man, who is very ordinary. Details, dates and pictures tell the story very well and it reads easily. Book provides details/history behind movement, Step development and original players involved with Bill W. and the Oxford Group."

"What you'll get out of this book is a complete history of the 'whys' and 'wheres' of AA, explaining, in great detail, the painstaking measures one man took to bring AA to the world."

An excerpt from the book:

"A few hours later, Bill[W.] said goodbye: 'I went down the steps and then turned to look back. Bob stood in the doorway, tall and upright as ever...This was my partner, the man with whom I never had a hard word. The wonderful, old, broad smile was on his face as he said almost jokingly, 'Remember Bill, let's not louse this up. Let's keep it simple!' I turned away, unable to say a word. That was the last time I ever saw him."

Dr. Bob died at noon the following Thursday, November 16 [1950]."

©1984, 'PASS IT ON'...The story of Bill Wilson and how the A.A. message reached the world, page 342

2006 Share-a-Day Theme Contest

It's that time again to submit your entry for our 2006 Share-a-Day theme. You could be the lucky winner! But, as you know, you have to be in it to win it. All entries must be submitted by February 8th, 2006. The winner will receive a small token during the event (the date and venue will be announced shortly.) Please submit your name, phone number and theme to:

shareaday@nassauny-aa.org

or leave the information at the Intergroup office. The Share-a-Day Planning Committee meets the second Wednesday of every month, this month's meeting will be held on 12/15/05, 8:00pm at the Intergroup office. We look forward to receiving your entries.

Blessed to Serve

Cynthia RS

Share-a-Day Chair

shareaday@nassauny-aa.org

NIGHTBOOK

"First Things First"

Thanks to all who have given "one night" showing their gratitude for their sobriety by answering the phones. Anyone sure not how the Nightbook works feel free to call me or ask your sponsor. May everyone have a sober, happy, and healthy holiday. Thanks to the following groups for answering the telephones for November:

- ✓ Great Neck *Big Book Group*
- ✓ Plainview *Easy Does It Group*
- ✓ Massapequa *Lost Weekend Group*
- ✓ Franklin Square *Decision Group*

Yours Gratefully in Service,

Tony T

nightbook@nassauny-aa.org

SEAFORD TIME GROUP

invites you to celebrate
its Annual Group Anniversary

Saturday December 10, 2005

*Food 7pm Speaker 8pm
Music 9pm – 12 Midnight*

PHONE VOLUNTEERS:

Anyone with 6 months sobriety, who is interested in answering the phones.

CONTACT: Joe M (516) 292.3045

officemanager@nassauny-aa.org

From the Chair:

I have heard it said that the most difficult times for the alcoholic are the holidays. They also can be the most exciting and fun. Between Thanksgiving and New Year usually is only about six weeks, but for the newcomer and the suffering alcoholic it can seem like a lifetime. Here at the Intergroup Office we have our Alkathons, groups have special holiday parties, so therefore you do not have to be alone. Make as many meetings as you can, call your sponsor, help someone else, less fortunate, and try to remain hopeful. Sobriety is a special gift, so remember to pass it on, especially during the holidays. I wish you all a peaceful and joyful holiday season. Most importantly let us remember to recognize the divine that is in each and everyone of us, and remain grateful for what was so freely given to us.

Thank you for my life,

Marie MS

chair@nassauny-aa.org

ANNOUNCING

QUEENS INTERGROUP

Our Saviour Lutheran School

64-33 Woodhaven Blvd.

Rego Park, New York 11374

HOLIDAY SEASON SHARATHON

4:00pm Friday, December 23rd through

10:00pm Sunday, January 1st, 2006

BALDWIN GROUP OF A.A.

1ST PRESBYTERIAN CHURCH

717 ST. LUKE'S PLACE

BALDWIN, NEW YORK 11510

Invites you to a
Christmas Celebration

December 25, 2005

1:00pm – 4:00pm

meetings, camaraderie, food

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 *List up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.*



2 *Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.*



3 *Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.*



4 *Find out about the special holiday parties, meetings, or other celebrations*

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 *Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.*



6 *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



7 *Don't think you have to stay late. Plan in advance an "important date" you have to keep.*



8 *Worship in your own way.*



9 *Don't sit around brooding. Catch up on those books, museums, walks, and letters.*



10 *Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."*



11 *Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.*



12 *"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.*