

December 2007

HOLIDAY ALKATHONS

5 PM DECEMBER 24 THROUGH 11 PM DECEMBER 25

AND

5 PM DECEMBER 31 THROUGH 11 PM JANUARY 1

BOTH AT: NASSAU INTERGROUP OFFICE, 361 HEMPSTEAD TURNPIKE, WEST HEMPSTEAD



NEW LOCATION FOR MONTHLY INTERGROUP REPS MEETING

STARTING JANUARY 3, 2008, THE MONTHLY REPS MEETING WILL BE HELD AT

THE GARDEN CITY COMMUNITY CHURCH, STEWART AVENUE (AT WHITEHALL BLVD.), GARDEN CITY 11530

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

<u>December</u>			<u>January</u>		
Dec 6	7:30 pm	Intergroup Rep's Orientation	Dec 27	7:30 pm	Steering committee
	8:00 pm	Intergroup Rep's Meeting	Dec 31	5:00 pm	New Year's Alkathon
Dec 11	7:00 pm	PI/CPC Committee Meeting			
Dec 12	8:00 pm	Share-A-Day Committee	Jan 1	11:00 pm	Alkathon ends
Dec 13	7:00 pm	Special Needs Committee	Jan 2	8:00 pm	Institutions Committee
Dec 13		Early Newsletter DeadLine			Simpson Methodist Church
Dec 15	7:30 am	Speakers Exchange Mtg			Locust and Sunset, Amityville
		Garden City Community Church	Jan 3	7:30 pm	Intergroup Rep's Orientation
		Stewart Ave & Whitehall Blvd		8:00 pm	Intergroup Rep's Meeting
Dec 17		Nassau General Service Committee			Garden City Community Church
	7:00 pm	GSR Orientation			Stewart Ave & Whitehall Blvd
	7:30 pm	GSR Meeting	Jan 8	7:00 pm	PI/CPC Committee Meeting
Dec 19	7:30 pm	WebSite Committee	Jan 9	8:00 pm	Share-A-Day Committee
Dec 24	5:00 pm	Christmas Alkathon	Jan 16	7:30 pm	WebSite Committee
		y till	Jan 24		Newsletter DeadLine
Dec 25	11:00 pm	Alkathon ends	Jan 31	7:30 pm	Steering committee

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Mineola: Gratitude Group has a new location: Lutheran Church of Our Savior, 132 Jefferson Ave/Willis Ave.

Rosedale: Circle of Serenity's Saturday Open Discussion meeting is now 1.5 hours, from 7:30-9pm. St Pius School, 148-10 249th St. (basement).

NEW MEETINGS

Manhasset: The 11th Step Meditation Group meets at 10:00am, Tuesdays. Children welcome. Shelter Rock Church, 626 Plandome Road. 11030.

Manhasset: The Searingtown Serenity Group meets at 7:30pm, Wednesdays. Step meeting. St. Ignatius Retreat House (lower floor, rear). Searingtown Rd. 11030.

PHONE VOLUNTEERS:

Anyone with 6 months sobriety,
who is interested in answering the phones,
CONTACT: the Office Coordinator:
(516) 292-3045

NIGHTBOOK

Happy Holidays to all you sober drunks! We've all been given our gifts already – a gift that keeps on giving, a spirit-filled life! God bless you all. Thanks to these groups for taking the nightbook in November:

Oceanside - One Day At A Time
New Hyde Park - South 9th Street
Williston Park - The Solution Group
Baldwin - Over 40 Group

Yours in Love and Service,
Nightbook Chair
nightbook@nassauny-aa(dot)org

From the Chair

Dear Friends:

It's hard to believe that a year has gone by so quickly. I hope 2007 has been filled with wonderful experiences, lots of growth, consistent change, and showers of blessings.

We are still looking for a Secretary to sit on our Steering Committee. This position is very important for YOUR Intergroup office, as this person will be responsible for taking the minutes during the Steering Committee meeting (held the last Thursday of each month) and the Reps meeting (held the first Thursday of each month). If your sponsee is in need of a commitment, this may be a perfect fit!

Our Thanksgiving Alkathon was a huge success! I'd like to thank Brenda O for chairing this event. Great job! If the holidays are difficult for you, please join us for our Christmas and New Year's Alkathon meetings (see cover page for info).

Beginning in January 2008, our monthly Reps meeting will be held at the Garden City Community Church, located at Stewart Ave. and Whitehall Blvd, Garden City (7:30 pm for new Rep orientation, 8:00 pm for Reps meeting). Fliers about the move are available at Intergroup or online.

On behalf of the entire Steering Committee, we'd like to wish you and your family a FABULOUS, SOBER Holiday Season. Write it on your heart that every day will be the best day in the New Year!

Happy anniversary to our December celebrants.!

Blessed to Serve,
Intergroup Chairperson
chair@nassauny-aa(dot)org

From Nassau Intergroup: New Location for Monthly Reps Meeting

- *As of:* January 3, 2008
- *Location:* Garden City Community Church, Stewart Avenue at Whitehall Boulevard, Garden City 11530
- *Time:* 7:30 PM – New Rep Orientation
8:00 PM – Reps Meeting

The reason for the move is to obtain a larger meeting space. Meeting lists and newsletters will be available. Literature, however, is available at the Intergroup office from 9am-5pm, 7 days a week. Questions? Call (516) 292-3045.

From the Treasurer:

The Budget Process and Some Considerations

Tradition Seven suggests that "AA groups ought to be fully supported by the voluntary contributions of their own members." Our intergroup is fortunate to enjoy considerable support from county groups. The flip side to that of course is that we must be responsible fiduciaries for the AA dollars entrusted to us.

By way of process, our by-laws require that the Financial Review Committee prepare the yearly budget. Ordinarily, that budget is first presented to the Steering Committee, which may make recommendations of its own before the proposal is offered to the Reps meeting in November. Come December, the Reps meeting makes some further adjustments to the income and expense assumptions, and finalizes the budget. This then represents our financial plan for the coming year.

Going forward, in round numbers, we should be able to carry about \$10,000 forward in the general fund at the end of this year. For next year, income can be expected to be about \$60,000. That will provide us with about \$70,000 to work with without recourse to the reserve or reliance on funds being brought over from Literature or Institutions. On the expenditure side, there is a long list of things we need to do (things like rent, telephone and other utilities, office maintenance and repair, printing meeting lists, and insurance), and many things we'd like to do (like hold workshops and

seminars, and support the activities of our Standing Committees). Balancing income and expenses is a challenge because it means making choices, setting priorities.

As of right now, still in round numbers, the suggested spending for 2008 exceeds likely income and funds carried forward by about \$9,000. We can fall back on the reserve if we want. The challenge for us seems to be getting used to the idea of routinely make spending decisions in the light of income and reserve realities. If we continuously or frequently fall back on the reserve without intending to do so, I think that's a problem.

If you are not familiar with Intergroup's operations, many services provided by your intergroup is costly. Come January, I'll publish a summary of the budget we pass this month.

Hope this is helpful. Feel contact me with any questions.

In service,
Treasurer
treasurer@nassauny-aa(dot)org

From the 12th Step List Chair

Some of you may not know what a "12th Step List" is all about. Here's the explanation: the hand of AA is ready and able to reach out to the still sick and suffering by answering phones around the clock. After the Intergroup office closes at 5pm, all calls are forwarded to the home of the Nightbook operator, who is on call from 5pm to 9am the next morning, and who has volunteered to be on duty that night. Incoming calls may be a plea for help by an alcoholic who needs a helping hand or someone to talk to, or the caller may want to know the location of a meeting in the area. From personal experience, I can tell you it's very rewarding to be of help to someone who has nowhere else to turn.

The Nightbook operator asks the caller for his or her name, phone number, and location and assures them that they will receive a call from someone very soon. THIS is where the 12th Step List comes into play. The operator refers to the 12th Step List Book, finds a name and number corresponding to the caller's town (or nearby), and then calls the person listed. The AA member on the list, in turn, makes the call to the original caller – and a connection is made.

So *please* get your name on your group's 12th Step List. As you can see, it is an extremely valuable asset in helping another alcoholic with their sobriety. Many groups do not have an up-to-date 12th Step List. If your group needs blank sheets, they can be obtained at the Intergroup office. Forms should be filled out and sent to Intergroup.

Many thanks to all,
12step@nassauny-aa(dot)org

Share-A-Day 2008

During this Holiday season, like everybody else, I am doing a thousand things, juggling this and that, family, work, and program. The stress continues to mount. I draw a deep

d
d
for that I am thankful.

We need to develop a theme for Share-a-Day 2008. Please send your suggestions to shareaday@nassauny-aa(dot)org with your name, home group, and contact number, and the committee will vote for the winner. The winner will receive a prize and more.

Our Share-a-Day Committee still needs help; please join us at our next committee meeting and help us make this Share-a-Day a great one. Our next meeting will be held Wednesday, December 12, 2007 at 8:00 pm at the Nassau Intergroup office. See you there.

Your AA Brother,
2008 Share-a-Day Chair
shareaday@nassauny(dot)org

General Service News

The deadline to return Unity Breakfast ticket money or unsold tickets was Oct. 24. Table arrangements start soon, and until we receive your group's ticket money, your group cannot be seated. Members who still have money or unsold tickets should contact UB Chair as soon as possible, as we have a wait-list for tickets.

A message for your group's General Service Rep (GSR), district's District Committee Member (DCM), and alternates: please consider taking the Suffolk bus to the December assembly in Manhattan with fellow NGS members. Please call and I will add you to the bus list. Suffolk General Service asks for a \$10.00 voluntary group or district (not personal) contribution per person to help offset expenses. We hope your group or district can help financially support your GSR or DCM during their two-year service commitment to attend service events. If not, we'll try to figure something out. The Suffolk bus picks up/drops off passengers from LIE Exit 49 on the North Service Road, Park & Ride between Route 110 and Pinelawn Rd. Departure times vary depending on destination. While I cannot guarantee the bus will stop in central Nassau County close to the LIE to pick up Nassau folks, I will try to arrange something with the DCMC Suffolk.

The Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) 2008 registration/hotel reservation is now out. It will be hosted by Area 45, Southern NJ, at the Clarion Hotel, West Atlantic City, NJ, the weekend of Feb. 22-24, 2008. Room rate is \$109.25 (incl. taxes) per night single/double occupancy. NERAASA's purpose is for GSRs, DCMs, Area Officers, and Committee Members, and

to discuss General Service Conference-related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity, and service common to the 18 areas of the NE Region. Please visit the SENY website (www.aaseny.org) or contact me for details. Rooms go quick, so don't be late, make a date to attend!

Together We Can,
DCMC Nassau,
nassau@aaseny(dot)org

You are cordially invited to the

57th Anniversary

of the

Levittown Group

Thursday, December 6, 2007

Parkway Community Church, 95 Stewart Ave., Hicksville, NY

Food at 7pm, speaker at 8pm

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

the happiest holidays of our lives sober — an idea we would never have dreamed of, wanted, or believed possible

Here are some tips for having an all-around ball without a drop of alcohol:

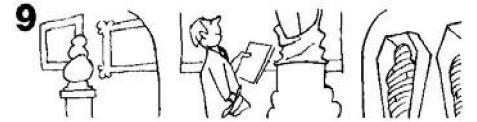


1 *holiday season.*
newcomers to meetings, answer the

alcoholic ward at a hospital.



5 your life.



9 *Don't sit around brooding.* Catch up on letters.



2 *newcomers.*

for the coffee.



6 some candy handy.



11 *and joy.*

give love.



3 *all the time.*



7 *Don't think you have to stay late.*



you are.



12 *"Having had a..."*