

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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NOVEMBER 2011

THANKSGIVING ALKATHON

FIRST MEETING WEDNESDAY NOV 23RD

BEGINS AT 5:00 pm

LAST MEETING THURSDAY NOV 24TH

ENDS AT 11:00 pm

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

NOVEMBER

Nov 2 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville

Nov 3 7:00 pm Intergroup Rep's Orientation
7:30 pm Intergroup Rep's Meeting
Meeting List DeadLine

Nov 8 7:00 pm PI/CPC Committee

Nov 9 8:00 pm Share-a-Day Committee

Nov 10 **Newsletter Deadline**

Nov 14 8:00 pm Newsletter Committee

Nov 14 8:15 pm LICYPAA Committee
South Oaks Chapel
400 Sunrise Hgwy, Amityville

Nov 16 7:30 pm Web Site Committee

Nov 17 7:30 pm Steering Committee

Nov 23 5:00 pm Thanksgiving Alkathon begins

Nov 24 11:00 pm Thanksgiving Alkathon ends

DECEMBER

Dec 1 7:00 pm Intergroup Rep's Orientation
7:30 pm Intergroup Rep's Meeting

Dec 7 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville

Dec 8 7:00 pm Special Needs Committee

Dec 11 9:30 am 23rd Annual Unity Breakfast
Plattduetsche, 1132 Hempstead Tpke, Franklin Square

Dec 12 8:00 pm Newsletter Committee

Dec 12 8:15 pm LICYPAA Committee
South Oaks Chapel
400 Sunrise Hgwy, Amityville

Dec 13 7:00 pm PI/CPC Committee

Dec 14 8:00 pm Share-A-Day Committee

Dec 17 7:30 am **Speakers Exchange Meeting**
Nassau Community College
1 Education Dr, Bldg F

Dec 19 7:00 pm Nassau GSR Orientation
7:30 pm Nassau General Service Meeting

Dec 21 7:30 pm Web Site Committee

Dec 22 **Newsletter Deadline**

Dec 24 5:00 pm Christmas Alkathon begins

Dec 24 11:00 pm Christmas Alkathon ends

Dec 29 7:30 pm Steering Committee

Dec 31 5:00 pm New Year's Alkathon begins

Jan 1 11:00 pm New Year's Alkathon ends

We Only List **AA Meetings**

MEETING CHANGES

- Amityville: Friendly Group** ASL is no longer available
- Baldwin: Over 40 Discussion Group** has changed their name to **Over the Hill Group**
- Bellmore: There Is A Light** has changed the Sun 7:00 S to 6:30, the Sun 8:30 CD to 8:00, and the Wed 8:00 B to 7:30
- Glen Cove: Saturday Nite Group** has changed their name to **Sunday Reflections Group** and designated the last Sun OD/Ann
- Hicksville: Monday Nite BB** has changed their Mon 7:30 BB to an OBB
- Lynbrook: Primary Purpose** has changed the Thu 7:00 S to a BB, the Sun 7:00 B O to a Sat 7:00 B O and dropped the Tue 8:00 BB
- Massapequa: Extravagant Promises** has moved the Sun 7:30 to Mon at 7:30
- Massapequa Park: Massapequa Sobriety** has added a Thu 1:00 S; last Thu - Trad
- Rockville Centre: RVC AM Group** has changed the Tue 6:15 am C to a S, last Tue – Trad
- Seaford: Primary Purpose of Seaford** meeting incorrectly listed for Sun; actually meets on Sat at 7:00
- Seaford: Seaford at Wantagh** has changed their Wed 7:30 BB to 7:30 CD 2nd Wed BB, last Wed - Ann

NEW MEETINGS

- Elmont: Grupo Volviendo Al Hogar** meets at Belmont Race Track, Gate #6, Cottage 28B on Sun 7:00 CD
- Elmont: Grupo Volviendo A Vivir** meets at Belmont Race Track, Gate #6, Cottage 28B on Mon 7:00 OD
- Glen Cove: Into Action Group** meets at St Paul's Epis Ch, 28 Highland Rd on Sat for a 7:30 O
- Glen Cove: No Excuses Group** meets at Trinity Luth Ch on Mon for a 7:30 CD with the last Mon an O
- Great Neck: 11th Step Meditation Group** meets at Global Harmony House, 46 S Middle Neck Rd on Sun 4:00 OD
- Hempstead: Take Three Steps** meets at the Salvation Army Bldg, 194 Front St on Thu 6:00 B Men's, S, O
- Huntington Station: Sobriety First** meets at United Methodist Church, West Hills Rd on Thu 6:00 C 1st week S
- Long Beach: Sobriety After Work** meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD
- Long Beach: Sunday Morning Meeting** now meets at Temple Israel of Long Beach, 305 Riverside Blvd
- Long Beach: Young By The Beach** meets at St Ignatius Martyr, 721 W Broadway on Sat 6:15 YPBC, 7:30 O
- Malverne: Gratitude Group** has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for

Anniversaries

- Manhasset: Good Morning God** meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Thu 10:30am C
- Manhasset: Sober Spirits** meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Mon 5:30 "Daily Reflections", Wed 5:30 Meditation, Thu 5:30 S, Fri 5:30 BB
- North Bellmore: Miracles** starting Nov 4th has an 8:30 am BB CD
- Rosedale: Sunrise Beginners** meets at Throop Memorial Presbyterian Church, 140-17 243rd St, Rosedale on Sat 9 am B
- Syosset: Deliverance Group** has added a Fri 7:30 CD
- Valley Stream: Just for Today Group** has added a Fri 8:00 S

DELETIONS

- Lynbrook: Primary Purpose** has dropped the Tue 8:00 BB
- Seaford: Gratitude Group** has dropped their Wed 8:30 C
- Westbury: New Cassel We Care Too** has dropped their Tue 7:30 B

Nassau County **General Service** **27th Annual** **Unity Breakfast**

Sunday - December 11, 2011
9:00 am - 1:00 pm
Doors Open at 8:30 am

Plattduetsche Park Restaurant

1132 Hempstead Turnpike
Franklin Square, NY 11010

Admission - \$25.00

Tickets must be purchased in
Advance

E-Mail:
unitybreakfast@twelvestepshome.com

From The Chair -

THE BUSINESS MEETING 2

Last month we talked about AA business meetings, some basic thoughts on both their leadership and guidelines or “rules of order”. We observed that the needs of meetings will vary with the size of the group, its purpose and agenda. Home group business meetings and service committee business meetings may need to be approached somewhat differently, but the fundamentals are the same.

Good leadership has a light touch, is patient and supports consensus. While the leader should have the needs of the meeting and how best to meet them in mind, good leadership is not overly directive. After all, “Our leaders are but trusted servants; they do not govern.” An effective chair will also seek advice from experience. This makes leadership roles open to inexperienced members too.

We need some guidelines for how we run our meetings, but which and how many before we run up against “Rule #62”? Agreement on a basic order and agenda is helpful before any business is undertaken. A basic agenda might include a brief review of what happened at the last meeting along with a treasurer’s report before moving on to any pending or new questions.

Some thoughts on what should be common sense “rules” for civility were offered last month. Beyond that, the meeting needs to agree on how it will decide questions, simple majority or better? Matters of group conscience, policy decisions, are probably best decided by a $\frac{2}{3}$ majority after full discussion (no rush to decide), that way a revisiting of any question would probably sustain the same decision. Procedural questions might take a lighter touch, simple majority. Assure the minority is heard too.

A loose application of *Robert’s Rules* is often helpful. This would include guiding the making of motions, tabling or postponing questions, raising points of order and so on. A brief list of the meeting guidelines used at Intergroup and other handouts on rules of order are available on request.

Keep in mind that a small business meeting may not need any of this beyond the ideas on civility to function well, but as the size of the meeting and/or its agenda grows, some further structure is probably needed.

In other matters, Intergroup will host a holiday Alkathon around Thanksgiving. It is important to

have a safe haven for all those in recovery over the holidays, so the Alkathon will offer round the clock AA meetings at Intergroup and light refreshment. Please don’t bring perishable foods as we won’t have the facilities to assure their proper handling. Similar Alkathons will be offered over the Christmas and New Year’s holidays too.

Hope this is helpful.

NIAA Chairperson,
chair@nassauny-aa(dot)org

From the First Vice Chair -

ALKATHON

Well folks its Alkathon time again so I am asking the groups to step up by taking time out to help make the Alkathon a success. Remember that some of us need a place to be at this time of year. Just remember that the gratitude you receive for the time you give is priceless. So please step up and help.

Thanks to all of you who helped.

Yours In Service,

1st Vice Chair,
1stvice@nassauny-aa(dot)org

From the DCMC -

KEEPING SERVICE SIMPLE

We learned in recovery that we can help each other in ways that we can’t do for ourselves – and service is exactly that. In Alcoholics Anonymous, our Twelfth Step encourages us to carry the message to other alcoholics, and that’s likely the most common form of “service” in AA. Working together through our groups, our “primary purpose” (Fifth Tradition) remains and extends the same, simple idea.

It’s been said that Alcoholics Anonymous provides a program of recovery that’s simple, but not easy. Beyond our groups, “service” remains a simple concept – we help carry the message, or we help the people who carry the message. Understanding the structure of General Service, though, is actually easy – but not simple.

Your best source of information about General Service is your group’s General Service Representative (“GSR”), AA’s conference-approved literature, and websites. More information about A.A. General Service (and opportunities to get involved) is available from A.A.’s website at: <http://www.aa.org/lang/en/subpage.cfm?page=238>.

Want to learn more about General Service in

Nassau County, or being a GSR? Please join us for two informal roundtables on November 7 & 21 from 7pm – 9pm, at the Nassau Intergroup Office.

Please allow me to catch up on some other information for you:

Our mailing address has changed to: Nassau General Service, c/o Nassau Intergroup 361 Hempstead Turnpike, West Hempstead, NY 11552-1342. Please inform your group's Treasurer.

In accordance with A.A.'s Seventh Tradition, Nassau General Service is self-supporting; we don't receive financial support from Nassau Intergroup, SENY, the General Service Office, or any other source except the groups and districts in Nassau County. Your group can send contributions by check or money order to "Nassau General Service" at the address above.

We're grateful to everyone in Nassau General Service and Nassau Intergroup who contributed to the success of the Big Meeting, our annual collaboration that celebrates sobriety in Nassau County. Thank you!

I'm thrilled to tell you that we elected two Alternate DCMC's ("Alternate District Committee Member Chairs") at our October 17th meeting: Steve K (Rockville Center) & Bill E (Holbrook) will join Treasurer Linda S (East Rockaway), Secretary Rose M (Huntington Station), and I (Massapequa Park) as Nassau General Service's trusted servants.

Tickets for Nassau County's 27th Annual Unity Breakfast on December 11 are still available from your GSR or Nov 7 & 21 (7 pm – 9m) at the Nassau Intergroup Office. For more information on this event, please visit ==> <http://www.aaseny.org/en/events/details/1529-nassau-county-27th-annual-unity-breakfast.html> or email me.

In love & service,
DCMC (County Chair),
Nassau County General Service
[nassau@aaseny\(dot\)org](mailto:nassau@aaseny(dot)org)

**Brookville / Muttontown's
36th Group Anniversary
(Est. December 1975)**



And
**Annual Square Dance
Saturday, December 3, 2011
Chili & Chicken - 7:00 pm
Guest Speaker - 8:00 pm
SQUARE DANCING
9:00 pm - ??
THE CHURCH OF
ST PAUL THE APOSTLE
2534 Cedar Swamp Road, Rte. 107,
Brookville**

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