

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

Business phone: (516) 292.3045

World Wide Web Edition

24-Hour HotLine: (516) 292.3040

Office: 361 Hempstead Turnpike, West Hempstead, NY 11552 eMail: [intergroup@nassauny-aa\(dot\)org](mailto:intergroup@nassauny-aa(dot)org)

Nassau Intergroup WebSite: <http://www.nassauny-aa.org>

To place an article in this Newsletter, call the Editor at (516) 292.3045

eMail: [newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org)

JANUARY 2012



Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise note

JANUARY

Jan 4	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Jan 5	7:00 pm	Intergroup Rep's Orientation
	7:30 pm	Intergroup Rep's Meeting
Jan 9	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Jan 10	7:00 pm	PI/CPC Committee
Jan 11	8:00 pm	Share-A-Day Committee
Jan 18	7:30 pm	Web Site Committee
Jan 19		Newsletter Deadline
Jan 26	7:30 pm	Steering Committee

FEBRUARY

Feb 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Feb 2	7:00 pm	Intergroup Rep's Orientation
	7:30 pm	Intergroup Rep's Meeting
Feb 8	8:00 pm	Share-A-Day Committee
Feb 13	8:15 pm	LICYPAA Committee South Oaks Chapel 400 Sunrise Hgwy, Amityville
Feb 14	7:00 pm	PI/CPC Committee
Feb 15	7:30 pm	Web Site Committee
Feb 16		Newsletter Deadline
Feb 20	7:00 pm	Nassau GSR Orientation
	7:30 pm	Nassau General Service Meeting
Feb 23	7:30 pm	Steering Committee

WE ONLY LIST
AA MEETINGS

MEETING CHANGES

Baldwin: **Over 40 Discussion Group** has changed their name to **Over the Hill Group**

Bellmore: **There Is A Light** has changed the Sun 7:00 S to 6:30, the Sun 8:30 CD to 8:00, and the Wed 8:00 B to 7:30

NEW MEETINGS

East Meadow: **The East Meadow Group** has added a Sun CD at 7:00 pm through Apr 1st

Glen Cove: **Into Action Group** meets at St Paul's Epis Ch, 28 Highland Rd on Sat for a 7:30 O

Glen Cove: **No Excuses Group** meets at Trinity Luth Ch on Mon for a 7:30 CD with the last Mon an O

Long Beach: **Young By The Beach** meets at St Ignatius Martyr, 721 W Broadway on Sat 6:15 YPBC, 7:30 O

Malverne: **Gratitude Group** has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for Anniversaries

Manhasset: **Good Morning God** meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Thu 10:30am C

Melville: **Sweet Air Group** has added a Mon 8:00 YP, Thu 6:30 BB and 6:30 CD

North Bellmore: **Miracles** starting Nov 4th has an 8:30 am BB CD

West Hempstead: **Here & Now Group** now meets at Project Outreach, 600 Hempstead Tpke. on Thurs 12 Noon B

From The Chair -

A New Year with AA

Typically, December and January bring changes for most AA groups, and Intergroup is no exception.

At last month's Reps Meeting we set our budget for 2012. We also selected Elise M. (who has served as chair for the Exchange Meeting for several years) to step up as an officer becoming our new treasurer. At the same meeting we selected Gloria C. to become our new chair for Archives, and Richard B. to become our new chair for the Exchange Meeting. Your patience, help and support as these trusted servants ease into their new roles is appreciated.

In home groups too we see many new officers and other trusted servants stepping into new jobs around

this time. In recognition of that, Intergroup and Nassau General Service will co-host a group officers workshop, probably in February or March. The workshop will cover the various service positions home groups typically field such as group chair, secretary, treasurer, GSR and Intergroup Rep. We'll have experienced members sharing what they have learned along with useful handouts, and also try to answer other questions which typically come up in home groups. Watch for an announcement in the newsletter and on our website, www.nassauny-aa.org.

In other matters, we held our first Exchange Meeting at Nassau Community College last month. While we recognize the need for some adjustments going forward, we'd also like your feedback on the experience. Completing our trial, we will use the college space at least once more for the March 2012 Exchange.

Our thanks too to Daniella F. (Thanksgiving), Kevin McH. (Christmas), and Richard B. (New Year's) who chaired the holiday Alkathons. The Alkathons at Intergroup over the holidays are one of the great and rewarding pleasures as we come together to share AA experience, strength and hope. I am reminded at once of our common problem, and how it works.

Hope this is helpful.

NIAA Chairperson,
[chair@nassauny-aa\(dot\)org](mailto:chair@nassauny-aa(dot)org)

From the First Vice Chair -

BEING GRATEFUL

Having been ill for the past few weeks and starting to be on the road to getting better, I now know what it means to be grateful.

I found I was in the hospital hooked up to a heart monitor, not knowing what was going on and if there was going to be a tomorrow. I said my prayers and turned my will and my life over to my higher power. Within a few days I was feeling better and found out what was going on. I have been forced to cut back on a lot of things I used to do and have learned that if I do not take care of myself, I cannot help anyone else.

I was not able to get out to many meetings at this time. I found myself being so grateful to all my friends who called and took me to meetings.

So back when I first was sober, was in rehab and the fellowship would come in and bring the message of AA, the speakers would say they were grateful at that time. I would think that the speaker were out of their minds. I now know what they were talking about.

Yours In Service,
First Vice Chair
[1stvice@nassauny-aa\(dot\)org](mailto:1stvice@nassauny-aa(dot)org)

From The PI Chair -

Thanks To All Who Participate

The Public Information and Cooperation with the Professional Community committee is growing and thriving. Thank you to all who participate!

Our outreach to the colleges in Nassau County has resulted in speaking commitments to social work classes, mandated groups of students at risk, entering freshman groups and a radio interview. This is the spirit of carrying the message and staying sober ourselves a day at a time.

We have also had the privilege of speaking at high schools, middle schools and rehabilitation centers. These talks follow the guidelines in the pamphlet *Speaking at Non-AA Meetings*. Before an AA member can go to speak as a representative of NCAA there is a practice presentation to the rest of the committee. Then our speakers have experience and are comfortable with the suggested information that we provide.

Many of us feel passionately about getting the AA message to school age people. Many of our stories start with, "I started drinking at 13". Who knows what seeds we plant or how we are ultimately being of service. I know that this is helping me stay sober today. Each of the speakers comes back to the committee with heartwarming stories and the feeling of a job well done.

The schools have very nicely asked that we send people that the students will relate to. So, we try to send a young person (although we are all young at heart, you know what we mean) and an older person together to each speaking commitment. The younger AA members have responded to the request for participation beautifully. We could still use some young women so, please join us.

Our Committee meetings are every second Tuesday of the month at 7:00 at the Intergroup office.

Yours in Service,
Public Information Chair
[publicinfo@nassauny-aa\(dot\)org](mailto:publicinfo@nassauny-aa(dot)org)

From the Speaker Exchange

Meeting Chair - Happy Holiday to All

I would like to thank Elise for her many years of service as the Intergroup Exchange Meeting Chairperson and congratulate her on her new service position as Nassau Intergroup Treasurer.

The new venue for the meeting exchange went rather well for a first run. The exchange meeting took place at Nassau Community College December 17th 2011.

We had signs placed on the roadways and walkways to assist in finding our new location. We even had volunteers directing vehicle and pedestrian traffic.

"Thank you" Karen C. and Steve F.

With that said, I would also like to thank all of you who offered service and the reps who attended the exchange meeting. Many group representatives were present and appeared okay with the new location.

The college meeting place offers us opportunity and challenges.

The opportunity: to practice patience and tolerance, and the challenges of change.

Parking is not an issue and the noise concern of previous locations poses no problem whatever.

I did receive comments of the cramped space with all the desks in the room. This will be addressed for the next Exchange Meeting set for March 17th at 7:30 AM

***** Please note: To all of you early attendees: *****

Please assist in further service.

Set up of the room, moving desks & tables as needed.

It is truly my pleasure to be afforded this opportunity to be of service and looking forward to a great New Year.

Please forward your comments and suggestions.

Yours In Service,
Speakers Exchange Meeting Chair
[speakersexchange@nassauny-aa\(dot\)org](mailto:speakersexchange@nassauny-aa(dot)org)

From the NIA Archivist -

Happy New Year Family

Now that Dave N. has retired; I, Gloria C. (Home groups: Bayville Triangle & Oyster Bay-Sagamore) am the new NIAA Archivist! I am so grateful for this opportunity to do my dream commitment for AA.

A little bit about myself, (I do know that brevity in an alcoholics share is a point of valor!) before I tell you of my needs (still needy, needy!) and plans; I haven't heard any laughing from the heavens, YET!

My day of Grace is July 14th 1991. It marks the day that I DID NOT take a drink-against all odds, even with ensuing DT's. I have had continuous sobriety, always having a commitment, always doing service; doing every job in a home group, going on to Intergroup Rep and GSR.

My life continually got better, as did I. I went back to school, got remarried, got my dream job as an Archival Librarian at an international stock photo company. (I got my degree in applied science- computers and photo restoration, retouch & manipulation, copywriting, etc., etc. I won many awards and had many an interesting assignment.) My dream was to someday do this for AA and it has now come true!

It was an AA miracle how this came about. I was at a meeting of my home group, Bayville that I rarely attend and the Alternate Intergroup Rep. Liz P. gave a wonderfully detailed report and gave an announcement of certain positions that needed filling at Intergroup.

This is why Reps reports are as vital to the workings of AA as a whole. If Liz had decided that no one would be interested in being an archivist, not knowing there was one seated at that meeting, and had not announced it, I would not have gotten my prayers answered!

So, here we are! I say 'WE' because this is YOUR archive. I am the keeper, the organizer that makes searching for materials that interest YOU, easy.

I invite you to come see what we have, just email we'll set up times and groups of people to come see and be my assistants for that time. I promise you that you will become addicted to our Nassau history- then and now!

You can also give a research project, for instance an upcoming anniversary or workshop and I will come to you bringing all the goodies I have found!

Now the needy, needy part-I need all literature and stories from all groups; especially ones that are no more-someone has the info! Archive needs ANYTHING about alcoholism, AND it DOES NOT NEED TO BE CONFERENCE APPROVED! It is to my knowledge, the only area of AA that does not need to conform to that rule; it does have to be about alcohol.

Some examples are LICADD, Peter Swiesgood, any Rehab Facility (out or inpatient), and SmithersFoundation, ANYTHING that an alcoholic would use to get sober or keep sober. Email me if you have any questions or donations. I will arrange pick up, DO NOT bring to Intergroup office unless I am there to lock up these valuable donations in the Archive.

I also need stories of the beginnings of all the groups AND if there are Old-timers that were there at the beginning, or ANY old-timers' stories; I would like their stories, really, really a lot- let's get these bits of history while we can and if you have this material- YOUR Archive needs these to help insure "Passing it On" in tangible form to all members of AA; Old, new and people who will come in the future!

Well there it is! Any questions please email me. I have questions to format histories-personal or Groups as thoroughly as possible.

Happy New You! TTFN
NIAA Archivist
archives@nassauny-aa(dot)org

IN MEMORIAM

Jeff C.

Sobriety date June 14, 1994

Home Group "Sobriety First"

St. Albans Queens

eMail Addresses

NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org
1st Vice Chair.....1stvice@nassauny-aa(dot)org
2nd Vice Chair....2ndvice@nassauny-aa(dot)org
Secretary.....secretary@nassauny-aa(dot)org
Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP

COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org
Books/Literature.....literature@nassauny-aa(dot)org
CPC.....cpc@nassauny-aa(dot)org
Corrections.....corrections@nassauny-aaa(dot)org
Financial Review.....finance@nassauny-aa(dot)org
Institutions.....institutions@nassauny-aa(dot)org
Meeting List.....meetinglist@nassauny-aa(dot)org
Newsletter.....newsletter@nassauny-aa(dot)org
Night Book.....nightbook@nassauny-aa(dot)org
Office Manager. officemanager@nassauny-aa(dot)org
Program Chair Sec.....seclist@nassauny-aa(dot)org
Public Information.....publicinfo@nassauny-aa(dot)org
Share-A-Day.....shareaday@nassauny-aa(dot)org
Speakers Exchange.....
.....speakersexchange@nassauny-aa(dot)org
Special Needs.....specneeds@nassauny-aa(dot)org
Web Site.....webcommittee@nassauny-aa(dot)org
12th Step List.....12thstep@nassauny-aa(dot)org
Nassau DCMC.....nassau@aaseny(dot)org