

nassau intergroup

361 Hempstead Turnpike, West Hempstead, NY 11552

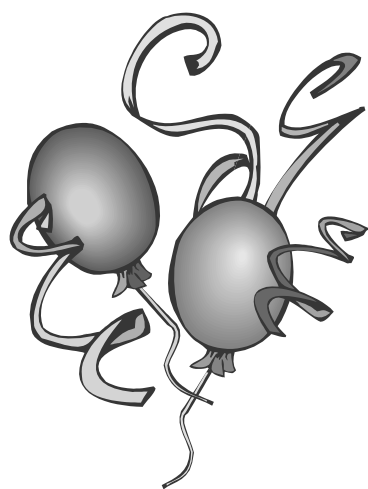
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Business: (516) 292-3045

24-Hour Hotline: (516) 292-3040

WORLD WIDE WEB EDITION

JANUARY 2013



HAPPY NEW YEAR

CALENDAR OF EVENTS

(All meetings held at Nassau Intergroup unless otherwise noted.)

January 2013

- 1/1 11 PM New Year's Alkathon Ends
- 1/2 8 PM Institutions Committee Meeting
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 1/3 7 PM Intergroup Reps Orientation
- 1/3 7:30 PM Intergroup Reps Meeting
- 1/8 7:30 PM PI/CPC Committee Meeting
- 1/9 8 PM Share-a-Day Planning Meeting
- 1/16 7:30 PM Website Committee Meeting
- 1/17 7 PM Special Needs Committee Meeting
- 1/21 7:30 PM GSR 101
- 1/24 Newsletter Deadline**
- 1/31 7:30 PM Steering Committee Meeting

February 2013

- 2/6 8 PM Institutions Committee Meeting
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 2/7 7 PM Intergroup Reps Orientation
- 2/7 7:30 PM Intergroup Reps Meeting
- 2/10 Nassau General Service Group Unity Breakfast
- 2/12 7:30 PM PI/CPC Committee Meeting
- 2/13 8 PM Share-a-day Planning Meeting
- 2/18 7 PM New GSR/DCM Orientation
- 2/18 7:30 PM GSR/DCM Meeting
- 2/20 7:30 PM Website Committee Meeting
- 2/21 7 PM Special Needs Committee Meeting
- 2/21 Newsletter Deadline**
- 2/28 7:30 PM Steering Committee Meeting

STEP 1—We admitted we were powerless over alcohol— that our lives had become unmanageable.

AA HISTORY

January 23, 1961—Bill W., and Carl Jung correspondence. Published in the *Grapevine*, January 1963.

January 24, 1971—Bill W., dies in Miami.

NASSAU INTERGROUP - JANUARY MEETING LIST CHANGES

MEETING CHANGES:

Freeport 11520

Day Enders Group, last Wednesday, 4:30 PM
Tradition meeting; last Friday, 4:30 PM Open Anniversary meeting.

NEW MEETINGS:

None.

DELETIONS:

Freeport 11520

Freeport II Group, Monday 8 PM Open Discussion.

Rockville Centre 11570

Encouragement Group, Monday 7:30 PM Step;
Thursday 7:30 PM Closed Discussion.

MEETING CHANGES DUE TO HURRICANE SANDY

Island Park 11558

Below Sea Level Group: Not meeting.

Long Beach 11561

High Noon/West End Group: New location: Long Beach Catholic Regional School, 735 West Broadway, Long Beach (over gym). No Beginners meeting.

New Beginnings Group: Not meeting.

Serenity by the Sea/AM Group: New location: Saint John's Lutheran Church, 75 East Olive Street, Long Beach (home of the Early Risers Group).

Young by the Beach Group: New location: Saint John's Lutheran Church, 75 East Olive Street, Long Beach (home of the Early Risers Group).

Massapequa 11758

Sobriety in the Park Group: Not meeting.



From the Nassau Intergroup Chair

I would like to thank Bill C., for the great job he did as the Chair! I only hope that I will be able to be as level headed as Bill is. I have asked him to stay on as our Financial Review Chair.

As the new Intergroup Chair I'm looking for a number of folks to serve on the steering committee. Here is a list of service commitments that are available:

12 Step List
Meeting List
Night Book
Program Chair/Secretary
Website

If anyone wants to get involved please contact me.

Lastly I hope everyone had a sober and safe holiday season.

Yours in Service
Intergroup Chair
(516) 292-3045 or chair@nassauny-aa(dot)org

Who Am I?

Early female member of Alcoholics Anonymous.
Author of "Women Suffer Too."

[Answer on page 4.]

Why It Hurts to Go to Meetings

I, like many other people, come to AA with mental health issues. I do know you go to meetings to learn how to stay stopped. I do know very sincerely, very personally, I can't drink.

With me I don't know really what will happen with me after I get drunk. I know in the past very bad, very ugly things came my way when I was falling down drunk. One beautiful thing I got being sober was I got a relationship with my family.

I know the other folks think I have an attitude.

Okay, back to me and going to meetings. The person I am is the person people see at the meetings. I have always had a really hard time interacting with people. I am bi-polar and also suffer from severe depression. So when I am at a meeting I sit by myself being very quiet. I know the other folks think I have an attitude. This really hurts me deep inside. I just wish there was more empathy for people like me.

Anonymous
Franklin Square

Responding to Disasters— How Can We Help?

After disasters, the General Service Office is often inundated with questions about how to help our AA family in distressed areas. We hope the following questions and answers are helpful.

Q. How does GSO help AA groups in distressed areas?

A. The General Service Office is ready to support the efforts of local AA members in all types of disasters; hurricanes, fires, floods, earthquakes, mud slides, etc. Since it is rare for AA entities to own property (most local AA offices and groups rent their spaces), replenishing literature tends to be the main concern after a disaster.

GSO's experience is that we are often called upon to replace some lost literature, and we are happy to fulfill these requests. Thanks to continuous and generous contributions from AA groups in the US and Canada, year round, GSO is ready to respond upon request.

It is often difficult to imagine what is needed immediately following a disaster. In many cases, the immediate needs are for survival items—food, water, shelter and medicine—which AA does not provide. It often takes time—days, weeks, in some cases months—for the local AA community to determine precisely what is needed so that AA groups can get back on their feet.

So as not to interfere with emergency relief efforts, GSO usually waits until the local conditions are stabilized and local AA members have an opportunity to let us know exactly what is needed. Our experience suggests that many local AA groups and offices view the situation as a Twelfth Step opportunity and try to meet the needs of the local AA community before asking for help from GSO or other AA entities.

Q. So exactly what does the General Service Office do then?

A. GSO contacts and offers support to intergroups, central offices, General Service delegates and trustees in the affected communities. We wait to hear back from these offices and trusted servants, and gladly respond to their requests for help.

Q. Do you suggest that we send literature and money directly to the affected local AA offices?

A. In the instance where an AA entity asks for assistance, such as through an announcement placed on a local AA Web site, it is up to each AA member or group to determine whether or how it wishes to respond. If your group wishes to help an affected AA office, you may wish to contact them directly to determine what the current need is.

AA's shared experience suggests that after a disaster, local AA offices and groups often require very few contributions of money or complimentary literature. In many cases, local AA members are happy to work together to replace lost literature or office supplies before asking for help outside their local AA community. Local groups often make whatever repairs are necessary to their meeting places.

Regardless of your personal or group response, it is important to keep in mind that many of the affected areas may not have mail delivery or electricity after a disaster or available storage space.

Q. Can I send money to GSO and specify that it be used for disaster relief activities, such as replacement of literature?

A. Every AA dollar received at GSO is used on a priority basis to carry AA's message when a need is expressed. This includes responding to literature needs after disasters. GSO does not accept AA funds that are earmarked for disaster relief or any other specific project, since GSO needs to be able to respond whenever, wherever, there is an expressed need.

Q. So what can I do to help?

A. Many AA members choose to support non-AA relief organizations in the wake of a disaster as private citizens and individuals. Members may feel compelled to reach out and assist with efforts to bring food, water, shelter and medicine into affected areas. Our experience suggests that many AA members in the past have helped as private citizens through relief organizations in just this way. In keeping with AA's Traditions, these members do not donate under the AA name or credit AA in any way.

In regards to helping the AA community specifically, it can be difficult for us to answer, due to some of the challenges mentioned above. The General Service Office handles direct requests for literature from those affected. If a situation arose where the expressed need could not be met by GSO's resources alone, we would contact local AA groups and ask for additional help. This has not occurred to date.

[The above is a service piece from AAWS/GSO recently distributed by the Group Services Desk at GSO to the intergroups and others.]

Together we can . . .

This issue of our newsletter includes information from our General Service Office (see page 3) explaining how that office helps local AA when a disaster like the recent hurricane Sandy hits a community.

Nassau Intergroup includes with our meeting list changes a listing of groups still displaced or shut down by the storm, and strongly recommends your supporting those groups as they are re-established with your attendance at their meetings and your generous contributions to their Seventh Tradition baskets when passed. This will help them replace lost literature and other group supplies.

Worthy of note, Intergroup last month received an unsolicited contribution of literature for groups affected by the storm from AA members in Lancaster, California, and a similar offer from members in North Carolina. Such support from fellow members demonstrates the best of the AA fellowship, and a letter of thanks was sent to them from Intergroup.

Immediate Past Intergroup Chair

**NASSAU COUNTY GENERAL SERVICE GROUP
BREAKFAST CELEBRATING:
"UNITY THROUGH LOVE AND SERVICE"
FEBRUARY 10, 2013
TICKETS \$30.00
MARRIOTT HOTEL, UNIONDALE, NY 11553
(Please see your group GSR)**

NB: TICKET SALES END JANUARY 7, 2013



**TRADITION 1—
Our common
welfare should
come first; personal
recovery depends
upon AA unity.**



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From your Newsletter Editor

Kia ora! New beginnings, new ideas. Did you check out the article on page 2 from an AA member who mailed it in? It's great to receive articles from members beyond the steering committee, so please keep them coming in. Submit via email or by regular mail to the intergroup office "Attn: Newsletter Editor!"



Service in Action
Newsletter Editor
(516) 292-3045 or news@nassau-aa(dot)org

*Service Haiku
Informed group conscience
Commitment to local groups
Intergroup service!
- Anonymous*

NASSAU INTERGROUP EMAIL ADDRESSES

Officers

Chairperson— chair@nassau-aa(dot)org
1stViceChair— 1stvice@nassau-aa(dot)org
2nd Vice Chair— 2ndvice@nassau-aa(dot)org
Secretary— secretary@nassau-aa(dot)org
Treasurer— treasurer@nassau-aa(dot)org

Standing Committee Chairs

Archives— archives@nassau-aa(dot)org
Books/Literature— literature@nassau-aa(dot)org
CPC— cpc@nassau-aa(dot)org
Corrections— corrections@nassau-aa(dot)org
Financial Review— finance@nassau-aa(dot)org
Institutions— institutions@nassau-aa(dot)org
Meeting List— meetinglist@nassau-aa(dot)org
Newsletter— newsletter@nassau-aa(dot)org
Night Book— nightbook@nassau-aa(dot)org
Office Manager— officemanager@nassau-aa(dot)org
Program Chair/Secretary— programchair@nassau-aa(dot)org
Public Information— publicinfo@nassau-aa(dot)org
Share-a-Day— shareaday@nassau-aa(dot)org
Speakers Exchange— speakersexchange@nassau-aa(dot)org

CONCEPT 1—Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole fellowship.

Watch for the following Special Events:

Group Officers Workshop

Co-hosted by Nassau Intergroup and
Nassau General Service
Intergroup Office,
361 Hempstead Turnpike,
West Hempstead, NY 11552
Date & Time TBA



2nd Annual Comedy Night

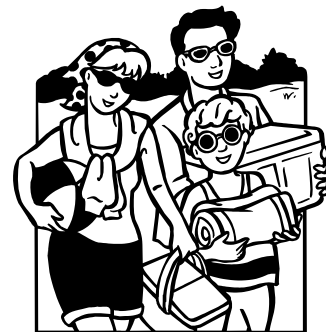
Ariana Waterfall,
79 Hempstead Turnpike,
West Hempstead, NY 11552
Saturday, March 16, 2013

Nassau County Share-A-Day

Date, Time & Place TBA

Nassau County Picnic

Eisenhower Park, East Meadow 11554
July 2013



Nassau County Big Meeting

Co-hosted by Nassau Intergroup and
Nassau General Service
Date, Time & Place TBA