

# nassau intergroup

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WORLD WIDE WEB EDITION

## OCTOBER 2013

### EARLY DRAFT OF THE STEPS

1. We admitted that we were licked, that we were powerless over alcohol.
2. We made a moral inventory of our defects or sins.
3. We confessed or shared our shortcomings with another person in confidence.
4. We made restitution to all those we had harmed by our drinking.
5. We tried to help other alcoholics, with no thought of reward in money or prestige.
6. We prayed to whatever God we thought there was for power to practice these precepts.

*(Alcoholics Anonymous Comes of Age, page 160)*

### CALENDAR OF EVENTS

(All meetings held at Nassau Intergroup unless otherwise noted.)

#### October 2013

- 10/2 8 PM Institutions Committee Meeting  
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 10/3 7 PM Intergroup Reps Orientation
- 10/3 7:30 PM Intergroup Reps Meeting
- 10/8 7:30 PM PI/CPC Committee Meeting
- 10/9 7 PM XXXVII Share-a-Day Planning Meeting
- 10/16 7:30 PM Website Committee Meeting
- 10/21 7 PM New GSR Orientation
- 10/21 7:30 PM GSR/DCM Meeting
- 10/24 Newsletter Deadline**
- 10/31 7:30 PM Steering Committee Meeting

#### November 2013

- 11/6 8 PM Institutions Committee Meeting  
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 11/7 7 PM Intergroup Reps Orientation
- 11/7 7:30 PM Intergroup Reps Meeting
- 11/12 7:30 PM PI/CPC Committee Meeting
- 11/13 7 PM XXXVII Share-a-Day Planning Meeting
- 11/14 **Newsletter Deadline**
- 11/16 8 AM-3 PM SENY Assembly  
(College Center Building, Nassau Community College)
- 11/18 7-9 PM GSR Workshop
- 11/20 7:30 PM Website Committee Meeting
- 11/21 7:30 PM Steering Committee Meeting
- 11/27 5 PM Thanksgiving Alkathon Begins
- 11/28 11 PM Thanksgiving Alkathon Ends

(NB: Quarterly NI Special Needs Committee Meeting suspended for November 2013.)

STEP 10—Continued to take personal inventory and when we were wrong promptly admitted it.

## AA History

October 1951—Lasker Award given to AA by the American Public Health Association.

October 1957—*Alcoholics Anonymous Comes of Age* published.

October 1969—First World Service Meeting, New York City with delegates from 14 countries.

October 1988—*The Language of the Heart* published.

October 5, 1988—Lois W., Bill's widow, dies.

## NASSAU INTERGROUP - MEETING LIST CHANGES

### DELETIONS:

#### Manhasset 11030

**Sober Spirits Group** Wednesday 5:30 PM Meditation.

### MEETING CHANGES:

#### East Rockaway 11518

**East Rockaway Group**, added Thursday 6:15 PM \*\*Big Book. (\*\*Does not meet on major holidays.)

#### Locust Valley 11560

**Choices Group**, added Wednesday 6:30 AM meeting. All other meetings remain the same.

#### Long Beach 11561

**High Noon/West End Group**: 7:15 PM Thursday \*Big Book, Saturday 10 AM Beginner's & 10 AM Closed now meets at Long Beach Ice Arena, 150 West Bay Drive. (\*Big Book Study – BYO Big Book; Last Thursday Anniversary.)

#### Manhasset 11030

**Sober Spirits Group** has changed their name to **Sober Spirits – Good Morning God Group**. Monday 5:30 PM Big Book now Monday 5:30 PM Closed Discussion; Tuesday 5:30 PM Closed Discussion now Tuesday 5:30 PM Meditation ; Thursday 5:30 PM Step remains the same. Group formerly met at Saint Ignatius Retreat House, now meets at Temple Judea, 333 Searingtown Road. (NB: No AA meetings at Saint Ignatius Retreat House.)

#### North Bellmore 11710

**Miracles Group** added Wednesday 8 PM Open Discussion Topic meeting; Friday 8:30 AM Big Book.

### NEW GROUP:

#### Port Washington 11050

ME—Third Group, Monday 5:30 PM Big Book, \*Thursday 5:30 PM Step & #Friday 5:30 PM Beginners, Saint Peter of Alcantara Convent, 1327 Port Washington Boulevard. (\*Last Thursday Tradition, #Last Friday Anniversary.)

TRADITION 10—Alcoholics Anonymous has no opinions on outside issues; hence the AA name ought never be drawn into public controversy.

## TEMPORARY MEETING RELOCATIONS 10/01/13: Long Beach 11561

**New Beginnings Group**: 7:30 PM Friday Beginner's & 7:30 PM Sunday \*Big Book now located at Long Beach Ice Arena, 150 West Bay Drive. (\*4<sup>th</sup> Sunday Anniversary.)

**Serenity by the Sea/AM Group**: New location: Saint John's Lutheran Church, 75 East Olive Street.

## Point Lookout 11569

**Serenity By The Sea/PM Group**: Temporary location: Point Lookout Community Church, 60 Freeport Avenue. Monday 7 PM Beginner's & 8:30 PM Step; Wednesday 7 PM Open & 8:30 PM Big Book.

## Rockville Centre 11570

**Rockville AM Group** are temporarily moving to Bethlehem Lutheran Church, 1375 Grand Avenue, Baldwin effective Monday, September 23 until Friday, October 25. Currently listed Monday- Friday meeting times remain the same. Entrance to basement classroom via parking lot on Wesley Street.

## ELMONT BELMONT "GIVE IT A TRY"



**37<sup>TH</sup> GROUP ANNIVERSARY**  
**SATURDAY, OCTOBER 26, 2013**  
**Time: 7:00 PM - AA Meeting**  
**Place: 525 Elmont Road**  
**Elmont, NY 11003**  
**Food, Fun, Gifts, Dancing, Etc....**

## Help Wanted & Other Stuff

We are in need of a NI Secretary. If you are interested please contact me at the office. I would like to thank Pauline T., for filling in as intergroup's Secretary.

Next I would like to extend a heartfelt apology from myself and the Steering Committee to anyone we may have offended for holding The Big Meeting on Yom Kippur. This was an oversight on all of our parts. Speaking of the Big Meeting, I would like to thank Pauline T., and her crew for organizing this event. It was a great day, as were both guest speakers. And for my part, I forgot how much fun it was just making coffee. I think I know what I will be doing when my time is up as your Intergroup Chair.

And finally thanks to Steve and all the groups who took part in the Speaker Exchange. As always the exchange was loud and fast but all went well.

Yours in Service

Jack K.

NI Intergroup Chair

(516) 292-3045 or chair@nassauny-aa.org

## Who Am I?

In October 1951 I recognized Alcoholics Anonymous for "its unique and highly successful approach . . . [to] alcoholism."

[Answer on page 4.]

## Intergroup's Steering Committee

A steering committee in AA is a selection of members from a group specially tasked with keeping up with the day to day needs of the group, and developing and enacting projects on behalf of the group. This includes the authority to take decisions on relevant matters along the way, always holding in mind the need to keep the greater group informed and the final authority of the full group conscience. Such a committee is usually created where the work at hand is too demanding or great to be handled through the usual business meeting.

At Nassau Intergroup the steering committee's composition, responsibilities and authority are defined in Article IV of the by-laws which states the committee exists to "provide for the general administration of the Intergroup with the ultimate authority vested in the groups." What does that mean exactly?

"General administration" means our steering committee sees to the effectiveness of the range of service activities Intergroup is tasked in the by-laws with providing. These are defined in Article II which sets out Intergroup's "purpose" as being maintaining the business office as a hub for AA communication, peopling the phones so our 24/7 hotline is active, publishing the meeting lists and newsletter, coordinating the "Speaker Exchange" meeting, and running the monthly Intergroup business meetings (the Representatives' Meeting). Within this too are the various other service committees such as Public Information, Literature, Corrections, and Institutions which offer additional services consistent with Intergroup's purpose, and any special projects and cooperation with other AA service groups.

Day to day operational decisions are taken by the steering committee on behalf of Intergroup with major policy matters (such as setting Intergroup's annual budget or the decision to enter into contracts) being brought to the Reps for decision. In the latter case, the steering committee usually offers a recommendation on the matter. The groups are kept informed of all activity, and are given the chance to ask questions, make suggestions and to redirect Intergroup's management.

Who is on the steering committee? The by-laws specify that the committee consists of the elected officers, the chairs of the standing committees, the immediate past Intergroup chair, the zone coordinators (positions not currently filled but similar to DCMs), and two members-at-large. All are selected or appointed with the approval of the Intergroup Reps. These are the steering committee's voting members. (As in the Reps meeting, steering committee decisions seek substantial unanimity,  $\frac{2}{3}$  majority vote.) Non-voting members include the Nassau DCMC and any invited guests.

The steering committee meets monthly and as needed to conduct Intergroup business, and reports its activities back to the group Reps. Within what is consistent with local regulations, law and any binding contracts, the Reps may redirect the steering committee on any matter if they feel they see a better course.

Hope this is helpful.

Bill C.  
NI Finance Committee Chair &  
Immediate Past Intergroup Chair



**CEDARHURST HEWLETT  
54th GROUP ANNIVERSARY**

**FRIDAY - OCTOBER 25, 2013**

**SAINT JOSEPH'S CHURCH  
CAFETERIA**

**1346 BROADWAY  
HEWLETT, NY 11557**

**SPEAKER 8PM  
FOOD MUSIC RAFFLES**

## "I am responsible . . ."

Nassau County Intergroup is among the few areas that maintains a volunteer 24 hour hotline answered solely by recovering alcoholics. Thank you to the following groups that have taken the Night Book over the last few months:

Baldwin – Baldwin Group, Sober Living Group;  
Bellmore – PACE Group; Freeport – Day Enders Group;  
Glen Head – Glen Head Group; Glen Cove – Woman's Discussion Group;  
Levittown – No Frills Group;  
Long Beach – Early Risers Group; Sea Cliff – Sober Start Group;  
Wantagh – Seaford Group;  
Sunrise Group.

The support of all Nassau AA groups is needed in order to maintain the hotline. Has your group done the Night Book lately? To sign up please contact Johnny "Cadillac" NI Night Book Chair at (516) 292-3045 or [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).

Liz P.  
NI 12 Step Contact List Chair  
(516) 292-3045 or [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

## AA GRAPEVINE HIGHLIGHTS:

October's Issue - "**Don't Drink And Go To Meetings**"  
New book: *No Matter What*  
On-line AA Grapevine subscriptions only \$34.97  
Wall Calendar Annual Photo Contest Deadline December 1, 2013.



## AA Literature

Hello again. Books to highlight this month are: *Experience, Strength and Hope* (B-60), stories from the first three editions of the "Big Book" that were taken out to put in newer stories; and, *Came to Believe* (B-26), a collection of stories by AA members who write about "spiritual awakening."

There are four interesting and helpful *Grapevine* books. *Emotional Sobriety: The Next Frontier* (GV17) is collection of Grapevine stories where members describe the transformations sobriety can bring as they practice the principles of AA in all aspects of their lives. Many discover that happiness is a by-product of giving without any demand for return. *Emotional Sobriety 2* (GV26) is another where members embrace the present with gratitude to claim moments of real peace, "a quiet place in bright sunshine." For Bill W., emotional sobriety was "the next major development in AA . . . real maturity and balance." Here are the creative, heartfelt insights of several dozen sober seekers whose articles in the *Grapevine* offer insights that can light the way to our own "quiet place in bright sunshine." In *One on One: AA Sponsorship in Action* (GV30), AA members write about their experience with sponsorship including how to choose one, getting the courage to ask someone to be a sponsor, sharing their past and present with them, working with those having trouble staying sober, dealing with the loss of a beloved sponsor, and more. From the early days of the program, the special one-to-one bond of sponsorship has been considered vital to getting sober, staying connected and living a full, happy life. In the new *Grapevine* book, *No Matter What: Dealing with Adversity in Sobriety* (GV31), members recount stories of having had to deal with adversity throughout sobriety: a serious illness, an ugly divorce, the death of a child, the loss of a house to fire or to the bank. Despite the fear, pain or self-pity we are in when these tragedies strike, drinking is not an option. The stories in this book show how AA members use the tools of the program and embrace the Fellowship to deal with tough issues.

Some helpful pamphlets are: *Young People and AA* (P4) where nineteen AA's ages 16 to 27 tell how the program works for them; and, *Understanding Anonymity* (P-47) which explains what anonymity means both within and outside AA.

In the coming months I hope to provide more information on AA books and pamphlets. For a catalog for all AA World Service literature, go to: [www.aa.org](http://www.aa.org), and click-on the "AA Literature" button. AA Grapevine literature can be found on-line at [www.aagrapevine.org](http://www.aagrapevine.org).

In Service

George P.

NI Literature Chair

(516) 292-3045 or [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

## From your Newsletter Editor

*Kia ora!* No "tricks" to staying sober, but definitely "treats" if you do. Check out the two group anniversaries this month, AA fun and fellowshiping. I'd be happy to list your AA event, let me know. Submit via email or by regular mail to the intergroup office "Attn: Newsletter Editor!" Have a spooktacular month!

Service in Action

Brenda P.

NI Newsletter Editor

(516) 292-3045 [news@nassauny-aa.org](mailto:news@nassauny-aa.org)



FRIENDLY REMINDER  
"THANKSGIVING ALKATHON"  
STARTS 5 PM, NOVEMBER 27<sup>TH</sup>  
ENDS 11 PM, NOVEMBER 28<sup>TH</sup>  
NASSAU INTERGROUP OFFICE

CONCEPT 10—Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

### Answer to "Who Am I?"

*The Lasker Award*, presented to Mr Bernard Smith (non-alcoholic), former chairman of the Board of the Alcoholic Foundation (now the General Service Board) on behalf of AA by the American Public Health Association, October 30, 1951.

## NASSAU INTERGROUP - EMAIL ADDRESSES

### Officers

Chairperson..... [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)  
1<sup>st</sup>ViceChair ..... [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)  
2<sup>nd</sup> Vice Chair ..... [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)  
Secretary..... [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)  
Treasurer..... [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

### Standing Committee Chairs

Archives..... [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)  
Books/Literature ..... [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)  
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