

nassau intergroup

361 Hempstead Turnpike, West Hempstead, NY 11552

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WORLD WIDE WEB EDITION

JANUARY 2014

HAPPY NEW YEAR

Feliz Año Nuevo

Heureuse Nouvelle Année

Felice Anno Nuovo

Athbhliain faoi mhaise dhaoibh

Szczęśliwego Nowego Roku

Frohes Neues Jahr

新年明けましておめでとうございます

С НОВЫМ ГОДОМ

Gott Nytt År

Nga mihi o te Tau Hou ki a koutou katoa!

নতুন বছরে সুখী

CALENDAR OF EVENTS

(All meetings held at Nassau Intergroup unless otherwise noted.)

January 2014

- 1/1 8 PM Institutions Committee Meeting
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 1/1 11 PM New Year Alkathon Ends
- 1/2 7 PM Intergroup Reps Orientation
- 1/2 7:30 PM Intergroup Reps Meeting
- 1/8 7 PM XXXVII Share-a-Day Planning Meeting
- 1/14 7:30 PM PI/CPC Committee Meeting
- 1/15 7:30 PM Website Committee Meeting
- 1/20 7 PM GSR Workshop
- 1/23 Newsletter Deadline**
- 1/30 7:30 PM Steering Committee Meeting

February 2014

- 2/5 8 PM Institutions Committee Meeting
(Simpson Methodist Church, Locust & Sunset, Amityville)
- 2/6 7 PM Intergroup Reps Orientation
- 2/6 7:30 PM Intergroup Reps Meeting
- 2/11 7:30 PM PI/CPC Committee Meeting
- 2/12 7 PM XXXVII Share-a-Day Planning Meeting
- 2/17 7 PM New GSR Orientation
- 2/17 7:30 PM GSR/DCM Meeting
- 2/19 7:30 PM Website Committee Meeting
- 2/20 7 PM Special Needs Committee Meeting
- 2/20 Newsletter Deadline**
- 2/27 7:30 PM Steering Committee Meeting

STEP 1— We admitted we were powerless over alcohol—that our lives had become unmanageable.

AA History

January 3, 1939—First sale of Works Publishing Co., stock recorded.

January 1951—*AA Grapevine* published a memorial issue on Doctor Bob.

January 23, 1961—Bill W., and Carl Jung correspondence. Published in the *AA Grapevine*, January 1963.

January 24, 1971—Bill W., dies in Miami.

NASSAU INTERGROUP - MEETING LIST CHANGES

DELETIONS:

Franklin Square 11010

Gift of Serenity Group, United Methodist Church, 619 Fenworth Boulevard have cancelled their Sunday 8 PM Open Meeting.

Hempstead 11550

Take 3 Steps Group, Salvation Army Building, 194 Front Street no longer meets.

Westbury 11590

Westbury Advent Group, have cancelled their Thursday 8:30 PM Big Book.

MEETING CHANGES:

Bellerose 11426

Dumping Grounds Nites, Thursday 7:15 PM Closed is now Thursday 7:15 PM Open. Correct meeting address: 246-55 87th Avenue, Bellerose, New York 11426.

Cold Spring Harbor 11724

Discussion, added Wednesday 7 PM *Big Book. (*Bring your own coffee.)

Franklin Square 11010

A New Life Group, formerly met at 361 Hempstead Turnpike, West Hempstead, now meets at Saint Catherine of Sienna RC Church, 980 Holzheimer Street. Group has removed their Monday 10 AM Big Book; Friday 10 AM Step is now 10 AM Big Book.

Gift of Serenity Group, United Methodist Church, 619 Fenworth Boulevard, Sunday 6:30 PM Beginner's is now 6:15 PM Beginner's. No changes to Tuesday, Thursday, Saturday meetings. (#Last Sunday – Anniversaries).

Hewlett 11557

Woodmere Graveyard Group, Wednesday 7:30 PM Open now 7:30 PM Closed Discussion.

Locust Valley 11560

Choices Group, added Wednesday 6:30 AM meeting. All other meetings remain the same.

Long Beach 11561

High Noon/West End Group, have returned to West End Community Center, 91 Maryland Avenue. No changes to meetings.

The Step Meeting, Tuesday 7:30 PM Step is now 7:00 PM Step.

Manhasset 11030

Good Morning God/Sober Spirits Group that meets at Temple Judea, 333 Searingtown Road has changed their name to **Sober Spirits – Good Morning God Group**.

North Bellmore 11710

Miracles Group, added Wednesday 8 PM Open Discussion Topic meeting.

NEW GROUPS:

Glen Cove 11542

Spiritual Maintenance Group, Friday 8 PM 11th Step Meditation Closed Discussion; Saint Paul's Episcopal Church, 28 Highland.

Port Washington 11050

ME—Third Group, Monday 5:30 PM Big Book, *Thursday 5:30 PM Step & #Friday 5:30 PM Beginners; Saint Peter of Alcantara Convent, 1327 Port Washington Boulevard. (*Last Thursday Tradition, #Last Friday Anniversary.)

Rockville Centre 11570

The Men's Group Friday 8 PM *Closed Discussion now (*Open Ended Topic); 30 Hempstead Avenue, Basement Office Building, Suite H6.

Williston Park 11596

Friends of Bill and Bob Group Thursday 12 PM Closed Discussion; Saint John's Lutheran Church, 47 Winthrop Street.

TEMPORARY MEETING RELOCATIONS 01/01/14:

Long Beach 11561

New Beginnings Group: 7:30 PM Friday Beginner's & 7:30 PM Sunday *Big Book now located at Long Beach Ice Arena, 150 West Bay Drive. (*4th Sunday Anniversary.)

Serenity by the Sea/AM Group: New location: Saint John's Lutheran Church, 75 East Olive Street.

Roosevelt 11575

Sunday Sunrise Group 8:30 AM Closed Discussion and **Women Caring for Women** 1 PM Women's Meeting are meeting at the First United Methodist Church of Roosevelt, 30 Union Place/Whitehouse Avenue.

NB: Information is subject to change, and is correct to the best of our knowledge as of the time of publication.

INSTRUMENT GROUP, LEVITTOWN

PRESENTS

2ND ANNUAL SCREENING OF THE DOCUMENTARY "BILL W."

JANUARY 17, 2014
7 PM

(Not to be confused with the Garner-Woods movie. This is a strictly factual production also including interviews in shadow of AA members. Much of the information for this production was gathered from the Archives at the AA General Service Office. Running time is 1 hour, 44 minutes with a short break.)

SAVE THE DATE

COMEDY * DINNER * DANCE
SATURDAY – MARCH 8, 2014
7 PM – 12 AM

ARIANA WATERFALL
79 HEMPSTEAD TURNPIKE
WEST HEMPSTEAD, NY 11552

\$65.00 PER PERSON
TICKETS AVAILABLE SOON

How Do I Pass the Message Forward

I have been sober and a member of Alcoholic Anonymous for 6 years and 7 months. When I walked into my first AA meeting in May 2007, I was emotionally bankrupted. The previous six months had been emotionally tumultuous. Without realizing it, alcohol had consumed my spirit, my mind and my body. I wanted to die; my life seemed purposeless and hopeless. My home life with five children and a husband was dysfunctional. But I still managed to wake up every morning, get dress and go to work so what could be wrong? I could not wait to get home in the evenings to have "a glass of wine" while cooking dinner for my family. On May 2, 2007, after yet another argument with my husband, I decided I had had enough, my life was worthless, and I was sick and tired of fighting with everyone. That night, I also realized that my choice to drink or not to drink was no longer mine.

I was taken by ambulance to an emergency room where I spent the night alone, in and out of a black out, throwing up and on suicide watch. When I awoke the next morning, an aide was at my side, I felt drained. I got up and called my husband who told me that the doctors would not release me. I WAS FURIOUS. This was the second time in six months I had found myself hospitalized under lock and key. I was then taken to South Oaks Psychiatric Hospital in Amityville, processed and taken to the psych ward and the door locked behind me, my only thought being "I can't believe this is happening again."

Little did I know of the miracle about to take place. That night I was told by the nurses of an AA meeting taking place in the meeting room and that I was to attend. Though I had been introduced to Alcoholics Anonymous some 20 years ago, I did not think of myself as an alcoholic. When I walked into that meeting room I was a broken person but, that night, my God gave me the gift of listening. I listened to the speakers and felt a weight lifted from me. I decided then that I had to give Alcoholics Anonymous a chance; that this was my last hope and I did just that.

I think for the most part, I am still on my "pink cloud". My life since then has been beautiful. I have my struggles (a lot during the first year including leaving my husband and dysfunctional life). I live each day asking God to guide me to do his will. No day in sobriety have I said that my life was better before AA. I met the most wonderful people who welcomed and embraced me and took me into the fellowship and thought me how to live my life through the 12 Steps. From that first week, I had a commitment. I have always had a commitment first in my Home Group, then at Nassau Intergroup. I try my best to live in the Steps and Traditions in and out of AA meetings and always reach out to the newcomer.

How important is it for me to do service? VERY. Why? Because that is how I stay sober and keep alcohol at arm's length. AND, most of all what a blessing and a joy to me to see a newcomer, walking into an AA meeting, scared and not knowing what to expect, then leaving the meeting with a look of relief on their face and in the coming months seeing that they have also found a sense of belonging. What could be better?

That to me, is why it is so important to do service in my Home Group, at Nassau Intergroup, with sponsees and most important to welcome a newcomer. AA to me is all about PASSING IT FORWARD.

Always in Service
Regine V.
NI Public Information Chair
(516) 292-3045 or publicinfo@nassauny-aa.org

Who Am I?

I was born this month, Brigit Della Mary Gavin, and would become an early friend of AA working with Doctor Bob at Saint Thomas Hospital, Akron OH.

[Answer on page 4.]

From the Share-a-Day Committee

Greetings and Happy New Year. Once again, the Share-a-Day (SAD) Committee is busy planning the 37th Annual Share-a-Day to be held in Spring 2014. Our theme this year -"Happy 75th Birthday Big Book" is in celebration of the first printing.

The exact date is to be scheduled in January and we will notify the Groups with the printing of the flyer to be distributed at the Intergroup Rep's Meeting. In the meantime, we had enclosed a letter in the December issue of the Newsletter requesting a donation to help off-set the expenses of the SAD. We humbly ask the Groups again to include the SAD in your next planned donations. Please be sure to notate on your check/envelope "SAD Donation" for those earmarked for SAD.

I know we all look forward to our 37th Annual Share-a-Day with anticipation for another fantastic day of fellowship.

In Love and Service
Patty V.
NI Share-a-Day Chair
(516) 292-3045 or shareaday@nassauny-aa.org

COMING SOON....

Nassau County General Service Committee/
Nassau Intergroup Co-hosted Workshop
at the
Nassau Intergroup Office

Based on:
The Spiritual Business of AA
Survival Guide for Group Officers and Members Alike
Good Leadership
Principles Before Personalities
Democratic in Thought and Action
Rules of Order
(There are no rules in AA, right?)

Workshop date, time, and more info to follow.
Light refreshments provided.

AA GRAPEVINE HIGHLIGHTS:

January's Issue - "Young and Sober"

Books:

Happy, Joyous & Free: The Lighter Side of Sobriety
Voices of Long-Term Sobriety
A Rabbit Walks into a Bar

La Viña ¡La edición de enero/febrero del 2014 ya está disponible! "Fuera del Foco"



Holiday Alkathons

With the holidays behind us, Nassau Intergroup would like to thank the members who chaired our three Holiday Alkathons.

The Thanksgiving Alkathon was co-chaired by Jack K., NI Chair, and Richard B., NI Second Vice Chair. The Christmas Alkathon was chaired by Marty K., of the Baldwin Group. (We understand Santa may have made an appearance on Christmas Eve.) The New Year's Alkathon was chaired by Liz P., NI 12th Step List Chair.

It has always been important to have a place for members to come together for the holidays to share experience, strength and hope, and to assure that those without a place to go for the holidays found a welcome in AA. We very much appreciate those above who have helped to make Nassau Intergroup a holiday destination and a source of continuing fellowship and support.

Happy New Year to all from Nassau Intergroup!

Together We Can
NI Steering Committee
(516) 292-3045 or steeringcommittee@nassauny-aa.org

TRADITION 1—Our common welfare should come first; personal recovery depends upon AA unity.

From the Literature

Happy New Year to one and all!

Two of the many definitions of literature I like are: 1) A body of writings on a particular subject; and, 2) printed matter. While many have come to know of the "Big Book" and the "Step Book," Alcoholics Anonymous publishes many other informative books as well as many instructive pamphlets. A full catalogue may be found at: www.aa.org.

Yet perhaps one of the most important and insightful pieces of literature cannot be bought in any store, found in any library, nor is it even searchable online. I hope you have read, or will plan on reading this tremendously important life changing piece of literature. I am referring to your written Fourth Step. All of the AA literature I read was helpful to my recovery, but my written, searching and fearless moral inventory made all the difference for me. Everything I read before were the words of somebody else. Here now in black and white was my story, my good points, my character defects, and my short comings, for better or worse. Putting pen to paper, to the best of my ability at that time, turned my life around, and made the recovery path easier.

As I trudge the Road of Happy Destiny, I realize I do not have to make my life any harder. If you have not started your Fourth Step, please take time this new year to begin. "Beginning is half done."

Yours in Service
George P.
NI Literature Chair
(516) 292-3045 or literature@nassauny-aa.org

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From your Newsletter Editor

Kia ora! Another year; new beginnings! I stopped making New Year resolutions simply because I can never quite stick to them. Hopeful 2014 will bring about positive changes and experiences, not just for me but for everyone! For certain two positive things that must remain constant in my life; God and AA.

Do you have a 2013 story that you'd like to share with us? Or do you have a 2014 sobriety plan that you may like to write about? Let me know. Please submit via email or by regular mail to the intergroup office "Attn: Newsletter Editor!"

Service in Action
Brenda P.
NI Newsletter Editor
(516) 292-3045 or news@nassauny-aa.org



Answer to "Who Am I?"

Sister Mary Ignatia, born January 2, 1889 in Ireland.



**DON'T DRINK
GO TO MEETINGS
JOIN A HOME GROUP
GET A SPONSOR
HELP OTHER ALCOHOLICS
GET INVOLVED; DO SERVICE FOR AA!**

CONCEPT 1— Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole fellowship.

NASSAU INTERGROUP - EMAIL ADDRESSES

Officers

Chairperson..... chair@nassauny-aa.org
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Secretary secretary@nassauny-aa.org
Treasurer..... treasurer@nassauny-aa.org

Standing Committee Chairs

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CPC..... cpc@nassauny-aa.org
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