

Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

WORLD WIDE WED EDITION

JANUARY 2015



CALENDAR OF EVENTS

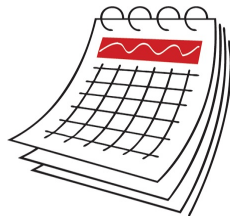
All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

JANUARY 2015

- 1/7— Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Avenue (off Sunset Avenue from County Line Road), Amityville 11701
- 1/8— **Reps Orientation**, 7pm (Suggested for new Reps.)
Reps Meeting, 7:30pm
- 1/14— Share-A-Day Committee, 7pm
- 1/15— PI/CPC Committee, 7:30pm (Meets every other month.)
- 1/21— Website Committee, 7:30pm
- 1/22— **Newsletter deadline** for February.
- 1/29— **Steering Committee**, 7:30pm

FEBRUARY 2015

- 2/4— Institutions Committee, 8pm. See 1/7 above for location.
- 2/5— **Reps Orientation**, 7pm (Suggested for new Reps.)
Reps Meeting, 7:30pm
- 2/11— Share-A-Day Committee, 7pm
- 2/16— Nassau General Service Committee (NGSC) Orientation, 7pm (Suggested for new GSRs.)
- 2/16— Nassau General Service Committee (NGSC), 7:30pm
- 2/18— Website Committee, 7:30pm
- 2/19— **Newsletter deadline** for March.
- 2/19— Special Needs Committee, 7pm (Meets quarterly.)
- 2/26— **Steering Committee**, 7:30pm



MARCH 2015

- 3/21— **Exchange Meeting**, 7-9am, Nassau Community College, 1 Education Drive, Cluster F, Room 127 (Stewart Avenue to Lifetime Brands Boulevard. Park in East 2.)

From the Chair

Greetings and Happy New Year to all of you and your families.

I'm looking forward to serving the Fellowship and Nassau Intergroup (NI). Service for me is my way of expressing gratitude through action.

As an Intergroup Rep, I was excited to find so many opportunities for service, ever grateful to those who encouraged and supported me as I tried on different shoes (commitments).

Now it's time for me to pass on what was so freely given to me. So I encourage any and all of our Fellowship to come get involved. You will be supported.

We still need alcoholics to answer phones at Intergroup, 9am-5pm seven days a week. Come for any four hour time blocks as often or infrequently as is convenient for you.

Well wishes to the members of the NI Steering Committee. To Brenda P., past newsletter Editor, and to June C., past PI and Special Needs Chair, thank you. You both will be missed. Thanks to June too for your service to Share-A-Day, 2014 and 2015.

Service = Gratitude in Action

LaRaine A., Chair

chair@nassauny-aa.org

AA'S THREE LEGACIES FOR JANUARY

Step 1— We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition 1— Our common welfare should come first; personal recovery depends upon AA unity.

Concept 1— Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole Fellowship.

Editor’s Note— Your Newsletter

Nassau Intergroup (NI) has been publishing a newsletter for many years. It serves as a tool to help the Intergroup reach as many groups, individual members and AA-interested others in Nassau County and beyond as possible, and is available both in a printed edition and an anonymity protected web edition.



As with all things NI does, the newsletter is in service to the Fellowship of Alcoholics Anonymous in the spirit of our Twelfth Step and Fifth Tradition which remind us of the need to carry AA’s message of recovery to the alcoholic who still suffers.

The newsletter provides a channel for communication among those interested in AA in Nassau. A typical edition includes a calendar of upcoming service events, information about changes to AA meetings in the county, and announcements of special events such as group anniversaries and workshops. It also carries articles offering the experience, strength and hope of members living AA’s Three Legacies: Recovery, Unity and Service. As such, the newsletter is not a only for those in service with NI’s Steering Committee (the elected officers and appointed Standing Committee chairs), but for any member with something to share.

As with the AA Grapevine, within the bounds of the Traditions, civility and good taste, space permitting, anyone can get something into the newsletter. (Publication of an item or opinion does not necessarily reflect an endorsement of that item or opinion by NI.) In addition to articles and announcements, we’ve published cartoons, puzzles, haiku and more.

Material may be submitted as hard copy to the office, or electronically by email. Articles are suggested to be held to a few hundred words. Please be mindful of the submission deadline for each edition (listed in the calendar of events), especially for time sensitive material, and that the hard copies of the newsletter are distributed at the Reps meetings the beginning of each month. An edition is posted to the website early each month. Want some assistance preparing something for the newsletter, we’d be happy to help with some ghost writing.

Be a bigger part of AA in Nassau by submitting to your newsletter.

In service,
Bill C., Newsletter Editor
news@nassauny-aa.org

Who Am I?

I tried to help alcoholic Roland H. (who later helped Ebby T.) suggesting that alcoholics needed a spiritual answer to their problem. In a 1961 letter to AA co-founder Bill W., I observed that the alcoholic needed to “walk on a path, which leads to a higher understanding,” and I offered the formula for recovery as “*spiritus contra spiritum.*”



(Answer on page 4.)

AA HISTORY FOR JANUARY

- January 8, 1938— New York AA splits from the Oxford Groups.
- January 1939— 400 copies of manuscript of “Big Book” circulated.
- January 3, 1939— First sale of Works Publishing stock.
- January 10, 1940— First AA meeting not in a home held at King School, Akron, Ohio.
- January 1961— Bill W.—Carl Jung correspondence.
- January 24, 1971— Bill W. dies at Miami Beach, Florida.

Special Thanks

Special thanks to all who chaired the Holiday Alkathons: Thanksgiving, Kathy W. and Jay C.; Christmas, Kim F. with special thanks to Anthony E. for his help; New Years, our own Liz P.; and of course to all the home groups for stepping up.

Haiku—

*A new year sober.
Identify not compare;
Three Legacies work!*

—Brenda P., The Right Place Group, Westbury

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

- Chairperson chair@nassauny-aa.org
- 1st Vice Chair 1stvice@nassauny-aa.org
- 2nd Vice Chair 2ndvice@nassauny-aa.org
- Secretary secretary@nassauny-aa.org
- Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

- Archives archives@nassauny-aa.org
- Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org
- Corrections corrections@nassauny-aa.org
- Financial Review finance@nassauny-aa.org
- Institutions (H&I) institutions@nassauny-aa.org
- Literature literature@nassauny-aa.org
- Meeting List meetinglist@nassauny-aa.org
- Newsletter news@nassauny-aa.org
- Night Book nightbook@nassauny-aa.org
- Officer Coordinator (Mgr.) officemanager@nassauny-aa.org
- Program Chair/Secretary seclist@nassauny-aa.org
- Public Information (PI) publicinfo@nassauny-aa.org
- Share-a-Day (SAD) shareaday@nassauny-aa.org
- Speakers Exchange speakersexchange@nassauny-aa.org
- Special Needs specneeds@nassauny-aa.org
- 12th Step List 12thstep@nassauny-aa.org
- Website webcommittee@nassauny-aa.org

Contributions to the AA Service Structure

In its long form, Tradition Seven suggests, “we view with much concern those AA treasuries which continue, beyond prudent reserves, to accumulate funds for no stated AA purpose.” * Passing funds along beyond the home group to support AA’s service structure is one way to deal with an excess. Individual members too are encouraged to support AA’s service structure when they can.



Groups must make their own decisions on whether, when, where and how much to contribute beyond the group’s expected need and a reserve.

In considering making contributions, it may be helpful to learn how each service entity uses the money contributed to it. For Nassau Intergroup, the annual budget report and the monthly treasurer’s reports provide good information. Similar information should be available from the other service entities.

Also, most of the service groups listed will not pass along contributions you intended for another service group. Please send all contributions directly to the service group you would like to support.

The following lists the major AA groups serving AA in Nassau County and beyond, and how to reach them for information or to send a contribution. Your group may also identify other service groups you would like to support.

—Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342
Tel. 516.292.3045 (Business hours)
www.nassauny-aa.org; treasurer@nassauny-aa.org

Make check or money order to Nassau Intergroup. Note in the memo section if the contribution is earmarked for Institutions, Share-a-Day or some other Intergroup service committee.

—Nassau General Service Committee

PO Box 7, Garden City, NY 11530
nassau@aaseny.org

NGS can also provide information about your local AA General Service District.

—South Eastern New York Area Committee and Assembly of AA (SENY, Area 49)

PO Box 571, New York, NY 10116-0571
Tel. 718.665.1253
www.aaseny.org; treasurer@aaseny.org

Make check or money order to SENY.

—AA World Services, Inc. (AAWS)/General Service Office (GSO)

PO Box 459, Grand Central Station, New York, NY 10163
Tel. 212.870.3400
www.aa.org

Make check or money order to AAWS. Information on AAWS’ use of funds may be found in the annual report from the General Service Conference.

This is only a guide to help groups decide on using excess funds to support the AA service structure.

* From, *Twelve Steps and Twelve Traditions*, p. 191.

Gift of Desperation

How can desperation be a gift? For me, desperation and the willingness to accept that I am an alcoholic and that Alcoholics Anonymous was the only chance to become whole, became a gift.

When I admitted defeat from my way of living life, I became willing to accept that alcohol was my biggest problem. I saw the light at the end of a tunnel that had become pitched black. I walked into the rooms of Alcoholics Anonymous with hope. My road was not an easy one because I had to accept that “I” was not perfect, that “I” had character defects, that “I” needed to change my attitudes, my way of thinking and accept that I had no control over anyone in my life. I needed to face the fact that I was not unique, I could only be responsible for my actions, and most of all, that if I picked up a drink, I did not stand a chance. I remember seeing and hearing the slogans, the first which hit home for me was “It’s the first drink that get you drunk” and “One is too much, 100 is not enough.” These two for me especially were “Ahah” moments.

I turned to the GOD of my understanding and have since developed an intimate relationship with him, “Of myself, I am nothing.”

I have learned in AA that alcohol is but a symptom of a greater problem: feeling worthless/less than, uncomfortable, uneasy, lonely. Alcohol camouflages these feelings. In AA, I’ve learned that it is OK to feel, to cry and to eventually let go. (Letting go for me has always been difficult.)

It is over seven years since I came into the rooms of AA, and my life has changed. I know that for me, I need to stay close to AA because I do not want to lose this gift.

I continue to be involved, committed and of service to AA at any and every opportunity that presents itself.

Yours In Service,
Regine V.

PI Committee Chair
publicinfo@nassauny-aa.org

AA Grapevine Highlights for January

January Issue, “Young & Sober”— Special section features stories by AA members who got sober in their teens, twenties, and thirties.

Books— *Grapevine Daily Quote Book* (GV32)

Subscription Challenge 2015— Take part in the 2015 challenge to increase subscriptions to the *Grapevine* and *La Viña*.

Call for Stories— 2015 topics include AA Around the World, Prison Issue, Sober Travel, Technology, and Anonymity.

Go on-line to www.aagrapevine.org for more.



In Memory of

Michelle F.

November 14, 2014

*Sunday Sunrise Group/Roosevelt We Care Group
Phone Representative at Nassau Intergroup*

Meeting List Changes



AA meeting information in Nassau changes as new groups and meetings open up, and existing ones change.

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (on the next page of this newsletter or on-line under "Group Services") whenever your group's meeting details change.

For existing groups and meetings, changes are added to the newsletter and on-line right away. For new groups, the information is added to the newsletter and on-line right away, but is only added to the printed edition six months after the group has advised NI of its existence.

Temporary changes are listed in the newsletter as received. Please mark them as "temporary," and include any time frame if known.

BEGINNERS = B BIG BOOK = BB CLOSED = C
CLOSED DISCUSSION = CD OPEN = O
OPEN DISCUSSION = OD STEP = S TRADITION = T

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

—Amityville 11701

Three Legacies Group, Dominican Village, 565 Albany Ave.; Tues. 7 PM OD; Wheelchair accessible.

—Hempstead 11550

We Ask God Group, Salvation Army, 65 Atlantic Ave.; Tues. 7:30 PM BB.

—Levittown 11756

God's Will Group, Presbyterian Church, 474 Wantagh Ave.; Mon. 5 PM S, Tues. 5 PM Living Sober, Wed. 5 PM CD, Thur. 5 PM BB, Fri. 5 PM B, Sat. 5 PM O, Sun. 5 PM CD.

—Massapequa 11758

Into Action Group, Grace Episcopal Church, 23 Cedar Shore Dr.; Sat. 3 PM BB OD.

—Point Lookout 11569

Point Lookout Group, Point Lookout Community Church, 60 Freeport Ave.; Thur. 7 PM As Bill Sees It, Thur. 8:30PM 11th Step Meditation.

—Rockville Centre 11570

Serenity in the Evening Step 11 Group, Saint Agnes Parish, 29 Quealy Pl., Dominic Room; Wed. 5:30 PM Step 11 Prayer, Meditation Meeting.

—Uniondale 11553

Hope of Sobriety Group, 913 Front St.; Thur. 7 PM C (last Thur. BB/Anniversary).

Recovery by the Book Group, Saint Martha Parish, 546 Greengrove Ave., Basement; Mon. 7:30 PM B.

CHANGES

—Baldwin 11510

Sober On Sunday Group, Saint Christopher's RC Church, 11 Gale Ave. (Gale Ave./Merrick Rd., Basement); Sun. 7:45 PM B now Open Step Study (last Sun. T).

—Brookville 11545

Brookville/Muttontown Group, moved to East Norwich. See below.

—East Meadow 11554

East Meadow Group, Jewish Center, 574 East Meadow Ave.;

dropped 6:45 PM BB; no other changes.

—East Norwich 11732

Brookville/Muttontown Group (formerly of Brookville), meeting at Community United Methodist Church, 1300 Jericho Oyster Bay Rd. (Vernon Ave./Route 106); Mon. 7:45 PM S (last Mon. T), 9 PM C, Fri. 7:45 B, 9 PM OD.

—Farmingdale 11735

I Am Responsible Group, Crossroads Church, 610 Carmans Rd.; 7:30 PM BB now 7:00 PM.

—Hicksville 11801

Our Own Group, Our Lady of Mercy Convent, 500 South Oyster Bay Rd.; Mon. 4:30 PM C (last Mon. Anniversary), Thur. 4:30 PM S (last Thur. Emotional Sobriety Book).

—Plainview

Recovery Group, moved to Uniondale. See below.

—Port Washington 11050

Port Washington Group, United Methodist Church, 1515 Middle Neck Rd.; 8:45 OD now CD.

—Rockville Centre 11570

The Men's Group, 30 Hempstead Ave., Basement Office Building, Suite H6; Fri. 8 PM CD now Open Ended Topic.

—Seaford 11783

Time Group, St. James School, 80 Hicksville Rd.; 4 PM Sun. S now 7 PM. No other changes.

—Syosset 11791

Berry Hill Discussion Group (formerly of Saint Bede's Episcopal Church), moved to Shelter Rock Church, 178 Cold Spring Rd.; all Fri. meetings are now held on Thur., same times; no changes to Sun. or Tues. meetings.

—Uniondale 11553

Recovery Group (formerly of Plainview), now meeting at Recovery House, 526 Greengrove Ave.; Wed. 7:30 PM Men's Step now Wed. 8 PM (1st/3rd CD, 2nd/4th C Topic), Fri. 8 PM C now 8 PM CD.

—Valley Stream 11580

Just For Today Group, listed at Holy Name of Mary School, 90 South Grove St. actually meeting in the Holy Name of Mary Convent, 90 South Grove St.; dropped Fri. 8 PM S.

CLOSED GROUPS

—North Bellmore 11710

Miracles Group, 906 Newbridge Road.

TEMPORARY CHANGES

—Cambria Heights 11411

Give It A Try Group (formerly at the Presbyterian Church, Elmont), meeting at Cambria Heights Community Church, 116-02 220th St. (Basement). No changes to meetings. A permanent location is being sought.

—Elmont 11003

Give It A Try Group, moved to Cambria Heights. See above.

—Roosevelt 11575

Sunday Sunrise Group, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 8:30 AM CD.

Women Caring for Women Group, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 1 PM Women's Meeting.

Answer to Who Am I?

Carl Gustav Jung, Swiss psychiatrist, 1875-1961. Bill W. and Dr. Jung exchanged letters in January 1961. In his letter, Bill acknowledged the "critical role in the founding of our Fellowship" of Jung's conversations with Roland H. See, *Pass It On*, pp. 381-386.



12th Step Lists

At the heart of NI's service to AA is our ability to arrange 12th Step calls when an alcoholic reaches out for help. To do that, we need current contacts in as many groups as possible. Whether serving as an office phone Rep or doing the Night Book, it's difficult going through 12th Step contact lists and finding many names still listed for members who, for one reason or another, are no longer available for the call.

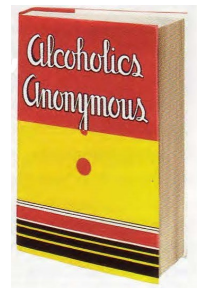
Does your group have a current contact list with NI, ideally updated within the last six to 12 months? If you're not sure, please pass around a copy of the "12th Step Contact List" form (on the next page of this newsletter or on-line under "Group Services") at your next business meeting, and return it completed to NI.

Six months or more recovery is suggested to be on the list.

Announcements

Big Book Unplugged
with
Richard H., Trustee
Dr. Bob's House, Akron, OH

A series examining the history of AA as it appears in the Big Book.



Open to all.
Fridays, beginning
January 9, 2015
7-8:15 PM
BYOBB

Bellmore Presbyterian Church Chapel
2740 Martin Avenue (corner Bellmore Avenue), Bellmore, NY 11710

Instrument Group
Presents

3rd Annual Screening of the Documentary, Bill W.

January, 16, 2015, 7PM

Levittown Community Church
100 Periwinkle Road, Levittown 11756

Running time 1 hour, 44 minutes. Not to be confused with the Woods-Garner movie, *My Name is Bill W.*