

Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

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516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

WORLD WIDE WED EDITION

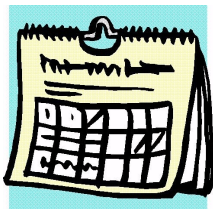
FEBRUARY 2015

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

FEBRUARY 2015

- 2/4— Institutions Committee, 8PM, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701
- 2/5— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 2/11— Share-A-Day Committee, 7PM
- 2/16— Nassau General Service Committee (NGSC) Meeting
Orientation, 7PM (Suggested for new DCMs/GSRs.)
NGSC Meeting, 7:30PM
- 2/18— Website Committee, 7:30PM
- 2/19— **Newsletter deadline** for March
- 2/19— Special Needs Committee, 7PM
(Meets quarterly.)
- 2/20-22— NERAASA, Somerset, NJ (Go to
www.neraasa.org for details.)
- 2/26— **Steering Committee**, 7:30PM



MARCH 2015

- 3/4— Institutions Committee, 8PM (See 2/4 above for location.)
- 3/5— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 3/11— Share-A-Day Committee, 7PM
- 3/12— PI/CPC Committee, 7:30PM (Meets every other month.)
- 3/18— Website Committee, 7:30PM
- 3/19— **Newsletter deadline** for April.
- 3/20-22— SENY Convention, Westchester Marriott, 670 White Plains Rd., Tarrytown 10591 (Go to www.aaseny.org for details.)
- 3/21— **Exchange Meeting**, 7-9AM, Nassau Community College, 1 Education Dr. (Stewart Ave. to Lifetime Brands Blvd.), Cluster F, Room 127, Garden City 11530 (Park in East 2.)
- 3/26— **Steering Committee**, 7:30PM

APRIL 2015

- 4/25— **Share-A-Day XXXVIII, Happy Joyous and Free, AA Turns 80**; 8AM-4:30PM; St. Joseph's RC Church School, 1346 Broadway, Hewlett 11557

From the Chair

A big thank you to the Stools and Bottles Group, Port Washington and the Primary Purpose Group, Lynbrook for inviting Nassau Intergroup (NI) to facilitate their recent group inventory meetings. We appreciated the gratifying experience of being allowed to participate. Thanks too to Liz P., NI First Vice Chair, and Bill C., Newsletter Editor for joining me for some of these events.

Group inventories can be as important to the health of a home group as a good Fourth Step can be to the recovery of the individual member. The actual process as we do it is simple. When invited, members from NI conduct a listening session for the group, usually in a time slot especially set aside for the purpose. Each group member is encouraged to share his or her thoughts on how the group is doing including suggestions for resolving any problems. Notes are taken and left for the group to review at a later business meeting when they can then seek the group conscience on the matters discussed in the spirit of the Second Tradition.

A routine group inventory is a good practice. Check out *The AA Group* pamphlet (P-16) pages 28-30 for more.

Finally, if your group is temporarily not meeting for any reason (building closing, weather, holiday or something else), please let the office know (516-292-3045, 9AM-5PM daily). Include how long you expect to be closed. We frequently get questions about this, particularly around holidays.

Service = Gratitude in Action

LaRaine A.

chair@nassauny-aa.org

AA'S THREE LEGACIES FOR FEBRUARY

Step 2— Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition 2— For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept 2— The General Service Conference of AA has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Who Am I?

Having received one of the advanced Multilith copies of the book *Alcoholics Anonymous*, I become an early supporter of AA. I was the psychiatrist who sent Marty M. to AA, and who later also worked with AA co-founder Bill W.



(Answer on page 4.)

AA Crossword Puzzle

1		2	3		4			5
		6						
7	8		9	10		11		
12		13						
								14
						15	16	
17				18	19		20	
			21		22	23		
		24						

ACROSS

1. Powerlessness essay
6. She opposite
7. Defects of character Step (Roman)
9. Not yes
11. AA Co-founder
12. Final
15. Him opposite
17. "We think ___."
18. A rehab setting not for drunks only, abbrev.
20. Prayer and meditation Step (Roman)
22. "We stood ___ the turning . . ."
24. *Alcoholics Anonymous*

DOWN

1. Money Tradition
2. Form of expression
3. "Restraint of tongue and ___."
4. Nassau Intergroup abbrev.
5. Ran at a bar
8. "Count me ___."
10. Slogan abbrev.
11. Not feeling well
13. Goes with 14 down
14. Common slogan
16. Not longer a part of
17. Sr. Ingnatia for one
19. Meeting transportation
21. Public Info abbrev.
23. "Came ___ believe. . ."

(Answers on page 4.)

Submitted by Brenda P., The Right Place Group, Westbury



Editor's Note

Nassau Intergroup (NI) encourages member participation to help the newsletter best serve both Intergroup and AA.

Submit your thoughts in any form (an article, a poem, a drawing, an announcement, a question or comment, and so on) on anything related to AA's Three Legacies: Recovery, Unity and Service. Hard copy may be dropped off or mailed to the office, or use the editor's address below to e-mail your submissions. Meeting list changes should be submitted through the Meeting List Chair only as hard copy through the office. Mind the newsletter submission deadline (usually the second to the last Thursday of each month) for time sensitive items.

A word about the AA history items we publish: History items are taken from a variety of on-line sources, and are checked for accuracy as possible against AAWS' three history books (*AA Comes of Age*, *Dr. Bob and the Good Oldtimers*, and *Pass It On*) and the "Archives & History" section of AAWS' website. If you find an error, please let us know.



In service,
Bill C., Editor
news@nassauny-aa.org

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"Alcoholics Anonymous does not demand that you believe anything. All of its Twelve Steps are but suggestions."

—From, Step 2, *Twelve Steps and Twelve Traditions*, p. 26.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

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- 2nd Vice Chair 2ndvice@nassauny-aa.org
- Secretary secretary@nassauny-aa.org
- Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

- Archives archives@nassauny-aa.org
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- Corrections corrections@nassauny-aa.org
- Financial Review finance@nassauny-aa.org
- Institutions (H&I) institutions@nassauny-aa.org
- Literature literature@nassauny-aa.org
- Meeting List meetinglist@nassauny-aa.org
- Newsletter news@nassauny-aa.org
- Night Book nightbook@nassauny-aa.org
- Officer Coordinator (Mgr.) officemanager@nassauny-aa.org
- Program Chair/Secretary seclist@nassauny-aa.org
- Public Information (PI) publicinfo@nassauny-aa.org
- Share-A-Day (SAD) shareaday@nassauny-aa.org
- Speakers Exchange speakersexchange@nassauny-aa.org
- Special Needs specneeds@nassauny-aa.org
- 12th Step List 12thstep@nassauny-aa.org
- Website webcommittee@nassauny-aa.org

FAQs About AA History from AAWs*

Q.— Does GSO [the AA General Service Office] have information about the history of my home group?

A.— Often, GSO’s Archives staff can provide detailed information about the origins and history of groups. Of course, the amount of available information we have about a group depends on the amount of information the group has sent to GSO throughout the years. In addition, it is common for groups to organize meetings prior to contacting the GSO. But we can research group histories and usually find fascinating information. Contact the GSO Archives for more information.

* From, www.aa.org > Archives & History > History and Resources > FAQs. Space permitting, we will run additional FAQs in the coming months.



“Our group conscience, well advised by its elders, will be in the long run wiser than any single leader.”

—From, Tradition 2, *Twelve Steps and Twelve Traditions*, p. 135.

Safe Haven

One important thing AA offers newcomers is a sense of safety, safety not only in the cover anonymity offers as we begin to come to terms with the damage our drinking has done, begin to clean house and begin to seek emotional and spiritual growth, but also in the feeling of community and shelter our home groups can offer.

The newly sober are vulnerable in many ways. We are just beginning to learn to trust, to be more open and honest. We are unsure and unpracticed having stunted our emotional growth through our drinking years. In many ways, we are adults with all that means, but facing the challenges of adolescence for the first time. We have some growing to do, and there will be some trial and error.

Recognizing the vulnerability of our newer members, more grounded and secure members may accept an obligation to assure AA is a safe haven for the newcomer. This seems as much in the spirit of “pass it on” as is sharing our experience, strength and hope on Step work. How then can I help assure that safe haven for the AA novice? Several things come to mind.

As individuals and as a group, we set a tone. (This is the “power of example.”) To start, we respect the principle of anonymity. Confidences need to be kept, gossip avoided. We can talk collectively about what respecting anonymity means, perhaps through Tradition 11 and 12 meetings and discussions.

We can encourage the use of sponsorship, that tested program of encouragement, support and guidance so beneficial to all of us. We can also support group membership by making our groups inviting, and by encouraging newcomers to join. For new group members, a job may be a helpful tether, coffee maker, greeter or some other small responsibility perhaps.

We don’t talk about it much, but there are also among us those who will prey on beginners or other vulnerable members in one way or another. We should be willing to buffer their involvement with the vulnerable, or even to intervene more assertively as individual

The newly sober are vulnerable in many ways.

members and as a group should we note something untoward happening. A senior group member may need to prompt the group to acknowledge a problem and to take action. Where something extreme may be occurring, groups especially need to come together to resolve an approach. (We can use our business meetings to this end.) In some instances, we may need to be willing to bar predators from our groups, or even, in rare cases, to engage the police. In a very real way, lives are at stake along with the integrity of AA.

Am I helping to watch out for the welfare of newer and other vulnerable members, to assure my home group is a safe haven?

This editorial first appeared in the July 2012 issue of this newsletter.

AA Grapevine Highlights for February

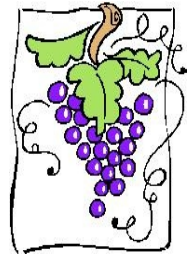
February Issue, “Sponsorship”— Special section features “stories of the ways members use sponsorship to stay sober and connected to live full, happy lives.”

New Books— *Grapevine Daily Quote Book* (GV32)

Daily Quote Subscription— Sign up to receive an inspirational daily quote from the Grapevine via email.

Call for Stories— 2015 topics include AA Around the World, Prison Issue, Sober Travel, Technology, and Anonymity.

Go on-line to www.aagrapevine.org for more info.



**** Winter Weather Alert ****

Winter is upon us, and with that comes the increasing possibility that the NI office may be closed with little or no notice.

When possible, we will put a note on our website if we close the office, but to avoid frustration and a wasted trip, please call ahead on the Business line (516-292-3045) before coming in. (If no answer, the office is closed.) This is a good practice at any time (since we don’t always know when office volunteers aren’t able to get in), but particularly if the weather is bad.

AA HISTORY FOR FEBRUARY

- February 1938— John D. Rockefeller gives AA \$5,000.
- February 3, 1939— Dr. Harry Tiebout first psychiatrist to endorse AA and use it in his practice.
- February 1940— First AA clubhouse opens at 334½ W. 24th Street, NYC. The clubhouse is a temporary residence for Bill and Lois W.
- February 8, 1940— Rockefeller dinner for AA.
- February 18, 1943— AAs granted right to use cars for emergency 12th Step work despite WWII gas rationing.

*In Memory of Paula M.
January 2015
A New Life! Group, Franklin Square*

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your group's meeting details change. The new lists are in too.

BEGINNERS = B BIG BOOK = BB CLOSED = C
 CLOSED DISCUSSION = CD OPEN = O
 OPEN DISCUSSION = OD STEP = S TRADITION = T
 NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

- Amityville 11701
Three Legacies Group, Dominican Village, 565 Albany Ave.; Tues. 7PM OD; WC accessible.
- Cedarhurst 11516
Saturday Morning Literature Group, 23 Grove St., Suite 200; Sat. 7:15AM C Men's.
- Hempstead 11550
We Ask God Group, Salvation Army, 65 Atlantic Ave.; Tues. 7:30PM BB.
- Point Lookout 11569
Point Lookout Group, Point Lookout Community Church, 60 Freeport Ave.; Thur. 7PM As Bill Sees It, Thur. 8:30PM 11th Step Meditation.
- Woodmere 11598
Arcade Legends Group, 936 Broadway; Tues. and Thurs. 6:30AM C Men's.



CHANGES

- Baldwin 11510
New Look on Life Group (formerly **Baldwin New Outlook Group**), First Church Baldwin, 881 Merrick Rd.; no changes to meetings.
- Farmingdale 11735
I Am Responsible Group, Crossroads Church, 610 Carmans Rd.; 7:30 PM BB now 7:00PM.
- Hicksville
Levittown Group, Parkway Comm. Church, 95 Stewart Ave.; no Mon. 8:15PM meeting. First Mon. 7PM CD is B. Thurs. 7:30PM O.
- Massapequa 11758
Into Action Group, Grace Episcopal Church, 23 Cedar Shore Dr.; Sat. 3PM O BB. (Incorrectly listed as Fri. 3PM BB and OD.)
- Port Washington 11050
Port Washington Group, United Methodist Church, 1515 Middle Neck Rd.; Tues. 8:45PM OD now CD.
- Rockville Centre 11570
The Men's Group, 30 Hempstead Ave., Basement Office Building, Suite H6; Fri. 8PM CD now Open Ended Topic.
- Roslyn 11576
Roslyn Group, Roslyn Presbyterian Church, 140 E. Broadway (formerly Roslyn Community Center); Thurs. 8PM CD only.
- Seaford 11783
Time Group, St. James School, 80 Hicksville Rd.; 4PM Sun. S now 7PM. No other changes.
- Syosset 11791
Berry Hill Discussion Group (formerly at Saint Bede's Episcopal Church), moved to Shelter Rock Church, 178 Cold Spring Rd.; all Fri. meetings are now held on Thur., same times; no changes to Sun. or Tues. meetings.

CLOSED GROUPS

- North Bellmore 11710
Miracles Group, 906 Newbridge Road.

TEMPORARY CHANGES

- Cambria Heights 11411
Give It A Try Group (formerly at the Presbyterian Church,

Elmont), meeting at Cambria Heights Community Church, 116-02 220th St. (Basement). No changes to meetings. A permanent location is being sought.

- Elmont 11003
Give It A Try Group, moved to Cambria Heights. See above.
- Roosevelt 11575

Sunday Sunrise Group, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 8:30AM CD. (Formerly meeting at the Reach Center.)

Women Caring for Women Group, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 1PM Women's Meeting. (Formerly meeting at the Reach Center.)

Answer to Who Am I?

Psychiatrist **Dr. Harry Tiebout** (1896-1966) was one of medicine's early promoters of AA with the public, his patients and fellow professionals. Among those he sent to AA was Marty M. ("Women Suffer Too", *Alcoholics Anonymous*, pp. 200-207), one of the first few women to achieve lasting sobriety through AA, and founder of what would become the National Council on Alcoholism and Drug Dependence. In 1944 he began trying to help AA co-founder Bill W. with his depression. Dr. Tiebout was an invited speaker at the Second International Convention in St. Louis, MO, 1955. See, *Pass It On*, pp. 210-211, 295-296, and 358.

Answers to AA Crossword Puzzle

S	T	E	P	O	N	E	T
E		H	E		I		A
V	I		N	O		B	O
E	N	D		D		L	
N		O		A		A	D
		N		A		H	E
N	O	T		T	C		X
U			P		A	T	N
N		B	I	G	B	O	O

"To get effective action [in its world services], the [AA] groups must delegate . . . authority to chosen representatives. . . ."

—From, Concept 2, *Twelve Concepts for World Service*, p. 8.

A Bit More History

February 1938, Frank Amos, an associate of John D. Rockefeller, visits Akron to look into the Fellowship and its local leader, Dr. Bob. From Amos' favorable assessment followed Rockefeller's \$5,000 contribution along with the caveat that, "too much money could spoil the work."

—From, *Pass It On*, p. 185-187.

Announcements

Share-A-Day XXXVIII Happy Joyous and Free AA Turns 80

Saturday, April 25, 8am-4:30pm
 St. Joseph's RC Church School
 1346 Broadway, Hewlett 11557
 Speakers • Oldtimers Panel
 Workshops • Lunch
 Child Care



14th International Convention
 "80 Years Happy, Joyous and Free"
 July 2-5, 2015
 Atlanta, Georgia
www.aa.org

ELMONT/BELMONT
 "Give It A Try"
 Group

We are temporarily moving to:

Cambria Heights Community Church
 116-02 220th Street
 Cambria Heights, NY 11411

Directly on the corner of 220th Street & 116 Ave.
 In the basement

Effective
 Monday, January 5, 2015
 Same Meeting time

Monday 7:00pm
 Thursday 7:15pm



Recovery, Unity, Service:
The Foundation of Our Future

March 20-21, 2015
 Westchester Marriott
www.aaseny.org