

Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

NOVEMBER 2015

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.



The Big Meeting (Article p. 5.)

Saturday, November 14, 10AM-1PM

An open meeting celebrating AA's coming to Long Island in the 1940's

Co-sponsored by Nassau Intergroup and Nassau General Service

Ethical Humanist Society of Long Island

38 Old Country Road, Garden City 11530

NOVEMBER 2015

- 11/4— Institutions Committee, 8PM, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701
- 11/5— Reps Orientation, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 11/11— Share-A-Day Committee, 7PM
- 11/12— Pl/CPC Committee, 7:30PM (Meets every other month.)
- 11/12— **Newsletter deadline** for December
- 11/16— Nassau General Service Committee (NGSC) Roundtable Workshop, 7PM; Concepts XI and XII.
- 11/18— Website Committee, 7:30PM
- 11/19— **Steering Committee, 7:30PM** (By invitation.)
- 11/25-26— **Thanksgiving Alkathon**; hourly AA meetings beginning 5PM Thanksgiving Eve, 11/25. Last meeting ends 11PM Thanksgiving Day, 11/26.

DECEMBER 2015

- 12/2— Institutions Committee, 8PM (See 11/4 above for location.)
- 12/3— **Reps Orientation, 7PM** (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 12/9— Share-A-Day Committee, 7PM
- 12/10— **Newsletter deadline** for January
- 12/14— Nassau General Service Committee (NGSC) Meeting Orien-

tation, 7PM (Suggested for new DCMs/GSRs.)

NGSC Meeting, 7:30PM

12/16— Website Committee, 7:30PM

12/17— **Steering Committee, 7:30PM** (By invitation.)

12/24-25— **Christmas Alkathon**; hourly AA meetings beginning 5PM Christmas Eve, 12/24. Last meeting ends 11PM Christmas Day, 12/25.

12/31-1/1— **New Year's Alkathon**; hourly AA meetings beginning 5PM New Year's Eve, 12/31. Last meeting ends 11PM New Year's Day, 1/1.

From the Chair

Greetings, and thank you members for getting the word out about service opportunities answering phones at Intergroup. We have heard from a number of interested members, and hope to resume our full regular hours of 9AM till 5PM, 365 days a year soon.



(Continued on page 4.)

AA'S THREE LEGACIES FOR NOVEMBER

Step 11— Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11— Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Concept 11— The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

AA HISTORY FOR NOVEMBER

- November 1934— Ebby T. visits Bill W. in Brooklyn and offers a spiritual path to recovery.
- November 11, 1934— Bill W. starts on his last drunk.
- November 11, 1940— First issue of the *AA Bulletin* (later named *Box 459*) is published by the Alcoholic Foundation and mailed to groups.
- November 1949— Short form of the “Twelve Traditions” is published in the *AA Grapevine*.
- November 16, 1950— Dr. Bob dies, Arkon, Ohio.
- November 3, 1975— AA Archives formally opened in NYC.
- November 1, 2001— Fourth Edition of the “Big Book” is published.

AA Grapevine Highlights for November

November Issue— With a Special Section, “Relationships in Sobriety.”

Books— *Grapevine Daily Quote Book* (GV32). *The Language of the Heart* audiobook now available.

Subscription Challenge 2015— Join the challenge to increase new subscriptions to the *Grapevine* and *La Viña*.

Sobriety Calculator— It’s fun to count your years, days, hours or minutes in recovery.

The Laugh’s On Us— Submit a caption for a *Grapevine* cartoon.

Daily Quote Subscription— Sign up to receive an inspirational daily quote from the *Grapevine* via email.

Go on-line to www.aagrapevine.org for more info.



From the Editor

Like to get an item into the newsletter, but not sure about or comfortable with the writing? Contact me, and I’ll work with you to shape up whatever it is you have for publication. Intergroup will publish anything that relates to your or your group’s experience of AA’s Three Legacies, Recovery, Unity and Service.



Remember our subscription service too. An e-subscription option for the newsletter gets you early access to the newsletter with full colour graphics and working hyperlinks in at least some browsers (including Chrome, Explorer, Opera and Safari). Go to the “Subscription” link under “Current Issue” on our website at www.nassauny-aa.org to sign up.

In Service,
 Bill C., Editor, NI Newsletter
 516-292-3045 or news@nassauny-aa.org

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“There is a direct linkage among self-examination, meditation and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakeable foundation for life.”
 —From Step 11, *Twelve Steps and Twelve Traditions*, p. 98.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

- Chairperson chair@nassauny-aa.org
- 1st Vice Chair 1stvice@nassauny-aa.org
- 2nd Vice Chair 2ndvice@nassauny-aa.org
- Secretary secretary@nassauny-aa.org
- Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

- Archives archives@nassauny-aa.org
- Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org
- Corrections corrections@nassauny-aa.org
- Financial Review finance@nassauny-aa.org
- Institutions (H&I) institutions@nassauny-aa.org
- Literature literature@nassauny-aa.org
- Meeting List meetinglist@nassauny-aa.org
- Newsletter news@nassauny-aa.org
- Night Book nightbook@nassauny-aa.org
- Officer Coordinator (Mgr.) officemanager@nassauny-aa.org
- Program Chair/Secretary seclist@nassauny-aa.org
- Public Information (PI) publicinfo@nassauny-aa.org
- Share-a-Day (SAD) shareaday@nassauny-aa.org
- Speakers Exchange speakersexchange@nassauny-aa.org
- Special Needs specneeds@nassauny-aa.org
- 12th Step List 12thstep@nassauny-aa.org
- Website webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message.

FAQs About AA History from AAWS *

Q.— What is the history behind AA’s Responsibility Statement?

A.— The Responsibility Statement reads: “I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

It was written for the 1965 AA International Convention in Toronto. [A]n article titled, “How I am Responsible became a part of AA,” from the GSO newsletter, *Box 4-5-9* . . . identifies former AA trustee, Al S. as the author of the Responsibility Statement.

In the souvenir book for the 1965 Convention, Dr. Jack Norris writes:

We must remember that AA will continue strong only so long as each of us freely and happily gives it away to another person, only as each of us takes our fair share of responsibility for sponsorship of those who still suffer, for the growth and integrity of our Group, for our Intergroup activities, and for AA as a whole. It is in taking responsibility that real freedom and the enduring satisfactions of life are found. AA has given us the power to choose—to drink or not to drink—and in doing so has given us the freedom to be responsible for ourselves. As we become responsible for ourselves, we are free to be responsible for our share in AA, and unless we happily accept this responsibility we lose AA. Strange, isn’t it?

(Continued on page 3.)

FAQs About AA History from AAWs (Continued)—

In 1971, the [General Service] Conference recommended that: “The Literature Committee . . . reaffirm both the spirit and the wording of the ‘I am Responsible’ Declaration from the International Convention held in Toronto in 1965.”

And in 1977, the Conference recommended that: “The Responsibility Declaration not be changed, as it was made at the 1965 International Convention in Toronto.”

* Edited from, www.aa.org > Archives & History > History and Resources > FAQs. Go there for more on the “Responsibility Declaration.”

“We are becoming aware that no member ought to describe himself in full view of the general public as an AA, even for the most worthy purpose, least a perilous precedent be set which would tempt others to do likewise for purposes not so worthy. We see that on breaking anonymity by press, radio or pictures, any one of us could easily transfer the valuable name of Alcoholics Anonymous over onto any enterprise or into the midst of any controversy.”

—From, “Tradition Eleven,” *AA Grapevine*, October 1948, in *Language of the Heart*, p. 92.

Who Am I?

I began by helping the young AA “Headquarters Office” be better in touch with the then 150 AA groups that existed in 1940. I’ve changed some over the years, but I still play an important role helping to connect your home group with the rest of the Fellowship. I’ll happily visit your group if invited.



(Answer on page 6.)

Tradition Eleven: Anonymity in the Public Media



Originally referred to by Bill W. as the “Twelve Points to Assure Our Future” when he began to advocate for them in the *Grapevine* in 1946, he noted: “Nobody invented Alcoholics Anonymous. It grew. Trial and error has produced a rich experience. Little by little we have been adopting the lessons of that experience, first as policy and then as Tradition.” He goes on to say that, “That process still goes on and we hope it never stops. Should we ever harden too much, the letter might crush the spirit.” [From, “Twelve Suggested

Points for AA Tradition,” *AA Grapevine*, April 1946, found in, *The Language of the Heart* (LOH), p. 20.]

The long form of this Tradition as first put forward by Bill in that 1946 article advises us, “Our relations with the outside world should be characterized by modesty and anonymity. We think AA ought to avoid sensational advertising. Our public relations should be guided by the principle of attraction rather than promotion . There is never

(Continued page 4.)

Crossword Puzzle

1		2		3	4	5		6
		7	8					
			9			10	11	
	12	13						
14					15	16		
				17				
18		19		20				21
		22	23			24		
		25				26		

Across

- Regret
- “Came to believe” Step
- Tear into small pieces
- Alcoholics Anonymous (abbrev.)
- On and on and on . . .
- No longer available
- 25 or more (plural)
- Rotate
- Mimic
- To be present, simplified
- Struck down
- Other inventory Step
- Levy

Down

- Intergroup job
- “S” in full
- Steps & ____s.
- First word Steps
- Poem
- Cooperation with the Professional Community (abbrev.)
- Triggers (acronym)
- Ripped
- Not a requirement
- Open Discussion (abbrev.)
- There are no “____s.”
- After the accident.
- Author, “I am responsible.”
- Eastern Standard Time (abbrev.)
- “Entirely ready . . .” Step
- It’s all about ____!”
- Bill W.’s sponsor, initials.



(Answers on page 6.)

Submitted by, Brenda P.
The Right Place Group, Westbury

“The longtime success of our General Service Board will rest not only on the capabilities of the Trustees themselves; it will depend quite as much upon the competent leadership and harmonious association of those non-Trustee committee members, corporate service directors, executives and staff members who must actively carry on AA’s world services.”

—From, Concept XI, *Twelve Concepts for World Service*, p.48.



Tradition Eleven: Anonymity in the Public Media (Continued)—

need to praise ourselves. We feel it better to let our friends recommend us." (LOH, p. 23.)

Lacking either guidance or sufficient experience, early AA was rife with anonymity breaks in the public media with Bill W., Marty M. and other prominent members of the young fellowship sometimes topping the list. (Highlighted in 1940 was the story of Rollie H., a catcher with the Cleveland Indians and a well-know sports figure whose public drunkenness all but destroyed his baseball career. So it was big news nationally that he had sobered up in AA, news which seemed to delight early AAs including Bill W. See, *Pass It On*, pp. 236-238.)

Most of these early breaks were well intentioned, hoping to demonstrate the effectiveness of the newborn fellowship and its program of action by serving to "demonstrate our personal courage in the face of stigma, so lending power and conviction to news stories and magazine articles." (LOH, p. 92.) (Early AA was eager for favorable publicity.) But as some who went public stayed sober and others faltered, as some sought to associate the AA name with other "worthy" causes, and as some few saw a chance for personal aggrandizement and even profit, it became clearer and clearer that personal anonymity at the level of press, radio and films (and today we would add the internet and social media) was the more prudent and spiritually sound course.

Personal anonymity as articulated in "Tradition Eleven" rests in AA's early experience with anonymity at the level of the public media. The primacy of AA's principles of recovery over the often fallible personalities which may pursue them is then at the heart of "Tradition Twelve," anonymity being our "spiritual foundation" or grounding.

To reinforce and support the anonymity principle of "Tradition Eleven," our General Service Office publishes an annual "Anonymity Letter to the Media" (www.aa.org > Press/Media or www.aa.org/pages/en_US/pressmedia). In this year's letter, recognizing that, "word-of-mouth is not sufficient by itself to carry the program's message of hope and recovery," it thanks the media for its historic and continuing help in bringing AA to the world. But the letter also and principally asks for the media's cooperation in understanding and respecting our anonymity principle.

Of course, given the nature of AA, anonymity breaks by members in the public media are never punished although an anonymity breaker may receive a loving letter from his or her General Service Conference delegate reminding them of the importance of the anonymity principle.

We are reminded that, "Good public relations are AA lifelines reaching out to the alcoholic who still does not know us," (LOH, p. 91.), lifelines we dare not imperil and which our Traditions seek to protect.

In Service,
Bill C., Editor, NI Newsletter
516-292-3045 or news@nassauny-aa.org

From the Chair (Continued)—



We wish Mike K., Night Book, and Laura C., Special Needs, well and thanks for their service as they step down. Currently, we have those and other vacancies on our Steering Committee including Cooperation with the Professional Community (CPC), and Archives. We also need an Assistant Treasurer who will help with our coming installation and management of the new point of sale system.

Our Share-A-Day committee is up and running and welcomes added participation. Your Public Information, Website, and Institutions committees also provide an opportunity to get involved.

I would like to thank Kenny H., your Mailer, who is stepping up to become Office

Manager, and Artie C. who has been serving in that position who is stepping down.

Any and all questions and suggestions are welcome. Feel free to contact me or any member of your Steering Committee. Email addresses are on our website and in the newsletter, or call the office and leave a message.

Service is Gratitude in Action
LaRaine A., Chair
516-292-3045 or chair@nassauny-aa.org

Holiday Alkathons are Coming

Every year Intergroup offers a marathon series of meetings at the office over the Thanksgiving, Christmas and New Year's holidays with hourly AA meetings from 5PM the eve of each holiday and the last meeting ending 11PM the day of the holiday. For these occasions, groups are invited to step up to take three hours blocks of time to run both the meetings and the office phones. Group sign up began last month on a first come basis in terms of time slots, and will continue into December.

Since the holidays can be especially challenging to recovery, particularly at the beginning, the Alkathons offer a safe holiday haven for all. With light refreshment and good fellowship, newcomers and old timers alike enjoy the Alkathons.

Public Information (PI)

Public Info (PI) is looking for members available during day time hours to speak at facilities, colleges and high schools about what AA is and is not. If you are interested and available, please contact me through the Intergroup Office at 516-292-3045 or by email (below).

Thank you.

Regine V., PI Chair
516-292-3045 or publicinfo@nassauny-aa.org

Nassau General Service Committee Launches First Website

The Nassau General Service Committee (NGSC) has launched its first website ever at www.aanassaugs-ny.org/.

The new site offers easy access to information about what is going on with General Services locally through a Calendar of Events together with links to other AA activity at South Eastern NY (SENY, Area 49), AAWS, the AA Grapevine, and our own Nassau Intergroup so immediate help is available for the still sick and suffering alcoholic.

Special thanks to George C., Early Risers Group, Long Beach, web designer for NGSC.



A Bit of Nassau AA History

When Alcoholics Anonymous was young on Long Island (late 1940's), the Manhasset-Roslyn Telephone Service was established by local volunteers at local expense to provide information about AA in Nassau County. This was largely the efforts of one group.

The service was picked up in the late 1960's, early 1970's by the 53 groups then meeting in the county, and became the Nassau Answering Service of AA. The service operated out of the basement of Winthrop Hall, Church of the Advent, Westbury. This was effectively the beginning of an "intergroup" association in Nassau.

In 1983, Nassau Intergroup incorporated under the laws of the State of New York as the "Nassau Intergroup of AA, Inc."

Nassau Intergroup (NI) remains an all-volunteer intergroup office engaging and serving almost 300 AA groups in Nassau County.

Your part in the continuing story of NI . . . is essential to our ability to provide both general and local information about AA to those who seek it, and to reach out to the alcoholic who still suffers.

NI works cooperatively with individual AA members, other AA service groups such as AA World Services' (AAWS) General Service Office (GSO), the South Eastern New York Area Committee and Assembly of AA (SENY, Area 49), the Nassau General Service Group (NGSG), local General Service districts, and with non-AA's in the spirit of "Tradition Five."

From, NI's Office Handbook, 12/2012

The Big Meeting

On Saturday, November 14th, Nassau County General Service and Nassau County Intergroup will be co-hosting the Big Meeting celebrating 74 years of AA in Nassau County. The first Big Meeting was held in 1991 commemorating 50 years of AA in Nassau County.

The Big Meeting will be held at the Ethical Humanist Society of Long Island, 38 Old Country Road, Garden City 11530, from 10am-1pm. Refreshments, food and fellowship are also part of the day's program. There is no charge for this event, your con-



tributions to General Service and Intergroup make it possible.

This year's Big Meeting will be an open meeting with five speakers, and a little history of our rich connection to AA. We will have a tree displaying the history of Nassau County groups. If your group does not have a GSR and would like to be included with a leaf on our tree, please email Carlos at news@nassauny-aa.org for a leaf to be sent to you. Fill it out, and bring it to the Big Meeting. We'll add it to the tree.

In the month of November, typically known as the Gratitude Month, we are grateful to be a part of this beautiful fellowship and look forward to seeing you at the Big Meeting!

In service and gratitude,
Gerald L. and Linda D.
Big Meeting Co-Chairs

To Thine Own Self Be True: The Gifts of Sobriety

My name is Jennifer, and I'm an alcoholic. I am also a woman of the transsexual experience.

I grew up in a small town in Nassau County, Long Island, NY. At two weeks old I was adopted by two wonderful parents. Growing up I had a learning disability and experienced a lot of problems in school. Throughout my life I never felt comfortable in my own skin, I cross-dressed in private and never revealed my true feelings. I started drinking at the age of 12 and when I picked up that first drink, that was it, I felt at home. I was a blackout drinker from the very beginning; it helped numb the pain and shame that I felt about myself. Drinking controlled the rest of my life until I was mandated into rehab as the result of a DWI in the summer of 1988. It was in the rehab that I found AA and got the gift of sobriety. Because of the steps I knew I must be honest, however, I only shared about my cross-dressing, I was not ready to explore it any further at that time.

Throughout sobriety my life got much better, but I still had that secret, and the AA slogan we love you until you can love yourself was not there 100 percent. It was not until ten years later that I could no longer hide from my true self. I knew if I continued my life this way that it would lead me back to drinking again. I hit my knees for the second time in sobriety. I had to be rigorously honest with myself and it wasn't until then that I finally reached out for help out-

side of the program. I finally started on a transition to become my true self. It was a very hard road in and out of the program, but I had the steps and my higher power to guide me along. Some people in AA, who I knew for a long time, did not understand, but many stood by me throughout my journey. Most would say, "Whatever makes you happy." I thank the 12 Traditions of Alcoholics Anonymous, the 3rd Tradition especially stating, "The only requirement for membership is a desire to stop drinking." First and foremost I am an alcoholic and a member of AA and with that tradition in place I could not be turned away.

Throughout my sobriety I deeply desired to find others like me in AA that I could identify with, but to my avail I could not. I attended GLBT meetings, which helped a lot in the beginning. It has been many years since I started on this road and now I can truly say that I love myself today. Today I have met many others on the same road and have even sponsored a few along the road of recovery. We even started an open transgender GLBTQ friendly meeting in our area. Today I am truly happy, joyous and free. In the 27 years that I have been growing up in AA it has been a wonderful experience to see how diverse we have become. Like Dr. Bob stated, just keep it simple and that we still only have one primary purpose: stay sober and help others achieve sobriety.

With love and service,
Jennifer D.

Share-A-Day

November has been known as Gratitude Month in Alcoholics Anonymous. Gratitude is displayed by action. Action translates into service.

Will you display your gratitude by helping in some way on the Share-A-Day 2016 Committee? We meet this month on November 11th (the second Wednesday of every month) at Intergroup at 7PM.

There is a lot of planning needed for this wonderful event, so consider participating in this service. We look forward to seeing you there.



Many hands make light work.

Marie M. S., SAD Chair, 516-292-3045
shareaday@nassauny-aa.org

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your group's meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C
 CLOSED DISCUSSION = CD OPEN = O
 OPEN DISCUSSION = OD STEP = S TRADITION = T

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

- Bellmore 11710
We Change Together Group, Pride for Youth Center, 2050 Bellmore Ave., 2nd floor; Tues. 7PM OD; LGBTQ/Transgender friendly.
- Freeport 11520
Thursdays As Bill Sees It Group, Freeport Community Church of the Nazarene, 301 Atlantic Ave.; Thur. 7PM C As Bill Sees It.
- Hicksville 11801
Fourth Dimension Group, Holy Family Church, 17 Fordham Ave.; Mon. 7PM B, 8:30PM CD, Tues. 7PM BB.
- Plainview 11803
Plainview Promises Group, Plainview Reformed Church, 560 Old Bethpage Rd.; Thur. CD 7:30PM.
- Rockville Centre 11570
Rockville Centre Men's Big Book Group, 30 Hempstead Ave., Suite H6; Wed. 7:30PM BB.

CHANGES

- Bellmore 11710
No Frills Group, Bellmore Presbyterian Church, 2740 Martin Ave. (new location); no meeting changes.
- Cold Spring Harbor 11724
Discussion Group, St. John's Episcopal Church, 1670 Route 25A; Wed. 7PM C (Grapevine) added.
- Franklin Square 11010
Road to Recovery Group, Ascension Lutheran Church, 145 Franklin Ave.; Wed. 7:15PM CD ("Promises," 3rd Wed., Tradition, 4th Wed.) added.
- Garden City 11530
Garden City Group, 245 Stewart Ave.; Tues. 7:30PM, C (Men's) and C (Topic) only; Tues. S and C (Women's topic) dropped.
- Glen Cove 11542
Closed Discussion Group, North Shore University Hospital Glen Cove, 101 St Andrew's La.; Wed. 8PM B now BB.
- Jones Beach
Sunrise Meeting, Jones Beach, West End 2; reminder, \$10 NYS parking fee after 6AM; no changes to meeting.
- Kings Point 11024
Great Neck-Kings Point Group (formerly the Kings Point Group); Merchant Marine Academy, Steam Boat Rd.; Thurs. 8PM C.
- Levittown 11756
Instrument Group, Levittown Community Church, 100 Periwinkle Rd. (new entrance at west end of building); Tues. 7PM B, Fri. 7PM OD unchanged.
- Locust Valley 11560
Choices Group, Reformed Church of Locust Valley, 115 Ryefield Rd. (entrance at rear); add Tues. 5PM C (Promises).
- Melville 11747
Sweet Air Group, Sweet Hollow Presbyterian Church, 95 Old Country Rd.; Thurs. 7:45 Meditation added.
- Rosedale 11422
Sunrise Beginners, Throop Memorial Presbyterian Church, 140-17 243rd St.; Thurs. 7:15PM O/S/T Meditation added; Sat. 9AM B now 9:30AM S.
- Seaford 11783
Seaford at Wantagh Group, St. Gregory Orthodox Church, 1100 Hicksville Rd. (Rt. 107); Sun. 7:30PM, S is now OS.
- Westbury (formerly New Cassel) 11590
We Care Too Group, United Methodist Church, 265 Asbury Ave.; Sat. 1PM B. (Group restarted.)

TEMPORARY CHANGES

- Roosevelt 11575
Sunday Sunrise Group, meeting at the First United Methodist

Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 8:30AM CD. (Formerly at the Reach Center.)

CLOSED GROUPS

- Hicksville 11801
Ever Vigilant Group, Holy Trinity Episcopal Church, 130 Jerusalem Ave.
- Roosevelt 11575
Women Caring for Women Group, First United Methodist Church of Roosevelt, 30 Union Pl.
- Syosset 11791
Friday Night Group, St. Edward's Church, 205 Jackson Ave.
- Williston Park 11596
Friends of Bill and Bob Group, St. John's Lutheran Church, 47 Winthrop St.

Answer to Who Am I?

AA Bulletin, later, the **AA Exchange Bulletin**, now, **Box 4-5-9: News and Notes from the General Service Office of AA**. The first issue was a mimeograph of a typed sheet and was mailed to the then existing groups on November 11, 1940 in "an effort to develop a mutual idea exchange sheet to establish a closer feeling of friendship between AA groups from the east coast to the west . . ." The bulletin "was created to fill many requests for a concise, movement-wide publication that would combine Headquarters' news, basic information on AA as a whole, and brief accounts indicating how particular problems are being met by groups throughout the world." While the bulletin has undergone a few changes of name and format since 1940, its essential function has changed little. Today **Box 4-5-9** serves to draw the diverse elements of the Fellowship closer together with "information about AA service, literature, events, sharing from groups, service committees and individual . . . AA members." Published quarterly, **Box 4-5-9** is mailed to all GSRs and is available for free to anyone interested by e-subscription.



(See, [Box 4-5-9, October-November 2002](#); www.aa.org > GSO Newsletters > Box459; www.aa.org/pages/en_US/gso-newsletters.)



Answers to Crossword Puzzle

R	U	E		T	W	O		C
E		S	H	R	E	D		P
P			A	A		E	T	C
	S	O	L	D			O	
O	L	D	T	I	M	E	R	S
	I			T	U	R	N	
A	P	E		I	S			S
L		S	M	O	T	E		I
S		T	E	N		T	A	X

Announcements



Primary Purpose Group of Lynbrook
10th Anniversary Meeting
Tuesday, December 15
7PM
Speaker: Barefoot Bill
 West Milford, NJ
Lynbrook Baptist Church
 225 Earle Avenue
 Lynbrook 11563
 (Enter on Penninsula Boulevard)
Desserts and Snack Served

General Service Office (GSO) 475 Riverside Drive, NYC
Owing to construction, GSO will be closed to visitors and tours through November 30. Routine business will continue.

Intergroup Office Closure

The office is closed
Wednesday afternoons and Thursday mornings for lack of volunteers.
To volunteer, 516-292-3045 and leave a message, or chair@nassaunya-aa.org.