

Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

WORLD WIDE WED EDITION

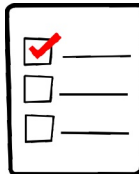
 **October 2016**

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

Elections of Intergroup Officers

Thursday, October 6, 7:30PM



Big Meeting

Co-Hosted by Nassau Intergroup & Nassau General Service Group

Long Island Ethical Humanist Society
38 Old Country Road, Garden City 11530

Sunday, October 23, 1-5PM

OCTOBER 2016

- 10/5— Institutions Committee, 8PM, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701
- 10/6— **Reps Orientation**, 7PM (Suggested for new Reps.) Reps Meeting, 7:30PM; **Election of NI officers for 2017-2018** (See, page 3.)
- 10/12— Share-A-Day Committee, 7:30PM
- 10/15— LI Spirituality through Service (LISTS), hosted by Suffolk General Service; True North Community Church, 1101 Lakeland Ave., Bohemia 11716; 9:30AM-4PM; Go to www.aasuffolkgs-ny.org > "Events" for info. (See, page 6.)
- 10/16— Suffolk Share-A-Thon, "There Is a Solution," St. Joseph's College, Patchogue 11772; 8AM-4PM; Email, share@suffolkny-aa.org for info.

- 10/17— Nassau General Service Group (NGSG) Meeting Orientation, 6:30PM (Suggested for new DCMs/GSRs.); NGSG Meeting, 7:30PM; Election of officers for 2017-2018 (See, page 7.)
- 10/19— Website Committee, 7:30PM
- 10/20— Newsletter deadline for November
- 10/23— **Big Meeting** (See above.)
- 10/27— **Steering Committee**, 7:30PM (By invitation.)
- 10/28-30— ESCYPAA III, "My Anchor in a Sea of Confusion," Empire State Convention of Young People in AA; Hyatt Regency Hotel, 717 Motor Parkway, Hauppauge 11788; Info, www.escypaa3.org or escypaa3@gmail.com (See page 6.)

NOVEMBER 2015

- 11/2— Institutions Committee, 8PM (See 10/5 above for location.)
- 11/3— **Reps Orientation**, 7PM (Suggested for new Reps.) **Reps Meeting**, 7:30PM
- 11/3-6— 31st Annual Central Office/Intergroup Seminar, hosted by Kansas City, MO; Email, director@kc-aa.org for info.
- 11/5— Joy of Service, SENY sponsored workshop hosted by NGSC; Bishop Molloy Recreational Center, 15 Parkside Dr., Point Lookout 11569; 10AM-2PM (See page 7.)
- 11/9— Share-A-Day Committee, 7PM
- 11/10— Newsletter deadline for December



AA'S THREE LEGACIES FOR OCTOBER

- Step 10**— Continued to take personal inventory and when we were wrong promptly admitted it.
- Tradition 10**— Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
- Concept 10**— Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

From the Editor

Some clarification seems in order regarding our editorial policy as it pertains to the Internet and our digital edition.

NI's newsletter will not use full names of any AA member, living or deceased, nor will it publish any other identifying personal information (such as personal email addresses or phone numbers) in its digital editions as we consider that a violation of our Eleventh Tradition. Where items such as announcements may contain such personal information, we substitute an Intergroup phone number or email address, and will forward any contacts that result. This generally does not effect the print edition of the newsletter which we consider an "internal" document (for distribution within the Fellowship only), similar to the way AAWS has handled the personal information in the annual Conference reports.

Remember our e-subscription option. Opt in or out at our website, www.nassauny-aa.org, just below the "Current Issue" pdf icon.



In Service,
Bill C., Editor, NI Newsletter
516-292-3045 or news@nassauny-aa.org

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A Bit More AA History

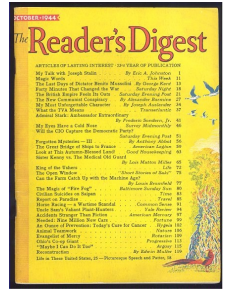
AA and the Reader's Digest

In anticipation of the publication of the book *Alcoholics Anonymous*, Bill W. and Hank P. were working hard to sell shares in Works Publishing to fund the book's printing. In tandem with that, they were also looking to gain some favorable publicity for the young Fellowship. In that effort, Bill and Hank approached the managing editor at *Reader's Digest* about possibly doing an article on AA and the book. Dropping the name of John D. Rockefeller, Jr., they got the editor to agree the *Digest* might be interested in doing a piece on AA coinciding with the book's publication the following Spring.

With the expectation of some favorable publicity, Bill and Hank approached the book's printer, Cornwall Press, to arrange the first printing. As Works Publishing was cash strapped, the publisher held that first run to 5,000 books with a \$500 down payment.

When Bill and Hank returned to *Reader's Digest* as the book was about to roll off the presses, the magazine's editor had forgotten them and the promised article failed to appear.

It would not be until October of 1944 that an article entitled, "Maybe I Can do It Too" about AA member Ed [Mc]G. appeared in the *Reader's Digest*. The resulting publicity however would prompt inquiries about AA from around the world for years to come.



Reader's Digest
October 1944

(See, *Alcoholics Anonymous Comes of Age*, pp. 158, 169-172; *Nassau Intergroup News*, "Who Am I?", [January 2016](#) and [September 2016](#); *Pass It On*, pp. 195, 204-205; and, www.aa.org > "[Archives & History](#)" > "[Timeline of AA History](#)" > "1945".)

"It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on our spiritual condition."

—From "Step Ten," *Alcoholics Anonymous*, p. 85.

Who Am I?

Originally offered to Bill W., I came to AA in October of 1951 in recognition of "its unique and highly successful approach to . . . alcoholism." Today I sit in the AA General Service Office in New York where you can visit me if you like.

(Answer on page 8.)



AA HISTORY FOR OCTOBER

- October 20, 1928— Bill W. makes a pledge in the family Bible, "that I have finished with drink forever."
- October 1938— Bill W.'s recall of the first use of the name "Alcoholics Anonymous."
- October 14, 1939— *Journal of the American Medical Association* gives the "Big Book" a negative review.
- October 1940— Bill W. approaches the *Saturday Evening Post* on AA's behalf. Jack Alexander is assigned to do a story on AA.
- October 1942— Clarence S. stirs up controversy in Cleveland on learning Bill W. and Dr. Bob are receiving royalties from the "Big Book."
- October 2, 1944— Marty M. founds the National Committee for Education on Alcoholism.
- October 30, 1951— AA receives the Lasker Award from the American Public Health Association.
- October 1954— Alcoholic Foundation, Inc. renamed the General Service Board of AA, Inc.
- October 1958— *AA Comes of Age* is published.
- October 1958— AA cooperates on the production of "The Days of Wine and Roses" by CBS' *Playhouse 90*.
- October 9-11, 1969— First World Service Meeting held in NYC.
- October 5, 1988— Lois W. dies, age 97, Mt. Kisco, NY.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS	
Chairperson	chair@nassauny-aa.org
1st Vice Chair	1stvice@nassauny-aa.org
2nd Vice Chair	2ndvice@nassauny-aa.org
Secretary	secretary@nassauny-aa.org
Treasurer	treasurer@nassauny-aa.org
STANDING COMMITTEES	
Archives	archives@nassauny-aa.org
Coop. Pro. Comm. (CPC)	cpc@nassauny-aa.org
Corrections	corrections@nassauny-aa.org
Financial Review	finance@nassauny-aa.org
Institutions (H&I)	institutions@nassauny-aa.org
Literature	literature@nassauny-aa.org
Meeting List	meetinglist@nassauny-aa.org
Newsletter	news@nassauny-aa.org
Night Book	nightbook@nassauny-aa.org
Officer Coordinator (Mgr.)	officemanager@nassauny-aa.org
Program Chair/Secretary	seclist@nassauny-aa.org
Public Information (PI)	publicinfo@nassauny-aa.org
Share-a-Day (SAD)	shareaday@nassauny-aa.org
Speakers Exchange	speakersexchange@nassauny-aa.org
Special Needs	specneeds@nassauny-aa.org
12 th Step List	12thstep@nassauny-aa.org
Website	webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message.

"We do not enter into public controversy, because we know that our Society will perish if it does. We conceive the survival and spread of Alcoholics Anonymous to be something of far greater importance than the weight we could collectively throw back of any other cause."

—"Tradition Ten," *Twelve Steps and Twelve Traditions*, p. 177.

From the Chair

Greetings my AA fellows. Fall is here, and so begins our Alkathons. Thank you Liz P. for stepping up as Thanksgiving 2016 Alkathon Chair. Liz will be signing up groups for three hour commitments at our Thursday November 3rd Reps meeting. As a reminder, groups and individuals can't sign up to speak at the Alkathon by calling the Intergroup office. Please come to the meeting.

Nassau Intergroup and Nassau General Services invite you to our Big Meeting, 1pm-5pm, October 23rd at the Long Island Ethical Humanist Society, 38 Old Country Road, Garden City 11530.

First held in the mid-1980's at the Tilles Center, the Nassau Big Meeting is an open meeting celebrating AA history in Nassau County. The theme this year is, "The Heart of AA Beats Through Service." Our panel will be just that, and much like our Old Timers panel at Share A Day with audience participation including an "Ask It Basket." Refreshments will be served at 1pm and 3pm with coffee and water throughout the day.

Hope to see you at this year's Big Meeting.

Service=Gratitude in Action,
LaRaine A., Chair

516-292-3045 or chair@nassauny-aa.org



AA Grapevine Highlights for October

October Issue— Featuring stories from Atheist & Agnostic Members.

Books— New, *Forming True Partnerships* (GV34), *Un Día A La Vez* (SGV03), and, *Our Twelve Traditions* (GV35). Many e-book titles also available.

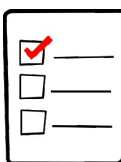
Sobriety Calculator— It's fun to count your years, days, hours or minutes in recovery.

The Laugh's On Us— Submit a caption for a *Grapevine* cartoon.

Daily Quote Subscription— [Sign up](#) to receive an inspirational daily quote from the *Grapevine* via email.

Consider a *Grapevine* or *La Viña* subscription or one of the many other AA Grapevine publications as a gift for that special AA friend.

Go online to www.aagrapevine.org for more info or to get an AA Grapevine [catalogue](#).



More on the Intergroup Elections

This month Nassau Intergroup holds its biennial election of officers. Here are some more things we would like you to know. Let's look at the "Third Legacy Procedure" by which NI will conduct the elections.

Part 3—

Third Legacy Procedure

At first glance, AA's Third Legacy Procedure may appear overly involved, and to introduce an strong element of chance into the election process. "In practice, however, it

has proved highly successful in eliminating the influence of factions or parties The railroad-ing of a candidate for election is made difficult, if not impossible, since voters have a wide selection of candidates to choose from. More importantly, a second-place candidate who may be extremely well qualified but without early popular support is encouraged to stay in the balloting rather than withdraw."

(From, [The AA Service Manual](#), p. S21, © AAWS, Inc.)

The Third Legacy Procedure is as follows:

- I. A candidate must receive 2/3 of the total vote to be elected. The results of each ballot are posted.
- II. After the second ballot, any candidate who received less than 1/5 of the total vote is withdrawn, except the top two candidates must remain; in the event of a tie, all candidates tied for second place remain.
- III. After the third ballot, any candidate who received less than 1/3 of the total vote is withdrawn, except the top two candidates must remain; in the event of a tie, all candidates tied for second place remain.

(For example: If 100 votes are cast, 2/3 = 67 votes; 1/5 = 20 votes; 1/3 = 34 votes.)

IV. After the fourth ballot:

(1) The candidate with the smallest number of votes is withdrawn, except the top two candidates must remain; in the event of a tie, all candidates tied for second place remain.

(2) The chair asks if there is a motion to go to a fifth ballot.

(a) If such a motion is made and seconded, a simple majority is needed to take the election to the fifth ballot.

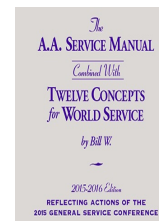
(b) In the absence of such a motion passing, the election is decided by lot, that is, it immediately "goes to the hat."

V. If there is a fifth ballot and no candidate receives 2/3 of the vote, the election is decided by lot.

Additionally for the Intergroup elections,

- Candidates for office must be in attendance in order to stand, no standing *in absentia*.
- Elections will proceed in the following order: chair, first vice chair, second vice chair, recording secretary and treasurer.
- In addition to those members offered by the Nominating Committee, all members eligible to stand for an office will be invited to offer them-

(Continued page 4.)



Intergroup Elections (Continued)

selves. This may be done by a roll call.

- The names of all candidates will be listed before the first ballot for each office. Nominations then close for that office.
- Candidates for each office will be invited to offer a brief service qualification or resume so that the voting members may have a better basis for deciding their votes.
- The vote will be by written ballot according to the Third Legacy Procedure (above).
- A candidate standing unopposed must still receive 2/3 of the vote to be selected.
- If no candidate is available for a given office or if an unopposed candidate fails to receive the required 2/3 of the vote, the election will be deferred to the next regularly scheduled Reps meeting(s) until such time as the office is filled.

“Part 1” in this series appeared in the [August newsletter](#), and looked at the provisions for electing officers as set out in Intergroup’s By-Laws.

“Part 2” appeared in the [September newsletter](#), and looked at qualifications to stand for office and job descriptions.

[Back newsletter issues](#) and the [By-Laws](#) are available on-line at www.nassauny-aa.org, and as hard copy in the office.

From the Night Book

The summer is officially over, and many of us are busy with back-to-school, business issues, etc. One thing for certain, as the seasons go by, Nassau Intergroup keeps changing, but only for the better! I am, of course talking about our Night Book Service.

As a Service commitment, the “Book” is the easiest, most satisfying, and popular group activity. Groups have made “Night Book Week” into a special thing; maybe having a group social event to acknowledge it, or the prize of an AA book for a participant. The limits are as boundless as your creativity.

The six new Night Book briefcases are put together nicely, chock-full of useful information, and also a laugh or two. You should be very proud of the fact that we are the ONLY real 24-hour AA Hotline in the tri-state area, as some callers will say.

But in addition to the groups who take the commitment, we also have a dedicated core of people who can take the phones literally at a moment’s notice.

The Emergency Night Book list is fluid, ever growing, ever changing, to meet people’s daily schedules and responsibilities. As Chair, I am more than willing to work around our volunteers’ schedules, and ALWAYS easily reachable. These emergency volunteers deserve our special appreciation because they outstandingly represent our Third Legacy of Service.

I would like to thank the following groups for September Night Book Service:

Baldwin Group
 Bayville Triangle Group
 High Noon/West End, Long Beach
 Solutiion Group, Williston Park

Yours In Service,
 Steve S., Night Book Chair, NIAA
 516-292-3045 or
nightbook@nassauny-aa.org



We continue to offer a listing of opportunities for service with Nassau Intergroup. Interested? Leave a message at the NI office during business hours (9AM-5PM daily) at 516-292-3045 or send an email to the addresses below.

Service Opportunities Beyond the Home Group

For October and beyond, the service opportunities include:

- **Assistant Treasurer**— Primary responsibility for record keeping and compliance with respect to proposed literature sales and related sales tax filings. (Probably to begin some time next year.) Contact: treasurer@nassauny-aa.org.
- **Public Information**— Speaking at schools, colleges and other venues; commitment of one hour a month. Contact: publicinfo@nassauny-aa.org.
- **Institutions (H&I)**— Many opportunities for speaking at institutions. Come to the H&I meeting (first Wednesday monthly, see the Calendar of Events) or, contact: institutions@nassauny-aa.org.
- **Intergroup Office**— Volunteers needed to answer phones and handle literature questions, any day, 9AM-1PM or 1-5PM. Contact: officemanager@nassauny-aa.org.
- **Website**— Volunteer(s) needed familiar with PHP or MySQL. Contact: webcommittee@nassauny-aa.org.



“The *influence* of ultimate authority must always be felt, but it is perfectly clear that when *delegated authority is operating well it should not be constantly interfered with.*”

—From, “Concept X,” *Twelve Concepts for World Service*, p. 44.

Practice These Principles

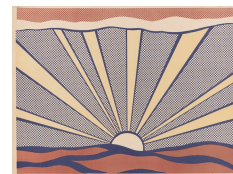
Step 10—

“Continued to take personal inventory and when we were wrong promptly admitted it.”

Step Ten, Continued to take inventory.

Whether I’m right or wrong, I still need to take personal inventory.

As time has passed, I realize that I have experienced the five types of inventory Bill W. mentions on page 89 of our “Step” book. First the spot check. This is key for me personally because throughout the day is when defects seem to rear their ugly head. What I’ve come to believe now is what someone in Al-Anon shared with me a while ago,



(Continued page 5.)

Practice These Principles

Step 10 (Continued)

"Sobriety is in the pause." Truthfully the only way I can say I have practiced humility is by remaining silent in heated discussions or outright bad situations, or remaining silent when I think I have a better answer than someone else.

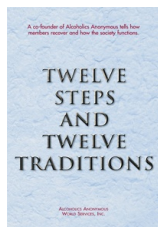
The second is of course, like the first one, found in both the "Big Book" and the "Step" book, the one at day's end. Some call this the nightly review as combined with Step Eleven in the basic text. This one has given me great insight when practiced on a consistent basis. My old sponsor Rashid gave me copied sheets of the questions that I would attach to a note book in which to write my answers from the Q & A from this one, and the Upon Awakening as it appears in the basic text.

The third, sharing inventory with a sponsor or spiritual advisor. This is invaluable especially in the beginning when we haven't gotten a handle on this inventory writing business. It's amazing how much you don't see when you're emotionally invested in a situation which takes calm thoughtful reflection aided by an understanding unbiased person.

The fourth type is probably where the phrase "Do another Fourth Step" originated, the one where Bill states, "Annual or Semi-annual housecleaning." Now if I say I am going to do another Fourth Step, I am openly exclaiming that I am not current with my Tenth Step practice. I've been practicing long enough to know I'm gonna slack on the nightly review once in a while, OR I am oblivious to something that only a full inventory will reveal. It's a spiritual practice not a spiritual perfect!

The last one is the occasional retreat, or self-overhaul and meditation. It's nice to get away and become clear, and to get rid of all the distractions. Did you notice the words indicate a combination of two Steps? Bill does this in the "Big Book" and also on page 98 of the Step book. Interestingly enough, this was done by our predecessors the "Oxford Group." It took a while for me to notice that the founders ask us to ask God a lot. I use this tool in my Sixth and Seventh Step practice to ask God to reveal to me defects or shortcomings I have not discovered through written or shared inventory.

Derrick H., Baldwin Group



Tradition 10—

Tradition 10 states, "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name never ought be drawn into public controversy."

Well, let's just say when I was actively drinking, I had an opinion for everything and everyone. I was the solution to the world's problems. It took two years of working this program to recognize how foolish and problematic that thinking was.

I walked into AA (almost two years ago), and wasn't quite sure what the program would actually do for me. I was, however, open to listen and learn. Looking back on that time, I now understand why they call this program a gift. Having been taken through both the 12 Steps and 12 Traditions (by my sponsor), I clearly see why it's a design for living and not a teaching tool for not drinking.

When I read about "Tradition 10," I understand why we keep our name from public issues and controversy. Alcoholism is a baffling disease, and not generally fully understood the way it's understood through the eyes of an alcoholic. Keeping the focus on our primary purpose is where our fellowship provides the greatest good. Engaging in the public debating society involves us in public opinion, and diverts us from the program's intended principles.

If Alcoholics Anonymous decided to engage in every world issue, we would spend more time defending our positions than helping those who still suffer.

Once the AA name is entered into the debate, we lose the power of choice over the Fellowship name and the opinions formed of it. Any public controversy can have a big impact on those still curious about our AA. It's hard enough to walk through the doors of Alcoholics Anonymous on our own accord. We don't need any additional public attention distracting from our message of hope and change.

Curtis L., DCM, Districts 202/216

Concept X—

"Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

As I have grown to learn in recent years, the Concepts are equally as vital as the Steps and Traditions in enabling AA to carry out its primary purpose. This is especially clear to me in Concept X where clear organization is

demonstrated. One part of this Concept explains that, "Every service responsibility within AA should be matched by an equal service authority." In order to understand this, I found it best to relate it to my own personal experience.

In my professional life I have experienced two different sides of the idea of Concept X. I have been given responsibilities on the job and have been afforded authority to carry out those responsibilities. When I was able to carry out those tasks along with my co-workers the overall operation of the company was smooth and productive. This is because we were all working towards that goal, each using our own abilities, talents and expertise.

In the same way, Concept X, essentially has set the precedent for AA to run as smoothly as possible in order for "groups to carry its message to the alcoholic who still suffers." We can connect it to Tradition Two, which states that, "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience." By restoring us to sanity and giving us this new life, God has given us this new purpose. He is the ultimate authority who delegates this responsibility to the groups with equal authority, whatever is needed to carry out our purpose.

As groups, we delegate responsibility to the Conference on our behalf, and the Conference does the same with the trustees who then delegate down to the directors of AA World Services, Inc. and AA Grapevine, Inc. All corresponding authority is be clearly defined and it is through "tradition, resolution, by specific job description, or by appropriate charters and bylaws."

On page 63 of the "Big Book" of Alcoholics Anonymous, it states that, "We had a new Employer. Being all Powerful, He provided what we needed, if we kept close to Him and performed His work well." In a sense, this is the essence of Concept X, and is really where it all began for me. He has given me a responsibility, and if I keep close to Him to work to carry out this new purpose, He will give me what I need in order to do that.

Pam S., Alt. DCMC, NGSG



Long Island Spirituality Through Service (LISTS)



Yeah, that time is coming around again. Long Island Spirituality Through Service (LISTS) is a workshop or celebration of how we gain in spirituality through doing service in the fellowship of Alcoholics Anonymous. The event has been held at various times, between mid-summer and autumn. This year the workshop, hosted by Suffolk County, will take place on Saturday, October 15 from 10:00AM to 4:00PM at the True North Community Church (where Suffolk has previously hosted a SENY assembly).

Now, if you've been to any one LISTS workshop, you definitely have not seen them all. Each year the venue, program and features change according to the creative abilities of the people in charge of planning the event, and of those carrying it out. There have been guided outdoor meditations, skits, AA Jeopardy, service fairs and the like in the past and we'll be seeing some of that this fall as well.

You could probably best describe LISTS (we're trying to get the acronym to stand in for the whole name all spelled out) as something of a shortened Share A Day concentrating on how our spirituality (emotional sobriety and general well-being) have been enhanced by participating in AA's general service structure.

For yours truly, participating in the planning of LISTS has been a very satisfying endeavor. I've been to the InterGroup locations of Queens, Nassau and Suffolk counties, where we've held the planning meetings outside of Brooklyn; I've made great friendships with others who have and continue to participate in planning these events. It's one of the many great ways to knit yourself into the fabric of general service within South Eastern New York (SENY).

It is also a great way to introduce newcomers to service below the group level. Think about taking a nice drive in the country on a sparkly October Saturday to partake of the experience, strength and hope of people who've stayed sober over the years (and decades) by extending their hands in service and by carrying AA's message of recovery to those alcoholics who have yet to come into the rooms.

Yours in service,
Cathy M., LISTS Publicity Chair

NIAA Institutions Committee

You may have heard the story of the boy and the starfish.

A boy and his granddad are walking on a beach when suddenly an uncountable number of starfish are washed up on the beach by a wave. The boy picks up one of the starfish, and tosses it back into the sea. The granddad says, "What are you doing? You can't possibly save them all. Tossing one back in doesn't matter." The boy says, "It matters to that one", and continues tossing starfish back into the sea.

Institutions work is like that. When you get there, someone may be nodding off in front of you. Someone else may be sitting in a corner having a conversation with an imaginary friend. Yet another may be pleading with you to talk to the nurse about upping the medication. But then you see it, that spark of hope in the eye of the person diagonally across the table, and you know why you are there.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time, rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people, and people who can get well.

As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county. (It is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: We try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well.

If you think you might be interested in supporting this kind of service, or would like to learn more about it, or if you know of an institution interested in having AA meetings, please attend the meetings of the Institutions Committee held the first Wednesday of each month at 8PM at the Simpson Methodist Church, 30 Locust Avenue, Amityville 11701, which is right across Sunrise Highway from South Oaks Hospital. If you can't make it, feel free to contact me, phone and ad-

dress below. Also, if you or your group have any literature that is no longer needed, or that you would like to contribute, please let me know. We'll pass it on to the various institutions we support.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Institutions Committee Chair
516-292-3045 or
institutions@nassauny-aa.org

ESCYPAA3

This October Long Island will be hosting the third annual Empire State Convention of Young People in AA. This is a rotating convention that fosters New York State unity, and unity of AA as a whole.

This convention is traditionally hosted by and attended by various ages and backgrounds. All are encouraged to attend.



Activities include: Three big meetings; marathon meetings; workshops and panels; 80's and 90's dances and contemporary dance; a costume party; alternate entertainment; Al-Anon programming; opportunities for fellowshiping and networking; and more!!

The dates are October 28, 29 & 30, 2016 at the Hyatt Regency Hotel, 1717 Motor Parkway, Hauppauge, NY 11788.

To register and book your hotel room, visit www.escypaa3.org.

Ted B., long a member of the Serenity by the Sea Group in Point Lookout, passed away on September 10.

For as long as I knew him, Ted spent much of his time making people smile, either through an endless stream of bad jokes, or simply a kind word of support. He was always there whenever anyone, anywhere, reached out for help.

He was more interested in listening to your problems than talking about his. He was the walking copy of the "Big Book" that we sometimes talk about. Ted was a good man, and a good friend, and he will be greatly missed.

Mike F., Serenity by the Sea, Point Lookout

IN MEMORIAM

Joy of Service Workshop

On Saturday, November 5th, Nassau General Services will host the Joy of Service workshop from 10:00AM to 2:00PM (doors open at 9:30AM) at Bishop Molloy Recreational Center, 15 Parkside Drive, Point Lookout 11569.

This is a South Eastern New York (SENY, Area 49) sponsored event that Nassau County has the privilege of hosting this time around. We will be adopting the theme of the 67th General Service Conference, "Supporting Our Future," for the event.

Many different topics will be discussed that fall under the banners of Growth, Participation, and Support, including: Diversity, Safety, Leadership, Fellowship vs. Membership, Spirituality and Money, and Self-Support.

If you are already involved in service and are thinking about branching out in different areas, if you are new to service, or if you are just starting to consider "getting your feet wet," this is a fabulous opportunity to come and listen to fellow AA's discuss what kinds of service they are doing, and to hear how they stay sober and benefit spiritually from their service work. We hope we will see you there.

A light lunch will be available.

Regina T., Joy of Service Workshop Chair

Nassau General Service Elections

On Monday, October 17, 7:30PM at the Intergroup Office, Nassau General Service Group (NGSG) will elect the new DCMC, First and Second Alt. DCMC's, Treasurer and Secretary. The October meeting will be primarily to elect members to these positions. This is an opportunity for any member with two years of sobriety to lead NCGS for two years beginning January 2017. Ideally, a member who wishes to stand for any of these positions has been a GSR or has some General Services or Intergroup service.

At the last General Services Meeting in August, qualifications and responsibilities were discussed and distributed to each member who was present. A candidate interested in pursuing any of these positions should prepare a service resume to verbally present to the members who will vote.

Those permitted to vote are GSR's, DCM's, Secretary, Treasurer and Committee Chairs. If the GSR or DCM is absent, the alternate for that position may vote. The DCMC only votes to break a tie. Also, in

order to vote, a member must be registered with the county.

At the election, NGSG will follow the "Third Legacy Procedure" for elections. We will have a handout on the procedure at the meeting, and it is also available in [The AA Service Manual](#), page S21.

Thank you for your service in AA. Please consider continuing your service in NGSG. If you have a desire to serve and have the time, it is an opportunity you should not miss. You can also serve on one of our committees. We need the help and you are the member(s) who can do it.

Please remember, "No one can do everything, but everyone can do something."

Steve K., DCMC, NGSG

Meeting List Deadline Looming

For us to receive the next printing of the meeting book in time for our holiday Alkathons, it is necessary for us to get the files to the printer several weeks before we actually need them. With this in mind, and also remembering that the holiday season is a real busy one for printers, the deadline for all changes for inclusion in the next printing of the Nassau meeting book will be the NIAA representatives meeting of November 3rd.

Any and all changes must be submitted to the office on a copy of the "Meeting List Changes" form. These are available any time at the office, or they can be downloaded from our website (www.nassauny-aa.org/Forms/FrmFiles/MtgLstChngs.pdf). Once downloaded, print the form, fill it out completely, and then bring to the Reps meeting, or mail it to the office. Another choice would be to take a picture of it, or scan it and forward that as an attachment to the email below.

When filling out the form, please be legible and complete. For the upper box (Information as it CURRENTLY appears in the meeting list), please fill out the information from the printed meeting list of

March 2016. Using older meeting lists or on the web site only leads to confusion and inaccuracies.

For the lower box (information as it SHOULD appear in the next meeting list), please fill out everything that you want to be included. Be sure to include any added

footnotes or annotations.

If you don't know your group's NIAA number, it can be found in the printed meeting list just to the right of the group name and under the "Last UpDate" date.

Also, if that date is a couple of years old, consider having it updated by submitting a form with just the "Group Information" portion completed and the notation "No Change" across the rest of the box.

Also, of vital importance is the correct formal name of the group, and the name and complete address of the meeting location.

Thanks, and with your help we can be sure to have an accurate and up-to-date meeting lists in print and on line so all who are looking for help will be able to find it when they need it.

Cory B., Meeting List Chair
516-292-3045 or meetinglist@nassauny-aa.org



Announcements

The Glen Head Group
presents its
Annual Old Timers Panel
Tuesday, October 18
Food, 6:45-7:30PM
Speakers, 7:30-9PM
North Shore Boys & Girls Club
200 Glen Head Road
Glen Head 11545

Four speakers with 25+ years share their Experience, Strength & Hope
Info, Karen D., c/o news@nassauny-aa.org

Big Meeting

Co-Hosted by Nassau Intergroup & Nassau General Service
Sunday, October 23, 1-5PM
LI Ethical Humanist Society
38 Old Country Rd., Garden City 11530

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "[Meeting List Changes](#)" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 9/22/2016.)

**BEGINNERS = B BIG BOOK = BB CLOSED = C
CLOSED DISCUSSION = CD OPEN = O
OPEN DISCUSSION = OD STEP = S TRADITION = T
WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE**

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

- Freeport 11520
Thursdays As Bill Sees It Group, Freeport Community Church of the Nazarene, 301 Atlantic Ave.; Thur. 7PM C (As Bill Sees It).
- Garden City 11530
Grupo Tu Si Puedes, LI Ethical Humanist Society, 38 Old Country Rd.; Wed. 7:30PM Mujer (Women); en español (in Spanish).
- Glen Cove 11542
Melillo Center, 113 Glen Cove Ave.; Tues. 7PM Restricted (Institutional Meeting).
- Levittown 11756
Serenity Night Live Group, Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Sat. 6:30PM CD.
- Malverne 11565
Big Book Fever Group, Church of the Intercessor, 50 St. Thomas Pl.; Sun. 8PM BB.
- North Bellmore 11710
Moonlight Group, Walk in for Love Jesus Church, 906 Newbridge Rd.; Mon. 9PM B.
- Rockville Centre 11570
Joy of Living Group, St. Agnes Cathedral, 29 Quealy Pl. (Dominic Room, basement rear); Sat. 9AM BB.
- Wantagh 11793
Peace Within 11th Step Meditation Group, 3050 Merrick Rd.; Sun. 7:30PM O.
- West Hempstead 11552
Creatively Sober Group, 482 Hempstead Ave.; Mon. 8AM CD, Sat. 7PM B; WC.



CHANGES

- Baldwin 11510
Baldwin Group, First Presbyterian Church, 717 St. Luke's Place; Wed. 9PM BB dropped. No other changes. WC
- New Look on Life Group**, First Church Baldwin Unit-Methodist, 881 Merrick Ave. (parking in rear); Tues. 7:30PM B, 9PM C, Fri. 6PM CD, 7:30PM S.
- Over the Hill Group**, Baldwin Lutheran Church, 1375 N. Grand Ave.; Thurs. CD 8PM.
- Bellmore 11710
We Change Together Group, Pride for Youth Center, 2050 Bellmore Ave.; Tues. 6:45PM O.
- Freeport 11520
Freeport I Group, Church of the Transfiguration, 69 S. Long Beach Ave. (Address correction); Tues. 7:45PM B (Last Tues. O).
- Inwood 11696
We Can Do It Group, St. Paul's United Methodist Church, 200 Redwood Ave.; no changes to meetings.
- Long Beach 11561
High Noon/West end Group, West End Community Center, 91 Maryland Ave.; Add, Sat. 10AM B.
- Lynbrook 11563
Lynbrook Group, Christ Episcopal church, 49 Blake Ave.; Sun. 7PM CD ("Promises").
- Malverne 11565
Gratitude Group, Community Presbyterian Church, 12 Nottingham Rd.; Mon. 7:30PM B, Tues. 7:30PM S, Thurs. 7:30PM OD. (Anniversary last Thurs.).
- Sobriety Without End Group**, Our Lady of Lourdes Church, 65 Wright Ave. (On Sheehy Pl. between Park Blvd. and Wright Ave.); Wed., 7:30PM OD only, drop 7PM S and 8:15PM OD; no other changes.
- Manhasset 11030
Good Morning God Group, Temple Judea. 333 Seeringtown Rd.; Sun. 9:30AM CD only.

- New Hyde Park 11040
Floral Park/Bellorose Group, Holy Spirit RC Church, 500 Jericho Tpk.; Mon. 7:15PM B and C (2nd Mon. "Promises" CD, 8:30PM BB (2nd Mon.OD) and C, Thurs. 7:15PM S Last Thurs. T), 8:30PM C.
- Plainview 11803
Plainview Promises Group, Plainview Reformed Church, 560 Old Bethpage Rd.; Thurs. 7:30PM S.
- Rockville Centre 11570
We Can Do It Group, Vinyard Church, 251 Merrick Rd. (upstairs, 2nd door on right); New location only, no changes to meetings.
- Rosedale 11422
Sobriety with Love Group, St. Clare's Church, 137-35 Brookville Blvd. (at 241st St.; formerly in the Rectory); Sun. 6PM, 1st week B, 2nd S, 3rd T, 4th C, 5th BB; 7:30PM CD dropped.
- Wantagh
Live and Let Live Group, St. Frances de Chantal School, 1309 Wantagh Ave., Room 15; Sun. 7:30PM BB (changed from CD), Fri. 8PM CD.
- Woodmere 11596
Arcade Legends Group, 936 Broadway; Tues. & Thurs. 6:30AM CD (Daily Reflections; Men's).

TEMPORARY CHANGES

- Cambria Heights (formerly Elmont) 11411
Elmont/Belmont Give It A Try Group, Deliverance Baptist Church, 227-11 Linden Blvd. (temporary move from Cambria Heights Community Church); Mon. 7PM S and Thurs. 7:15PM B (last Thurs. O anniversary).

CLOSED GROUPS

- Bellrose 11001
Daily Reprieve Group, House of Hope United Presbyterian Church, 84-54 248th St.
- Garden City 11530
Joy of Good Living Group, Unitarian Universalist Center, 233 Stewart Ave.
- Glen Cove 11542
N. Shore Univ. Hospital, St. Andrews La. (Institutional Meeting).
- Malverne 11565
Spiritually Fit Group, Bridge Church, 1 Norwood Ave.
- Long Beach 11561
Living Sober Group, St. John's Lutheran Church, 75 E. Olive St.
- Uniondale 11553
Hope of Sobriety Group, 913 Front St.
- West Hempstead 11552
Here and Now Group, Project Outreach, 600 Hempstead Tpk.

Answer to Who Am I?

Lasker Award— The Lasker Award has been presented annually since 1945 to living persons who have made major contributions to medical science, or who have performed public service on behalf of medicine. In 1951, the American Public Health Association presented the Lasker Award to AA. Initially offered to co-founder Bill W. individually, he declined suggesting it might instead be presented to AA as a whole. At their July meeting, AA's trustees voted to accept the award, but not the \$1,000 cash grant associated with it, subject to the approval of the Conference whose members were polled by mail and overwhelmingly approved. Bernard Smith, Class A trustee and then chair of the board, was designated to accept on AA's behalf. The award ceremony took place in San Francisco in October of that year. The Lasker statuette (above) and



Lasker Award

citation are in the archives at the General Service Office in New York.

(See, *Alcoholics Anonymous Comes of Age*, pp. 4, 88, and, 301; and, *Pass It On*, p. 350.)

Announcements (Continued)

**Cedarhurst-Hewlett Group
57th Anniversary
Friday, October 28
St. Joseph's School
1346 Broadway, Hewlett 11557
Speaker 8PM
Food - Music - Fun to Follow**

**ESCYPAA III
My Anchor in a Sea of Confusion
Empire State Convention of Young
People in AA**



**October 28-30
Hyatt Regency Hotel
717 Motor Parkway, Hauppauge 11788
www.escypaa3.org
escypaa3@gmail.com**



ELMONT BELMONT
"Give It A Try"
40th
GROUP ANNIVERSARY
SATURDAY, OCTOBER 29th, 2016
Time: 7:00 P.M. A.A. Meeting
Place: Deliverance Baptist Church
227-11 Linden Blvd.
Cambria Heights, NY 11411
Food, Fun, Gifts, Dancing, Etc.

**The Joy of Service
SENY Sponsored Workshop
Hosted by Nassau County
General Service
Saturday, November 5
10AM-2PM
(Doors open 9:30AM)
Bishop Molloy Rec Center
15 Parkside Drive
Point Lookout 11569
Light Lunch
For info, www.aanassaugs-ny.org
> [Calendar](#)**