

Nassau Intergroup of AA, Inc.

361 Hempstead Tpke., West Hempstead, NY 11552

www.nassauny-aa.org Intergruop@nassauny-aa.org

516-292-3040 (24/7 Hotline) 516-292-3045 (Business)



From the Chair...

Gratitude in Action; Giving back to what was so freely given at the darkest moment.

Each and every day I experience gratitude in a way that I never ever dreamed possible – a genuine thankful heart and mind for all that I have, all that I don't have and especially all that I don't have that I think I want.

Nassau County Intergroup will host our 3rd annual Service Day of Recognition on Saturday May 13th 11AM–4 PM at the Intergroup Office. We would like to extend our thanks to those who are serving AA in Nassau County and welcome those who may be interested in becoming more involved in AA Service.

We invite you to come and meet our trusted servants both at Nassau Intergroup and Nassau General Service to mingle, enjoy a barbecue lunch and find out how you can be a part of helping carry the message of hope to those who still suffer. We have many opportunities that can add a new dimension to a recovering heart and mind and further the reach to all in and out of AA who may need our help.

Hope to see you there--

In Service,

Elise M.

Chair



**Nassau County General Service
Unity Breakfast**



Presents: Supporting Our Future

June 4th, 2017, 9am – 1pm

Long Island Marriott

101 James Doolittle Blvd.

Uniondale, NY 11553

\$30 per person



- **Intergroup Picnic**, July 16, The Cedars @ Eisenhower Pk. Parking Field 6A
- **Hempstead Group 68th Anniversary** will be held at the American Legion Hempstead Post #390, 160 Marvin Ave., Hempstead on May 27th from 6-10pm FOOD, SPEAKER, RAFFLE, and GIFTS. *Sorry, no children please.*

AA's Three Legacies for May

Step 5 – *“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”*

Tradition 5 – *“Each group has but one primary purpose—to carry its message to the alcoholic that still suffers.”*

Concept 5 – *“Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for redress of personal grievances will be carefully considered.”*

STEP FIVE - *“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”*

In the 5th Step we turn our 4th Step inventory over to another person discussing our shortcomings and admitting our wrong doings out loud. It is important to choose an understanding and trustworthy person such as a sponsor, close friend/family member, or clergy member.

“No defect can be corrected unless we clearly see what it is.” (*Twelve Steps and Twelve Traditions*, pg. 58)

For me it was not until I wrote out a thorough 4th Step, sat down with my sponsor, and spoke about every skeleton in my closet. I didn't have to carry these burdens around anymore. I didn't feel the need to isolate anymore. For the first time I felt as if I was among people who understood me. I could share my wrongs and maybe someone could identify. The point is that I wasn't alone. The whole experience was extremely humbling and eye opening. Taking Step 5 is the key to long-term sobriety.

Kim W., Floral Park Bellerose Group

HELP WANTED!!!

Public Information (PI) carries the message to the alcoholic that still suffers.

Help is needed for speaking engagements and more at schools, rehabs, and counseling centers.

For info contact: publicinfo@nassauny-aa.org anytime or 516-292-3045 9-5pm

TRADITION FIVE *“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”*

This tradition speaks the word unity. You can't keep it unless you give it away. Our co-founder Bill said that it is better to do one thing well than many things bad. Tradition 5 also tells me that I cannot save the world. I can't fix people's life's problems. I can't manage people's social lives and relationships. But the one thing I am an expert in is alcoholism. Why? I am an alcoholic. This is my field of expertise because I've lived it. I pull from my experience in the hopes that can carry the message to the alcoholic who still suffers.

Kelly R., Friday Night Rainbow Group, Asbury Park



CONCEPT FIVE – *“Throughout our structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.”*

This concept reminds us that the well heard minority is our chief protection against an uninformed, misinformed, hasty or angry majority. Equally important is the guarantee to any individual in our service structure, the right to petition for redress of a personal grievance, going directly to the General Service Board if necessary. These principles of Appeal and Petition demonstrate, once again, the emphasis placed on our Legacy of Unity, so necessary for our survival.

I have personally seen this concept in action at different levels in our structure and it leaves one with a great level of respect for all points of view even if they don't prevail. I have seen the minority view prevail and be accepted by all involved. An issue of group conscience had been voted on by my Home Group. As is our practice, minority opinion was requested and a group elder stated her case for an opposing view. A new vote was held and the majority changed the vote. We realized that we had not thought things all the way through and our willingness to listen and reflect allowed us to correct our original hasty decision.

It should also be remembered that these concepts were the result of 27 years of experience and were not adopted by the General Service Conference until April 26, 1962. Also important is the fact that these concepts can be amended if necessary through execution of our democratic process. Indeed, the checks and balances built into our governing documents, especially Concept V, help us avoid unqualified authority from running unrestrained.

John M., North Bellmore Group

NIAA Institutions Committee

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. The first installment (chairperson) was in January's newsletter. In February the responsibilities of speakers at meetings held in institutions were explained. In March, we reviewed the institutions committee of NIAA. Last month, we did an overview of all the institutions that Nassau Intergroup supports. Starting this month, we'll review each of the institutions that Nassau Intergroup supports. We'll cover them alphabetically, so we'll begin with Brunswick Hospital, located at 1 Louden Ave Amityville, New York 11701. Three meetings a week are held in the Building 11(main building) basement conference room, on Mondays, Wednesdays and Fridays at 7:45P. Their website is <https://www.brunswickhospitalcenter.org/> and the following description is taken from there.

Brunswick Hall at Brunswick Hospital Center is a 124-bed private acute care psychiatric hospital licensed by the New York State Office of Mental Health and accredited by The Joint Commission and Centers for Medicare & Medicaid Services.

The treatment program is described as follows:

The Adult program features individualized care that incorporates the patient's goals in treatment planning and involves the patient as a participant on the treatment team. In addition to medications, treatments usually include individual and group psychotherapy and/or AA and NA meetings for those with an underlying component of chemical and substance dependency.

The hospital can be contacted at (631) 789-7000 or info@BrunswickHospitalCenter.org

If you are interested in speaking at any of these meetings, please attend a committee meeting or contact institutions@nassauny-aa.org.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county(it is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well. If you think you might be interested in supporting this kind of service, or would like to learn more about it, or if you know of an institution interested in having AA meetings, please attend the meetings of the Institutions Committee held the first Wednesday of each month at 8P at the Simpson Methodist Church 30 Locust Av Amityville, which is right across Sunrise Highway from South Oaks Hospital. If you can't make it, feel free to contact me at institutions@nassauny-aa.org. If you or your group has any literature that is no longer needed, or that you would like to contribute, please let me know. We'll pass it on to the various institutions we support.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Serenity by the Sea, Pt. Lookout
institutions@nassauny-aa.org

From the Night Book

“...But One Primary Purpose May is “HOTLINE AWARENESS MONTH” for AA’s in Nassau County. Our daytime office phone volunteers and Night Book operators exemplify the Fifth Tradition of AA which states: “Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.”

These volunteers are unique; they give up some of their time and convenience to pass on what they were taught early on in sobriety to another alcoholic and in doing so, they add enrichment to their own recovery.

So when your Intergroup Rep. stands up in front of your group and asks for volunteers to man the Night Book for one evening – raise your hand. There is a great return awaiting you for the giving. You can also contact me at any time if you’d like to be placed on our list of emergency volunteers, just in case the volunteer for one evening cannot take the commitment.

Now I’d like to thank and acknowledge the groups who took the Night Book during the month of April:

*Seaford Gratitude Group
No Frills Group of Bellmore
Merrick-Bellmore Group
Sea Cliff “Pass it On”
The Baldwin Group*

Your Trusted Servant,
Steve S. Night Book Chair

Responsibility Statement

I am responsible...
When anyone, anywhere,
reaches out for help, I want
the hand of A.A. always to be there.
And for that: I am responsible.

*REQUEST FROM YOUR ARCHIVIST
AT NASSAU INTERGROUP*

The Archive Committee of Nassau Intergroup of Alcoholics Anonymous is interested in meeting and interviewing members in Nassau County with 25+ years in the Fellowship. We are also gathering the history of our groups to be memorialized in our archives.

If you are a member with 25+ years, or know a member with 25+ years (in a nursing home or correctional facility) willing to be interviewed by the Archive Committee, or would like to share the history of your group, please contact me or have that person contact me at our Intergroup Office (516)292-3045.

Also, old AA literature and memorabilia donated to our archives are always welcome. Thank you.

John W.
Archivist

Literature

“Most of us cannot recover unless there is a group. As Bill said, ‘Realization dawns on each member that he is but a small part of a greater whole . . . He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes plain that the group must survive or the individual will not.’ ” [From, *The AA Group* (P-16), p. 11.] So begins the letter to the group found in the *Group Handbook* (M-36).

The *Group Handbook* is a collection of AA materials offered together in a binder designed to assist AA groups as they form and work to carry the message of recovery through AA. It includes a collection of service materials, a GSR Kit, select *AA Guidelines*, a large selection of AA pamphlets, a local *Regional Directory* (for us, MD-4), a current copy of *Box 4-5-9* (GSO’s newsletter), an AAWS literature catalogue, and a goodly number of other items selected to help groups.

Interested? A listing of the handbook’s contents is available through the Intergroup office.

Were you at Share-A-Day last month? If so, you may have visited the Literature table and enjoyed the presentation of the “Big Book” on DVD (DV-11) closed captioned in American Sign Language (ASL) for the deaf and hearing-impaired, or the presentation of *Bill’s Own Story* (DV-04), just two of the many audio-visual items available from AAWS. You also may have noticed the literature rack filled with some of the many free items available from AAWS, and the small display of copies of the “Big Book” published in other languages. (The “Big Book” is now published in 49 other languages and in Braille.) For more, check out the newly released AAWS literature catalogue, *Alcoholics Anonymous Conference-Approved Literature and Other AA Material, 2017* (F-10), available free through Intergroup or from AAWS.

Next month we’ll talk about some of the kits available from AAWS to help service committees such as Public Information and Corrections as they work to carry the AA message. Next month too we’ll learn from our area delegate what actions if any the 67th General Service Conference took on the several literature-related items before it.

Bill C., Literature Committee Chair

516-292-3045 or literature@nassauny-aa.org

**Nassau County General Service
Presents:
A Roundtable Discussion
Concept Series**

Speaker - Albin Z.

7:00 – 8:30 p.m.

Intergroup Office

361 Hempstead Tpke.

West Hempstead, NY 11552

**Bring a friend, everyone is
welcome!!**

Concepts V & VI – May 15th, 2017

Concepts VII & VIII – July 17th, 2017

Concepts IX & X – September 18th, 2017

Concepts XI & XII – November 20th, 2017

Please bring your “AA Service Manuals combined with Twelve Concepts for World Service” – we will also have some available for purchase or loan
For more information, please contact
dcmc@nassau.aaseny.org

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Tpke., unless otherwise noted.

MAY 2017

- 5/3—Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.) Amityville 11701
- 5/3—Corrections Committee, 8:30pm, immediately following Institutions at 8:30pm, same address as above.
- 5/4—**NIG Reps Orientation**, 7:00pm (Suggested for new Reps.) **NIG Reps Meeting**, 7:30pm
- 5/10--Share-A-Day Committee, 7pm
- 5/11—PI/CPC Committee, 7:00pm
- 5/13--**NIAA Day of Service Recognition Open House**; 361 Hempstead Tpke., W Hempstead 11552 Time: 11:00am-4pm
- 5/15--NGSC Concepts Workshop, 7:00-8:30pm
- 5/17--Website Committee, 7:30pm
- 5/18--Special Needs Committee, 7:30pm
- 5/18--**Newsletter deadline** for June
- 5/25--**Steering Committee**, 7:30pm (By invitation.)
- 5/31—Archives Committee, 7pm

JUNE 2017

- 6/1—**NIG Reps Orientation**, 7:00pm (Suggested for new Reps.) **NIG Reps Meeting**, 7:30pm
- 6/2-6/4--NorthEast Regional Forum (NERF), Mars, PA
- 6/4--Nassau General Service Unity Breakfast, LI Marriott, 8:30am-1:00pm
- 6/4--PI/CPC Committee, 7:00pm
- 6/7—Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701
- 6/7—Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above.
- 6/15—**Newsletter Deadline** for July
- 6/19—NCGS meeting at NIG, 7:30pm
- 6/21--Website Committee, 7:30pm
- 6/24—Speaking at Non AA Meetings Workshop, 10am – 1pm
- 6/28—Archives Committee, 7pm
- 6/29--**Steering Committee**, 7:30pm (By invitation.)



Update: on the website meeting search, when looking for a beginners meeting, you will now need to search for “*Newcomers Meeting*”. The app still uses “beginners” in the search, however, look for that to change in the near future.

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a “Meeting List Changes” form (available through the office or on-line under “Group Services”) whenever your meeting details change.

BEGINNERS = B BIG BOOK = BB C L O S E D = C CLOSED DISCUSSION = CD OPEN = O
OPEN DISCUSSION = OD STEP = S TRADITION = T
WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE
NON-ALCOHOLICS ARE WELCOME AT “OPEN” MEETINGS.

NEW GROUPS

- Franklin Square**, Brew Crew, Ascension Lutheran Church, 145 Franklin Ave. Franklin Square, 11010: CD 11am
- Garden City 11530**
- Grupo Tu Si Puedes**, LI Ethical Humanist Society, 38 Old Country Rd.; Wed. 7:30pm Mujer (Women); en español (in Spanish).
- Locust Valley 11560**
- Primary Purpose of Lattingtown**, St. Johns of Lattingtown Episcopal Church, 325 Lattingtown Rd.; Tues. OD, 8pm
- North Bellmore 11710**
- Moonlight Group**, Walk in for Love Jesus Church, 906 Newbridge Rd.; Mon. 9pmB
- Port Washington 11050**
- Sound Serenity**, *Left off Dec. printing of mtg. list* Sun. 7pm B and S, last Sun. O/Anniv.; Tues. 5:30pm OD; Wed. 7:30pm CD; Fri. 7:30pm BB & CD
- Rockville Centre 11570**
- Joy of Living Group**, St. Agnes Cathedral, 29 Quealy Pl. (Dominic Room, basement rear); Sat. 9am BB.
- West Hempstead 11552**
- Creatively Sober Group**, 482 Hempstead Ave.; Mon. 8am CD, Sat. 7pm B; C.
- ### CHANGES
- Baldwin 11510**
- New Look on Life**, First Church Baldwin, 881 Merrick Rd., cancelled 6pm CD and “As Bill Sees It” meetings on Friday
- Cambria Heights (formerly Elmont) 11411**
- Elmont/Belmont Give it a Try Group**, Deliverance Baptist Church, 227-11 Linden Blvd.; Mon. 7pm S and Thurs. 7:15pm B (last Thurs. O Anniversary)
- Kings Point 11024**
- Great Neck/Kings Point Merchant Marine Academy (Chapel Basement)**, now meeting Thursday 7pm CD
- Levittown 11756**
- God’s Will, Presbyterian Church**, 474 Wantagh Ave. will now be known as **Acceptance is the Key**. No other changes.
- Instrument Group**, India Christian Assembly, 100 Periwinkle Rd., Anniversary mtg. moved from last Tues. to last Fri. of month. No other changes.
- Malverne 11565**
- Sobriety Without End**, Our Lady of Lourdes, Sheehy Pl & Park Blvd; Wed. 7pm S dropped; 8:15pm OD now meeting at 7:30pm; Last Wed TR dropped; Last Fri O dropped
- Rockville Centre 11570**
- Off the Fence Young People** The Vineyard Church, 251 Merrick Rd.; Thursday O time change from 6:00pm to 6:30pm, no other changes
- Veterans in Recovery new name Sober Company**, 30 Hempstead Ave., Ste. H6, 7:30pm CD now meeting at 7pm, last Sun. Reflections meeting
- Westbury 11590**
- Hand in Hand Group**, Westbury Friends School, 550 Post Ave; Mon. 8:15pm CD dropped. No other changes.
- West Hempstead 11552**
- Creatively Sober Group**, New address: Trinity Lutheran Church, 260 Chestnut St. Mon. 8am CD, Sat. 7pm B; C.



Hosted by

NASSAU INTERGROUP OF ALCOHOLICS ANONYMOUS

Speaking at Non-A.A. Meetings

Speaker Training

An interactive workshop

Saturday, June 24th 10am-1pm

361 Hempstead Turnpike, W. Hempstead
(Intergroup office)



Presenters:

Public Information (PI) &

Cooperation with the Professional Community (CPC)

Practice giving a talk during group mock presentations!

Bagels, donuts, fruit, coffee to be served as well as cold cuts at break

Questions? cpc@nassauny-aa.org OR

publicinfo@nassauny-aa.org

NASSAU INTERGROUP EMAIL ADDRESSES

OFFICERS:

Chairperson:	chair@nassauny-aa.org
1 st Vice Chair:	1stvice@nassauny-aa.org
2 nd Vice Chair:	2ndvice@nassauny-aa.org
Secretary:	secretary@nassauny-aa.org
Treasurer:	treasurer@nassauny-aa.org

STANDING COMMITTEES:

Archives:	archives@nassauny-aa.org
Coop. Pro. Comm. (CPC):	cpc@nassauny-aa.org
Corrections:	corrections@nassauny-aa.org
Financial Review:	finance@nassauny-aa.org
Institutions (H&I):	institutions@nassauny-aa.org
Literature:	literature@nassauny-aa.org
Meeting List:	meetinglist@nassauny-aa.org
Newsletter:	news@nassauny-aa.org
Night Book:	nightbook@nassauny-aa.org
Officer Coordinator (Mgr.):	officemanager@nassauny-aa.org
Program Chair/Secretary:	seclist@nassauny-aa.org
Public Information (PI):	publicinfo@nassauny-aa.org
Share-a-Day (SAD):	shareaday@nassauny-aa.org
Speakers Exchange:	speakerexchange@nassauny-aa.org
Special Needs:	specneeds@nassauny-aa.org
12th Step List:	12thstep@nassauny-aa.org
Website:	webcommittee@nassauny-aa.org



Nassau County Intergroup Day of Service Recognition OPEN HOUSE

Date	Time	Address
May 13, 2017	11-4 p.m	361 Hempstead Tpk W Hempstead NY 11552

Activities:

- ☺ Service Recognition
- ☺ Service Commitments
- ☺ Meet Nassau InterGroup
- ☺ Meet Nassau General Service
- ☺ AA Literature
- ☺ BBQ
- ☺ Refreshments

OPEN HOUSE:

Come Join us on Saturday May 13th – Meet the Steering Committee- Service Committees-Office Staff –InterGroup Reps-Nassau General Service -- Learn the Functions of both Nassau Intergroup and Nassau General Service. Explore Service Opportunities and AA Literature – Enjoy the Fellowship.