

nassau
intergroup
of alcoholics anonymous®

NEWS



NASSAU INTERGROUP OF AA, INC.
361 Hempstead Tpke., West Hempstead NY 11552
www.nassauny-aa.org intergroup@nassny-aa.org
516-292-3040 (24/7 Hotline) 516-292-3045 (Business)



JUNE 2017



Hosted by
NASSAU INTERGROUP OF ALCOHOLICS
ANONYMOUS

Speaking at Non-A.A. Meetings

Speaker Training

An interactive workshop
Saturday, June 24th 10am-1pm
361 Hempstead Tpke., West Hempstead
(Intergroup office)



Presenters:
Public Information (PI) &
Cooperation with the Professional Community
(CPC)

Practice giving a talk during group mock
presentations!
Bagels, donuts, fruit, coffee to be served as well as cold
cuts at break

Questions? cpc@nassauny-aa.org OR
publicinfo@nassauny-aa.org

**INTERGROUP PICNIC
EISENHOWER PARK**



**The Cedars East Meadow, 11554
(Parking Field 6A)
Sunday, July 16, 8AM-5PM (Rain or shine)
Water & soda provided.
*NO LOUD MUSIC OR FOR SALE ITEMS PLEASE.***

Baldwin Group
72 Anniversary
Saturday, June 10
6-11PM
First Presbyterian Church
717 St. Luke's Place, Baldwin 11510
Food, Speakers, Music, Dancing, Raffles



Literature



The wealth of AA's collected experience with its Three Legacies: Recovery, Unity and Service, is reflected in its literature.

Concerning Service, while this can simply be making coffee, setting out chairs or offering sponsorship at your group, it also includes a wide range of activities beyond. To support our more structured service efforts beyond the home group, AAWS offers kits and workbooks in the main areas of service activity. Each kit collects under one cover suggestions for effective service drawn from Fellowship experience.

Looking at the *Public Information Workbook* (M-27I) as an example, it provides suggestions for forming a PI committee, possible PI workshop formats, approaches to the public media including a discussion of anonymity and PSAs, form outreach letters, sample announcements, and a sample PI presentation outline among considerable other information. The corresponding *PI Kit* (M-27) includes under one cover the workbook along with select pamphlets and *AA Guidelines*, a literature catalogue (F-10) and order forms, and additional service materials from GSO.

Similar workbooks and kits are available for Accessibilities (what we also call Special Needs), Cooperation with the Professional Community (CPC), Corrections, and Treatment (formerly Treatment Facilities, what we call Institutions or H&I). NI offers a complete library of these kits for your information and support. Check with an Intergroup officer if you'd like to access the library.

Next month we'll begin to look at some of the rich offerings from the AA Grapevine. There's a lot more than the monthly magazine.

Bill C., Literature Committee Chair
516-292-3045 or literature@nassauny-aa.org

SHARE A DAY 2017 "STEP INTO THE SOLUTION"

We stomped into the solution!

On Saturday, April 29, 2017 Nassau Intergroup sponsored its 40th SHARE A DAY at St. Joseph's in Hewlett. Upon entering you were welcomed by Cindy A., Marion, or Chris F. our both friendly and efficient Hospitality committee. Chris F., our Program chair organized all the workshops from 9am-4:30pm with over 30 groups participating. Marie S. led our spectacular old timer's panel that consisted of Mike, Ernie, Kathy, Barbara, Maria, and John. Then we were privileged to hear the experience, strength and hope of Fran B. our keynote speaker from the Bayville Triangle Group. In the later afternoon Geralyn directed the Traditions play; a lighthearted look at our very important 12 Traditions. Bravo to all the actors and actresses.

We had representation from Steve, our Night Book Chair, General Service, Al-Anon, AA in the Spanish community, Young People in AA and Bill C. our literature chair with a worldly display of Big Books in several foreign languages along with plenty of A.A. books to purchase.

We had much help from *many* of you both setting up and cleaning up but a special thanks to Bill Q., Trevor, Kevin Mc, and Kenny. A big round of applause to Rich B, Sonia and Kenny for their hard work in the kitchen and thanks for feeding us all day. Thank you Ilene R. for being our SAD committee secretary and keeping us organized. Another special thanks to SCOTT RUSS MUSIC of Merrick for donating the audio equipment for this event. Two more thank yous to Patty V. and Marie S. for mentoring me and sharing their past experience as SAD committee chairpersons. We ended the day with a delicious chocolate mousse cake with whipped cream frosting of which there was none left....

Thanks to all your groups' generous donations and participation we had a day filled with Unity, Recovery and Service.

Liz P., Share a Day Chair

**The Decision Group Of West Hempstead
And General Service Cluster 202 & 216**

Are proud to present Movie Night!

WHEN LOVE IS NOT ENOUGH (The Lois Wilson Story)

Saturday, June 24, 2017, 7:00 – 9:00 PM

St. Andrew's Church, 54 Nassau Boulevard
West Hempstead, NY, (parking and entrance behind church)

ALL ARE WELCOME!

DONATIONS OF FOOD AND BEVERAGES WELCOME!

AA's Three Legacies for June

Step Six – *“Were entirely ready to have God remove all these defects of character.”*

Tradition Six – *“An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.”*

Concept Six – *“On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.”*

Step Six

“Were entirely ready to have God remove all these defect of character.”

“He goes on to explain that any person capable of enough willingness to try repeatedly step six on all his faults---without any reservations whatever---has indeed come a long way spiritually, and is therefore entitled to be called a man who is sincerely trying to grow in the image and likeness of his own creator.”
(pg. 63 *Twelve Steps and Twelve Traditions*)

For me, pain was my greatest motivator. I had to become willing to be uncomfortable in order to change the person I brought in. I had to then decide what it was that I wanted out of sobriety. I had to “peel away at the onion” so they say. Piece by piece I worked on giving over my defects applying the first 5 steps to every situation that arose. Little by little things were clearer and the need for instant gratification was less and less. Gods will, not my will!

Kim W., Floral Park Bellerose Group

A Chance to Change

Today as I look back, I wonder what lies ahead,
I must keep it in the day, live one day at a time instead.

Though looking back is painful, I quickly take a glance,
A leap of faith will set me free; it's time to take a chance.

The past has often haunted me, so crippling was the fear,
I could not stop the weeping as I shed those bitter tears.

I've made mistakes, poor choices; ashamed I'd never tell,
Buried deep inside my soul, they lived, they breathed, they dwelled.

Forgiveness of myself was easier said than done,
Fleeing from tormenting thoughts, I had learned to run.

A prisoner of a mindset, destructive as it is,
Escaping from the pain was how I often lived.

Seeking ways of avoidance, addictions some will say,
Oddly having saved my life, no longer worked this way.

Self-loathing and self-hating I hid behind closed doors,
Lonely and afraid, this existence I abhorred.

Suddenly came the light shining brightly from above,
Gentle warmth washed over me, I felt God's infinite love.

I had to reach rock bottom, to get to where I am.
I'm in a better place; I've learned, I understand.

Regrets serve no purpose; I've had to let them go.
This is the path to freedom, a chance to rise and grow.

At last I'm truly grateful, with an open mind I see,
That life is what you make it, I've finally been set free.

Laura, Plainview Daily Reflections

Serenity at Noon, RVC.

15th Anniversary

St. Agnes church 29 Quealy Pl.

July 15 From 11am till 1pm.

Speakers, food and raffles. We are not a glum lot. Come join us.



From The Night Book: Sponsors:

We need your help!

Summer is finally here in full-bloom, and so is our Hotline Service. From the looks of it, our little Night Book “thing” we have going on here in Nassau has taken the lead in group service commitments; and that’s how it should be. As of now, we have a steady lineup of eager groups right up until August 18th! To me, it means that good sponsorship runs rampant throughout our groups.

Yes, a sponsor is supposed to be the one person who you turn to for advice on a whole host of issues relating to your sobriety: working the 12-Steps, the 12-Traditions and the 12-Concepts too!-THE TWELVE WHAAAT? Most importantly, a sponsor should be teaching by his or her own example about doing service, both inside and outside of the home group. This is where our Night Book comes in. When an AA has at least one year of continuous sobriety, they are eligible to handle the Hotline at night. The Intergroup Rep will hold up a sign up sheet and make the call for seven people from the group to take the phones from 5:00pm to 9:00am the next morning.

At this point, a good sponsor will talk about it to his or her sponsee. He or she will say that this service is deeply rooted in our Fifth Tradition-carrying the message to the still sick and suffering alcoholic; our main reason for existence as a Fellowship.

More than any service commitment on the planet, doing Night Book works wonders on the volunteer’s sobriety as well as helping the caller out. It isn’t just groups. I get calls and messages all the time from solo AA’s who just want to be on a “stand-by list” to take the phones in the event of a situation where the scheduled volunteer cannot do it. The sponsor should encourage this as well.

(Continued page 5)

NIAA Institutions Committee

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. The first installment (chairperson) was in January's newsletter. In February the responsibilities of speakers at meetings held in institutions were explained. In March, we reviewed the institutions committee of NIAA. In April, we did an overview of all the institutions that Nassau Intergroup supports. We're now reviewing each of the institutions that Nassau Intergroup supports, covering them alphabetically, and we are now up to the Hempstead Park Nursing Home, located at 800 Front St, Hempstead, NY 11550. One meeting a week is held in the Sunshine room on Tuesdays at 6:30P (supported by the North Bellmore Group). Patients who are AA members, or who may have a problem with alcohol, are invited to attend. The patients at the Hospital look forward to the weekly meetings, especially hearing a speaker sharing their words of encouragement. These weekly meeting are the only source they have of interacting with other alcoholics. Most are not allowed or are not capable to attend outside meetings. You can see how important it is that we bring meetings to them and share words of encouragement. The institution does not have a website so the following information is taken from the NYS Dept. of Health website https://profiles.health.ny.gov/nursing_home/view/150448.

It is a 251 bed nursing home facility providing nursing, clinical laboratory and radiology/diagnostic services.

The institution can be contacted at (516) 705-9700. The patients at the Hospital look forward to the weekly meetings, especially hearing a speaker sharing their words of encouragement. These weekly meeting are the only source they have of interacting with other alcoholics. Most are not allowed or are not capable to attend outside meetings. You can see how important it is that we bring meetings to them and share words of encouragement. If you are interested in speaking at any of these meetings, please attend a committee meeting or contact institutions@nassauny-aa.org

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county (it is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well. If you think you might be interested in supporting this kind of service, or would like to learn more about it, or if you know of an institution interested in having AA meetings, please attend the meetings of the Institutions Committee held the first Wednesday of each month at 8P at the Simpson Methodist Church 30 Locust Av Amityville, which is right across Sunrise Highway from South Oaks Hospital. If you can't make it, feel free to contact me at institutions@nassauny-aa.org. If you or your group has any literature that is no longer needed, or that you would like to contribute, please let me know. We'll pass it on to the various institutions we support. (Continued page 5)

Tradition Six

"An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

The message in this tradition is AA's pledge to remain poor. AA is the leader of "corporate poverty." Money, property and prestige cannot, and should not be the primary purpose of an AA group. Just see tradition 5!

Having too much money, property and power can be dangerous territory for alcoholics and AA as a whole. It is said that we need just enough money to cover our expenses and have a prudent reserve for emergencies. Any more than that can become a nuisance, especially when you have a group of alcoholics arguing over how it should be spent!

We need to divide the material from the spiritual. AA needs to remain poor for our own good. It would be too risky to organize with outside enterprises. Why? Finances would take us away from our primary purpose.

"Nowadays, the A.A. group answers its well-wishers saying, 'Our expenses are trifling. As good earners, we can easily pay them. As we neither need nor want money, why risk its hazards? We'd rather stay poor. Thanks just the same!'"

Bill W. The A.A. Grapevine, May, 1948

Kelly R., *Friday Night Rainbow Group, Asbury Park* 

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Tpke., unless otherwise noted.

JUNE 2017

- 6/1—NIG Reps Orientation, 7:00pm (Suggested for new Reps.)
NIG Reps Meeting, 7:30pm
- 6/2-6/4--NorthEast Regional Forum (NERF), Mars, PA
- 6/4--Nassau General Service Unity Breakfast, LI Marriott, 8:30am-1:00pm
- 6/4--PI/CPC Committee, 7:00pm
- 6/7--Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701
- 6/7--Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above.
- 6/15--Newsletter Deadline for July
- 6/17- Exchange Meeting. Nassau Community College, Cluster F,
- 6/19--NCGS meeting at NIG, 7:30pm
- 6/21--Website Committee, 7:30pm
- 6/24--Speaking at Non AA Meetings Workshop, 10am – 1pm
- 6/28--Archives Committee, 7pm
- 6/29--Steering Committee, 7:30pm (By invitation.)

JULY 2017

- 7/5--Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701
- 7/5--Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above
- 7/6--NIG Reps Orientation, 7:00pm (Suggested for new Reps.)
NIG Reps Meeting, 7:30pm
- 7/16-Intergroup Picnic, The Cellars at Eisenhower Park, field 6A, 8am-5pm
- 7/17-Concept Workshop – VII & VIII, 7pm
- 7/19--Website Committee, 7:30pm
- 7/20--Newsletter Deadline for August
- 7/27--Steering Committee, 7:30pm (By invitation.)

(Continued from page 4)

From The Night Book: Sponsors:

We need your help!

I cannot emphasize too strongly about how much of a personally gratifying and serious commitment this is! Did you know that for many AA's, the Night Book is a stepping stone to other service positions and work, like different committees, Intergroup Rep or General Service Rep (GSR), group chairman or secretary, treasurer, and so on.

Who knows-perhaps a future Delegate to our General Service Conference is out there amongst the "Night Bookers!"

Now I would like to extend my deepest appreciation to the following groups who've answered our call for service during the month of May: **The Baldwin Group; Early Risers of Long Beach; The Syosset Group; Massapequa's Lost Weekend Group; Serenity By the Sea a.m.**

Until next month, Yours in Trusted Service,

Steve S.

Night Book Chairman, NIAA

(Continued from page 4)

NIAA Institutions Committee

The patients at the Hospital look forward to the weekly meetings, especially hearing a speaker sharing their words of encouragement. These weekly meetings are the only source they have of interacting with other Alcoholics. Most are not allowed or are not capable to attend outside meetings

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., *Serenity by the Sea, Pt. Lookout*
John M., *North Bellmore Group*
institutions@nassauny-aa.org

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE
NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

--Franklin Square, Brew Crew, Ascension Lutheran Church, 145 Franklin Ave. Franklin Square, 11010: CD 11am

—Garden City 11530

Grupo Tu Si Puedes, LI Ethical Humanist Society, 38 Old Country Rd.; Wed. 7:30pm Mujer (Women); en español (in Spanish).

--Locust Valley 11560

Primary Purpose of Lattingtown, St. Johns of Lattingtown Episcopal Church, 325 Lattingtown Rd.; Tues. OD, 8pm

—North Bellmore 11710

Moonlight Group, Walk in for Love Jesus Church, 906 Newbridge Rd.; Mon. 9pmB

---Port Washington 11050

Sound Serenity, *Left off Dec. printing of mtg. list* Sun. 7pm B and S, last Sun. O/Anniv.; Tues. 5:30pm OD; Wed. 7:30pm CD; Fri. 7:30pm BB & CD

—Rockville Centre 11570

Joy of Living Group, St. Agnes Cathedral, 29 Quealy Pl. (Dominic Room, basement rear); Sat. 9am BB.

—West Hempstead 11552

Creatively Sober Group, 482 Hempstead Ave.; Mon. 8am CD, Sat. 7pm B; C.

CHANGES

--Baldwin 11510

New Look on Life, First Church Baldwin, 881 Merrick Rd., cancelled 6pm CD and "As Bill Sees It" meetings on Friday

--Cambria Heights (formerly Elmont) 11411

Elmont/Belmont Give it a Try Group, Deliverance Baptist Church, 227-11 Linden Blvd.; Mon. 7pm S and Thurs. 7:15pm B (last Thurs. O Anniversary)

--Kings Point 11024

Great Neck/Kings Point Merchant Marine Academy (Chapel Basement), now meeting Thursday 7pm CD

--Levittown 11756

God's Will, Presbyterian Church, 474 Wantagh Ave. will now be known as **Acceptance is the Key**. No other changes.

Instrument Group, India Christian Assembly, 100 Periwinkle Rd., Anniversary mtg. moved from last Tues. to last Fri. of month. No other changes.

--Malverne 11565

Sobriety Without End, Our Lady of Lourdes, Sheehy Pl & Park Blvd; Wed. 7pm S dropped; 8:15pm OD now meeting at 7:30pm; Last Wed TR dropped; Last Fri O dropped

--Rockville Centre 11570

RVC Men's Big Book Meeting, 30 Hemp. Ave.; 7:30p, No longer meeting
Off the Fence Young People The Vineyard Church, 251 Merrick Rd.; Thursday O time change from 6:00pm to 6:30pm, no other changes

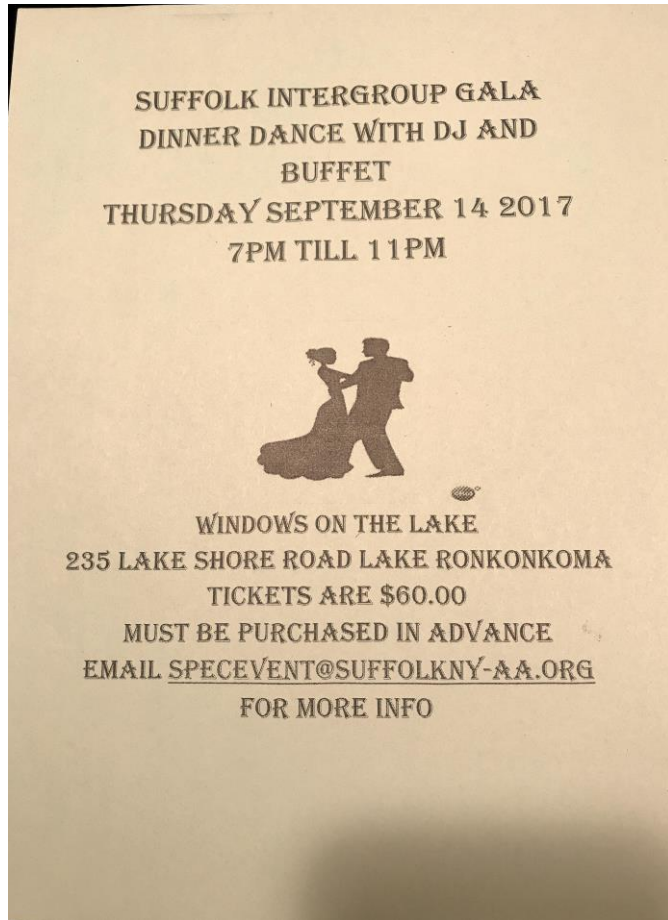
Veterans in Recovery new name Sober Company, 30 Hempstead Ave., Ste. H6, 7:30pm CD now meeting at 7pm, last Sun. Reflections meeting

—Westbury 11590

Hand in Hand Group, Westbury Friends School, 550 Post Ave; Mon. 8:15pm CD dropped. No other changes.

—West Hempstead 11552

Creatively Sober Group, New address: Trinity Lutheran Church, 260 Chestnut St. Mon. 8am CD, Sat. 7pm B; C.



NASSAU INTERGROUP EMAIL ADDRESSES

OFFICERS:

Chairperson: chair@nassauny-aa.org
1st Vice Chair: 1stvice@nassauny-aa.org
2nd Vice Chair: 2ndvice@nassauny-aa.org
Secretary: secretary@nassauny-aa.org
Treasurer: treasurer@nassauny-aa.org

STANDING COMMITTEES:

Archives: archives@nassauny-aa.org
Coop. Pro. Comm. (CPC): cpc@nassauny-aa.org
Corrections: corrections@nassauny-aa.org
Financial Review: finance@nassauny-aa.org
Institutions (H&I): institutions@nassauny-aa.org
Literature: literature@nassauny-aa.org
Meeting List: meetinglist@nassauny-aa.org
Newsletter: news@nassauny-aa.org
Night Book: nightbook@nassauny-aa.org
Officer Coordinator (Mgr.): officemanager@nassauny-aa.org
Program Chair/Secretary: seclist@nassauny-aa.org
Public Information (PI): publicinfo@nassauny-aa.org
Share-a-Day (SAD): shareaday@nassauny-aa.org
Speakers Exchange: speakerexchange@nassauny-aa.org
Special Needs: specneeds@nassauny-aa.org
12th Step List: 12thstep@nassauny-aa.org
Website: webcommittee@nassauny-aa.org