

nassau
intergroup
of alcoholics anonymous®

NEWS

NASSAU INTERGROUP OF AA, INC.

361 Hempstead Tpke., West Hempstead NY 11552

www.nassauny-aa.org intergroup@nassny-aa.org

516-292-3040 (24/7 Hotline) 516-292-3045



JULY 2017

INTERGROUP PICNIC
EISENHOWER PARK



The Cedars East Meadow,
11554

(Parking Field 6A)

Sunday, July 16, 8AM-5PM

(Rain or shine)

Water & soda provided.

NO LOUD MUSIC OR FOR SALE ITEMS

PLEASE.

Gratitude in Action

I hope everyone is enjoying the beginning of summer 2017. The Nassau Intergroup Picnic will be held July 16th at Eisenhower Park—Hope to see you there. July is a special month for me as I celebrate the gift of sobriety so freely given and for which I can never truly repay. The 7th Step of AA has taught me the simplicity and humility of the genuine desire to seek and do God's will in every aspect of my life. I have found that when God comes first, the shortcomings of my character don't have a lot of room to operate. I have also learned that it is a persistent and patient practice. In keeping with the gratitude of God and AA, I am also mindful that while sometimes I feel that I can never repay this gift; there is plenty I can do to make the attempt. Our 7th Tradition which keeps us free to keep only one primary purpose as our goal is just as important to my personal recovery as it is to AA as a whole. I have a tradition to contribute every year on my anniversary my number of years plus 1 for the hope and promise that I can do it one more time – a day at a time. I am very lucky and thankful to be able to do so, but I also know that if I couldn't, there are plenty of ways for me to give back in service in AA. Nassau Intergroup has open service positions at our office and on our committees – 12 Step List and Special Needs. If you have an interest in getting involved please contact via email chair@nassauny-aa.org.

In Service, Elise M., NIG Chair

AA's Three Legacies for July

Step Seven- *“Humbly asked Him to remove our short-comings.”*

Tradition Seven- *“Every A.A. group ought to be fully self-supporting, declining outside contributions.”*

Concept Seven- *“The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A. A. purse for its final effectiveness.”*

“The Only Copy of the “Big Book”

This month Nassau Intergroup hosts its annual picnic in Eisenhower Park. On that occasion Alcoholics Anonymous will be on public display, each of us participating becoming perhaps the only copy of the “Big Book” a given member of the public may see. (Everyone around us may not know who we are, but many certainly will.) Any consideration or courtesy we show other users of the park, our respect for the park itself including how clean we leave the grounds when we go, will reflect on AA as a whole. Similarly, any misbehavior, any foul language we may use, not removing our cars from the grass when asked to, any trash we may leave behind when we go, will also reflect on all of AA.

Please keep this in mind as you enjoy yourself at our picnic. If we each mind our behavior and police our space before we leave (if you brought it in, either bring it out or place it in a proper trash receptacle when you leave), AA will be well represented.

The same holds true for how we handle ourselves in and around our local meeting places. I've been on hand as members cursed up a storm within earshot of a Rectory bedroom window, disturbed church neighbors, and when we left a trail of cigarette butts or coffee cups to mark our comings and goings. Groups have been asked to leave their meeting spaces, even after many years in a location, because of similar problem behavior. (Continued p. 4)

Step Seven

“Humbly asked Him to remove our short-comings.”

What is humility to you? For me I had to have humility in order to have God in my life. To seek and do God's will is the essential ingredient to humility. I had to understand my defects and ask God to remove them. I basically had to choose, did I want instant gratification or did I want long-term happiness? It's a lifetime of practice. So, accept who you are for today.

Kim W., Floral Park Bellerose Group

Tradition Seven

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

I know that before I got sober, I spent money frivolously. I spent money that I didn't have and borrowed money that I never intended on giving back. I also stole money from those I cared about. Not because I didn't love them or wanted to deliberately cause pain, but because I was an alcoholic and needed not only alcohol, but material things in excess. I've heard my story regarding money countless times in AA meetings. After I got sober, I learned how to become “self-supporting.” I obviously didn't need money for alcohol, but managing other excesses became a focus; spending only what I had, limiting my credit card use, and buying things I needed rather than what I wanted. As I got sober and more sober, I was able to treat myself to things that I wanted. So I can only imagine why AA's founding fathers wrote this Tradition. Imagine many alcoholics trying to manage large donations. For all of us to stay sober and to maintain a path to our primary purpose, AA must remain poor.

“Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.”(Twelve Steps and Twelve Traditions, p. 191)

Kelly R., Friday Night Rainbow Group, Asbury Park



(Note: this article did not make the printing of last newsletter.)

Concept Six

“On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.”

And so, just as the groups delegate responsibility to the Conference, the Conference further delegates responsibility to the Trustees. It is in Concept VI that we address the real need for giving the Trustees the authority they need to operate A.A. World Services, Inc. and A.A. Grapevine, Inc. Who are these Trustees to whom we grant all of this authority and legal responsibility? There are presently 21 Trustees, 7 non-alcoholic (Class A) and 14 alcoholic (Class B). They are elected by the General Service Board. While there are no hard fast qualifications, Class A Trustees are men and women with a proven track record in their field, a demonstrated interest in A.A., some experience working with A.A. and its members and a willingness to serve. Class B Regional and at-large Trustees should have 10 years continuous sobriety (not mandatory) and general service Trustees 7 years continuous sobriety. In addition they should be thoroughly familiar with A.A.'s structure, from the group to the Area and the Board and the Conference. They should also know A.A. history and be familiar with the trends that affect our future.

From our humble beginnings there have been non-alcoholic friends and alcoholics who have taken on service commitments to “pass it on”. This has evolved over time into our current structure with great trial and error and experience gained resulting in what can only be called a success as we celebrate our 82nd anniversary on June 10, 2017. The next opportunity to see our Trustees in action will be in Cromwell, CT on February 23-25, 2018 at the Northeast Regional AA Service Assembly (NERAASA) where the Northeast Region Trustee's report will be delivered as well as panels and roundtables discussing topics related to our structure and our future. All members are welcome. Come and exercise your “right of participation”. Our lives depend on it.

JohnM., North Bellmore Group

NIAA Institutions Committee

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. The first installment (chairperson) was in January's newsletter. In February the responsibilities of speakers at meetings held in institutions were explained. In March, we reviewed the institutions committee of NIAA. In April, we did an overview of all the institutions that Nassau Intergroup supports. We're now reviewing each of the institutions that Nassau Intergroup supports, covering them alphabetically, and we are now up to the Melillo Center for Mental Health in Glen Cove (the following information was provided by Nicole M. DelGiudice, LCSW, ACSW, Director Outpatient Services, Melillo Center, 113 Glen Cove Avenue, Glen Cove, NY 11542, ndelgiudice@melillo.org, and taken from their website). It is a non-profit organization licensed by the NYS Office of Mental Health (OMH) and Office of Alcoholism and Substance Abuse Services (OASAS). Melillo Center offers comprehensive outpatient services to individuals, families and significant others who have been affected by substance use. They are dedicated to providing a safe, caring and therapeutic environment in which to recover. Their supportive and structured, evidenced-based approach assists individuals in abstaining from substances, alleviating symptoms, regaining confidence in order to stabilize and achieve greater levels of functioning.

Services provided in the Melillo Center Outpatient Chemical Dependency Program include:

- Comprehensive Assessment
- Psychiatric Evaluation
- Medication-Assisted Treatment (including Suboxone & Vivitrol)
- Individual & Group Counseling
- Toxicology Screening
- Co-Occurring Disorders Treatment
- Impaired Driver Evaluation & Treatment
- Adolescent Treatment
- Significant Others Treatment

Intensive Outpatient Women's Program with Free Child Care On-site

The center's website can be found here <http://melillo.org/document/18314>

If you are interested in speaking at any of these meetings, please attend a committee meeting or contact institutions@nassauny-aa.org

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county (it is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well. If you think you might be interested in supporting this kind of service, or would like to learn more about it, or if you know of an institution interested in having AA meetings, please attend the meetings of the Institutions Committee held the first Wednesday of each month at 8P at the Simpson Methodist Church 30 Locust Av Amityville, which is right across Sunrise Highway from South Oaks Hospital. If you can't make it, feel free to contact me at institutions@nassauny-aa.org. If you or your group has any literature that is no longer needed, or that you would like to contribute, please let me know. We'll pass it on to the various institutions we support. Please be aware that if your group would like to make a donation for institutions committee literature, your treasurer can earmark a portion of your contribution to Nassau Intergroup accordingly. (Continued pg. 4)

SUFFOLK INTERGROUP GALA
DINNER DANCE WITH D.J. AND
BUFFET
THURSDAY SEPTEMBER 14, 2017
7PM TILL 11PM



WINDOWS ON THE LAKE
235 LAKE SHORE RD. LAKE RONKONKOMA
TICKETS ARE \$60.00
MUST BE PURCHASED IN ADVANCE
EMAIL: SPECEVENT@SUFFOLKNY-AA.ORG
FOR MORE INFO.

(Continued from p. 2)

“The Only Copy of the “Big Book”

But it doesn't just reflect on those individuals or those meetings or groups. It reflects on AA as a whole because non-AAs do not distinguish between individual members—who we understand may still have recovery work to do—or our groups, or the fellowship as a whole or program of AA. We reflect our principles in action or we do not. How AA is seen publicly impacts our ability to help the drunk who still suffers.

Hope this is helpful.

Excerpts from an article originally published in the Nassau Intergroup News, July 2011.

(Continued from pg. 3)

NIAA Institutions Committee

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

NOTE: The Suffolk Institutions Committee will be hosting a dinner/dance to raise funds for literature on Thursday September 14 at 7P, at Windows on the Lake, Ronkonkoma. Tickets are \$60 and can be obtained by emailing specevent@suffolkny-aa.org.

Mark C, Sober Start Group Glen Cove; Mike F., Serenity by the Sea, Pt. Lookout;
institutions@nassauny-aa.org

Public Information Committee

WHAT DOES THE PUBLIC INFORMATION (PI) COMMITTEE DO?

PURPOSE Like all of A.A., the primary purpose of members involved with public information service is to carry the A.A. message to the alcoholic who still suffers. Working together, members of local Public Information committees convey A.A. information to the general public, including the media.

HISTORY The 1939 publication of our Big Book, Alcoholics Anonymous, was the first A.A. information available for the public. By 1941, several articles on A.A. in national publications helped to encourage understanding and acceptance of A.A.

TODAY Our primary purpose has not changed in carrying the message to the alcoholic that still suffers. Working with Cooperation with the Professional Community (CPC) we have been able to carry the message to many different venues, a few of which are listed below.

- Bowling Green Elementary School
- East Meadow Pride Day
- MADD Victim Impact Panel
- SUNY Old Westbury “Drums not Drugs” program
- Narcan Training Events
- Oceanside Counseling Center
- Hempstead High School

The above are some of the 30+ opportunities we've been fortunate to have carried the message to since the beginning of 2017. Whether I was at the event or arranged the speaker, I felt incredibly gratified, and service helps to keep us sober!

Would you like to get involved, or maybe just like some more information? Please call me. Steven 917-886-7171 or email publicinfo@nassauny-aa.org

PI can always use help:

- **Speaking commitments**
- **Information table**
- **Addressing envelopes etc.**

Nassau Intergroup of Alcoholics Anonymous
Public Information Chair, Steven S
917-886-7171

Email: publicinfo@nassauny-aa.org



15th Group Anniversary
Serenity at Noon, RVC.
St. Agnes church 29 Quealy Pl.
July 15 From 11 am till 1 pm.
Speakers, food and raffles.
We are not a glum lot.
Come join us.

From the Night Book

Become a “Phone Ranger!”

It’s hard for me to wrap my head around the fact that it’s July already. It seems like it was just yesterday that I was back in December and trying to plan our Night Book schedule for this year. That’s when I got the anxiety of every last Night Book Chair – *what’s gonna happen if NO ONE signs their group up at the Rep Meeting!?*”

I remembered a saying that my uncle had: “EVERYTHING works out!” That is really a palpable wisdom that translates into letting God do His thing; that’s the AA line of thinking. We just do the work, put in the effort, and somehow things work out. Sure enough, at the next Rep meeting, and all the others since, I’ve managed to straighten out the calendar and watch folks raise their hands to sign their groups up for a week of service. What is really happening is that our legacy of service is going strong. This is our Fifth Tradition which basically says that our whole and only reason for being is to help a fellow Alcoholic in need. The people who call us at night may be looking for a meeting, help for a family member, friend or themselves. Calling our Night Book Hotline for help takes an act of courage on the part of the caller, and love and patience on the other end of the line. You may be the “first edition of the Big Book” that the caller comes into contact with. It is both an awesome responsibility and the most gratifying service that AA has to offer. If you would like to be part of it, speak to your Intergroup Rep about doing it OR you can even call me 516-946-4287 just to volunteer as an emergency “Phone Ranger!” So, until next month: “Hi Ho Silver” ...and help another Alcoholic!

I would now like to thank the following Groups who have done the Night Book service for the month of June:

Friday Night Live Group, Wantagh
The Malverne Gratitude Group, Malverne
Gift of Serenity Group, Franklin Square
The Plainview Reflections Group, Plainview

Yours in trusted service, *Steve S. NIG Nightbook Chair*
“Service is Gratitude in Action”

“My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

(Alcoholics Anonymous, p. 76)

Literature

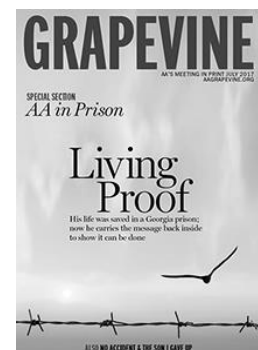
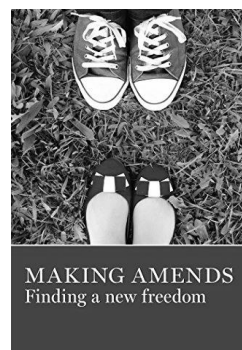
Most members are familiar with the *AA Grapevine* magazine. Offered since June 1944 (and its companion Spanish language publication, *La Viña*, since 1995), the *Grapevine* is often referred to as “our meeting in print.” *Grapevine* “is the international journal of Alcoholics Anonymous. Written, edited, illustrated, and read by AA members and others interested in the AA program of recovery from alcoholism, the *Grapevine* is a lifeline linking one alcoholic to another.” (From, www.aagrapevine.org/content/about-us.) *Grapevine* brought us the now ubiquitous *AA Preamble*, and was the vehicle Bill W. used beginning in 1946 to introduce us to the Traditions, the “Twelve Points to Assure Our Future” as he called them in his first of several Traditions-related articles, “Twelve Suggested Points for AA Tradition.” (See, *Language of the Heart*, pp. 20-24.) AA *Grapevine* is supported solely through the sale of subscriptions and related items. It does not share in the contributions sent to AAWS/GSO.

I suspect many of us are less familiar with those many other items offered by the AA *Grapevine*, Inc. which include books and e-books, calendars, tapes, CDs, posters and more.

The most recent addition to the list of 21 other *Grapevine* books is, *Making Amends: Finding a new freedom*. “*Making Amends* features 55 candid, firsthand stories from AA *Grapevine* magazine of members’ experiences with Step Nine of the AA program. The book includes chapters on making amends to parents, children, family members, exes, financial institutions, friends and coworkers. These powerful stories illustrate how practicing Step Nine can help us, as AA’s co-founder Bill W. wrote, ‘know a new freedom and a new happiness.’” (From, www.aagrapevine.org/.)

Next month we’ll look at additional items offered by AA *Grapevine*.

Bill C., Literature Committee Chair 516-292-3045 or
literature@nassauny-aa.org



CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Tpke., unless otherwise noted.

JULY 2017

7/5—Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701

7/5—Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above

7/6—**NIG Reps Orientation**, 7:00pm (Suggested for new Reps.)
NIG Reps Meeting, 7:30pm

7/16—Intergroup Picnic, The Cedars at Eisenhower Park, field 6A, 8am-5pm

7/17—Concept Workshop – VII & VIII, 7pm

7/19--Website Committee, 7:30pm

7/20—**Newsletter Deadline** for August

7/27—**Steering Committee, 7:30pm** (By invitation.)

AUGUST 2017

8/2-- Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701

8/3-- **NIG Reps Orientation**, 7:00pm (Suggested for new Reps.)
NIG Reps Meeting, 7:30pm

Deadline for Meeting List changes

8/4-8/6—NYS Informational Workshop, Roberts Wesleyan College, 2301 Westside Drive, Rochester NY 14624

8/10—PI/CPC Committee, 7pm

8/16-- Website Committee, 7:30pm

8/17-8/20—59th ICYPAA, Hilton Chicago, IL

8/17-- **Newsletter Deadline** for September

8/17—Special Needs Committee,

8/21—NGS Reps Meeting, (7pm new Reps), 7:30p

8/31-- **Steering Committee, 7:30pm** (By invitation.)

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services")

whenever your meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O

OPEN DISCUSSION = OD STEP = S TRADITION = T

WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

--**Franklin Square**, Brew Crew, Ascension Lutheran Church, 145 Franklin Ave. Franklin Square, 11010: CD 11am

—**Garden City 11530**

Grupo Tu Si Puedes, LI Ethical Humanist Society, 38 Old Country Rd.; Wed. 7:30pm Mujer (Women); en español (in Spanish).

--**Locust Valley 11560**

Primary Purpose of Lattingtown, St. Johns of Lattingtown Episcopal Church, 325 Lattingtown Rd.; Tues. OD, 8pm

—**North Bellmore 11710**

Moonlight Group, Walk in for Love Jesus Church, 906 Newbridge Rd.; Mon. 9pmB

---**Port Washington 11050**

Sound Serenity, *Left off Dec. printing of mtg. list* Sun. 7pm B and S, last Sun. O/Anniv.; Tues. 5:30pm OD; Wed. 7:30pm CD; Fri. 7:30pm BB & CD

—**Rockville Centre 11570**

Joy of Living Group, St. Agnes Cathedral, 29 Quealy Pl. (Dominic Room, basement rear); Sat. 9am BB.

—**West Hempstead 11552**

Creatively Sober Group, 482 Hempstead Ave.; Mon. 8am CD, Sat. 7pm B; C.

CHANGES

—**Baldwin 11510**

New Look on Life, First Church Baldwin, 881 Merrick Rd., cancelled 6pm CD and "As Bill Sees It" meetings on Friday

—**Cambria Heights (formerly Elmont) 11411**

Elmont/Belmont Give it a Try Group, Deliverance Baptist Church, 227-11 Linden Blvd.; Mon. 7pm S and Thurs. 7:15pm B (last Thurs. O Anniversary)

—**Kings Point 11024**

Great Neck/Kings Point Merchant Marine Academy (Chapel Basement), now meeting Thursday 7pm CD

—**Levittown 11756**

God's Will, Presbyterian Church, 474 Wantagh Ave. will now be known as

Acceptance is the Key. No other changes.

Instrument Group, India Christian Assembly, 100 Periwinkle Rd., Anniversary mtg. moved from last Tues. to last Fri. of month. No other changes.

—**Malverne 11565**

Sobriety Without End, Our Lady of Lourdes, Sheehy Pl & Park Blvd; Wed. 7pm S dropped; 8:15pm OD now meeting at 7:30pm; Last Wed TR dropped; Last Fri O dropped

—**Massapequa Pk. 11762**

How it Works, St. Davids Lutheran Church, 20 Clark Blvd.; Added Wed. C

Reflections meeting 8:15p

—**New Hyde Pk. 11040**

New Spirit Group, Notre Dame RC Church, 45 Mayfair Rd.; 3rd Sat of month OD will now be Tradition mtg.

—**Rockville Centre 11570**

RVC Men's Big Book Meeting, 30 Hemp. Ave.; 7:30p, No longer meeting

Off the Fence Young People The Vineyard Church, 251 Merrick Rd.; Thursday O time change from 6:00pm to 6:30pm, no other changes

Veterans in Recovery new name Sober Company, 30 Hempstead Ave., Ste. H6, 7:30pm CD now meeting at 7pm, last Sun. Reflections meeting

—**Westbury 11590**

Hand in Hand Group, Westbury Friends School, 550 Post Ave; Mon. 8:15pm CD dropped. No other changes.

—**West Hempstead 11552**

Creatively Sober Group, New address: Trinity Lutheran Church, 260 Chestnut St. Mon. 8am CD, Sat. 7pm B; C.

NASSAU INTERGROUP EMAIL ADDRESSES

OFFICERS:

Chairperson: chair@nassauny-aa.org
1st Vice Chair: 1stvice@nassauny-aa.org
2nd Vice Chair: 2ndvice@nassauny-aa.org
Secretary: secretary@nassauny-aa.org
Treasurer: treasurer@nassauny-aa.org

STANDING COMMITTEES:

Archives: archives@nassauny-aa.org
Coop. Pro. Comm. (CPC): cpc@nassauny-aa.org
Corrections: corrections@nassauny-aa.org
Financial Review: finance@nassauny-aa.org
Institutions (H&I): institutions@nassauny-aa.org
Literature: literature@nassauny-aa.org
Meeting List: meetinglist@nassauny-aa.org
Newsletter: news@nassauny-aa.org
Night Book: nightbook@nassauny-aa.org
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Program Chair/Secretary: seclist@nassauny-aa.org
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Speakers Exchange: speakerexchange@nassauny-aa.org
Special Needs: specneeds@nassauny-aa.org
12th Step List: 12thstep@nassauny-aa.org
Website: webcommittee@nassauny-aa.org