



NASSAU INTERGROUP OF AA, INC.
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OCTOBER 2017

From the Chair... Gratitude in Action

Tradition 10—Avoiding controversy and Keeping it Simple; AA's lessons learned have allowed us to carry this simple message of a solution for alcoholism as a unified non-organized fellowship for the last 82 years and hopefully many more to come. As an active alcoholic I didn't step through the doors of AA in any meaningful way until the score card read zero and the hopelessness was complete. When that day arrived the doors were open, the coffee was hot and friendly faces said welcome. That simple beginning has changed my life in ways I could never imagine. I have opinions on everything; life experiences that shape them and sometimes change them. In AA I learned that one primary purpose devoid of all other opinion on all other subjects is what enabled me to live one day at a time free of the obsession to drink alcohol. I still maintain opinions on a wide variety of subjects but as a member of AA I do my best to follow this example while participating in carrying the message in face to face conversations with other members, in meetings and service opportunities. Amazingly it has also helped me to keep those opinions in check in many areas of my life outside AA. An added bonus and a few less amends to make.

During the month of September, I represented Nassau Intergroup at the National AA Technology Workshop (NAATW) in Sacramento, California. The technology workshop began 4 years ago as a service event for all members and service representatives to provide a collaborative effort throughout AA to meet the needs of our members and those who have yet to find us through the rapidly changing world of technology. This year's conference presented a discussion on technology, carrying the message within our traditions of anonymity. This is an area that still presents some question for AA – especially in the realm of social media so the discussion continues and options continue to be explored to align the single most important form of communication with AA's message and tradition.

Other areas covered were tools of the technological world and how they can best be used in our service entities to maximize efficiency and attract newer members into the AA service structure. Presentations were made on AA websites availability of services in the tech industry to non-profits such as AA. I look forward to bringing this to Nassau Intergroup in our everyday business activities and to our groups as a Technology Workshop at Nassau Intergroup early in 2018.

In Service, Elise M., NIG Chair

Thanksgiving Alkathon 2017 at Nassau Intergroup

Beginning Wednesday, Nov. 22 @ 5 pm.,

Last meeting Thanksgiving, Nov. 23 @ 10 pm

Meetings are held every hour on the hour straight through the night

Refreshments will be available.



AA'S THREE LEGACIES

Step Ten – *“Continued to take personal inventory and when we were wrong promptly admitted it.”*

Tradition Ten- *“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”*

Concept Ten- *“Every service responsibility should be matched by an equal service authority – the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”*

Step Ten

“Continued to take personal inventory and when we were wrong promptly admitted it.”

We alcoholics tend to feel victimized by our resentments. Whether our anger is justified or unjustified really doesn't matter, it could ruin an entire day. We are conditioned to do spot-check inventories for situations which arise on a daily basis. These are for us to take a look at our daily ups and downs so we don't fall off track, and see what caused us to be angry, jealous, dishonest, or emotional. For an alcoholic those are dangerous territories that could lead back to picking up. This change in our outlook may take quite some time. “When in doubt, we can always pause, saying, “Not my will, but thine, be done.” And we can often ask ourselves, “Am I doing to others as I would have them do to me----today?” *Alcoholics Anonymous*, p.93. *Kim W., Floral Park Bellerose Group*

Tradition Ten

“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

By not expressing opinions on "outside issues," AAs hope to avoid controversy, both publically and within the fellowship itself. This policy also helps members keep the focus on their common purpose.

AA may not have an opinion on outside issues, however, this alcoholic does! These days, in my experience, have been filled with political turmoil. I've seen friendships end, family relationships damaged, and division among my fellow Americans. As an American, I do have the right to an opinion. I have the right to express that opinion verbally, through press or peaceful protest. With that being said, imagine entering a group where a stand on this matter has been taken. Would you want to stay? Would we attract other alcoholics? We need alcoholics to keep AA going. If AA were to take an opinion on an outside issue, would we not become divided? Then how would we remain sober? If AA concerned itself with outside controversy, then we would be directed away from our primary purpose.

This disease is a matter of life and death. It does not discriminate, and it does not have an opinion on who is wants to take out next. If AA takes an opinion on outside matters, the division will make us vulnerable. Relationships we have that keep us sober will deteriorate. Anything that that can steer us away from our primary purpose and higher power should be checked at the door of any AA meeting. *Kelly R., Friday Night Rainbow Group, Asbury Park*

Concept Ten – ***“Every service responsibility should be matched by an equal service authority – the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”***

Once again we see a recurring theme in Concept 10. Bill W. was very concerned with matching responsibility and authority throughout the fellowship at all levels of service. As you read the essay he wrote to accompany Concept X it is clear he was trying to avoid the pitfalls he may have experienced in other organizations with which he had been involved. “The matter of responsibility and its necessary and co-equal authority is of such importance that we might profitably recapitulate what has already been said, meanwhile taking a bird's-eye-view of our entire structure to better envision how this principle does and always must , apply in our every activity and attitude.”

Emphasis is placed on well-defined responsibility... Trusted Servants and employees alike should have clear understanding of what is expected in a particular job whether it be chairing a meeting or running a convention.

(Continued pg. 3)

Concept Ten

(Continued from pg. 2)

With that there must also be adequate authority to execute those responsibilities. Defining responsibility is the easy part. Well thought out and written job descriptions usually take care of this part. But what about authority? The answer lies in the real distinction between ultimate authority and delegated authority. Within delegated authority we have what is called a traditional “Right of Decision”, a term we have seen before. As tasks are performed it is assumed that the people involved have the delegated authority to effectively complete those tasks. Those with ultimate authority in those areas should not interfere until and unless a delegated authority is being abused or exceeded in some way. If someone’s authority is questioned in this way, they have a “Right of Appeal” and a “Right of Petition” to ensure that every minority and every worker doing a job has an authority and a status commensurate with the responsibility involved.

To sum up, in Bill’s words: “Let us always be sure that there is an abundance of final or ultimate authority to correct or to reorganize; but let us be equally sure that all of our trusted servants have a clearly defined and adequate authority to do their daily work and to discharge their clear responsibilities... We well know that only by means of careful definitions and mutual respect can we constantly maintain a right and harmonious working balance.”

For more information on our service structure and the Twelve Concepts get a copy of The A.A. Service Manual Combined with Twelve Concepts for World Service by Bill W. If your group doesn’t have it, ask your Literature Chair to get it. It is available at Nassau Intergroup office.

John M., North Bellmore Group



Literature: The History Books, AA Comes of Age

Penned by Bill W. with editorial support from select AA members and published in 1957, *AA Comes of Age* (B-3) was the first of three AA history books, the other two being *Dr. Bob and the Good Oldtimers* (B-8, 1980) and *Pass It On* (B-9, 1984).

From the mid-1940's, Bill became engaged in a campaign to develop and legitimize what would become the AA General Service Conference (a service group intended to represent the grass roots of AA, the Fellowship as a whole, which he saw as the proper inheritor of the mantle of leadership in AA service then carried by himself, Dr. Bob and the trustees) and to formally link it to the trustees and “AA Headquarters.”

Following several years of hard campaigning, Bill secured an agreement to convene the Conference on a trial basis beginning in 1951. By 1954 it was apparent that the Conference structure developed by Bill and then non-alcoholic trustee Bernard Smith and others worked, and in 1955, at the International Convention in St. Louis, AA comes of age with the formal hand-off of the leadership of the Fellowship to the Conference.

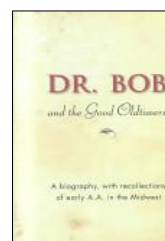
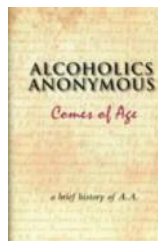
AA Comes of Age is the history of AA from its inception in 1935, through the development of the Steps and Traditions, through the ascension of the General Service Conference in 1955, and into the spread of AA around the world as supported and helped by AA’s many non-alcoholic friends.

Next month, *Dr. Bob and the Good Oldtimers*.

Bill C., Literature

Committee Chair

literature@nassauny-aa.org



NIAA Institutions Committee

There are two ways that groups can support the work of carrying the AA message into institutions in Nassau. The first is by sending an institutions representative to the monthly meeting (first Wednesday of the month 8P) at the Simpson Methodist Church Amityville. This rep can then book speaking commitments at the institutions we support (see back of meeting list).

Second, the Institutions Committee recommendation is that 5% of a group's donations should be earmarked for Institutions. So for example, if your group follows General Service guidelines (see pie chart at http://www.aa.org/assets/en_US/mg-15_finance.pdf) and donates 50% of total donations to intergroup, 5% could be earmarked for institutions (by specifying on the check or checking the box on the envelope), with 45% to intergroup (and the remainder to other service entities). (Continued pg. 4)

(Continued from pg. 3) **NIAA Institutions Committee**

Obviously, it's up to each group to determine the appropriate amount for them. Donations of literature (books, Grapevines etc.) no longer needed can also be made

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. We're now reviewing each of the institutions that Nassau Intergroup supports, covering them alphabetically, and we are now up to the Nassau County Medical Center NUMC, located at 2201 Hempstead Tpke, E. Meadow, NY 11554. The information below was provided by the counselors and taken from their website located here <http://www.numc.edu/our-services/mental-health-addiction/drug-alcohol-addiction/>

The Detox Unit at Nassau University Medical Center helps people safely withdraw from alcohol, opiates and other addictive drugs in a controlled medical environment. Both the Detox and Chemical Dependency Rehabilitation Units are closed units on the hospital's recently renovated 10th floor. A multidisciplinary team of physicians, psychologists, chemical dependency counselors, social workers, nurses, nutritionists and clergy provides not only help, but also hope for those affected by chemical dependency. Along with medically-managed detoxification, patients are educated about addiction, with particular stress on detoxification as only the first step in treatment. On average, patient's complete detox in five days, but all treatment plans are tailored to best facilitate each individual's own process of recovery.

The staff of NuHealth Chemical Dependency Detoxification Unit at Nassau University Medical Center strives to motivate patients to continue treatment and see that our patients are placed in an appropriate inpatient or outpatient program as soon as they are ready for discharge.

To make an appointment or learn more about NuHealth Chemical Dependency Detox program, call (516) 296-3258 and (516)296-3256.

The 30-bed Chemical Dependency Rehabilitation Unit houses a 28-day hospital-based program designed to help substance abusers of all kinds achieve sobriety and learn to stay that way. Our multidisciplinary staff works closely with every patient, helping each to understand the impact of drug and alcohol abuse and the personal psychosocial factors that lead them to seek their drug of choice.

To learn more about admission to the Chemical Dependency Rehabilitation Unit, call (516) 572-9402.

If you, or someone in your group, might be interested in speaking at one of these meetings, please contact institutions@nassauny-aa.org.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Serenity by the Sea, Pt. Lookout;
institutions@nassauny-aa.org

From the Night Book—Don't Get Leafed Out!

October is here once again, and with it; sunny days (in an ideal world!), perfect cool temperatures, crisp fall weather and trees starting to burst with color. For those of us with kids, October (continued)

means getting ready for hat time worn celebration of sweets, ghouls, goblins, and ghosts-Halloween! For those of us alcoholics blessed to be part of our Fellowship, we can celebrate this holiday with our kids; partaking in Trick-or-Treat with them, taking them to parties, even going to Halloween parties for ourselves, as fully responsible costumed and sober adults. As the Big Book tells us; "we are not a glum lot!"

For us, the ghouls, goblins, and ghosts were real. As active alcoholics, the monsters which plagued us had the names of remorse, shame, anger, loneliness, and guilt. We all can, I'm sure, mane many more. So we need our meetings to be able to come to a safe place where people think, act, and react like we do. Oftentimes, something I like to call "AA's magic spell happens; the person who starts off sharing depressed, anxious, and sad, ends up laughing by the time they're done with their share. We learn acceptance, love, and identification. This is what the group passes on to that person in pain, crying out for help.

But feelings can happen any time of the day. Sometimes I see a familiar Toyota Camry pull out of the parking lot with a friend inside after the meeting – going home or perhaps to work, since my group meets at noon. I silently pray, almost subconsciously, that my friend, my "group mate", has a good day, a sober day, and makes it to our next meeting in peace, feeling good. Why? Because I know, as a sober alcoholic that the demons which plague us – the Halloween "ghouls of our nature", pay no attention to the clock.

Tonight as I write this, I feel good knowing that when someone needing help calls our Night Book hotline, another sober alcoholic is there to take the call; the caring never stops. I've said before, and I'm quite sure I'll say it again: I get a tremendous, vicarious thrill when the volunteers call me up and tell me about their adventures from the night before. Being the trusted servant who keeps the night time phone lines open, is an honor that I can't put into words. I consider myself to be a truly blessed member of Alcoholics Anonymous, Isn't it time that YOU felt that way too??

So volunteer to take "the Book" when your Intergroup Rep comes knocking and says "Trick-or-Treat, Night Book calling!" Thanks for letting me rant on again for this month and taking the time to read this.

NIGHT BOOK ALERT!

From here on, SIX months of sobriety is needed to take the Night Book!

Thanks to those who kept the torch burning throughout the nights of September:

One Day at a Time, Oceanside; Grateful Group, Massapequa Pk; Oyster Bay Sagamore, Oyster Bay; Seaford at Wantagh, Wantagh

Your trusted Servant on "The Book"
Steve S., NIG Night Book Chair



Did you hear?... Coming Soon!!!

Corrections Workshop – “An Inside Job”

Come listen to experience on how local members practice our Twelve Steps in service with Corrections.

- Meetings behind the walls: How AA reached one woman while still in jail and changed her life so she could join us on the road to happy destiny.
- Corrections Correspondence: How local members are using “snail mail” to reach members behind the walls.
- Pre-release Contacts: How we help prepare for that critical moment of release and AA on the outside.
- Corrections Hotline: How the friendly voice of another alcoholic helps newcomers survive the slippery slope between the institution and their first meeting on the outside. ...*Stay tuned for more details.*

Nassau Big Meeting

November 5, 2p.m. - 5.p.m.

Ethical Humanist Society

38 Old Country Rd. Garden City



Co-hosed by Nassau General Svc. and Nassau Intergroup
Light lunch and refreshments will be served.

St. Aiden's Group Anniversary

Saturday,
October 11st

7 pm - 11 pm
525 Willis Ave.
Williston Park



Cedarhurst-Hewlett Group

58th Group
Anniversary

10/27/17, 8 p.m.
St. Joseph's Church
Cafeteria
1346 Broadway,
Hewlett



SAVE THE DATE!!!

2017 ALISON Fall Workshop:

Autumn Unity – Together We Can Make It

Sunday, October 15, 2017

11 a.m. – 4:15 p.m.

Cure of Ars School, Merrick

(Just east of Meadowbrook Pkwy, 2 blocks south of LIRR Station and Sunrise Hwy.)

****Al-Anon, Alateen and AA Participation****

Donation: \$5 in advance, \$8 at the door

FREE FOR ALATEENS

MUSIC



Doors Open 11 AM Program Begins 11:30 AM

Closing Prayer 4:15 PM

New General Services Cluster Meeting: For Districts 208, 209, & 211



All GSR's from these districts plus any AA's who are interested in getting involved in General Service are cordially invited to attend

Thursday, Nov. 9th at 7:30 pm

St. Luke's Episcopal Church

253 Glen Ave., Sea Cliff

Light Refreshments and snacks

Meet and greet the GSR's and other service oriented people

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Tpke., unless otherwise noted.

OCTOBER

- 10/2—SENY Committee Mtg., 7:30, 2158 Watson Ave., Bronx
10/4-- Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701
10/4-- Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above
10/5-- **NIG Reps Orientation**, 7:00pm (Suggested for new Reps.) **NIG Reps Meeting**, 7:30pm
10/12—PI/CPC Committee, 7 pm
10/16—NGS Meeting, 7:30; 6:30 for new Reps orientation
10/18-- Website Committee, 7:30pm
10/19-- **Newsletter Deadline** for November
10/26-- **Steering Committee, 7:30pm** (By invitation)

NOVEMBER

- 11/1-- Institutions Committee, 8pm, Simpson United Methodist Church, 30 Locust Ave., (off Sunset Ave. from County Line Rd.), Amityville 11701
11/1-- Corrections Committee: 8:30pm, immediately following Institutions at 8:30pm, same address above
11/2-- **NIG Reps Orientation**, 7:00pm (Suggested for new Reps.) **NIG Reps Meeting**, 7:30pm
11/6—SENY Cmt Mtg: Ch of the Holy Family, 2158 Watson Ave., Bronx, 7:30 pm
11/9-11/12—ESCYPAA, Radisson Hotel, 205 Wolf Rd., Albany
11/11—SENY Assembly
11/15--Website Committee, 7:30pm
11/16-- **Newsletter Deadline** for December
11/16—Special Needs Committee, 7 pm
11/20—Concepts XI & XII Workshop, 7 pm
11/22-11/23—NIG Alkathon, 5 pm Wed. thru 11 pm Thurs.
11/30—**Steering Committee, 7:30 pm** (By Invitation)

NASSAU INTERGROUP EMAIL ADDRESSES

OFFICERS:

Chairperson:	chair@nassauny-aa.org
1 st Vice Chair:	1stvice@nassauny-aa.org
2 nd Vice Chair:	2ndvice@nassauny-aa.org
Secretary:	secretary@nassauny-aa.org
Treasurer:	treasurer@nassauny-aa.org

STANDING COMMITTEES:

Archives:	archives@nassauny-aa.org
Coop. Pro. Comm. (CPC):	cpc@nassauny-aa.org
Corrections:	corrections@nassauny-aa.org
Financial Review:	finance@nassauny-aa.org
Institutions (H&I):	institutions@nassauny-aa.org
Literature:	literature@nassauny-aa.org
Meeting List:	meetinglist@nassauny-aa.org
Newsletter:	news@nassauny-aa.org
Night Book:	nightbook@nassauny-aa.org
Officer Coordinator (Mgr.):	officemanager@nassauny-aa.org
Program Chair/Secretary:	seclist@nassauny-aa.org
Public Information (PI):	publicinfo@nassauny-aa.org
Share-a-Day (SAD):	shareaday@nassauny-aa.org
Speakers Exchange:	speakerexchange@nassauny-aa.org
Special Needs:	specneeds@nassauny-aa.org
12th Step List:	12thstep@nassauny-aa.org
Website:	webcommittee@nassauny-aa.org

Workshops

Back to Basics with Jimmy D.

Sat., Oct. 21st 10 am – 4 pm

(1/2 hr. for lunch)

Primary Purpose Group of Lynbrook
Lynbrook Baptist Church
225 Earle Avenue

34th Anniversary

Malvern Gratitude

12 Nottingham Rd & Hempstead Ave., Malverne

Thurs. Oct. 19th

6:30 - 9 pm

Come and Share Some Gratitude



Meeting List Change Requests

- Please wait 3 months after your group has made the change to submit a change form
- Please assign only one person to the task of submitting your change
- Triple check that the submission is correct and ALL areas are filled

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

NEW GROUPS

--**Franklin Square 11010, Brew Crew**, Ascension Luth. Church, 145 Franklin Ave. CD 11am

--**Levittown 11756, Sober Living**, Pres. Church, 474 Wantagh Ave. all 10 am mtgs : Mon. CD, Tues. B, Wed. BB, Thurs. CD, Fri. CD, last Fri. Anniversary

CHANGES

--**Cambria Heights (formerly Elmont) 11411**, Elmont/Belmont Give it a Try Group, Deliverance Baptist Church, 227-11 Linden Blvd.; Mon. 7pm S and Thurs. 7:15pm B (last Thurs. O Anniversary)

--**Levittown 11756, Serenity Night Live**, Good Shepherd Church; 3434 Hemp. Ave.; Sat. CD will now be OD

--**Long Beach 11561 Living Sober, Still meeting** Tues. 9am, mistakenly listed as no longer meeting.

--**Lynbrook 11563, Lynbrook Group**, 49 Blake Ave. No Longer Meeting There is a Solution, 474 Wantagh Ave will now meet at Good Shepherd Church, 3434 Hempstead Tpke. No other changes

Hope Group, 474 Wantagh Ave. will now meet at Good Shepherd Church, 3434 Hempstead Tpke. No other changes

--**Malverne 11565, Big Book Fever**, Church of the Intercessor, 50 St. Thomas Pl., 8pm BB, Sun. will now be called 12 Step Experience and will now have an O Step Series Sun.