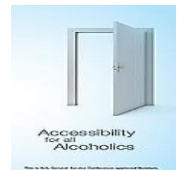


Nassau Intergroup of AA, Inc.
361 Hempstead Tpke., West Hempstead, NY 11552-1342
www.nassauny-aa.org intergroup@nassauny-aa.org
516-292-3040 (24/7 Hotline) 516-595-3045 (Business)

P-83 –reprinted with permission of
A.A.W.S.,INC,Accessibility for all Alcoholics
This pamphlet includes the experience of A.A.
members who are hearing and visually
impaired, housebound chronically ill or
disabled due to brain damage or stroke. Their
stories tell how they found A.A. and are living
new and productive lives free from
alcohol.check it on www.b2c.aaws.org



APRIL 2018

Jason..... (Traumatic Brain Injury)

“Sobriety and A.A. have helped me to maximize my capabilities. “I started drinking at age 12 and by 13 I was in my first institution, a psychiatric hospital for teens with anger-related issues. My father’s alcoholism eventually split up the family: my mother, my younger brother and me. Over the course of my drinking I was in a few more hospitals and was jailed for three DUIs (one involving a high-speed chase), battery, theft and hit-and-run. Just before I turned 18, I was sentenced to an alcohol recovery program, where I was first introduced to A.A. By this time my drinking had turned violent, and I frequently picked fights with my family and friends. I had just turned 25 when, in an alcoholic blackout, I got into a drunken brawl with my brother. He hit me in the head with a baseball bat, which shattered my skull; I suffered a traumatic brain injury because of it. They took my brother to jail and me to the hospital, where I lay in a coma for several months. I spent seven months in the hospital with therapy and reconstructive surgery, some of which failed. They implanted a plate in the right side of my skull and had to replace it twice due to infections and leakage. Upon my discharge from the hospital I drank whiskey along with the drugs they gave me at the hospital. There was some effect, but something told me, “Jason, if you keep doing what you’re doing, you’re going to die!” So with some knowledge of A.A. from when I was 18, I knew where to go. My sobriety date is my 26th birthday .When I came into A.A., I didn’t know if I was more angry or scared, but no matter how I looked or acted, everyone always tried to welcome and accept me. Look for the remainder of the story online..

“The Accessible Hand of A.A.”

By Jim M., One Day at a Time Group, Oceanside

When I was about a month sober, the opening readings of my favorite Saturday night meeting were “interrupted” by a terrible racket at the entrance. We all turned and saw a young man coming in the entrance...backwards. A moment later we realized he was entering this way because he was heaving a wheelchair up the steps that led into the meeting room. Before we could lend a hand, he cleared the final step and wheeled the woman in that chair into an empty space right next to me at the table. He kissed her on her head, whispered something, and left. Her head was bandaged over what I later learned was an inoperable brain tumor. One eye drooped slightly. The other looked around the room while half of her face managed a smile. The meeting chairperson nodded hello to her, then went on with the meeting. Being newly sober, I didn’t know yet that our Fellowship has a growing list of literature resources for people with physical, mental and emotional challenges beyond their alcoholism. Our publishing department at G.S.O., guided by the annual General Service Conference, publishes books and pamphlets available in large print and Braille, as well as audio recordings and even videos of some items in American Sign Language. And being still very self-centered, it also didn’t occur to me until that moment that there might be alcoholics just like me who, in other ways, were not like me. Alcoholics who couldn’t just walk into a local A.A. meeting and talk to another alcoholic, and hear a lifesaving message of hope. How ironic is it, and how much of a miracle, that a Fellowship of individuals with a tendency to think only of themselves has developed a collection of materials whose sole purpose is to reach those alcoholics who have additional challenges most of us will never personally face? Thanks to good sponsorship and some service opportunities, I became aware over the next several years of not only the materials available, but also the human resources behind such efforts. In many A.A. communities, a Special Needs Committee takes stock of what local issues exist, and the best way to address them. Meetings are brought to the housebound and the hospitalized. The stories of A.A. speakers at conventions are often made available to the deaf and hard of hearing through sign language interpreters. Special literature is ordered and distributed as needed. These services take time. And effort. And even some money. But most of all, they take awareness and understanding. While we have several items designed to directly help members and potential members overcome a variety of accessibility challenges, we also have a pamphlet, first published in 2011, to help A.A. members understand not just how A.A. members with special needs are different, but also to make it crystal clear that, for OUR purposes, these alcoholics are very much the same! Don’t believe me? Grab a copy of “Accessibility for All Alcoholics” (P-83, available through the Intergroup office, or online at www.aa.org) and you’ll quickly see that these drinkers needed the same things as the rest of us. They needed to rebuild their lives without alcohol through practicing our spiritual principles. They needed to experience the sense of belonging through participating in our amazing Fellowship. And they needed the profound sense of purpose that we find when we strive to help others. This last need – the need to be useful to other drunks – is something that woman in the wheelchair demonstrated on that Saturday night when I was still brand new to A.A. You see, she wasn’t there that night because she needed a meeting. She explained to us, when it was her turn to share, that she’d already been freed from her obsession to drink, and had enjoyed many years of sobriety thanks to A.A. Her medical situation had recently worsened, however, and she’d been told she had very little time left. So she’d come to that Saturday meeting not because she needed us, but because she needed to be helpful to the young man who’d brought her. That young man was her son, she explained, and even though he had not yet admitted to having a drinking problem, she was pretty sure at some point he was going to need A.A., and she wanted to make sure that he knew where to find us. Wheelchair bound, with but a short time left to live, she was dedicating some of that precious left to making the A.A. message easily accessible to another drinker.. .

Talk about an example of love and service!

Solve Their Common Problem and Help Others to Recover From Alcoholism

As I sit on my bed its 10:30pm and contemplate what I can write to help inspire, encourage, convince other recovering alcoholics to get involved with Public Information (PI) as well as Cooperation with the Professional Community(CPC)Committees of Nassau Intergroup. I've decided that sharing some of my experience with PI and CPC commitments might be the catalyst to prompt involvement, or at least inquiries by others.

HEALTH FAIR-I was fortunate that the prior chair Regine came with me to my first PI commitment, in Long Beach for a *Health Fair*. Needless to say I was nervous, Regine being there helped a lot.

What was required: manning a table with AA literature and answering questions.

FIFTH GRADE-Shortly thereafter there was a request for 2 young speakers to address 125 fifth graders, which was at first *terrifying*, but when we were done all 3 of us felt extremely grateful knowing that we planted a seed and that these kids knew that if they need help in the future it's available.

What is required: minimum of one year's sobriety, a 15 minute soft qualification (leaving out some of the gory details). After qualifying we broke up into 3 groups and the kids asked questions for another 15 minutes.

NARCAN TRAININGS- are free and held all over Nassau County and are usually well attended, by people that want to learn how to use/administer the lifesaving drug Naloxone that can reverse an overdose from Opiates.

What is required: manning an information table with AA literature, answering questions and possibly speaking very briefly. AA attends Narcan Trainings because most people start drinking before drugging and we want everyone that has a desire to stop drinking to know we are available.

MADD Victim Impact Panel (VIP)- every year 3,000 people are arrested for DWI on Nassau County (those are just the ones that got caught). The majority of the 3,000 arrested must attend a VIP and listen to 2 speakers that have suffered a terrible loss due to a drunk driver, typically the loss of a loved one(s) or suffering an injury that has a dramatic effect on their life such as the loss of a career, marriage etc.

What is required: minimum of 1 year's sobriety, manning an information table, handing out meeting books, speaking for 3-5 minutes. **Special Note** If you have been arrested for DWI where someone was hurt you may not participate in this commitment. The above is a sample of the types of commitments; we also speak at Colleges, High Schools, Counseling Centers and numerous other types of venues. In 2017 we had over 40 commitments, and this year we would like to exceed that number, to do so We Need Your Help. PI/CPC meets every 2 months at 7pm at the Intergroup Office in W. Hempstead, if you'd like to get involved and are unable to attend we can provide a number where you can call in and participate over the phone.

The next PI/CPC meeting is Thursday, April 12th @ 7pm,

Steven S. Public Information Chair

publicinfo@nassauny-aa.org



NIAA Institutions Committee

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components over the next several issues of the newsletter. As with regular AA meetings, for any specific institution meeting there is a chairperson. That chair can either arrange for speakers, or speak at the meetings him/her. Speakers can be booked at the monthly institutions meeting, or from among the members of the chairperson's home group. However, one difference from regular AA meetings is this: in a regular AA meeting, if a speaker doesn't show up, a group member can be asked to take the meeting, while in an institution; there is no one but the patients/inmates. So if the chair or speaker doesn't show up, there is no meeting that day. Since this involves considerable responsibility, a chairperson should have a minimum of one year sobriety, and the commitment is typically for one year. So in addition to arranging for speakers, a chairperson's other responsibilities include ensuring that speakers are able to represent AA effectively, that speakers are familiar with the rules of a particular institution, ensuring literature is distributed to patients/inmates, that meetings are conducted in accord with AA traditions, and for referring inmates/patients about to be discharged to intergroup or to local AA groups in their areas. Chairpersons often choose to alternate with another AA member, and this tends to work well, sharing the responsibilities.

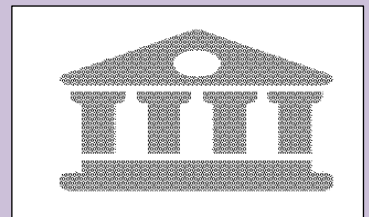
There are two ways that groups can support the work of carrying the AA message into institutions in Nassau. The first is by sending an institutions representative to the monthly meeting (first Wednesday of the month 8P) at the Nassau Intergroup office in W Hempstead. This rep can then book speaking commitments at the institutions we support (see back of meeting list).

Second, the Institutions Committee recommendation is that 5% of a group's donations should be earmarked for Institutions. So for example, if your group follows General Service guidelines(see pie chart at http://www.aa.org/assets/en_US/mg-15_finance.pdf) and donates 50% of total donations to intergroup, 5% could be earmarked for institutions(by specifying on the check or checking the box on the envelope), with 45% to intergroup(and the remainder to other service entities). Obviously, it's up to each group to determine the appropriate amount for them. Donations of literature (books, Grapevines etc) no longer needed can also be made. Contact institutions@nassauny-aa.org for information.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county (it is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych wards reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Serenity by the Sea, Pt. Lookout;
institutions@nassauny-aa.org



ON SPONSORSHIP

With Emphasis on The Fourth Step

Whenever newcomers or people returning from a slip come into our meetings, the first thing we tell them is to "get a sponsor." This custom within AA goes all the way back towards two of our most important co-founders: Bill W., and Dr. Bob. After their first precipitous meeting, and shortly after Dr. Bob's final drink and further discussion, the two men realized that they had to stay spiritually active.

Relying on an unspoken intuition, or as I've heard some say "The Hand Of God," the newly sober duo met with "AA Number Three" in a room of the Akron City Hospital. This first meeting with a hopeless and desperate drunk was an early beginning of what we would today call Sponsorship, in its purest form; two recovering problem drinkers sharing their new sobriety with yet another drunk.

Having a sponsor; someone to guide a newcomer in their early sobriety by sharing his or her experience, strength and hope through AA, is today considered a necessary practice for a strong and sober life. Going through AA without a sponsor is like trying to drive a car without someone to teach you sitting next to you in the passenger seat.

Resentment and all of its entanglements, including "its dancing partner" fear, can be found at the root of the emotional and spiritual face of Alcoholism. A newcomer, in a first and hasty observation, may say "Yes, I've read this in "How It Works" in the Big Book, and seen that chart, so WHY can't I do it alone??"

The answer is that we can never be objective with ourselves. An understanding partner – aka, a sponsor, is a perfect choice for this. After the sponsor gets to know his sponsee, and gets a feeling of where he or she is coming from; the sponsor, utilizing his or her own experience, can look at that chart and spot . . . The flaws and omissions – crucial items to Recovery! Seriously a matter of life and death!

Without this searching and fearless moral inventory, under the watchful and helpful intent of a good sponsor, is the crucible in which the new and Sober life of a suffering Alcoholic is formed. This is Step Four. With the sponsor at our side in Step Three, and the willingness to believe in a Higher Power, we can open that closet in Step Four, and make our new beginning on that Recovery road.

Steve S,

Albertson – Searingtown Afternoon Discussion Group

Step 4: Made a searching and fearless moral inventory of ourselves

After we became honest enough to take the first step, open-minded enough to take the second, and willing enough to take the third, we were ready to take on Step Four. As long as we resisted taking our inventory, we put our sobriety and our lives at risk. Step Four is a fact-finding process meant to put an end to the endless cycle of the same destructive behaviors again and again. Taking inventory is not a thinking exercise; it is a writing exercise. By writing our experiences on paper, we began the process of letting go of our resentments, remorse, and fear.

We discovered the behaviors that had allowed us to be hurt or which we had used to harm others. We began to realize that the injuries and offenses against us, real or imagined, had kept us muck deep in fear and anger. We began to see our part in what had happened to us. We gained a new understanding about those who had harmed us. We saw that they were often spiritually sick or misguided, just like us. Just because we were wrong doesn't mean that others weren't as well.

Our higher power is there for us to provide the strength to look at ourselves in a deeply honest fashion. We listed our resentments, fears, and sexual conduct. Just as important as those three, is looking at our positive attributes. Not everyone does step 4 perfectly on the first attempt and that's ok. The pain we would have continued to feel if we didn't take this step is a lot worse than the pain of doing the inventory. We are human, we make mistakes, but we are willing to write the script as we continue the journey through the 12 steps.

- Matt C. From *There is a light in Bellmore*



Daily Reflection Favorite of the Month:

Submitted by Gerri D. Malverne Gratitude Group

Reprinted with permission of A.A.W.S., INC.

April 6, p.106 pocket size



A LIFETIME PROCESS

We were having trouble with personal relationships, we couldn't control our emotional natures, we were a prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people. . . .

Alcohol Anonymous p.52 these words remind me that I have more problems than alcohol, that alcohol is only a symptom of a more pervasive disease. When I stopped drinking I began a lifetime process of recovery from unruly emotions, painful relationships, and unmanageable situations. This process is too much for most of us without help from a Higher Power and our friends in the Fellowship. When I began working the Steps of the A.A. program, many of these tangled threads unraveled but, little by little, the most broken places of my life straightened out. One day at a time, almost imperceptibly, I healed. Like a thermostat being turned down, my fears diminished. I began to experience moments of contentment. My emotions became less volatile. I am now once again a part of the human family.

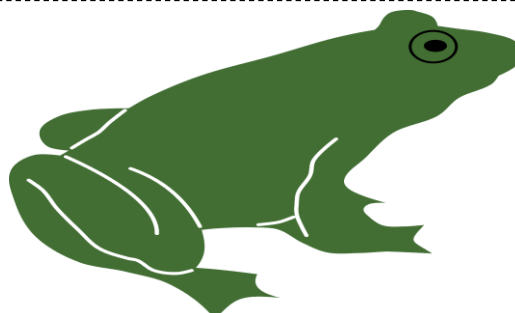
Hempstead's GROUP
69th
Anniversary

AMERICAN LEGION
Hempstead Post #390
160 Marvin Avenue
Hempstead, NY

FOOD SPEAKER RAFFLES GIFTS 50/50

DJ MUSIC
May 19, 2018
7:00 PM-11:00 PM
NO CHILDREN PLEASE

DIRECTIONS: Queens, Brooklyn, Nassau Belt Parkway eastbound to Southern State Parkway take Southern State Parkway to Peninsula Blvd North approximately 2 miles to Greenwich Street, on right side of street turn right on Greenwich Street and go 5 blocks American Legion on corner.



FREELY
RELY
ON
GOD

From: Patricia: *Our Lady of Lourdes, Malverne N.Y.*

Frog

"Answers to most common questions"

It's hard to believe that we're just two months away from the middle of 2018. One week From the Night Book -April 2018 blends smoothly into the next and voila - here we go! This month I'd like to answer some common questions I hear from volunteers and group leaders. Probably the most frequently asked question I get is "What's my involvement with Twelve Step work while I take the phones?"

Each briefcase has two binders inside of them.

One binder is strictly devoted to "12-Step Contact Lists." These lists come to each AA group via their Intergroup Representatives, and contain spaces for names, phone numbers, and availability times for each person to be able to speak to someone in trouble with alcohol. This is how it works: Someone calls the Night Book volunteer and asks to speak to an alcoholic in their immediate vicinity to find out about local meetings, maybe just someone to talk to, etc.

So the job of the Night Book volunteer is to look at the 12-Step Contact Lists from each group and depending on the time of day or night, he or she calls the person who has put down the time of night where they have indicated willingness to accept calls. After getting the caller's phone number, the person on the List calls him or her and "does their thing."

From the Night Book volunteer's perspective, they are only supposed to help out with a 12-Step Contact person. NEVER under any circumstance does the NB volunteer give the phone number directly to the caller! That's as far as Twelve Step work goes. We can suggest meetings to the caller, give them phone numbers of institutions like rehabs or detoxes; hotline numbers, etc., - any information in the first section of the binders is fair game, and that's IT!

The next question is should I fill out the log books in each briefcase?" The answer to this is "if you can - please do so." Just a simple time of call, reason for call, and maybe resolution like "I gave them a detox phone number," told them to go to a hospital," etc. We keep these records so that we can eventually give them to our Intergroup Archivist. The phone logs are valuable in that they keep track of any emerging trends the Night Book is more than just a hotline, it's a "finger on the pulse" of the life of AA in Nassau County - a measure of trends, if you will. Lastly, as long as people call us - we're there 24/7; and for that, I am grateful!

Until next month....

I would like to give honorable mention to the groups who gave us Service the month of March:

Bayville Triangle Group - Bayville
Moonlight Group - North Bellmore
Pace Group - Bellmore
No Frills Group - Bellmore
In Trusted Service,
Steve S. Night Book Chairman NIAA
"Service Is Gratitude In Action"



North Nassau SENY Districts 208,209, & 211

PRESENT:

SPONSORSHIP WORKSHOP

"The Lifeblood Of AA"
How it WAS, how it IS, and how it COULD be!

- When: April 21, 2018 Saturday; 10am - 1 pm
- Where: St. Luke's Episcopal Church; 253 Glen Avenue, Sea Cliff, NY 11579
- Panel Presentation followed by *LIVELY* group discussion
- Special guest speakers!
- Light refreshments and PIZZA Lunch served!
- PLEASE E-MAIL IF YOU WANT TO COME TO:
- SCRIBBLER30@GMAIL.COM

MANHATTAN DISTRICT 601 & SENY COMMITTEE ON ACCESSIBILITY/SPECIAL NEEDS

"I Am Responsible"

A WORKSHOP ON ACCESSIBILITY IN A.A.

"I am responsible.

When anyone, anywhere reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible."

~ The Responsibility Statement ~

Many alcoholics seeking help, both Newcomer or Oldtimer, may have accessibility needs to be considered for them to access AA's program of recovery. Some may be hearing or sight impaired. Some may have limited mobility. Some may be homebound. Some may speak English as a second language. **This workshop is for all AAs interested in how they and their groups can help those with special needs fully participate in our fellowship.**

SPEAKER PANEL

AA members sharing experiences;
Group representatives on their innovative forms of service;
Former Area 49 Delegates on the history of accessibility in A.A.
and the role of the Traditions.

ASL INTERPRETATION SPANISH TRANSLATION WHEELCHAIR ACCESSIBLE

Bring a friend, a spouse! Group Chairs and GSRs encouraged to attend!

DATE: Saturday, April 21, 2018 **TIME:** NOON - 3PM

PLACE: Trinity Lower East Side, 602 E. 9th St. @ Ave. B, Manhattan

SEE MAP ON REVERSE SIDE QUESTIONS? dcm@601.aaseny.org

*The theme of the 1985 International Convention, affirmed as written for literature by the Conference in 1975. SOURCE: FAQs on A.A. History, AA.org

34th UnityBreakfast



83 Years of AA

"AA - A Solution for all Generations"

June 3, 2018 • 9am to 12pm

Long Island Marriott

101 James Doolittle Blvd., Uniondale, NY
11553

516-794-3800

Tickets: \$30.00 per person

- Service Fair 8am

Ticket information: Annabel B. (516) 776-7030 and Ann G. (516) 457-8371

Support Your Sobriety Through Service

Tickets: \$30.00 per person Service Fair 8am

Ticket information: Annabel B. (516) 776-7030 and Ann G. (516) 457-8371

HELP

WANTED

**Nassau Intergroup is
looking to RETAIN AN
ACCOUNTANT WITH
QUICK BOOK
EXPERIENCE!**

Contact: CHAIRPERSON,

Chair @nassauny-aa.org



Elmont/Belmont "Give It A Try"
Needs Your Support

Deliverance Baptist Church
227-11 Linden Blvd.

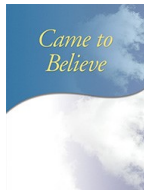
Cambria Heights, NY 11411

Come join us! Your support helps us keep
the doors open.

Monday 7:00 - 8:15pm

Thursday 7:15 - 8:30pm

Came to Believe



First published in 1973, *Came to Believe* (B-6) is a 120-page collection of short pieces by AA members who responded to a call for articles on the topic plus some few which were originally published in the AA Grapevine. "Came to Believe . . . is designed as an outlet for the rich diversity of convictions implied in 'God as we understood Him.'" (From the Forward, *Came to Believe*.)

The offerings are organized by topic as follows: "Spiritual"? Spiritual Experiences; Prayer; Release from Obsession; Spiritual Awakening; The Search; Coincidence?; A Higher Power; Spiritual Progress; and, In All Our Affairs." *Came to Believe* may serve to help some who struggle with AA's reliance on a power greater than oneself, and its spiritually based program of recovery from active alcoholism.

Following up on last month's review of literature-related matters before this year's General Service Conference, please remember to have your say at the Pre-Conference SENY Assembly in Huntington, April 8. Our delegate's report back should be in June, so the actions of the 68th Conference on those items will probably be discussed in our July newsletter. Next month, literature for people with special needs/accessibility challenges.

Bill C., Literature Committee Chair
516-292-3045 or literature@nassau-aa.org

Tradition 3 " THE ONLY REQUIREMENT FOR MEMBERSHIP IS A DESIRE TO STOP DRINKING." Hosted by: The Wantagh Group. March 10, 2018,9.30am-10.30am

This is a tradition that is broadly stated with a strong and powerful example of humanism. It says it without saying it. There is no discrimination. No colors of skin, no genders, sexuality, religion, and including the crime's you may have committed. In addition, it may be misunderstood that traditions are all about rules and regulations. However, that's a misconceived interpretation; more importantly is about humanity, and unobtrusiveness of each group. In addition, how important the consciousness of the tradition's and its importance that each group practice's them. At the workshop, there was a panel of three speakers who each shared their knowledge of Tradition three.

Each speaker had their interesting input. Understanding the history, time period and how the traditions came about. It was engaging to know pre-12 step traditions in the period of 1940-1945 groups would send their suggestions as they saw how things were happening, negatively and positively in their home groups. Compiling notes that poured in by each of the groups, submitted to the Central office and together with great reflection each of the traditions were created. It's hard to comprehend in today's world, that the above aforementioned was an issue (race, sexuality, religion, gender). But also, at that time some people felt intimidated by what might've seem was a pretentious group, only to be shared by influential, successful people of a certain social status, especially a Doctor and a stock broker. However, it did become about race, religion, sexuality, gender and crimes committed and concerns in most areas of the United States. Remember, it was a pre-civil rights time period, people had strong prejudices about people in general.

At the workshop there was a handout, which was an excerpt from the Grapevine Inc, August 1946 .It was written by Bill. He clearly defines the traditions and how they came about. He makes a witty comment that says "can you imagine one "alcoholic judging another". He continues on to say everybody has learned a great deal of what any "new comer" can do for AA reputation as well as its effectiveness. He further explains."Ours is not to Judge". If the rumors, prejudices, and forecasts made by old timers, that these people would not stay sober, where would AA be today? How many strong relationships would not have been formed, between the very same people?

At the tradition workshop meeting, we closed with Women in A.A. We focused some time on Mrs. Marty Mann and her instrumental dedication as a female member of Alcoholics Anonymous and author of the chapter "Women Suffer Too" in the second through fourth editions of the Big Book of AA. It is a common error that Marty Mann was the first woman in AA. However, as an early female member of Alcoholics Anonymous and in part because of her life's work, alcoholism became seen as less a moral issue and more a health issue. However, Mann's public admissions of her own alcoholism, her successful experience with AA, and her encouragement of others especially women to get help contributed substantially to AA's growth. In conclusion, this was a very informative and enlightening workshop. We were lucky to have a great group of people who did their due diligence to make this an incredibly informative and enlightening experience by sharing their wisdom with Tradition Three.

I look forward to the Tradition Four workshop April 14, 2018 9:30am –11.00 am Hosted by Gift of Serenity, Franklin Square...By, Steven S Malverne Gratitude Group

A.A. TRADITIONS WORKSHOP

Sponsored by: Nassau Intergroup and hosted by Various Groups in Nassau County...

All workshops Held at Nassau County Intergroup Office, 361 Hempstead Tpke. West Hempstead, NY Meeting will begin at 9:30 a.m. and end at 11:00 a.m.

Light refreshments will be served.

Tradition 4 April 14: Gift of Serenity Franklin Sq.

Tradition 5 May 12: New Beginning's, RVC

Tradition 6 June 9: Solid as a Rock, Manhasset

Tradition 7 July 14: Bayville Triangle, Bayville

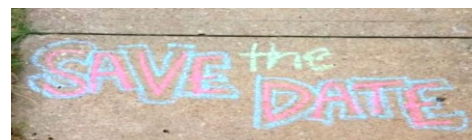
Tradition 8 August 11: Seaford at Wantagh, Wantagh

Tradition 9 September 8: Discussion Group, RVC

Tradition 10 October 13: Road to Recovery

Tradition 11 November 10: One day at a Time, Oceanside

Tradition 12 December 8: Serenity Together



CALENDAR OF EVENTS

All meetings are intergroup events held at 361 Hempstead Turnpike, Hempstead, N.Y. unless otherwise noted.



- 4/2 Seny Committee Reps meeting, 7:30 pm Church of Holy Family 2158 Watson Ave, Bronx, N.Y. 10472
- 4/4 Institution committee meeting 8pm
- 4/4 Deadline for any changes for your groups meeting list submit at intergroup reps meeting
- 4/5 INTEGRUP REP MEETG 7:30pm (suggested for New reps) 7pm
- 4/12 PI/PC MEETING 7PM
- 4/14 Tradition Four Workshop 9:30 am -11:00 am
- 4/15 Newsletter deadline
- 4/16 GSO Nassau General Service Group meeting; Orientation 7PM; Reps meeting 7:30 PM.N.Y., N.Y.
- 4/18 Share-A-Day committee, 7:30 pm
- 4/21 Seny 208, 209 & 211 St. Luke's Episcopal Church 253 Glen Avenue, Seacliff N.Y. 11579
- 4/25 General Service Conference 7pm, N.Y., N.Y.
- 4/26 Steering committee 730 (by invitation).
- 4/28 41st Share a Day 8:15am-4:15pm St Joseph's School, 1346 Broadway, Hewlett, N.Y.
- 5/2 Institution committee meeting 8pm
- 5/3 INTEGRUP REP MEETG 7:30pm (suggested for New reps) 7pm
- 5/7 Seny Committee Reps meeting, 7:30 pm Church of Holy Family 2158 Watson ave, Bronx, N.Y. 10472
- 5/12 Tradition 5 workshop
- 5/16 Website committee 7:30pm
- 5/21 12 Concepts round 7:00 pm
- 5/31 Steering committee 730 (by invitation).

NASSAU INTERGROUP - EMAIL ADDRESSES OFFICERS

- Chairperson, chair@nassauny-aa.org
 - 1st Vice Chair, 1stvice@nassauny-aa.org
 - 2nd Vice Chair, 2ndvice@nassauny-aa.org
 - Secretary, secretary@nassauny-aa.org
 - Treasurer, treasurer@nassauny-aa.org
- ### STANDING COMMITTEES
- Archives, archives@nassauny-aa.org
 - Prof. Comm. (CPC), cpc@nassauny-aa.org
 - Corrections, corrections@nassauny-aa.org
 - Financial Review, finance@nassauny-aa.org
 - Institutions (H&I), institutions@nassauny-aa.org
 - Literature, literature@nassauny-aa.org
 - Meeting List, meetinglist@nassauny-aa.org
 - Newsletter, news@nassauny-aa.org
 - Night Book, nightbook@nassauny-aa.org
 - Office Manager, officemanager@nassauny-aa.org
 - Program Chair/Secretary, seclist@nassauny-aa.org
 - Public Information (PI), publicinfo@nassauny-aa.org
 - Share-A-Day (SAD), shareaday@nassauny-aa.org
 - Speakers Exchange, speakersexchange@nassauny-aa.org
 - Special Needs, specneeds@nassauny-aa.org
 - 12th Step List, 12thstep@nassauny-aa.org
 - Website, webcommittee@nassauny-aa.org

New Groups

- East Rockaway 11518 Sobriety First VFW post, 3350 164th st Main Street M-7:30 (B) 8:15 (O) last Monday Anniversary Celebration
- Franklin Square 11010 Brew Crew Group; Ascension Lutheran Church, 145 Franklin Avenue; Tues. *CD 11am.
- GardenCity11530 Grupo Tu Si Puedes Womens Spanish Wed, 7:30*cd
- Levittown 11756 Sober Living Group; Presbyterian Church, 474 Wantagh Avenue; all meetings 10am; Mon. *CD, Tues. *B, Wed. *BB, Thurs.* CD, Fri.*CD, last Fri. Anniversary
- Levittown 11756 The Old School Group; Good Shepherd Church, 3434 Hempstead Turnpike; Thurs.* B, 5:30p
- Malverne11565 Tuesday Morning Reflections, Church of the intercessor, 50 St Thomas place. 11am *o
- Manhasset 11030 Big Book Experience Group, 626 Plandome Road; Sat. *BB, 11am.
- Westbury 11568 AA Beyond Belief, Life Lutheran Church 1 Old Westbury rd. Wed 8pm *CD parking in rear
- Institutions: East Meadow11554 Nassau Medical Center Altox 10fl.9:30 am*B

CHANGES

- Baldwin group 1st Presbyterian ch 717 St. Lukes pl,11510 Sat topic 9pm changed to 9pm OD
- Bellmore 11710 Only Booze 2740 Martin ave Fri 10am cd added
- Bethpage11714 Principles before Personalities Monday 7-8 1&3rd week (S), 2nd week and 4th week (T)(cd), Wed7-8pm daily reflections deleted , Fri Beginner's 8pm to 9pm meeting
- Cambria Heights 11411 Elmont/Belmont Give It A Try Group; Deliverance Baptist Church, 227-11 Linden Boulevard; Mon. S, 7pm and Thurs. *B, 7:15pm, last Thurs.* Anniversary.
- East Rockaway: 11518 Bethany Congregational church,100Main st. B B 7.30pm, last Thursday is a tradition meeting 7:70pm
- Mineola 11501 Attitude Adjustment II 12pm cd Deleted
- Garden City 11530 Grupo Tu Si Puedes; Ethical Humanist Society, 38 Old Country Road. Deleted Mon. 7:30 *CD.
- Levittown 11756 Serenity Night Live Group; Good Shepherd Church, 3434 Hempstead Avenue; Sat. *CD will now be *OD,6:30pm.
- Levittown 11756 The Old School Group; Good Shepard Church, 3434 Hempstead Turnpike; * Cd TH 5:30.
- Levittown11756 Sober Living Group Presbyterian church,474 Wantagh ave 10AM B.B. changed to 10am CD
- Long Beach 11561 Living Sober Group; St. John's Lutheran Church, 75 E. Olive/Riverside Boulevard; Tues. *OD, 9am. Mistakenly listed as no longer meeting.
- Malverne 11565 Big Book Fever Group.8pmSunday*od deleted 12 Step Fever; Church of the Intercessor, 50 St. Thomas Place; Sun. Step *O, 7.30pm;
- Merrick 11566 Stepping Stones Cure of ARS school, 2323merrickave (s.ny27),grnd fl. St. Michaels room(no meetings on holidays)12:30 *S meeting moved to Rectory lower level 12:30*S
- Massapequa Park 11762 Discussion Group wed11am*CD to Wed 1pm*cd also first wed of the month 12:15 tradition
- Rockville Centre 11570 Off the Fence Group; The Vineyard Church, 251 Merrick Road; Drop Thus. O and Fri. *CD, add Sun.* Od, 8pm. Sober Company Group; 30 Hempstead Avenue; deleted Sun. 7 pm *CD.
- Uniondale 11553 Pace Group; Grace Lutheran Church, 311 Uniondale Avenue; drop Tuesday 7:30 BB.
- Wantagh 11793 Luffberry Second Chance Group Thurs. step meeting 8pm
- Woodmere 11598 Arcade Legends Tues 630am *cd, th.6:30*am deleted