

**Intergroup Association of Nassau**  
(Nassau Intergroup)

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

[www.nassauny-aa.org](http://www.nassauny-aa.org) 516.292.3040 (24/7 Hotline)

[intergroup@nassauny-aa.org](mailto:intergroup@nassauny-aa.org) 516.292.3045 (Business)

# JULY 2018

## CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike, W. Hempstead unless otherwise noted.

### July 2018

- 7/5— **Reps Orientation**, 7PM (Suggested for new Reps.)  
**Reps Meeting**, 7:30PM
- 7/11— Institutions Committee, 8PM  
7/11— Corrections Committee, 9PM  
7/14— **Intergroup Workshop, Tradition 7**, 9:30AM  
7/16— NGSB Roundtable Workshop, 7PM; Concepts VII and VIII  
7/18— Website Committee, 7:30PM  
7/15— **NI Picnic**, 8AM-4PM, Eisenhower Park, The Cedars, Parking Field 6A
- 7/19— **Newsletter deadline** for August  
7/26— **Steering Committee**, 7:30PM (By invitation.)  
7/27-29— NY State Informational Workshop, hosted by HMB (Area 48), Mohawk Valley CC, 1101 Sherman Dr., Utica, NY 13501; go to [www.aahmbny.org/nysiw/](http://www.aahmbny.org/nysiw/) for more information.



### August 2018

- 8/1— Institutions Committee, 8PM  
8/2— **Reps Orientation**, 7PM (Suggested for new Reps)  
**Reps Meeting**, 7:30PM  
8/11— **Intergroup Workshop, Tradition 8**, 9:30AM  
8/15— Website Committee, 7:30PM  
8/20— NGSB Meeting -**NO AUGUST MEETING**  
8/23— **Newsletter Deadline** for September  
8/30— **Steering Committee**, 7:30PM (By Invitation)

## The Only Copy of the "Big Book"



Nassau Intergroup hosts its annual picnic in Eisenhower Park this month. On that occasion Alcoholics Anonymous will be on public display, each of us participating becoming perhaps the only copy of the "Big Book" a given member of the public may see. (Everyone around us may not know who we are, but many certainly will.) Any consideration or courtesy we show other users of the park, our respect for the park itself including how clean we leave the grounds when we go, will reflect on AA as a whole. Similarly, any misbehavior, any foul language we may use, not removing our cars from the grass when asked to, any trash we may leave behind when we go, will also reflect on all of AA.

Please keep this in mind as you enjoy yourself at our picnic. If we each mind our behavior and police our space before we leave (if you brought it in, either bring it out or place it in a proper trash receptacle when you leave), AA will be well represented.

The same holds true for how we handle ourselves in and around our local meeting places. I've been on hand as members cursed up a storm within earshot of a Rectory bedroom window, disturbed church neighbors, and when we left a trail of cigarette butts or coffee cups to mark our comings and goings. Groups have been asked to leave their meeting spaces, even after many years in a location, because of similar problem behavior. But it doesn't just reflect on those individuals or those meetings or groups. It reflects on AA as a whole because non-AAs do not distinguish between individual members—who we understand may still have recovery work to do—or our groups, or the fellowship as a whole or the program of AA. We reflect our principles in action or we do not. How AA is seen publicly impacts our ability to help the drunk who still suffers.

A version of this article first appeared in the July 2011 Newsletter

## From the Chair

Gratitude in Action.

I hope everyone is enjoying the beginning of Summer 2018. The Nassau Intergroup Picnic will be held July 15<sup>th</sup> at Eisenhower Park—Hope to see you there. July is a special month for me as I celebrate the gift of sobriety so freely given and for which I can never truly repay. The 7<sup>th</sup> Step of AA has taught me the simplicity and humility of the genuine desire to seek and do God's will in every aspect of my life. I have found that when God comes first the shortcomings of my character don't have a lot of room to operate. I have also learned that it is a persistent and patient practice. In keeping with the gratitude of God and AA I am also mindful that while sometimes I feel that I can never repay this gift there is plenty I can do to make the attempt. Our 7<sup>th</sup> Tradition which keeps us free to keep only one primary purpose as our goal is just as important to my personal recovery as it is to AA as a whole. I have a tradition to contribute every year on my anniversary my number of years plus 1 for the hope and promise that I can do it one more time – a day at a time. I am very lucky and thankful to be able to do so but I also know that if I couldn't there are plenty of ways for me to give back in service in AA. This coming October we will be holding elections at Nassau Intergroup to fill the positions of Chairperson, 1<sup>st</sup> Vice Chair, 2<sup>nd</sup> Vice Chair, Treasurer and Secretary. We will be holding a Nominating Committee meeting on Monday July 23<sup>rd</sup> at 7PM at the Intergroup office. We would like to field a diverse group of candidates to serve Nassau AA for the next 2 years and beyond. Please take a moment to consider this wonderful opportunity of Service in AA and pass it on to all you meet in AA. Anyone interested can find out more detail about each of the elected positions by coming to meeting on July 23<sup>rd</sup> or contacting me directly via [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org).

In Service,

Elise M.

Chair

## From the Editor

So, Hello...This is my first Newsletter ever and I hope I can live up to the reputation of my predecessors.

As always, we welcome contributions to the newsletter in any form (article, poem announcement, etc.) on any A.A. related topic.

Also, remember the e-subscription. To opt in or out go to [www.nassauny-aa.org](http://www.nassauny-aa.org) >newsletters>current issue and scroll down to the form below the "pdf" of the current month issue

In Service,

John M., Editor, NI Newsletter

516-292-3045 or [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

## Institutions Committee

To all the groups and individuals who have responded to the request of the Institutions Committee for donations— please accept our appreciation.

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. This month, we'll review the institutions that Nassau Intergroup supports by bringing in meetings and literature to patients and inmates. Although hospitals in Nassau County make up the majority of the institutions we support, we work closely with the NIAA Corrections Committee (in fact, the corrections committee meeting immediately follows the institutions meeting each month). Here is a concise list of the institutions supported by the committee, along with the town and number of meetings held per week (the complete list, along with days/times of the meetings can be found in the back of the NIAA meeting list):

Brunswick Hospital Amityville 3 meetings/week

Hempstead Park Nursing Home Hempstead 1 meeting/week

Melillo Center for Mental Health Glen Cove 2 meetings/week

Nassau County Correctional Center (Jail, DART ) East Meadow 10 meetings/week

New Hope and Primary Care Program Treatment Center Freeport 2 meetings/week

Northport VA Northport 3 meetings/week

NUMC East Meadow 10 meetings/week

Salvation Army 1 meeting/week

South Oaks (NS LIJ) Amityville 8 meetings/week

Zucker Hillside Hospital Glen Oaks 1 meetings/week

If you are interested speaking at any of these meetings, please attend a committee meeting or contact [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

There are two ways that groups can support the work of carrying the AA message into institutions in Nassau. The first is by sending an institutions representative to the monthly meeting (first Wednesday of the month 8P) at the Nassau Intergroup office in W Hempstead. This rep can then book speaking commitments at the institutions we support (see back of meeting list).

Second, the Institutions Committee recommendation is that 5% of a group's donations should be earmarked for Institutions. So for example, if your group follows General Service guidelines (see piechart at [http://www.aa.org/assets/en\\_US/mg-15\\_finance.pdf](http://www.aa.org/assets/en_US/mg-15_finance.pdf)) and donates 50% of total donations to intergroup, 5% could be earmarked for institutions (by specifying on the check or checking the box on the envelope), with 45% to intergroup (and the remainder to other service entities). Obviously, it's up to each group to determine the appropriate amount for them. Donations of literature (books, Grapevines etc) no longer needed can also be made. (Cont'd P. 3)

## Institutions (cont'd from P. 2)

Contact [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org) for information.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county (it is the longest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well, and stay well.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Serenity by the Sea, Pt. Lookout;

## Practice these Principles

### STEP 7 - Humbly asked Him to remove all of our shortcomings.

Humility does not come easily to me. I first started to come around AA almost 20 years ago. Like many, I came reluctantly. Initially, I compared and didn't identify. It was not immediately obvious to me that I had anything in common with other AAs, other than we all liked to drink a whole lot. I remember one of the first things I heard in the rooms, that made me think, perhaps they do know a thing or two about what it is like to be me, was the saying "An alcoholic is an egomaniac with an inferiority complex." Though to the outside world it may not have been obvious, in my private world, I somehow managed to think that I was above everyone around me and a total piece of crap at the same exact time.

For several years I struggled with sobriety and was never able to get more than a few months together. One day I decided to take a drink and didn't make it back to AA for almost a decade. While I never thought of myself as a prideful person and believe it would be unlikely that anyone else would have described me as such, in large part my lack of humility is what kept me from achieving any measure of success at recovery. I could not accept my total defeat and completely surrender my will to a Higher Power.

Being an ego maniac with an inferiority complex was one of

the first of my many character defects that the Program of AA helped me name. I believe I have a much better shot at having the shortcomings I have named removed than the ones I haven't even recognized exist yet. As time went on and I listened with a willing open mind at meetings, went through the Big Book, and shared honestly with my Sponsor I have been able to identify so many more of the shortcomings of character I now strive to have my HP remove.

My problem with alcohol is what brought me to AA; but my desire to improve my character so that I may be more useful to my HP and those around me is a big part of what keeps me coming. The same people who share my drinking problem, share much of the same thinking problems. I learned that if I hang around the rooms long enough I will find someone else who has struggled with a similar defect or situation that I had previously thought made me unique. Even better, I will find someone who was able to overcome it and can share their experience with me.

Early in life I developed many of these defects because at the time they were successful in helping me cope. However, as an adult, these behaviors and tendencies are no longer effective. I do not regret the many years I spent struggling with my addiction, because without them I would not have finally arrived at surrender. My willfulness brought so much pain into my life. Humility for me today is trusting that my HP knows what I need more than I do. Humility for me is giving my will back to my HP every time I find I am trying to control other people or situations. Somedays I am handing my will over five times a minute and somedays considerably less. Most of all, Humility is found for me, in the moments when I quietly sit in awe of how amazing and beautiful my life and the world I get to live it in are and I acknowledge that it hasn't got one thing to do with me. Of myself I am nothing and I owe it all to my HP.

I now have 18 months sober. In all honesty, from the outside the circumstances of my life have not changed much. I live in the same home, I work at the same Organization, and drive the same car. Yet, since I have stopped drinking, worked the steps, and continued to try to practice all their principles in my daily affairs; that same life that seemed so unbearable less than just two years ago gives me reason for gratitude every day. Though I have not moved much through the physical world in the last couple of years, once I handed my will to my HP, mountains were moved in my mind and spirit. Every morning when I humbly ask my HP to remove my shortcomings I am affirming my trust in my HP to lead me to a life of usefulness with more grace and dignity than I could ever generate of myself. Everyday I pray that my HP remove my defects and fill me with gratitude and humility. I have finally come to understand another saying I had heard in the rooms for years, "I am a grateful alcoholic." It's wonderful that we are not bound together only by our defects, but also by the healing we experience tending to our God-given virtue through working the Steps one day at a time.

Kelly M. There is a Light

# Nassau Intergroup

presents an

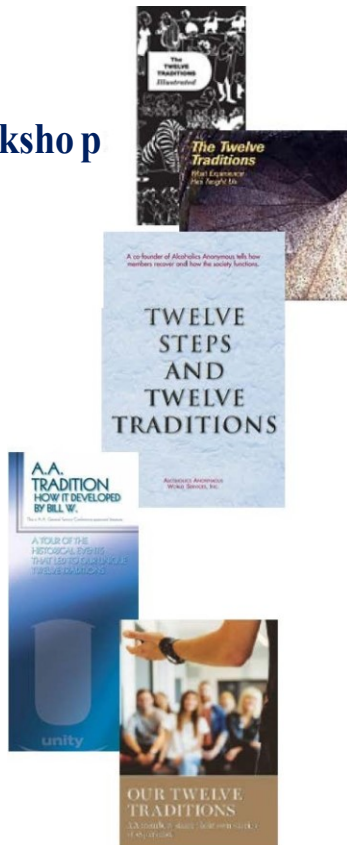
## AA Traditions Workshop

Second Saturday monthly 2018

at

Nassau Intergroup  
361 Hempstead Turnpike  
West Hempstead, NY 11552  
9:30-11AM

- Tradition One — January 13
- Tradition Two — February 19
- Tradition Three — March 18
- Tradition Four — April 14
- Tradition Five — May 12
- Tradition Six — June 9
- Tradition Seven — July 14
- Tradition Eight — August 11
- Tradition Nine — September 8
- Tradition Ten — October 13
- Tradition Eleven — November 10
- Tradition Twelve — December 8



Light refreshment and lively discussion.

# Intergroup Picnic

Nassau County Parks & Recreation Rules

No pets, vehicles in picnic area, for sale items, open fires or bottled gas grills, amplified music or tents.



**Eisenhower Park, The Cedars  
East Meadow, 11554  
(Parking Field 6A)**

**Sunday, July 15, 8AM-5PM  
(Rain or shine)**

**Water & soda provided.**

## GROUP ANNIVERSARIES

### SERENITY AT NOON 16<sup>TH</sup> ANNIVERSARY

**St. Agnes Church,  
Rockville Centre  
July 14, 2018  
11:00AM 1:00PM  
Speakers, Food, Raffles  
Come one come all**

### YOUNG BY THE BEACH 7<sup>TH</sup> ANNIVERSARY

**Long Beach Catholic Regional  
School Auditorium  
August 25<sup>th</sup>, 2018  
5:00PM to 10:00PM**

**All are welcome**

# LONG ISLAND SPIRITUALITY THROUGH SERVICE 2018

The Long Island Spirituality Through Service ("L.I.S.T.S.") Workshop aspires to reaffirm the strong spiritual benefits of service to recovering alcoholics.

**SATURDAY, SEPTEMBER 22, 2018**

**9:30 AM - 3:30 PM (DOORS OPEN AT 8:30 AM)**

**ST FRANCIS DE SALES SCHOOL FOR THE DEAF  
260 EASTERN PARKWAY, BROOKLYN 11225**

The General Services of Brooklyn, Queens, Nassau and the Hispanic Districts. Hosted by Brooklyn County.



Exhibits  
Lunch and Refreshments  
Workshops and Messages  
Meditation ASL (if requested in advance)  
English and Spanish Translation

"Alcoholics are certainly all-or-nothing people. Our reactions to money prove this. As A.A. emerged from its infancy into adolescence, we swung from the idea that we needed vast sums of money, to the notion that A.A. shouldn't have any. On every lip were the words "you can't mix A.A. and money. We shall have to separate the spiritual from the material""

—From Tradition 7 "Twelve Steps and Twelve Traditions", p. 161.

### From the Nightbook: Thanks to our volunteers our rooms stay full

#### *Lazy, hazy days of summer . . .*

As Alcoholics, we know that our disease lasts throughout the whole year, not just for 3 or 4 months, or one particular season. As I write this, I was also thinking of the plethora of songs that were written about summer and beach time, and even romances that started during summer vacation, would last until Labor Day Weekend, and then instantly, just as it began, the romance is gone. Leaves start to turn color, and the stores are putting snow blowers on sale.

An Alcoholic, can even take the good memories, twist them into some sort of distorted, junk pile of his or her own making, and then of course, with *everything else* that people and events messed up his life with, drink with seething anger over them; the sole aim to become . . . Numb.

Now, as the warm weather returns, perhaps a trip to the beach triggers it, a barbecue, or a pool party with loud music does it - the thoughts of the drink subtly creep in. When that happens to us, we call it "stinkin' thinking," we are taught in AA, to immediately talk to another Alcoholic, the sponsor at the top of the list, or another list of friends. (I am making this fictitious event occur at 2:30am for dramatic effect). But *what if* there is nobody available at that ungodly hour to speak to?

The **FIRST** thing we must remember is that we are *never* alone. I say this with just a smidgen of pride, that here in Nassau County, we have perhaps the **ONLY** local twenty four hour, 7 days per week, Alcoholic Hotline. After our local Intergroup Office closes at 5:00pm, the phones are turned over to a volunteer from a group (each group takes a week on the calendar), and essentially, the volunteer is able to give this life-saving service from their own home! The volunteers for the most part, take home a briefcase that contains some pointers on answering the phone, useful information on the different AA goings-on around our county and so forth.

Now back to our friend, with his anger and resentments boiling over, that he's kept to himself since March; obviously, a very unhappy member of AA. He sees a blue and white Nassau County Meeting List laying on the kitchen table; the "24 Hour AA Hotline" number printed right on the front of the booklet. Pocketing his embarrassment for calling the number, especially at 2:30am!; he is greeted by a friendly voice on the phone: "Alcoholics Anonymous, this is Roy, how can I help you??"

So the magic begins -again; for the zillionth time since the "Night Book of Nassau County AA" first did its work. With this particular caller, he was at his home group the next evening, an hour early, helping to make the coffee. After doing that, he met his sponsor there, and told him what happened. The sponsor was nonjudgmental, just glad to see that his sponsee picked up the phone and **NOT** the bottle.

I like going into the Intergroup Office, and just read through the log books of calls that the volunteers leave in their briefcases. There is a miracle on *every single page*, a one sentence description of turning despair into hope. Every single person who has taken the NightBook tells me that they "would LOVE to do it again! Please put me on your NightBook Emergency List!" I invite ALL of you readers to come down to the Intergroup Office just to read through the caller log books inside the briefcases. Don't worry - they are ALL anonymous. You will read some very inspiring stories of hope, and the wonder that IS our Fellowship of AA. By the way - you just need 6 months of sober time to do this service. So, What's YOUR excuse????

Now, I would like to acknowledge the groups who have taken the NightBook for the month of June:  
Serenity By The Sea PM - Long Beach  
Glen Cove Women's Group - Glen Cove  
Young By The Beach Group - Long Beach  
Plainview Reflections Group - Plainview  
Until next month; Have a Happy and Sober 4th Of July Holiday.

In Trusted Service,  
Steve Shalot, NightBook Chair  
Intergroup Association of Nassau

"Service is Gratitude in Action"



I WANT YOUR GROUP  
TO TAKE THE  
(((☎)))!!NIGHT BOOK!!(((☎)))

nightbook@NassauNY-AA.ORG  
Steve S. (516) 292-3045

**15TH ANNUAL LUAU**

The Long Island Committee of Young People in A.A. invites you to our annual Luau party!  
July 15th, 2018  
10am - 5pm

Robert Moses State Park, Field #2  
Parking Fee: \$10 per vehicle  
Suggested Donation: \$5  
Get there early for a parking spot and to avoid traffic!

Visit: [www.licypaa.org](http://www.licypaa.org) for more information!

**AA'S THREE LEGACIES FOR JULY**

**Step 7— Humbly asked Him to remove our shortcomings.**

**Tradition 7— Every A.A. group ought to be fully self-supporting, declining outside contributions.**

**Concept 7— The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments; that the Trustees are thereby fully empowered to manage and conduct all of the world services affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document; that it relies instead upon the force of tradition and the power of the A.A. purpose for its final effectiveness.**

### Literature: Back from the 68<sup>th</sup> General Service Conference Plus New from the Grapevine

This year's Conference considered several literature-related agenda items. The outcome of those considerations follows.

Proposals for the following additions to *Alcoholics Anonymous* were declined: Adding an appendix reflecting recognition from the Library of Congress, adding the "AA Preamble" and "Responsibility Statement," and adding an endnote to "Bill's Story" acknowledging co-founder Dr. Bob.

"The God Word," a pamphlet for agnostic and atheist AA members currently published by AA in Great Britain, will be published with some revisions.

A pamphlet based on AA's Three Legacies will be developed.

"AA for the Woman" will be re-titled "Experience, Strength and Hope: Women in AA."

"AA and the Gay/Lesbian Alcoholic" will be re-titled "Experience, Strength and Hope: LGBTQ Alcoholics in AA."

Revisions to "Inside AA: Understanding the Fellowship and Its Services" were approved.

A new pamphlet "Experience, Strength and Hope: AA for Alcoholics with Mental Health Issues—and their Sponsors" was approved.

Text from the pamphlet "The AA Member—Medications and other Drugs" and from the 1998 edition of *Living Sober* concerning medication will be added to *Living Sober* in the section after "Note to Medical Professionals."

Development of a new book combining *Twelve Steps and Twelve Traditions* with *Twelve Concepts for World Service* was declined.

A section on anonymity will be developed to add to the pamphlet "Questions and Answers on Sponsorship."

*Our Great Responsibility: Selections of Bill W.'s General Service Conference Talks, 1951-1970* will be published.

These are only brief highlights of the literature-related agenda as settled by the Conference. If you would like to know more about the Conference and about these and other matters considered by the Conference, go to [www.aaseny.org](http://www.aaseny.org) and select "View Report" under

"The Delegate's Report from the 68<sup>th</sup> General Service Conference."

In other matters, new from the Grapevine, "*AA in the Military*" is a collection of stories . . . by members of Alcoholics Anonymous who have served in the military. The book begins with letters from the troops during World War II. . . The chapters that follow are filled with stories of experience, strength and hope by both men and women who served. . . These personal accounts illustrate the challenges alcoholics in uniform encounter . . . far from loved ones. The book concludes with a powerful selection of stories by our sober veteran members titled "Coming Home." (From, [www.aagrapevine.org](http://www.aagrapevine.org).)



## AA IN THE MILITARY

Stories of experience, strength and hope from Grapevine

Bill C., Literature Committee Chair  
516-292-3045 or [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Haiku

Freedom from the drink;  
A.A. Independence here.  
Celebrating life!

Brenda P.

## Tradition Seven - Transforming Money and Alcoholics

By Jim M., "One Day at a Time" – Oceanside

Like so many of A.A.'s principles, Tradition Seven was counter to many of the principles I was practicing when I arrived at A.A.'s door. The original long form talks about our groups being "fully self-supporting." Drinking had me living beyond my financial means for years and I needed lots of outside support, usually sought through theft, manipulation and dishonesty.

It also talks about "voluntary contributions." In my drinking days, I never "voluntarily" parted with money. Bill collectors and anyone foolish enough to loan me money had to hound me. I paid grudgingly, if at all.

It also says the contributions we receive from our members should carry no obligation. Were they crazy? On the rare occasion I did make a contribution, it was only if there was something "in it for me."

Tradition Seven is an invitation to grow up, both individually and as groups. To pay our own way. To give without being asked. And to give for the sake of giving -- because when alcoholics are ready to make some changes, they need a hotline to call, a website to inform them, a meeting list to steer them, books and pamphlets to guide them.

They need the hand of A.A.

I used to think "sacrifice" was something that was nice in principle, but a pain in the butt in practice. To me, it meant *going without something*. It meant having *less*. Who the heck wants that?

Sacrifice actually means "to make sacred." That's what happens. Our money, our time, the gas in our cars, our personal experiences, and anything else we voluntarily "contribute" to helping alcoholics are transformed into sacred vehicles for A.A. love and service.

When I sacrifice resources so that others might recover, I never end up with "less."

### I am Responsible...

When anyone, anywhere,  
Reaches out for help, I want  
The hand of A.A. always to be there.  
And for that: I am responsible

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**Concept VII – The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.**

How can this seemingly contradictory arrangement ever possibly work. While the Trustees have absolute legal authority to say no to the conference, they are not compelled by anything to use that veto power and are always able to say yes and to accept advice or direction from anyone at all. In the 50's when all of this was being worked out many alternatives were considered. The Conference itself was almost incorporated to give it complete legal authority over the General Service Board. This was rejected because it would be too cumbersome, since all Conference members would have to have legal status. Country wide elections of Trustees was also considered, but this would have produced political shambles instead of the top flight managerial talent the Board had to have. So far this has worked well through harmonious cooperation to resolve all of our issues both grave and small.

### A.A. History for July

July 1950—First International Convention, Cleveland; 15<sup>th</sup> anniversary; 3,000 attend. Twelve Traditions adopted.  
 July 1955—Second International Convention, St. Louis; 20<sup>th</sup> anniversary; 5,000 attend. Three Legacies: Unity, Recovery, and Service adopted.  
 July 1955—Second Edition of the Big Book published.  
 July 1960—Third International Convention, Long Beach; 25<sup>th</sup> anniversary; 8,900 attend.  
 July 1965—Fourth International Convention, Toronto; 30<sup>th</sup> anniversary; 13,000 attend. Responsibility Declaration adopted.  
 July 1966—Worldwide 12,444 A.A. groups are registered.  
 July 1970—Fifth International Convention, Miami; 35<sup>th</sup> anniversary; 15,000 attend. Unity Declaration adopted. Bill W.'s last public appearance..  
 July 1975—First Regional Forum, Atlanta.  
 July 1975—*Living Sober* published.  
 July 1980—*Dr. Bob and the Good Oldtimers* published.  
 July 1985—Eighth International Convention, Montreal; 50<sup>th</sup> anniversary; 35,000 attend.  
 July 1985—*Best of the Grapevine, Vol. 1* published.  
 July 1990—*Daily Reflections* published.  
 July 1995—Tenth International Convention, San Diego; 60<sup>th</sup> anniversary. 56,000 attend.

**NASSAU INTERGROUP - EMAIL ADDRESSES****OFFICERS**

Chairperson	<a href="mailto:chair@nassauny-aa.org">chair@nassauny-aa.org</a>
1st Vice Chair	<a href="mailto:1stvice@nassauny-aa.org">1stvice@nassauny-aa.org</a>
2nd Vice Chair	<a href="mailto:2ndvice@nassauny-aa.org">2ndvice@nassauny-aa.org</a>
Secretary	<a href="mailto:secretary@nassauny-aa.org">secretary@nassauny-aa.org</a>
Treasurer	<a href="mailto:treasurer@nassauny-aa.org">treasurer@nassauny-aa.org</a>

**STANDING COMMITTEES**

Archives	<a href="mailto:archives@nassauny-aa.org">archives@nassauny-aa.org</a>
Coop. Pro. Comm. (CPC)	<a href="mailto:cpc@nassauny-aa.org">cpc@nassauny-aa.org</a>
Corrections	<a href="mailto:corrections@nassauny-aa.org">corrections@nassauny-aa.org</a>
Financial Review	<a href="mailto:finance@nassauny-aa.org">finance@nassauny-aa.org</a>
Institutions (H&I)	<a href="mailto:institutions@nassauny-aa.org">institutions@nassauny-aa.org</a>
Literature	<a href="mailto:literature@nassauny-aa.org">literature@nassauny-aa.org</a>
Meeting List	<a href="mailto:meetinglist@nassauny-aa.org">meetinglist@nassauny-aa.org</a>
Newsletter	<a href="mailto:news@nassauny-aa.org">news@nassauny-aa.org</a>
Night Book	<a href="mailto:nightbook@nassauny-aa.org">nightbook@nassauny-aa.org</a>
Officer Coordinator (Mgr.)	<a href="mailto:officemanager@nassauny-aa.org">officemanager@nassauny-aa.org</a>
Program Chair/Secretary	<a href="mailto:seclist@nassauny-aa.org">seclist@nassauny-aa.org</a>
Public Information (PI)	<a href="mailto:publicinfo@nassauny-aa.org">publicinfo@nassauny-aa.org</a>
Share-a-Day (SAD)	<a href="mailto:shareaday@nassauny-aa.org">shareaday@nassauny-aa.org</a>
Speakers Exchange	<a href="mailto:speakersexchange@nassauny-aa.org">speakersexchange@nassauny-aa.org</a>
Special Needs	<a href="mailto:specneeds@nassauny-aa.org">specneeds@nassauny-aa.org</a>
12 <sup>th</sup> Step List	<a href="mailto:12thstep@nassauny-aa.org">12thstep@nassauny-aa.org</a>
Website	<a href="mailto:webcommittee@nassauny-aa.org">webcommittee@nassauny-aa.org</a>

Or phone 516-292-3045 business hours and leave a message

**Meeting List Changes**

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 6/21/2018.)

**BEGINNERS = B BIG BOOK = BB CLOSED = C**

**CLOSED DISCUSSION = CD OPEN = O,**

**OPEN DISCUSSION = OD STEP = S TRADITION = T**

**WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE**

**NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS**

**NEW GROUPS****-Bethpage 11714**

**Principles Before Personalities:** ,New Apostolic Church, 600-620 Broadway; Mon. 7PM C(1<sup>st</sup> & 3<sup>rd</sup>, S, 2<sup>nd</sup> & 4<sup>th</sup>, T), Wed. 7PM C (*Daily Reflections*), Fri. 8PM, B.

**-East Rockaway 11518**

**Sobriety First,** VFW Post # 3350, 164 Main St.; Mon. 7PM B, 8:15PM O.

**—Levittown 11756**

**Courage to Change,** Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Mon. 7PM C.

**—Malverne 11565**

**Tuesday Morning Reflections,** Church of the Intercessor, 50 St. Thomas Pl.; Tue. 10:45AM *Daily Reflections*.

**—Seaford 11783**

**The Rainbow Room,** St. Michael's

Episcopal Church, 2197 Jackson Ave. (Main building); 7:30PM, 1<sup>st</sup>

& 3<sup>rd</sup> Tue. CD (*Sober and Out* book), 2<sup>nd</sup> Tue. C (Meditation), Last Tue., O (Anniversary); LGBTQ.

**—Wantagh 11793**

**Lady Clique,** St Frances de Chantal School, 1309 Wantagh Ave., Room 23; Sat. 8:30PM CD.

**—Westbury 11590**

**AA Beyond Belief,** Life Lutheran Church, 1 Old Westbury Rd. (Parking in rear); Wed. 8PM CD..

**CHANGES—****—Baldwin**

**New Look on Life,** First Church Baldwin, 881 Merrick Rd.; Tue. 7:30PM OB is now B; no other changes.

**—Bethpage 11714**

**Acceptance Group,** St. Martin of Tours (new location), 40 Sea- men Ave. Church; no other changes.

**-East Meador 11554**

**The Moonlight Group;** Added Thurs. 9PM, BB.

**—Levittown 11756**

**Acceptance Is the Key,** Presbyterian Church, 474 Wantagh Ave.; Sat. 7:30 O changed to C; no other changes.

**—Manhasset 11030**

**Big Book Experience,** Shelter Rock Church, 626 Plandome Rd.; Fri. BB moved to Sat. 11AM; WC.

**CLOSED GROUPS—****—Malverne**

**12 Step Fever,** Church of the Intercessor, 50 St. Thomas Place.

