

I AM RESPONSIBLE...

When anyone, anywhere,
Reaches out for help,
I want the hand of AA always
to be there. And for that: I am
responsible.

**Intergroup Association of Nassau
(Nassau Intergroup)**

**361 Hempstead Turnpike, West Hempstead, NY
11552-1342**
www.nassauny-aa.org 516.292.3040 (24/7 Hotline)
intergroup@nassauny-aa.org 516.292.3045 (Business)

DECLARATION OF UNITY

This we owe to A.A.'s future:
To place our common welfare
first; To keep our fellowship
united. For on A.A. unity depend
our lives, and the lives of those to
come.

AUGUST 2018

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike, W. Hempstead unless otherwise noted.

August 2018

- 8/1 – Institutions Committee, 8PM
- 8/2 – **Reps Orientation**, 7PM (Suggested for new Reps)
Reps Meeting, 7:30PM
- 8/9 – PI/CPC Committee 7:30PM
- 8/11 – **Intergroup Workshop, Tradition 8**, 9:30AM
- 8/15 - Website Committee, 7:30PM
- 8/20 – NGSG Meeting **-NO AUGUST MEETING**
- 8/23 – **Newsletter Deadline** for September
- 8/30 – **Steering Committee**, 7:30PM (By Invitation)
- 8/30 thru 9/2 – ICYPAA Nat'l. Convention; Baltimore, MD
More info at 60.icypaa.org.

September 2018

- 9/5 – Institutions Committee, 8PM
- 9/6 – **Reps Orientation**, 7PM (Suggested for new Reps)
Reps Meeting, 7:30PM
- 9/8 – **Intergroup Workshop, Tradition 9**, 9:30AM
- 9/15 – Speaker Exchange Meeting, NCC, Cluster F, Rm 127, 7AM
- 9/15 – SENY Election Assembly, Lehman College, Bronx, 8:30AM
- 9/17– NGSG Meeting -Concepts IX and X Workshop, 7PM
- 9/19 - Website Committee, 7:30PM
- 9/20 – **Newsletter Deadline** for September
- 9/22 – LIST Workshop, Brooklyn, 9:30AM
- 9/27 – **Steering Committee**, 7:30PM (By Invitation)
- 9/29 – Open House – 11Am until 4PM (Rain date 9/30)

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Go to www.nassauny-aa.org and pick "Current
Issue" on the lower right side for sign-up form**

FROM THE CHAIR

Gratitude in Action.

I hope everyone is enjoying the summer of 2018. This month I reflect a lot on the power of forgiveness. As an active alcoholic, a common theme in my life was vengeance—I stewed, burned and never let go. Every perceived slight, big or small, became obsession. As I journeyed through Steps One through Seven I became aware and present of the parts of my character that kept me from being free of the obsession of being right and the strength and courage my relationship with God, as I understood God, that could help me to be free and move on to a productive happy life. As I approached the list of those I needed to make amends to I knew in my heart that being willing to forgive was the key to my willingness to move forward and begin to honestly clear the wreckage of my active alcoholism. In turn I was able to truly understand the pain of others caused by my actions and be able to let them know that and put an end to the empty "I'm sorry's" and start anew with real change in my attitude and behavior. At the same time, I can allow myself the feelings of hurt and disappointment with a clear goal of always putting my best effort to turning each of those circumstances to forgiveness and letting go. It is an amazing gift that I had no idea I was ever capable of. Thank you God and AA. This coming October we will be holding elections at Nassau Intergroup to fill the positions of Chairperson, 1st Vice Chair, 2nd Vice Chair, Treasurer and Secretary. We would like to field a diverse group of candidates to serve Nassau AA for the next 2 years and beyond. (Cont'd P. 2)

(Chair – Cont'd from P1)

Please take a moment to consider this wonderful opportunity of Service in AA and pass it on to all you meet in AA. Anyone interested can find out more detail about each of the elected positions by contacting me directly via chair@nassauny-aa.org.

Also of Note; **Suffolk County Intergroup is hosting an “AA Takes over Adventure Land”** in Farmingdale on September 15th – Tickets are \$22.00 – They are available through Suffolk Intergroup and if we have interest I will try to facilitate getting the tickets to the Nassau Intergroup Office so they can be picked up there. Please contact me directly if you are interested in purchasing tickets.

In Service,
Elise M., Chair

Literature: Alcoholics Anonymous Reaches the Navajo Nation

The book *Alcoholics Anonymous* is currently available in 71 languages as well as in a number of special formats such as ASL and Braille. The most recent addition to the list of languages is Navajo, something very special and long in development since Navajo is mainly an oral, not a written language and the project presented unique challenges.

AA probably first came to the Navajo Nation in 1981. Around this time there were early efforts to translate the “Steps,” “Traditions,” “Preamble” and “Serenity Prayer,” but these works never took off. In 1997, a further effort at translation took on the beginning of “Chapter Five, How It Works” resulting in a cassette recording by 1999. That recording was later passed on to the then incoming Pacific Regional Trustee (the first Native American AA trustee) who began “encouraging people to bring up the conversation about an oral Navajo translation in their home groups.”

In 2012, AAWS decided to fund a pilot project to produce an oral translation of *Alcoholics Anonymous* in Navajo. This project proved more daunting than any had imagined, and it was not until early 2014 that an acceptable translation of the entirety of “Chapter Five” was felt to “truly capture the spirit of AA . . .” resulting in an approval to go forward with translation of the rest of the book with the same sole translator (a local Navajo non-alcoholic), but more challenges remained.

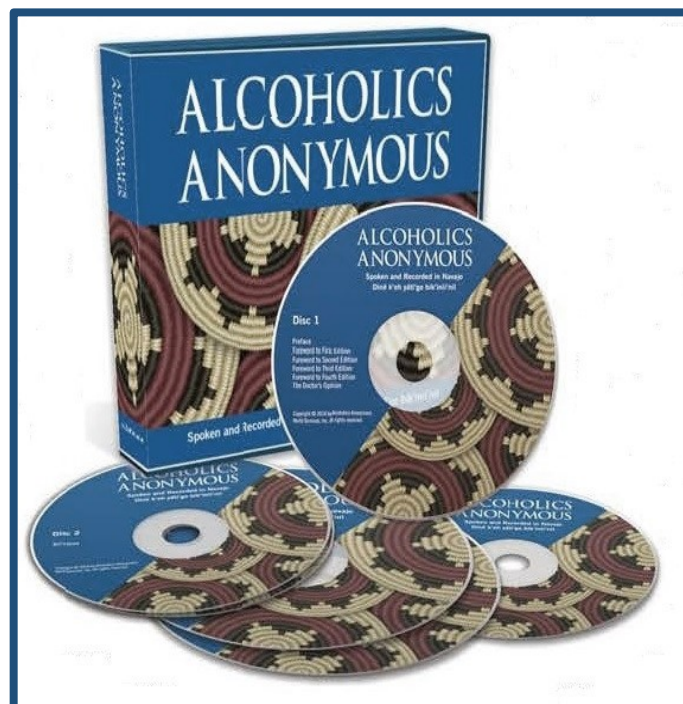
Translation moved slowly with many stops and starts, sometimes taking 40 minutes to complete one sentence. There were words and concepts too in the book that did not have simple equivalents in the Navajo language. (Navajo for instance has no word for “alcoholic” which ended up being translated as “one who cannot stop drinking.”)

The translation was completed in August of 2017 after almost four years of focused effort. A ceremonial first copy of the “Big Book” in Navajo was presented to the president of the

Navajo Nation at a local AA convention on May 5 of this year in Albuquerque, New Mexico. A former local area delegate expressed the hope that not only would the translation help carry the AA message to those in need in the Navajo Nation, but “that the deep spirituality flowing from the Native American people will come back to broaden and enrich the spirituality of the AA Fellowship.”

Alcoholics Anonymous in Navajo (NAVAM-81A) is a 14 CD set. For a fuller story of the development of the book in Navajo, see *Box 459*, Vol. 64, No. 2/Summer 2018, pp. 1-3.

Bill C., Literature Committee Chair
516-292-3045 or literature@nassauny-aa.org



2018 Nassau Picnic at Eisenhower Park

Although it drizzled early in day on Sunday, it was light drops and the Intergroup picnic was a success! The crowd was pleased to see us there at 7 AM to set up. We had about a hundred people show up during the day and the sun came out at about 1P M! We had plenty of Water and Soda.

My friend Augi, Jose, and I put up over the grills about 12 Racks of Ribs, 80 Hamburgers and Cheese Burgers, and 80 Hot dogs! Kenny brought all the soda, water, and ice to the park, plus some incidentals at last minute.

We cleaned up and had Kenny the office manager bring the tent, and all the soda and water left over back to the office!

Thanks to all and our higher power for the help. We had a wonderful time and lots of food besides what I've already mentioned! Food is a great way to do service and it was a pleasure to do this job.

Thank you for the opportunity to serve!
Kevin Mc H 2018 Picnic Chair



NIAA Institutions Committee

To all the groups and individuals who have responded to the request of the Institutions Committee for donations to the literature fund (see below)– please accept our appreciation.

Occasionally, AA members will ask what's involved in institutions work, so it might be of value to describe this work and its components. Have you ever wondered, as I have, what took you so long to get to AA? Whenever I'm offered an opportunity to speak at an AA meeting, or to any alcoholic who stands still long enough, I usually mention that I can't believe how little I was willing to settle for out of life before coming to AA. It's also often said that if anyone suffering from another fatal disease could recover by practicing a simple set of principles in all their affairs, and at no cost, they'd waste no time learning how to obtain and apply the treatment. In addition to the usual roster of reasons (denial, fear, etc.) one of the reasons is simply this – I didn't see how wonderful the experience would be. I suspect something similar might be at work in those who deny themselves the experience of speaking at an institution. When I speak at an ordinary meeting, I'm preaching to the choir – the people there will have already heard something similar to anything I might say. When I speak at a meeting in an institution, there is always someone there who's never heard that there is a way out. It's an experience not to be missed. Ask anyone who's done it.

There are two ways that groups and members can support the work of carrying the AA message into institutions in Nassau. The first is by sending an institutions representative to the monthly meeting (first Wednesday of the month 8P) at the Nassau Intergroup office in W Hempstead. This rep can then book speaking commitments at the institutions we support (see back of meeting list). If your group doesn't have an institutions rep, you might want to give it a try.

Second, the Institutions Committee recommendation is that 5% of a group's donations should be earmarked for Institutions. So for example, if your group follows General Service guidelines (see piechart at http://www.aa.org/assets/en_US/mg-15_finance.pdf) and donates 50% of total donations to intergroup, 5% could be earmarked for institutions (by specifying on the check or checking the box on the envelope), with 45% to intergroup (and the remainder to other service entities). Obviously, it's up to each group to determine the appropriate amount for them. Donations of literature (books, Grapevines etc.) no longer needed can also be made. Contact institutions@nassauny-aa.org for information. Members can donate as well.

The founders of AA were visionaries, particularly in their characterization of alcoholism as a disease. This was a revolutionary idea at the time – rather than the prevailing view that alcoholics were simply bad people, the perception

was transformed to the modern view that alcoholics are gravely ill people – and people who can get well. As you

probably know, the NIAA Institutions Committee brings AA meetings into institutions throughout the county (it is the oldest standing committee of NIAA). As you probably also know, these days most of us find our way to AA through an institution of some sort. The goal of the committee is a simple one, and in support of our primary purpose: we try to make sure that whenever someone in a detox, rehab or psych ward reaches out for help, the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information and introduction to the broader AA community necessary to get well and stay well.

BTW, we owe a debt of gratitude to the AA members who chair the various institution meetings and arrange for speakers, as well as those AA members who go to those institutions to share their experience, strength, and hope.

Mike F., Serenity by the Sea, Pt. Lookout;
institutions@nassauny-aa.org

AA's 3 Legacies for August

Step 8: Made a list of all persons we had harmed and became willing to make amends to them all.

Tradition 8: A.A. should remain forever non-professional, but our service centers may employ special workers.

Concept VIII: The Trustees of the General Service Board act in two primary capacities: (a) With respect to larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

Step 8: Made a list of all persons we had harmed and became willing to make amends to them all.

I remember seeing my sponsor Larry soon after reading about Steps 8/9 in the big book. He was sitting on the patio of Java Jones, the resident AA coffee shop near our clubhouse in Dallas, when I told him “we’re going to need to talk about these amends because I don’t think they’re going to work.”

His response was perfect. “We’ll talk about it when you get there.”

Sure enough, it was a very different conversation once we got there because we’d worked Steps 1 - 7 together.

(Cont’d P. 4)

Step 8 (Cont'd from P.3)

I was no longer frightened by what the steps required of me because I had a spiritual foundation to build upon and trusted the process. I was also clear by then that Step 8 is very different from Step 9. That making a list is very different from making amends much like taking an inventory during Step 4 is very different from admitting the exact nature of my wrongs.

Step 8 represents the wreckage that is there whether I chose to look at it or not. My ignorance of financial wrongs wouldn't change the fact that I owed Columbia Music House \$40 for Pearl Jam and Alanis Morissette CDs. My silence wouldn't change the fact that I knowingly violated the trust in (literally) every romantic relationship. Understanding my responsibility was the start to taking responsibility.

The facts of my life weren't as frightening once I got to Step 8 because I had some sobriety and spirituality under my belt. I no longer saw myself as a bad person getting good but rather as a sick person getting well. I could look at my wreckage more objectively and with less judgement because it no longer represented my moral failure. I could forgive myself for the length of my pending amends.

I organized my list of those of harmed into personal (family/friends), sexual (relationships), and financial. I reviewed my 4th Step first because so many of my resentments were born of people expecting me to live up to promises and responsibilities (the nerve). I then had to go further. I reviewed the years, the jobs, the creditor calls, and my little black book. I was as detailed as possible but it was necessary to aggregate a few listings because I either drank away the memories or never bothered learning names. My sponsor assured me that my best effort was what mattered most (fearless and thorough) and that recollections would return for years, which has proven true. Just last year, I stopped at a 7-11 in my hometown and recalled enabling a friend to steal a case of Budweiser in 1989. Amend noted after 20 years sober (amends made).

The key to my willingness to make amends was letting go of any required outcome. I wouldn't expect forgiveness from anyone other than myself. The steps that preceded my arrival at Step 8 prepared me to face the realities of my relationships and my finances because I was recovering. I was finally taking responsibility. I allowed myself my past and forgave myself for it.

That's enough to build a life upon. One list and some willingness. From that, great promises may come true.

Dan D., There is a Light, Bellmore

Alcoholics take over Adventureland

Presented by Suffolk County Intergroup

September 15th: 6:30 - 9:30 PM

Tickets - \$22.00 (all Rides, Attractions and Parking)

Contact Nassau Intergroup Chair for Tickets

Tradition 8: A.A. should forever remain nonprofessional but our service centers may employ special workers.

I walked into my first AA meeting with a poisonous thought many of us have when we get here: *nobody cares about me.*

That lie almost took me over the railing of the Mid-Hudson Bridge the night before. As I was thinking about this article, it hit me that Tradition Eight might have saved my life. Twice.

At first glance it seemed to only apply to a small group within AA: a handful of paid employees at the General Service Office (GSO), and the occasional paid staff member hired by a local intergroup or central office.

It's certainly true that Tradition Eight, in a practical sense, spells out the narrow parameters for when we might pay an alcoholic to do something for AA. About a dozen sober AA members handle communications, project management, and the gathering and disseminating of fellowship experience at GSO, based on the guidance of the General Service Conference, the closest thing we have to a group conscience for AA in the US and Canada.

These "special workers" are not in ANY way employed as counselors or therapists, or any other form of professionals who help alcoholics. Nor are they paid to operate as "sponsors" or even "service sponsors." AA sponsors are never paid for what they do.

Thinking back to my first meeting, trembling in a folding chair with a half a cup of coffee and a head full of noise, I can see now the wisdom of this thinking. That night, for the first time in my entire life, my mind was able to open to people talking about drinking.

I had never been able to do this before, because professionals and even family members who wanted to help always tried to talk to me about MY drinking. The result? I'd get defensive and shut down.

But now I was in a room full of alcoholics talking about THEIR drinking. Since they weren't talking about MINE, I didn't have to be on guard or defensive. At last, I could just listen.

I was also pierced by the fact that the men who hung out afterwards in the parking lot were not doing it for a paycheck. They did it, they said, "For fun and for free."

I needed those folks to meet me where I was – neck deep in my alcoholism. They could only do that by talking to me one drunk to another.

Later, I was blessed to work at GSO from 2009-
(Cont'd P.5)

Tradition 8 (Cont'd from P.4)

2015, and during my first few months I found myself busy with multiple projects, answering emails and phone calls, and basically having LOTS of conversations with AA members all over the country. I started cutting back on meetings and didn't call my sponsor as much. I was busy, I thought, with important AA stuff! I was also quickly growing miserable.

One night one of our daughters said to me, "You're kind of cranky lately. When was the last time you helped somebody?"

I quickly assured her that in my new job I was helping people every day. She shook her head. "That's not what I meant. When was the last time you helped somebody for free?"

I went to a meeting that night, found a new guy, and spent some time listening to him and sharing some of my experience. The lights came back on. My daughter was right: real Twelfth Step work is never paid for. Both alcoholics need it to be free – and hopefully fun.

CONCEPT VIII

Concept VIII – The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

And so, as far as the day to day operations, our two operating corporations, A.A. World Services, Inc. and The A.A. Grapevine, Inc. are responsible with The General Service Board providing custodial oversight through election of the Directors of these two operating corporations. In short, the General Service Board delegates their executive responsibilities to the operating company directors and functions as a holding company with planning and managing responsibility in the critical areas of policy, finance, group and public relations and leadership. It is important to also remember that our current structure evolved over time, learning from experience and mistakes. A further consideration is the avoidance of financial and executive concentration in one place by placing our reserves with the Trustees and by dividing total working capital between A.A. World Services, Inc. and A.A. Grapevine, Inc., each entity having its separate executive.

A.A. History for August:

Aug 8, 1879 - Dr. Bob born in St. Johnsbury, VT.

Aug 1934 - Rowland H & Cebra persuade court to parole Ebby T. to them.

Aug 11, 1938 - Akron & NY members begin writing stories for Big Book.

Aug 16, 1939 - Dr Bob and Sister Ignatia admit 1st alcoholic to St Thomas Hospital, Akron, Ohio.

Aug 1939 - Dr. Bob wrote & may have signed article for Faith magazine.

Aug 19, 1941 - 1st AA Meeting in Colorado is held in Denver.

Aug 26, 1941 - Bill writes Dr Bob to tell him Works Publishing has been incorporated

Aug 1, 1943 - Washington Times-Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.

Aug 9, 1943 - LA groups announce 1000 members in 11 groups.

Aug 25, 1943 - AA group donates Big Book to public library in Quincy, MA.

Aug 3, 1954 - Brinkley S. gets sober at Towns Hosp after 50th detox.

Aug 28, 1954 - "24 Hours a Day" is published by Richmond W.

Aug 1981 - Distribution of *Alcoholics Anonymous* passes 3 million.

Aug 18, 1988 - 1st Canadian National AA Convention in Halifax, Nova Scotia.

August Haiku

Sobriety Means

Steps...Traditions...Concepts...Work

Living in the Now!

Brenda P.

Treasurers Workshop: Spirituality, Service and Responsibility

Save the Date

Saturday, October 13th – 11:20AM - 12:30PM

ANNOUNCEMENTS



ELMONT BELMONT

"Give It A Try"

42nd

GROUP ANNIVERSARY

SATURDAY, OCTOBER 27th, 2018

Time: 7:00 P.M. A.A. Meeting

Place: Deliverance Baptist Church

227-11 Linden Blvd.

Cambria Heights, NY 11411

Food, Fun, Gifts, Dancing, Etc.

From The Nightbook - August, 2018 Miracles DO Happen



I WANT YOUR GROUP
TO TAKE THE

((☎))!!NIGHT BOOK!!((☎))

nightbook@NassauNY-AA.ORG
Steve S. (516) 292-3045

If you're like me, you mark the AA Picnic at Eisenhower Park as the middle of the AA Year; similar to the All Star Game marking the halfway point in the Baseball Season - Well, maybe not; but still, the end of July is a milestone in many ways; you may be celebrating a

personal AA event, or perhaps a group anniversary. Beyond all doubt though is the fact that in AA, Service is a concept that's a daily occurrence, no matter *which month it is!* I've said in practically ALL my columns in the Nassau Intergroup NEWS, that the *most satisfying* method of Service in AA is to take the Hotline from the comfort of your own home, no matter if you own it, rent it, or just take up space in it!

Each month we get new members in AA, so a reminder then and again about what Service is, and how crucial it is to our Recoveries, keeps repeating. *Why do we say to do Service?* It is because being an Alcoholic in Recovery is NEVER a solo process; it is done with you as a part of a group. Your group may have 5 people in it, or it may have fifty five. People do Service because it takes us *out of ourselves*. It reminds us, as we either clean up or brew coffee, that we aren't alone. We nourish and provide for each other, no matter how small it may seem. Approaching people with a simple smile can be a life-saving service. Bill W said something like (please forgive me if I don't quote it exactly): "*Our groups must stay together, just as individual AAs must*

stay together, or else we wither on the vine and we die."

Now we come to the Nightbook. Between the hours of 5:00pm and 9:00am on a basis of 7 days a week, the AA Hotline in Nassau County is answered by a volunteer - usually the same group volunteers for the same week; each member taking one night of the week starting at 5:00pm on Saturday and going until 9:00am the next day; and so on throughout the week - with the next Friday being the last day.

Someone asked me: "Steve, this sounds like an answering service - in other words, like a job. Shouldn't we give this nighttime phone business to professionals; you know, people who do this for a living?" However, being that it's August, the eighth month of the year, I'm going to let the Eighth Tradition answer that question.

The Eighth Tradition reads: "*Alcoholics Anonymous should forever remain nonprofessional, but our service centers may employ special workers.*" Well yeah, in a way this *could* be done by a paid answering service, but a long time ago, Bill W. said that "*AA Service ought NEVER be charged for.*" The Hotline as well as its partner the Nightbook, are more than anything else Twelfth Step work at its finest - the ultimate Service that we may perform for an Alcoholic in need. When someone calls us, it could be just that.

A Nightbook volunteer called me and told a very heartwarming story: A year ago, he took the Nightbook and a very distraught individual called, with a multitude of serious problems; the biggest one being alcohol. The volunteer suggested that he go to a meeting, which happened to be his home group. Last month, who do think was up in front of the same group celebrating his One Year AA Anniversary, wife and 2 kids present? It was the same caller! It gratified my friend the Nightbook volunteer to no end! Can you imagine how GOOD that must have felt; to see someone celebrate that YOU had a small part in their Recovery?

I'm going to let you think about that for a while, and how YOU would feel! If answering the Nightbook phones is something that interests you, fear not; YOU CAN DO IT!! Now, it gives me great pleasure to announce the groups who gave selfless Service and answered those calls last month:
Turnpike Group of Hempstead
Cold Spring Harbor, Oyster Bay
High Noon, Long Beach
New Beginnings, Long Beach
"Whenever anyone, anywhere, reaches out for help, I want the Hand Of AA always to be there. And for that, I am responsible."

**Yours, In Trusted Service
Steve S, Nightbook Chair**

Nassau Intergroup

presents an

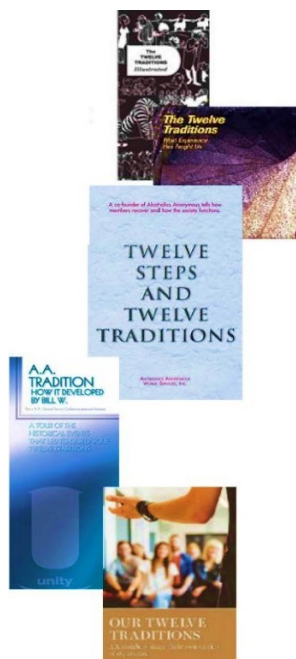
AA Traditions Workshop

Second Saturday monthly 2018

at

Nassau Intergroup
361 Hempstead Turnpike
West Hempstead, NY 11552
9:30-11AM

Tradition One	January 13
Tradition Two	February 19
Tradition Three	March 18
Tradition Four	April 14
Tradition Five	May 12
Tradition Six	June 9
Tradition Seven	July 14
Tradition Eight	August 11
Tradition Nine	September 8
Tradition Ten	October 13
Tradition Eleven	November 10
Tradition Twelve	December 8



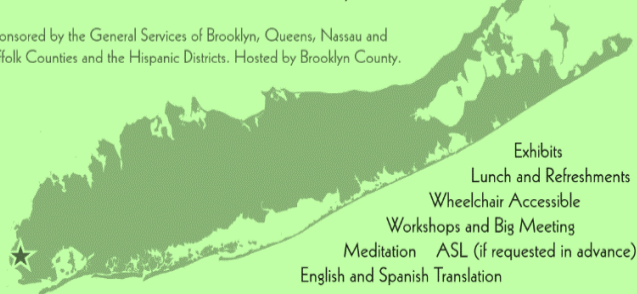
Light refreshment and lively discussion

LONG ISLAND SPIRITUALITY THROUGH SERVICE 2018

The Long Island Spirituality Through Service ("L.I.S.T.S.") Workshop
aspires to reaffirm the strong spiritual benefits of service
to recovering alcoholics.

SATURDAY, SEPTEMBER 22, 2018
9:30 AM - 3:30 PM (DOORS OPEN AT 8:30 AM)
ST FRANCIS DE SALES SCHOOL FOR THE DEAF
260 EASTERN PARKWAY, BROOKLYN 11225

Sponsored by the General Services of Brooklyn, Queens, Nassau and
Suffolk Counties and the Hispanic Districts. Hosted by Brooklyn County.



THINK BEFORE YOU CLICK – WHAT IS YOUR SPIRITUAL FOUNDATION?

From the Editor:

Commitment rotation is an important A.A. concept. Every two years the Nassau Intergroup officers rotate out and new ones are elected. As we approach elections for the coming rotation we will be running a series of articles explaining how that all works:

Part 1—

Excerpts from the Intergroup Association of Nassau By-Laws (Mar. 2018 Revision) as they pertain to the election of officers.

By-Laws Article IV— Officers

Section 1— Elected officers of the Intergroup shall be as follows:

(a) Chairperson, (b) 1st Vice Chairperson, (c) 2nd Vice Chairperson, (d) Recording Secretary, and (e) Treasurer.

Section 2— Elections shall be held at the October meeting of every even numbered year and shall be by the "Third Legacy" procedure as outlined in *The AA Service Manual*®. The above officers are elected to serve for a two (2) year period, effective January 1st. Every AA group in Nassau County is entitled to one vote for each office.

(Cont'd P.8)

Section 3—

(a) With the exception of the Chairperson (who cannot succeed oneself nor stand for any of the aforementioned offices for a period of two years), all other officers may succeed themselves for a second two year term.

(b) A spirit of rotation shall be given the greatest precedence in applying this section of these By-Laws.

Section 5— A minimum of two years sobriety is suggested prior to standing for the above positions. Extrapolating from the Third Legacy election procedures as outlined in *The AA Service Manual*, those eligible to "stand" for the above offices include the:

(a) registered Nassau Intergroup Representatives, (b) current Committee Chairs, and (c) current Officers of Nassau Intergroup.

Section 6— At the September Intergroup meeting, nominations for officers shall be opened and shall remain open until elections at the regular October Intergroup meeting.

Section 7— A Nominating Committee shall be appointed no later than May 31st of each election year by the Nassau Intergroup Chairperson with the approval of the Intergroup Representatives. The committee shall consist of:

(a) the Intergroup Chairperson, (b) two members of the Steering Committee, and (c) two group representatives not on the Steering Committee.

The committee shall nominate candidates for each office at the September Intergroup meeting. Names put forward by the Nominating Committee shall be members of good standing in AA, but not necessarily currently serving as an NIR, committee chair or officer.

In "Part 2" next month, we will look at the officer job descriptions and the suggested qualifications of candidates for office. In "Part 3" the month thereafter (the month of the elections), we will look at the "Third Legacy Procedure."

In Service, John M., Editor, news@nassauny-aa.org

NASSAU INTERGROUP - EMAIL ADDRESSES**OFFICERS**

Chairperson	chair@nassauny-aa.org
1st Vice Chair	1stvice@nassauny-aa.org
2nd Vice Chair	2ndvice@nassauny-aa.org
Secretary	secretary@nassauny-aa.org
Treasurer	treasurer@nassauny-aa.org

STANDING COMMITTEES

Archives	archives@nassauny-aa.org
Coop. Pro. Comm. (CPC)	cpc@nassauny-aa.org
Corrections	corrections@nassauny-aa.org
Financial Review	finance@nassauny-aa.org
Institutions (H&I)	institutions@nassauny-aa.org
Literature	literature@nassauny-aa.org
Meeting List	meetinglist@nassauny-aa.org
Newsletter	news@nassauny-aa.org
Night Book	nightbook@nassauny-aa.org
Officer Coordinator (Mgr.)	officemanager@nassauny-aa.org
Program Chair/Secretary	seclist@nassauny-aa.org
Public Information (PI)	publicinfo@nassauny-aa.org
Share-a-Day (SAD)	shareaday@nassauny-aa.org
Speakers Exchange	speakersexchange@nassauny-aa.org
Special Needs	specneeds@nassauny-aa.org
12 th Step List	12thstep@nassauny-aa.org
Website	webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 7//2018.)

BEGINNERS = B BIG BOOK = BB CLOSED = C

CLOSED DISCUSSION = CD OPEN = O,

OPEN DISCUSSION = OD STEP = S TRADITION = T

WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS

**NEW GROUPS**

-Bethpage 11714

Principles Before Personalities: ,New Apostolic Church, 600-620 Broadway; Mon. 7PM C(1st & 3rd, S, 2nd & 4th, T), Wed. 7PM C (*Daily Reflections*), Fri. 8PM, B.

-East Rockaway 11518

Sobriety First, VFW Post # 3350, 164 Main St.; Mon. 7PM B, 8:15PM O.

--Great Neck 11021

Sobriety First; 98 Cuttermill Rd., Ste, 386N; Thurs. CD 7:30PM

—Levittown 11756

Courage to Change, Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Mon. 7PM C.

—Malverne 11565

Tuesday Morning Reflections, Church of the Intercessor, 50 St. Thomas Pl.; Tue.10:45AM *Daily Reflections*.

—Seaford 11783

The Rainbow Room, St. Michael's

Episcopal Church, 2197 Jackson Ave. (Main building); 7:30PM, 1st

& 3rd Tue. CD (*Sober and Out* book), 2nd Tue. C (Meditation), Last Tue., O

(Anniversary); LGBTQ.

—Wantagh 11793

Lady Clique, St Frances de Chantal School, 1309 Wantagh Ave., Room 23; Sat. 8:30PM CD.

—Westbury 11590

AA Beyond Belief, Life Lutheran Church, 1 Old Westbury Rd. (Parking in rear); Wed. 8PM CD..

CHANGES—

--Amityville 11701

Friendly Group; New Location: Simpson United Meth, 30 Locust Ave.

—Baldwin

New Look on Life, First Church Baldwin, 881 Merrick Rd.; Tue. 7:30PM OB is now B; no other changes.

—Bethpage 11714

Acceptance Group, St. Martin of Tours (new location), 40 Sea- men Ave. Church; no other changes.

-East Meador 11554

The Moonlight Group; Added Thurs. 9PM, BB.

--East Rockaway 11518

Sobriety First; Mon. B now meets at 7:00 PM

--Franklyn Square

Road to Recovery, Ascension Luth Ch, 145 Franklin Ave.; Added BB Sat.,8:45AM

—Levittown 11756

Acceptance Is the Key, Presbyterian Church, 474 Wantagh Ave.; Sat. 7:30 O changed to C; no other changes.

--Lynbrook

Primary Purpose, 225 Earle Ave.; Mon. Beginners & Thurs. BB are now open meetings

—Manhasset 11030

Big Book Experience, Shelter Rock Church, 626 Plandome Rd.; Fri. BB moved to Sat. 11AM; WC.

--West Hempstead

Creatively Sober; Trinity Luth., 260 Church St. Sun. 8AM CD no longer meets

CLOSED GROUPS—

—Malverne

12 Step Fever, Church of the Intercessor, 50 St. Thomas Place.