



Nassau Intergroup of AA, Inc.
361 Hempstead Turnpike, West Hempstead, NY 11552-1342
www.nassauny-aa.org intergroup@nassauny-aa.org
516.292.3040 (24/7 Hotline) 516.292.3045 (Business)



JANUARY 2019

CALENDAR OF EVENTS

All meetings are Intergroup events held at
361 Hempstead Turnpike unless otherwise noted.

January 2019

- 1/2— Institutions Committee, 8PM
- 1/2 – Corrections Committee, 8:30pm
- 1/3— **Reps Orientation**, 7PM (Suggested for new Reps.)
Reps Meeting, 7:30PM
- 1/09— Share-A-Day Committee, 7PM
- 1/10— PI/CPC Committee, 7:30PM (Meets every other month.)
- 1/12 - Nassau GS Districts 208,209,211 presents **Grapevine Writing Workshop**, 9am-3pm, snow date 2/2 ,St Luke's Episcopal church ,253 Glen Ave, Sea Cliff, N.Y.
- 1/19- Movie night St Andrews church 54 Nassau Blvd. West Hempstead, NY 7pm-9.30p
- 1/21- Service Boot Camp; 7-8.30pm
- 1/16— Website Committee, 7:30PM
- 1/22— **Newsletter deadline** for Feb.
- 1/31— **Steering Committee**, 7:30PM



Literature sales at the Nassau Intergroup office will remain suspended moving into this year, and we again apologize for any resulting disruption, confusion or inconvenience.

While we sort ourselves out in Nassau, online sources for AA literature include: AA World Services at www.aa.org > "AA Literature" > "Go to Online Bookstore;" AA Grapevine at www.aagrapevine.org > "Store;" and, NY Intergroup at www.nyintergroup.org/shop. Literature may also be purchased in person from NY Intergroup at 307 Seventh Avenue, Suite 201, New York, NY 10001, tel. 212-647-1680; Wednesday-Friday, 9AM-6:30PM, Saturday, 9AM-4PM, among other sources. It is suggested you call ahead. There are no walk-in literature sales at GSO.

A reminder too, if you purchase literature from non-AA sources, the proceeds of those sales do not go to support AA.

Bill C. Literature Chair
516-292-3045 or literature@nassauny-aa.org



Attention: for all Nassau Intergroup business of AA During the winter months due to inclement weather please call intergroup office 516 292-3045 before making a trip to our office, we may be closed. Hours of operation are Sun- Sat 9am-5pm

From the Editor: Steven S.

Happy New Year, as this New Year rolls in, let us remind ourselves of new beginnings and a chance to change...

What's your favorite slogan? news@nassauny-aa.org



SLOGANS AND THE RESPECT THEY DESERVE **ONE DAY AT A TIME. THIS TOO SHALL PASS.**

My first thoughts stepping into an AA meeting, outside of “get me out of here”, was, “what’s with all these signs, slogans???” Corny, I said to myself, “what does any of this mean?” To me it seemed like I was at a senior center with all these antique like expressions.....

As I continue on my journey in AA, I didn’t realize that these very slogans would become part of my dialogue.

I would hear speakers sharing they have **one day at a time**, meanwhile they have 25 years sober. That a troubled moment that these same very people would share, would explain that it would pass sometimes like a kidney stone, however, it did pass for them and for myself.

There have been many of times in my remission that I had problems and the only way to get through them was to share with my sponsor, or another alcoholic, those exact troubled thoughts and experiences. At the moment seemed liked, life or death situations!!!!

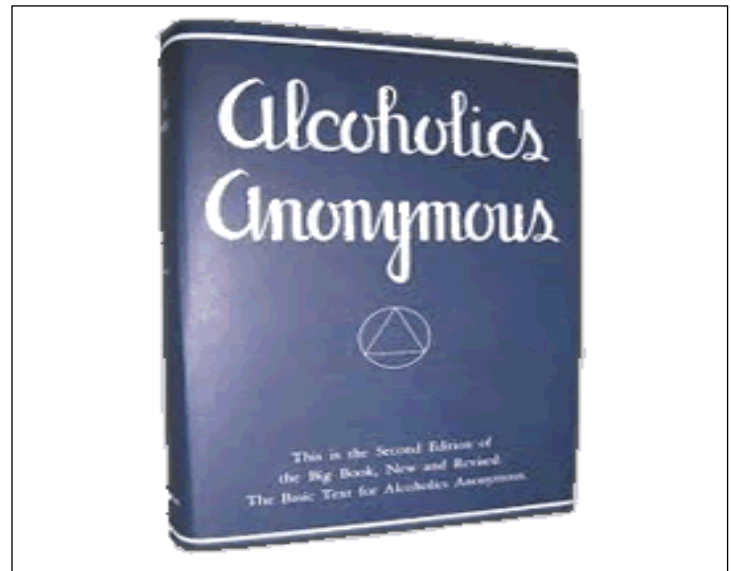
It was suggested not only that I should take it **one day at a time**, but even break it down to an hour at a time. I found myself being able to comprehend how these slogans play an integral part of my inner dialogue, as well as my daily affirmations and shares. If I planned my day that might have seemed so doom and gloom, I learned to break it down. So, I now know exactly what and where I am going to be and do. I might have to make a plan even if it is a minute at a time.

In times where it seemed like it would all never end. The turmoil, heartache, hardships, eventually I would learn that **this too shall pass**. I would learn that nothing lasts forever...But in the middle of it all how do you comprehend that? Someone recently said to me the manure on your shoulders is the fertilizer for your heart. Understanding the negative experiences have to happen for us to learn from in order for us to grow and acquire meaningful knowledge. Unfortunately, mistakes happen, life happens we are human. But, at the end of the day there is an end of the day. A new day begins, and it will be less challenging to face, because these experiences had they not happened, it would not strengthens us...

Not everything in life is pleasurable, even though we all seem to crave the pleasure more often.

Who plans tragedies? Nobody in their right mind wants to hurt. So, for me, I tell myself in times of trouble, it may even maybe a mantra also, “**this too shall pass**”, “**one day at a time**” “I will repeat these slogans as often as I need to...”

Not so corny anymore!!!



Literature:

The theme for this year’s General Service Conference as well as for the 51st SENEY Convention will be, “**Our Big Book — 80 Years, 71 Languages.**” The expansion of the offering of the AA message through translations of the book *Alcoholics Anonymous* is striking, and a story worth telling. As AA moved around the world, the need for the book in local languages was evident, but the challenges were great as translation is not a simple matter.

The Summer 2018 issue of *Box 4-5-9* illustrated some of the challenges in bringing the “Big Book” into other languages with the translation of the book into Navajo, a non-written language. Another recent example is the re-translation of the “Big Book” into the Thai language.

The first Thai translation was printed in the 1980s, before the local service structure developed. That translation was into a style of the Thai language not used by most Thais. Its page layout differed from the English-language version, and there were no personal stories. Also, the word used for God was in reference to the Judeo-Christian God of the *Bible* rather than the more universal “higher power,” a problem for AA in a country that was mostly Buddhist and where some saw AA as a Christian missionary ploy. It was not successful. Around the same time a project to translate the “Twelve and Twelve” into Thai floundered and was dropped.

It was not until 2009 that there was a renewed effort to translate the “Big Book.” This effort too faced significant challenges as local members sought to capture the spirit of the English version in an accessible colloquial Thai and to gather Thai personal stories for the back of the book, but by 2017 an acceptable “made in Thailand” translation was finally delivered. (See, *Box 4-5-9*, Winter 2018 for more on the “Big Book” in Thai.)

Bill C. Literature Chair
516-292-3045 or literature@nassauny-aa.org

Nassau General Service Elections 2019-2020

As of October 15, 2018 Nassau General Service elections were a success!

The General Service reps voted on a slate of new officers DCMC (District Committee Member County Chair), 1st Alt DCMC, Treasurer, Secretary, and Registrar.

It was our privilege as the Intergroup Chair Elect and our current Bill C. Literature Chair to help facilitate the Election. The close working relationship between Nassau General Service and Nassau Intergroup will be integral for the next 2 years.

We must have the best qualified volunteers to do all the service work below the group level. People, who do service, usually 10% of the people in AA, do 100% of all the work and those people are the ones who stay sober!

DCMC: Annabel

1st Alt DCMC: Marty

2nd Alt DCMC: Françoise

Treasurer: Geralda

Secretary: Ann G

Registrar: Adam

**In trusted service: 1st Chair Kevin Mc Nassau Intergroup
(Chair Elect 2019-2020)**



I am Kevin MC and besides being an Alcoholic, I will be Chairing Nassau County Intergroup of AA!

Being able to realize you are an Alcoholic, is actually a humbling experience for a newcomer. To admit it to others and start working on ourselves through the 12step program of recovery outlined in our basic text the Big Book! It is further refined 17 years later by our founder Bill Wilson in our 12 & 12 Book!

This process usually works better if we take suggestions from a sponsor, service sponsor, a support group, commitment and with AA's that have Service commitments not only with our Home groups, but below their group level. Nassau Intergroup will proceed with the elaborate issue of being able work well in all of committees with all of our AA's whether they are Nassau Intergroup Reps, GSRs (General Service Reps), DCM (District Committee Chairs), Seny Area 49 officers and other Intergroups, and GSO (General Service Office).

As your Nassau Intergroup Chair, I would like to invite our Nassau General Service Committee chairs to attend our committee meetings!

Our Institutions meeting meets on the first Wednesday of each month at the office and they chair Institution meetings and sign up speakers from any AA members with a year that attends that meeting.

In Nassau General Services the Treatment Committee has a Bridging the Gap program, which takes newcomers after they leave Institutions to a few meetings and get them in touch with potential sponsors, home groups, and meetings. This is a link to meetings for newcomers fresh out of treatment!

Corrections of Nassau Intergroup & Nassau General Service both could also do same thing since the meeting is on same night. This makes perfect sense and I would ask everyone in service to promote coming to our Nassau Intergroup committees and work together on these common issues, this is not duplicating any of either committee responsibilities, but further cooperation is needed to do their service work! There are a few other committees that we can further work on Special Needs, Public Information, and Cooperation with the Professional Community, and the two archives Nassau General Services and Nassau Intergroup.

To me the secret to staying sober one day at a time is focused on our ability to do something each day to help a suffering alcoholic in order keep our own sobriety!

Kevin Mc

Nassau Intergroup 1st Chair
chair@nassauny-aa.org

SERVICE BOOT CAMP



**Meet your Intergroup Reps and General
Service Reps**

**Learn how to be an effective representative of
your Home Group**

• **Light Dinner provided**

JANUARY 21, 2019 7:00 - 8:30PM

Nassau Intergroup Office

361 Hempstead Turnpike

West Hempstead, NY 11552

All Are Welcome to Attend!

Food, Fellowship, Lively Panel Discussion

**(*) co-sponsored by Nassau County General
Service and Nassau Intergroup**

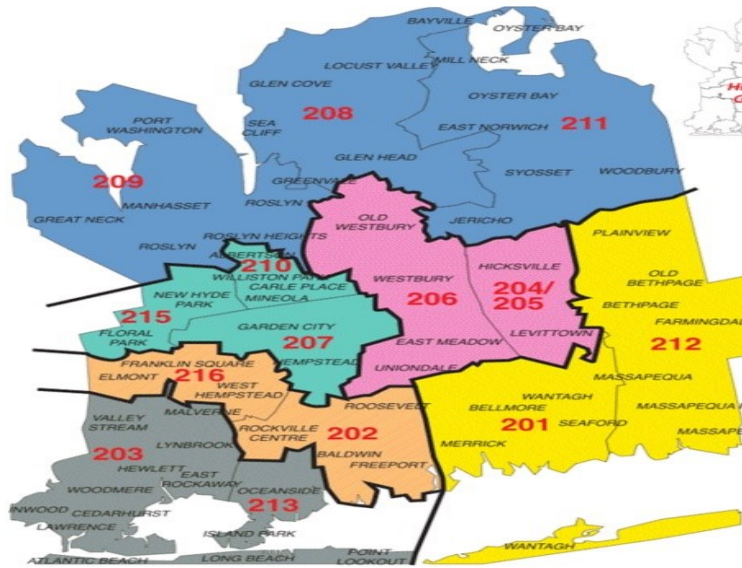
"How It Works" vol. 1

General Services & Intergroup What they each do for us

By:

"The North Shore Cluster Group:" Districts 208, 209, & 211

Nassau County AA Districts :



Service beyond the home group in AA, can seem like a bewildering jigsaw puzzle of abbreviations; and our *Glossary of Terms*, just keeps getting bigger and bigger - YIKES!! In these months, "EASY DOES IT," I'd like to focus on the differences between the service entities "Intergroup" and "General Services."

During the first few years of our existence - late 1930's - early 1940's, AA groups were springing up in Akron, Cleveland, NY, and also Chicago. In Chicago, an AA named Sylvia, with some help from early pioneers in Akron, started meetings in and around the Chicago area. When the famous Jack Alexander article first appeared in 1941 in *The Saturday Evening Post*, AA nationwide membership went from about 2,000 members nationwide to 8,000; the biggest jump in membership to date. Sylvia, in her Chicago home, assisted by a nonalcoholic personal assistant named Grace, fielded hundreds of phone calls, and had much AA traffic in and around her house.

Eventually, Sylvia needed more space, so she rented a small apartment nearby with a desk and a phone; paid for by Sylvia's alimony checks! Sylvia's little set up took care in advising and helping struggling AA groups stay strong, and also in starting new ones. This was the first *Intergroup* or *Central Office* in AA. Today, cities, and many counties have Intergroup offices which essentially do the same things: assist and advise their surrounding groups.

They order literature such as pamphlets and books from the General Service Office (GSO) in NY, publish meeting schedules from the counties they're in, carry announcements of events from local groups, and publish a countywide Newsletter which keeps AAs informed of all the workshops, special events and happenings. Most importantly, Intergroups have personnel in the office to answer inquiries over the telephone; everything from meeting inquiries, to alcoholics needing help. In addition, groups send AAs called "Intergroup Representatives" to the local Intergroup office to gather information and bring it back to their groups at monthly meetings, and to vote on issues. These are the main things that the local Intergroups do.

General Services in many ways duplicates the work of the local Intergroups but on a much larger scale. Groups elect "General Service Reps," or *GSRs* to be their link to AA as a whole. This may be the most important position in an AA group! The job of the GSR is to get group members interested in AA events, general service publications such as our area newsletter called *The Link*, *The AA Grapevine* magazine, and the main national AA newsletter from our General Service Office (GSO) called *Box 459*.

Also, GSRs gather information from their groups on what the members are thinking about with respect to a particular topic. They then forward this information on to the district, the county, and the area. Next month, small bite about AA's "Service Structure." Hint: *It's all upside down!* ☺

"How It Works," is a series of articles designed to inform our readers on "how the gears of AA's service structure" keep AA running.

Yours, In Trusted Service.
DCM, 208-209-211, Steve S.

NASSAU GS DISTRICTS 208,209,211 PRESENTS

GRAPEVINE WRITING WORKSHOP!! SPECIAL GUEST!!!!

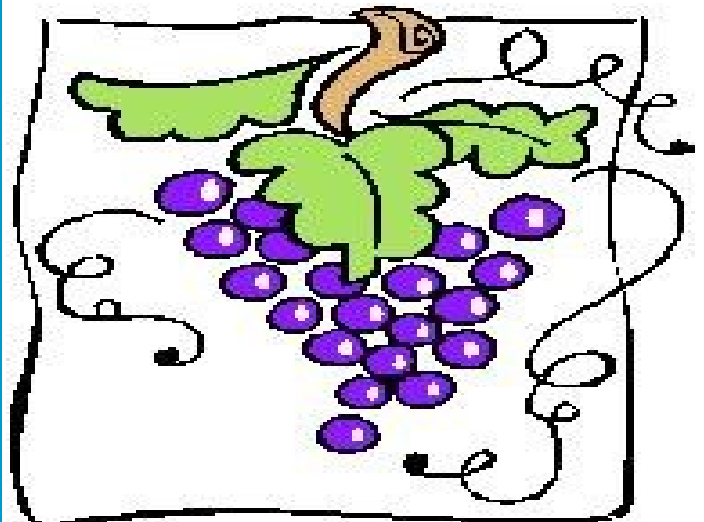
JON W, AAGRAPEVINE EDITOR-IN-CHIEF!

**WHEN: SAT, JAN 12, 2019 (SNOW DATE
SAT. FEB 2, 2019)**
**CALL (516) 292-3045 TO CHECK IF OPEN IN
BAD WEATHER.**

**WHERE: ST LUKE'S EPISCOPAL CH., 253
GLEN AVE.,
SEA CLIFF, NY**

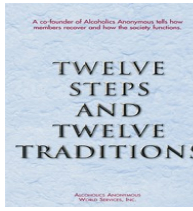
**CONTINENTAL B'FAST & LUNCH WILL BE
SERVED**

**PLEASE BRING A PAD AND PEN AND/OR
LAPTOP**



Step One:

Sean M. : Gratitude Group Comm. Pres. Church 12 Nottingham Rd. /Hempstead Ave., Malverne N.Y.



“Who cares to admit complete defeat?” This is the question asked in the first paragraph of Step One in the Twelve and Twelve. Perhaps we are willing to admit to a singular defeat or a defeat that was a point in time, like admitting to losing a battle for example; but, admitting to something total and complete like losing the war is met with great reluctance and much sacrifice until there is simply no choice but to surrender. Unfortunately, for far too long we view admitting our powerlessness over alcohol as akin to losing the war. That is, we think all is lost. Sure, we tell ourselves, we might have lost a few battles by drinking too much and embarrassing ourselves or getting into scrapes with the law, but somehow we thought we could win the war by someday controlling or moderating our drinking. Whether we ever got this far in our thinking or not, we still didn’t stop drinking, despite the misery and consequences. What we likely never realized, and Step One teaches us, is that when it comes to our dealings with alcohol, admitting defeat is not the same thing as losing and certainly not a case of all is lost. In fact, it is a new beginning.

What we don’t know when we first get to AA, and as we’ll see again and again throughout our AA journey, our admission of total and complete defeat at the clutches of alcohol is a path to strength and victory. It is seemingly a paradox. The path to victory over alcohol is avoiding it in the first place.

Being honest particularly applies to assessing the unmanageability of our alcoholic lives. When active, we delude ourselves into thinking that the negative consequences of our drinking were a result of causes other than alcohol, but if we look deeper or get past the veneer of our denial, we often find that our drinking was indeed the root cause of our troubles. For example, we might tell ourselves we never lost a job directly as a result of our drinking, but if we examine the circumstances more closely, perhaps our drinking moved us up to the top of the list for layoffs, or cost us a raise or promotion.

Tradition One:

Sean M.: Gratitude Group,
Comm. Pres. Church
12 Nottingham Rd/Hempstead Ave,
Malverne N.Y.

Tradition One tells us that “our common welfare comes first.” The Long Form of the tradition goes on to say that each of us as individuals is only a part of something bigger. Bill W. and Dr. Bob figured this out when they met all those years ago and then recognized they were on to something when they met with Bill D. “the man on the bed”. One of the essential tenants of the AA program is that what we can’t do ourselves, we can do together. This is the root and heart of Tradition One, for without AA, where would alcoholics turn to for help? Sure, there are lots of programs, rehabs, books, videos, podcasts, etc. out there that deal with recovery, but none of them have the same longevity, fellowship and ubiquity that AA has.

When the suffering alcoholic turns to AA for help, the AA group needs to be there to welcome that person and begin to teach the newcomer that through the program of Alcoholics Anonymous, they can recover and learn how to live one day at a time so that they do not have to return to the nightmare of active alcoholism. This is why the group must be singularly focused on the primary purpose of carrying the message of sobriety as outlined by AA literature and customary practice. The group cannot deviate from this message or it will lose its efficacy. Members of AA remain individuals and independent, but we must remember that we are part of a larger organization and that we cannot come to rely on anyone individual or let individuals or cliques define what AA is and is not.

Sometimes newcomers or non-alcoholics don’t understand how AA can be so loosely organized yet remain so focused. To them, it must seem that we teeter on a fulcrum between purpose and anarchy, and that we are confused as to what liberty is and what is license. The simple answer is that our unity depends on primary purpose: to carry the message to the alcoholic that still suffers. The newcomer or non-alcoholic might yet still ask “if your primary purpose is so sacred, then why not just dictate it as dogma?” Any experienced alcoholic should know the answer to that: if you give an alcoholic an order to do something, the alcoholic is likely going to do the exact opposite. The reality is that there are multiple ways to come to internalize, understand and embrace the program of AA, but there is only one program.

To help the alcoholic understand and embrace this program, we need guidelines and suggestions. This is in fact, and in practice, how we deliver our message: by example, sponsorship and by sharing our experience, strength and hope. This is why we put principles before personalities, because we cannot afford to sacrifice the group for the individual, for if we do, we may likely be putting expedience and/or vanity ahead of sobriety and recovery. We are like people floating in a lifeboat surrounded by a sea of alcohol, we are all individuals, but our common goal is survival because, as is true for most if not all of us, if we drink again, we may not have another recovery in us.



WE WANT YOU!

From the Nightbook- Jan 2019

Getting an "AA Sense; "Try Service! ...in trusted service; Steve S.

I can scarcely believe that another year has passed and the rush of the holidays is over; holiday decorations find their way back into storage boxes for next year. Mental notes are made to replace a bulb or busted Christmas tree ornament which will be quickly forgotten as soon as the boxes are back in the garage corner. Some people procrastinate, and my neighbor - for one, believes in "Christmas until St. Paddy's Day!" For some of us, this is the time when we really need an Alkathon; a mid-January Alkathon.

It's easy to feel a little bit of a bluesy let down at this time; stuff becomes real again. It's time to think about preparing those income taxes for one. However, as our fellowship tells us: "There Is A Solution." For this alcoholic, and for many more, the answer is SERVICE. I do a lot of service things, mostly outside of my home group. I find this to be energizing and rewarding; but it is not for everyone.

I recommend that everyone who may have even the slightest interest in doing anything - from making coffee, greeting, to possibly standing for a group elected position, get a "Service Sponsor." These people, more so than your regular sponsor, can help you to find your niche. The Service Sponsor is most valuable OUTSIDE of the home group. To find one, just ask your GSR.

Service is very much responsible for self-recovery as well as the recovery of your group. After all, what is the home group but a composite of each of us? A home group is only as strong as its members. A group needs an "AA Sense." This is an awareness of the Traditions and the Twelve Concepts of Service and how they apply to us.

Without the AA Sense, the group is just a meeting. There is no connection to anything outside of the meeting. The group has leaders who see themselves as "government," and may ignore the principle of "rotation." Egos run rampant.

The chairman of such a group told me that if he ever let go of his chairmanship (which was for 6 consecutive years), he would probably drink! Not knowing any better, the recoveries of everyone in that unfortunate meeting are on thin ice. In another group, a member with over thirty years of sobriety asked me: "What's SENY??"

In the last SENY Assembly on November 4, the theme was "taking our Area Inventory." Groups such as the examples above need members to become Trusted Servants of AA, and educate their fellow members by bringing the outside to them.

A healthy group with AA Sense, should have copies of The Link around and members encouraged to read them. An active bulletin board should be regularly updated. A list of in-group service commitments should be posted and regularly rotated. Speaker Exchange is a great and much needed group Service. A healthy group with AA Sense, should have copies of The Link around and members encouraged to read them. An active bulletin board should be regularly updated.

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As I said, a group with NO ROTATION in service is a group held hostage. A truly great service commitment from the perspective of this column is, of course,. The Nightbook makes everything real. For one night, the volunteer on the phone may be the only voice of recovery that an alcoholic in his cups may hear. The volunteer on the phone becomes hope, a way out from under the "rapacious creditor" which is active alcoholism. This is a fantastic way of "giving back that which was so freely given to you." All you need is a phone and 6 months of continuous sobriety.

Now I would like to recognize the groups that graciously took The Nightbook for the month of **December:**

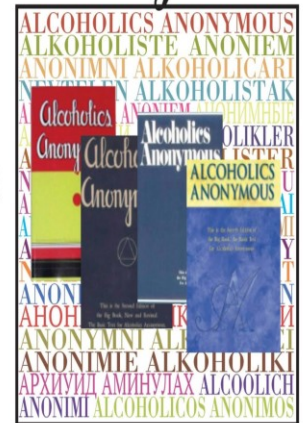
- Friday Night Live Group**
- Elmont - Belmont Give it a Try Group**
- Point Lookout Group**
- Syosset Group**
- Malverne Sobriety Without End Group**

Save the date.

Our Big Book

51st SENY Convention

March 22-24, 2019



80 Years | 71 Languages

Westchester Marriott Hotel

670 White Plains Road, Tarrytown, NY 10591

- Speaker Meetings • Workshops & Panels • Alkathon • Banquet • Archives
- Literature & Service Tables • AA Videos • Spanish Translation
- Entertainment • Al-Anon • Much More

Online convention and hotel registration open at

www.aaseny.org

Happy New Year

In 2019 may you find yourself wiser, stronger, happy, and joyous & free.....

I'm Archie, the H&I Chairperson for Nassau Intergroup AA.

In the last 3 months since I became chair we have seen new groups participating in H&I, 3 additional group meetings & 13 new meetings in existing locations, as well as 6-time changes of meetings. Overall, we've had a productive last quarter of 2018. In the works are 2 new locations for meetings.

So, in sticking with our primary purpose of bring meetings into hospitals, institutions, jails, rehabs, detox, psych wards and the VA as well as in conjunction with the Chair of the Corrections Committee, we are accomplishing our goals.

However, as we grow, we are in need for more volunteers. Those sober alcoholics that wish to aid us in bring the message of AA to those whom are as of yet able to attend an outside meeting. We, just like AA, are made up of volunteers with a desire to reach out to those in hospitals, jails, institutions and other facilities. Anyone with an interest or desire is welcome to participate. A need for speakers & chairpersons are needed.

The goal of the Committee is simple, as stated in Step 12 and Tradition 5. Please note Step 12 states "Having had a spiritual awakening as a result of the steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs". Also, Tradition 5 says "Each group has but one primary purpose – to carry its message to the alcoholic who still suffers".

We meet on the first Wednesday of the month at the Intergroup office at 8:00 PM. The main purpose of the meeting is to bring together the chairperson of each facility with the reps and people who can fill the available dates to speak.

The secondary purpose is to distribute conference approved AA literature, newsletters and meeting lists. This is where the bulk of the donations for H&I are allocated for each year. Thus, providing free literature to the patients and/or inmates.

Finally, the meeting is used as a forum to discuss any issue of importance to the committee.

The NIAA Institutions Committee is the longest running committee. It brings AA's experience, strength and hope to those whom are in hospitals, institutions and jails.

Nowadays most of us find our way to AA through those paths of sort. While those institutions provide treatment for acute symptoms of the disease, we can provide the information and introduction to the broader AA community as a necessity to get well and stay sober.

The two ways you and groups can support the work of carrying the AA message is to:

1. Send a rep to the H&I monthly meetings (first Wednesday each month at 361 Hempstead Turnpike, West Hempstead) to book speaking commitments.
2. The H&I committee recommends that 5% of a groups donations be earmarked for H&I as per General Services guidelines. However, it is up to each group to determine the appropriate amount.

Donations of literature can also be made.

The founders of AA were visionaries in their characterization of alcoholism as a disease. And we, the alcoholics who suffer from this disease, are gravely ill. And with help we can get well.

To all the groups and individuals who participate, respond to requests for donations, the speakers, the chairs who hold the meetings, arrange and book speakers as well as carry the AA message, your experience, strength and hope are noticed. So I offer my sincerest appreciation.

Archie

Primary Purpose Group, Lynbrook
Institutions@nassauny-aa.org

The Decision Group

Of West Hempstead

is proud to present another

Movie Night!

Movie Title:

A MAN LOVES A WOMAN

Date: Saturday, January 19, 2019

Time: 7:00 – 9:30 PM

(MOVIE running time 126 minutes)

Place: St. Andrew's Church

54 Nassau Boulevard

West Hempstead, NY

parking and entrance behind church)

For information, call Annabel at (516) 776-7030

This 1994 American romantic drama chronicles one woman's (Meg Ryan) alcoholism and her husband's (Andy Garcia) efforts to help her

ALL ARE WELCOME!

**DONATIONS OF FOOD AND
BEVERAGES WELCOME!**

* *

NEW GROUPS

-Bethpage 11714

Principles Before Personalities: ,New Apostolic Church, 600-620 Broadway; Mon. 7PM C(1st & 3rd, S, 2nd & 4th ,T), Wed. 7PM C (Daily Reflections), Fri. 8PM, B.

-East Rockaway 11518

Sobriety First, VFW Post # 3350, 164 Main St.; Mon. 7PM B, 8:15PM O.

--Freeport 11520

Jaywalkers, 178 S. Ocean Ave. added Thurs, 8PM , B

--Garden City 11530

Garden City Gp, 245 Stewart Ave., Tues., 7:30PM now a Step Mtg.

--Great Neck 11021

Sobriety First; 98 Cuttermill Rd., Ste, 386N; Thurs. CD 7:30PM

--Huntington Station 11746

High Noon, 175 Wolf Hill Rd., Added Sun noon O, Sat., 10AM YP, 5PM Meditation

—Levittown 11756

Courage to Change, Good Shepard Lutheran Church,

3434 Hempstead Tpk.; Mon. 7PM C.

Seeking God First, Good Shepard, 3434 Hempstead

Tpke., Women's C. 9AM

—Malverne 11565

Tuesday Morning Reflections, Church of the Intercessor,

50 St. Thomas Pl.; Tue.10:45AM Daily Reflections.

—Seaford 11783

The Rainbow Room, St. Michael's Episcopal Church, 2197 Jackson Ave. (Main

building); 7:30PM, 1

st& 3

rd Tue. CD (Sober and Out book), 2

nd Tue. C

(Meditation), Last Tue.,O (Anniversary); LGBTQ.

—Wantagh 11793

Lady Clique, St Frances de Chantal School, 1309 Wantagh Ave., Room 23; Sat.

8:30PM CD.

—Westbury 11590

AA Beyond Belief, Life Lutheran Church, 1 Old Westbury Rd. (Parking in rear);

Wed. 8PM CD

CHANGES—

-Amityville 11701

Friendly Group; New Location: Simpson United Meth, 30 Locust Ave.

—Baldwin

New Look on Life, First Church Baldwin, 881 Merrick Rd.; Tue. 7:30PM OB is now

B; no other changes.

Sober Living, Last Thursday only, O

—Bethpage 11714

Acceptance Group, St. Martin of Tours (new location), 40 Sea- men Ave. Church;

no other changes.

-- East Norwich

East Norwich Group, 3rd Tuesday is now Beginner meeting, 7:30PM

--East Rockaway 11518

Sobriety First; Mon. B now meets at 7:00 PM

--Franklin Square

Road to Recovery, Ascension Luth Ch, 145 Franklin Ave.; Added BB Sat.,8:45AM

—Levittown 11756

Thurs. AM Disc. Good Shepard, 3434 Hempstead Tpk.,1st Th BB, 2nd Th CD, 3rd

Th S, 4th Th Anniversary

Old Skool, New Location, 36 Taylor Ave, East Meadow, Wed 6PM B

--Long Beach11561

Serenity by the Sea AM, St James Episc. 220 W. Penn St., Wed 10AM CD is now

"As Bill Sees It".

—Manhasset 11030

Big Book Experience, Shelter Rock Church, 626 Plandome Rd.; Fri. BB moved to

Sat. 11AM; WC.

--Wantagh 11793

Wantagh Fri. AM Gp, St. Francis de Chantel, 1309 Wantagh Ave.,3rd Fri now S,

last Fri. now Anniversary

--West Hempstead

Creatively Sober; Trinity Luth., 260 Church St. Sun. 8AM CD no longer meets

CLOSED GROUPS—

--Huntington

Sobriety First, W. Hills United Methodist, 1 West Hills Ct., 1se Thurs Step, 6PM

—Malverne

12 Step Fever, Church of the Intercessor, 50 St. Thomas Place.

NASSAUINTERGROUP - EMAILADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary secretary@nassauny-aa.org

Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions (H&I) institutions@nassauny-aa.org

Literature literature@nassauny-aa.org

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) officemanager@nassauny-aa.org

Program Chair/Secretary seclist@nassauny-aa.org

Public Information (PI) publicinfo@nassauny-aa.org

Share-a-Day (SAD) shareaday@nassauny-aa.org

Speakers Exchange speakersexchange@nassauny-aa.org

Special Needs specneeds@nassauny-aa.org

12th Step List 12thstep@nassauny-aa.org

Website webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message

Nassau county General Service contact Annabel:

dcmc@nassau.aasen.org

Meeting List Changes

Please help NI keep its meeting information current and correct

by submitting a "Meeting List Changes" form (available through

the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 8/30/2018.)

BEGINNERS = B BIG BOOK = BB

CLOSED = C CLOSED DISCUSSION = CD

OPEN = O OPEN DISCUSSION = OD

STEP = S TRADITION = T

WC = WHEELCHAIR ACCESSIBLE

YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS



Phone Reps

Integroup Association of Nassau

Sun-9am-1pm & 1pm-5pm

Mon-1pm-5pm

Tues-1pm-5pm

Sat-1pm-5pm

Contact: Kenny 516 292-3045

