

**nassau**  
**intergroup**  
of alcoholics anonymous®

**NEWS**  
**DEMS**



Nassau Intergroup of AA, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1342  
www.nassauny-aa.org intergroup@nassauny-aa.org  
516.292.3040 (24/7 Hotline) 516.292.3045 (Business)



**FEBRUARY 2019**

**CALENDAR OF EVENTS**

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

February 2019

- 2/6— Institutions Committee, 8PM,
- 2/7— Reps Orientation, 7PM (Suggested for new Reps.)  
Reps Meeting, 7:30P
- 2/10 Tradition's workshop 9:30-11am
- 2/13- Share-a Day Committee 7.30pm
- 2/14— Special Needs Committee, 7pm
- 2/18 Nassau General Service 7:30 pm(new GSR  
reps orientation 7pm)
- 2/20— Website Committee 7:30pm
- 2/20— Newsletter deadline for March
- 2/24- Tradition's workshop Tradition II @9:30am
- 2/28— Steering Committee, 7:30PM



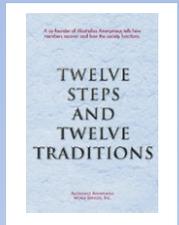
**Attention:** for all Nassau Intergroup business of AA During the winter months due to inclement weather please call intergroup office 516 292-3040 before making a trip to our office, we may be closed. Hours of operation are Sun- Sat 9am-5pm

**NASSAU INTERGROUP OF AA  
PRESENTS AN  
AA TRADITIONS WORKSHOP  
SECOND SUNDAY MONTHLY 2019  
AT NASSAU INTERGROUP  
361 HEMPSTEAD TURNPIKE  
WEST HEMPSTEAD, NY 11552  
TIME: 9:30-11AM**

**OPEN DISCUSSION...  
NOT JUST READING!!!**

**LIGHT REFRESHMENTS**

- ~~TRADITION ONE JANUARY 13~~
- TRADITION TWO FEBRUARY 10
- TRADITION THREE MARCH 10
- TRADITION FOUR APRIL 14
- TRADITION FIVE MAY 12
- TRADITION SIX JUNE 9
- TRADITION SEVEN JULY 14
- TRADITION EIGHT AUGUST 11
- TRADITION NINE SEPTEMBER 8
- TRADITION TEN OCTOBER 13
- TRADITION ELEVEN NOVEMBER 10
- TRADITION TWELVE DECEMBER 8



## Nassau Intergroup Chair's January Monthly Report



**Thurs. Jan. 3** Nassau Intergroup Reps Meeting @361 Hempstead Turnpike, West Hempstead 11552

Announcing that during this term of 2 years we will be trying to increase our cooperation with Nassau General Service Committee's & Nassau Intergroup Committee's by Inviting them to the listed Committee meetings at Intergroup on back of first page of our meeting list. Working together on Issues instead of the idea of duplication of Services by different AA service entities!

Introducing new Committee Chairs:

**Special Needs:** Josh, with Laura investigating & Listing Wheel Chair Accessibility at Groups in Nassau Intergroup's Meeting List.

**Archie:** Institutions & **Paul:** Corrections (at the moment Kenny our Office manager is filing in until Archie has recuperated from his back surgery)

**Mark:** Cooperation with the professional Committee (CPC) Augi: Public Information committee and Our new Spanish Liaison (PI) I also attended our (CPC) & (PI) meeting after the Alison Board meeting and there was a lot of discussion how to proceed with both of these committees in the future with about 5 people present.

**Mon. Jan. 7** SENY area 49 Committee meeting where they announced their new committee Chairs, Their Office moved to: 1231 Lafayette Ave., suite L2, Bronx NY 10474

**Thurs. Jan. 10** Alison Board: I attended as Nassau Intergroup Liaison.

**Sat. Jan. 12** Attended the Nassau GS Districts 208, 209, 211 Grapevine Writing Workshop! This was a great Workshop in Seacliff, which was attended by about 40 AA members from John GSO Grapevine Chair, SENY Area 49 Officers, Grapevine Committee Chair, Nassau General Service Members and Officers, and also a lot of Nassau Intergroup Officers and Committee Chairs. The GSO Grapevine Chair John led the discussion on what we can write about for example; Personal recovery, Steps, Service etc....

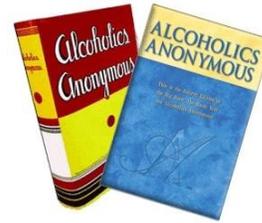
**Sun. Jan. 13** Steve led us in our Nassau Intergroup series 1<sup>st</sup> Tradition Workshop from about 9:30 AM to 11:15 AM. The discussion about Unity of members to a group and our fellow was very thought provoking as we looked at Tradition 1, the tradition illustrated Pamphlet and traditions check list.

**Mon. Jan. 21** at the Service Boot camp I will explain the Nassau Intergroup Committees and how we intend to work on a list of what we as Nassau Intergroup Committee will focus on the work we do and how to divide the work with our Nassau General Service Counterparts.

Kevin Mc Nassau Intergroup Chair

[chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

## Literature: A Fifth Edition "Big Book"



Our own General Service area, South Eastern New York (SENY), Area 49, is calling for a new edition of the book *Alcoholics Anonymous*, one to specifically include a section for stories of alcoholics who got sober young. Whether or not we see a fifth edition soon, we might consider how new or updated AA literature comes about.

Any member, any group can put forth an idea for a new piece of AA literature, or, as in the case of the "Big Book," for a change to an existing piece of literature. But to go anywhere, that idea needs to gain traction.

While an individual or group with a literature proposal may submit it directly to the General Service Office (GSO), GSO needs to believe it sees an "expressed need" for the proposed item to take any further action on it. That means it needs to see similar proposals coming from more than just one place in the Fellowship. There needs to be a foundation of support for the item.

One way to help build a foundation for a proposal is to bring it through the local General Service structure, that is, move it from the proposing individual or group to the local district, county and area. This way it gains growing support as it passes each service level. In SENY, an item that is supported by the area has the implicit support of the groups in the area numbering over 1,800 with an estimated membership of over 55,000 (2018 "Conference Report," page 116).

In the case of the proposal for a new edition of the "Big Book," that suggestion started somewhere in Brooklyn moved on to its local district and then to SENY's assembly where it became an area item. SENY's recommendation was submitted to the Literature Desk at GSO. There it will be paired with any similar proposals from other parts of the Fellowship, and, if there appears to be an "expressed need," it will be sent on to the Trustees' Literature Committee for further consideration. The trustees will in do their own review of the item, and, if they agree, will place the proposal in some form on the agenda for an upcoming Conference Literature Committee to consider.

If the Conference Literature Committee agrees as well, it will be recommended in some form to the full Conference for approval. If the full Conference also agrees, it gets sent back to the trustees for development. From there it could still be several years before we see a fifth edition "Big Book" with a section of stories from members who got sober young.

Clearly, there are many points in the chain where a proposal might be blocked or delayed, and this in part is why it can take so long to develop new or changed AA literature. (A blocked idea can always make a comeback, and again work its way through the process.)

Again, closer to home, literature sales at the Nassau Intergroup office remain suspended. Please see last month's newsletter for alternative sources for AA literature in the interim, or check with the office.

Bill C., Literature Committee Chair  
516-292-3045 or [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

## STEP 2

Sean M. : Gratitude Group

Comm. Pres. Church, 12 Nottingham Rd.  
/Hempstead Ave., Malverne N.Y.

(Tuesday 7:30 Step & Tradition Meeting)



When thinking about Step Two, one of the first questions we might want to ask ourselves is 'how was I doing out there on my own?' If we carefully review the unmanageable parts of our lives under the influence of alcohol, can we say we were sane or insane? If we answer reflectively and honestly, chances are that while drinking we were working against ourselves, our best interest and those around us.

We can also ask ourselves how successful we were in trying to stop drinking on our own. If we conclude that our actions and behaviors were not sane and that we could not stop drinking on our own, then we have a good foundation on which to start building Step Two.

The newcomer might think that this is a religious conversion step. At first glance it might, for the believer perhaps it can be that, but it can also work for the unbeliever or the agnostic. The objective here is to stop resisting and start changing, but this requires getting over ourselves and some obstacles first. We might be defiant and insist that we were really in charge, not the booze, but can we honestly say that we were in charge if our lives had become unmanageable?

We may have lost faith in God, religion and/or others, but Step Two, if we let it, can give us a chance to learn to trust again. We may attempt to intellectualize or rationalize to convince ourselves that we can be in control without the aid of something outside of ourselves, but again, we should ask ourselves how successful we were in the past and perhaps admit to ourselves that maybe we can rely on others for help when we need it.

Finally, we might come to AA full of faith, but yet still be broken by our disease. The concept of works or faith might apply here or put more bluntly, "move a muscle, change a thought" so that faith can be applied to action. No matter which of these obstacles might stand in our way, the point is that we don't have to believe in any one religion or form of spirituality, we simply try to trust in a higher power (something outside of ourselves) to begin moving toward getting better physically, mentally and spiritually.

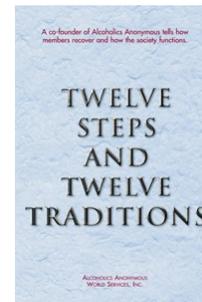
By letting go, we just might free ourselves to be teachable and learn. By giving up, we might stop fighting and regain our strength and if we learn humility, we might just give ourselves some room for clarity in our minds.

## TRADITION 2

Sean M. : Gratitude Group

Comm. Pres. Church, 12 Nottingham Rd.  
/Hempstead Ave., Malverne N.Y.

(Tuesday 7:30 Step & Tradition Meeting)



Tradition Two ask a very tough question: who runs AA? It has an equally tough answer, nobody runs AA. To be more precise, no one individual runs AA. It's run by groups of individuals.

But then we might ask what guides the group of individuals? The answer, as the Twelve and Twelve puts it, is nebulous: we are governed by one ultimate authority, a loving God as He may express Himself in our group conscience. As nebulous as it might seem this does offer some guidance, but the guidance is more a set of guardrails on either end of a fairly wide road rather than a single narrow and tight path.

As this tradition tells us, group members and those doing service are but trusted servants and do not govern. Each group is guided by its own group conscience and each group has a primary purpose and that is to carry the message of AA to the next alcoholic.

If we were to rely on individuals, then each group could be dominated by personalities rather than purpose or by individual ideas that run contrary to the program of recovery. Over time this could shape, bend and twist the message being delivered and therefore dilute it and change what has been passed down and freely given.

Tradition Two emphasizes the value and importance of group members attending business meetings because it here that group business is discussed and in particular a group conscience, though not limited to business meetings, often is formed and the efficacy of the group often maintained.



Nassau County Intergroup presents

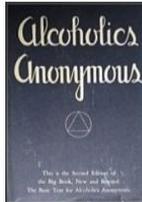
The 42<sup>nd</sup>

SHARE A DAY

Sat. April 6, 2019

## A VISION FOR US

Light Breakfast  
Lunch - Coffee - Cake  
Old Timers Panel  
Keynote Speaker  
Young People in AA  
AA Meetings  
Al-Anon  
Spanish Meeting



Nassau Intergroup  
General Service  
Committee  
Nassau County  
Archives  
Literature  
& Great Fellowship

8:00 am - 4:15 pm

ST. JOSEPH SCHOOL

1346 Broadway, Hewlett 11557

BRING ALONG



GOD GRANT ME THE  
SERENITY TO ACCEPT THE  
THINGS I CANNOT CHANGE;  
COURAGE TO CHANGE THE  
THINGS I CAN; AND WISDOM  
TO KNOW THE DIFFERENCE.

Share a Day – Join Us on April 6, 2019

Before you know it the flowers will be blooming and the birds will be chirping!

**HOPE:** We will be moving from the cold of winter to the warmth of spring. A great parable to the healing and love we receive when coming out of the despair of active alcoholism and into a new way of living that Alcoholics Anonymous offers us.

This year's SHARE A DAY will showcase "A VISION FOR US" To show others, how we have recovered from a hopeless state of mind and body." Along with with our service organization, and through the unity that AA exemplifies, we will come together on April 6, 2019 at St. Josephs School , Broadway, Hewlett, NY to strengthen our spiritual lives, heal our broken places and carry the message that has so much depth and weight.... "To show others how to recover."

The day will begin with breakfast at 8:00 am followed by choices of meetings.

From the "Dr's Opinion to prayer and meditation and to Working with others we will be joined by an Old Timers panel, Keynote speaker, Young People in AA and more.

Nassau County Intergroup Committee, Nassau General Service Group, Alanon, and the Share A Day committees are working to welcome newcomers – old-timers, parents , and friends to HAVE A NEW EXPERIENCE at SHARE A DAY, Saturday, April 6, 2019.

To join the committee, and or do service,  
Contact; Carol M/ [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

### Friendly Reminder

Literature sales at the Nassau Intergroup office will remain suspended moving into this year, and we again apologize for any resulting disruption, confusion or inconvenience.

While we sort ourselves out in Nassau, online sources for AA literature include: AA World Services at [www.aa.org](http://www.aa.org) > "AA Literature" > "Go to Online Bookstore;" AA Grapevine at [www.aagrapevine.org](http://www.aagrapevine.org) > "Store;" and, NY Intergroup at [www.nyintergroup.org/shop](http://www.nyintergroup.org/shop).

Literature may also be purchased in person from NY Intergroup at 307 Seventh Avenue, Suite 201, New York, NY 10001, tel. 212-647-1680; Wednesday-Friday, 9AM-6:30PM, Saturday, 9AM-4PM, among other sources. It is suggested you call ahead. There are no walk-in literature sales at GSO. A reminder too, if you purchase literature from non-AA sources, the proceeds of those sales do not go to support AA.

Bill C. Literature Chair  
516-292-3045 or [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

## **From the Nightbook – February, 2019** **The Power Greater Than Ourselves**

We know from our experience that we could not get sober alone; nor could we stay sober alone. When meetings are over and we go to our homes, our jobs, or even the auto repair shop, we are left alone with our thoughts. Though we may have been sober for 1 year, twelve years, or even forty years, there is always the need to reach out to another alcoholic at any time. Of course, you can always carry around a copy of the GRAPEVINE, our meeting in print, or a pocket size version of the Big Book, or Twelve & Twelve, as its commonly known. Putting these tools aside, e-books and websites and online meetings are growing in usage daily. Let's just say that our recovery -

related activities have become digitized—virtually replacing flesh and blood, tripling in fact over the last ten years!

While it is possible to call in and be part of an online meeting; nothing quite surpasses the power of the human voice to help someone in distress.

The voice I'm referring to is another alcoholic; better yet—an alcoholic from Nassau County. So, welcome to the Nightbook, part of our twenty-four hour service of combatting the disease of alcoholism; whether it be for a complete newcomer, or even a seasoned member of AA, who just needs someone to talk to....

Our volunteers are there day or night to help. When our Intergroup Office is open, there is always someone there to do the following: help guide people to meetings, provide information on the services we provide, and information about alcohol treatment facilities that handle medical emergencies (although NOT part of AA). After the Intergroup Office closes, the hotline is forwarded to a member of the group that has this nighttime responsibility for the week.

When we do service like this on the Nightbook, we tap into a power greater than ourselves. The connection between the caller and the volunteer begins to take on a life of its own. It is a deeply spiritual thing to re-enact the formula for recovery that our two cofounders discovered eighty years ago; one drunk talking to another. The two people on the phone, whatever their differences or their stations in life can bond

by recognizing the thing that brings them together—being alcoholic. A person who has life's burdens whether real or perceived crashing down on their heads, can make a phone call, and usually within minutes, the burdens are lifted and laughter is heard. The reason is simple; the caller recognizes that the volunteer has been where he or she is at one point—and survived!

To become part of this nightly miracle, (and it truly is a miracle) just ask your Intergroup Rep to volunteer your group to "take the book" for the week, and become a part of it.

You only need 6 continuous months of sobriety to do the Nightbook! I am also looking for back-up volunteers to answer the phones on an emergency basis; i.e., someone cannot take the phones for whatever reason that evening. To become part of this, and add "

Nightbook" to your service resume, give me a call and I'll get back to you.

**Now, I would like to take this opportunity to thank those groups who have taken the Nightbook for the month of January, 2019:**

**Sobriety Without End Group Malverne.**

**Seaford At Wantagh Group, Wantagh.**

**Sobriety First Group, East Rockaway**

**Pace Group, Bellmore.**

**Hand In Hand Group, Westbury**



**Thank you all!**

**With you in trusted service,**

**Steve S. Nightbook Chair web address [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)  
2nd Vice Chair, Nassau Intergroup of AA**

## **Let's Get digital (and \$ave)**



**Hey everyone,**

**First, a BIG THANKS to all members and groups who've participated in our Seventh Tradition by making contributions at your home group, to our local Intergroup, to GSO, and to other parts of A.A. Your voluntary contributions keep the doors open, the websites updated, the phones on, the literature available, and the hand of A.A. extended in so many other ways.**

**As your new treasurer, I've been busy depositing your contributions, sending out acknowledgments, and looking for ways we can be as careful as possible with our AA dollars. One thing I'll be doing is gathering email addresses for each group for contribution acknowledgments. Sending these via email means (1) we'll save a couple hundred dollars per year, (2) your home group's treasurer gets the acknowledgement faster, and (3) that acknowledgement is easy to bring to your home group's biz meeting, since it'll likely be on your treasurer's phone!**

**If you're reading this article and your group does NOT currently have an intergroup rep but you'd like to get emailed acknowledgments for your group's contributions, please email me at [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org), and let me know the following: (1) your group's name, (2) your service position in the group, and (3) the email address where I should send your acknowledgments.**

**All contributions will be acknowledged via either email or postal mail. If you don't receive an acknowledgement, please let me know. Thanks again for all you are doing for our fellow alcoholics, via your voluntary contributions.**

**Yours in Service,**

**Jim M. – Treasurer**



## From the Editor:

### SLOGANS AND THE RESPECT THEY DESERVE



I placed this sign right side up when I first set up a meeting. The person assisting me while I was making coffee flipped the sign upside down.

Now mind you, the person who was helping me had twenty five years sober, I had just *thirty* days. My OCD kicked in and right before I was flipping the sign back, I got a tap on the shoulder. My assistant explained that we keep the sign upside down because that is how we think as alcoholics. Our thinking is skewed by years of ignorance to our altered and sometimes down right dysfunctional way of thinking. The idea was explained to me as *not to think*.

As months flew by with many meetings of doing set up service, I worked with several people who had different opinions of the same slogan. The one that stood out the most was by an old timer. He explained: The first "think" (in small font on the slogan poster), is allowed for yesterday . . . I pull out *that* think and use it to help others, when I need to remember *not* to ruminate in yesterday . . . but sometimes I *need* a small think in that department, lest I forget what got me here.

The last "think," (also a small one on the slogan poster) is for tomorrow; live in the moment, just for today . . . but I do have a mortgage payment due on Friday!

It's okay for me to think about that and make sure the money is there. It is totally okay to make plans and set goals for myself that are not in today.

The middle "think," (the biggest one on the slogan poster) is for today.

It reminds me to live in the moment. Today is all I really know that I have.

3 "thinks;" that's all you get before it becomes your new higher power - your latest attempt at control and manageability. 3 "thinks;" and if you haven't figured it out then turn it over to God and let Him handle it. If you can't figure it out in 3 "thinks," you can't figure it out.

Let's take a look at page eighty six in *The Big Book*, 2nd to the last paragraph:

*"Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.*

*In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while."*

Yours in Service,  
Steven S.

## NIAA Institutions Committee

A soundness of mind & judgement, rationality, reason & sensibility is the definition of being sane. This reminds me of Step 2: *Came to believe that power greater than ourselves could restore us to sanity*. Follow that up with the 2<sup>nd</sup> Step Prayer: God, I'm standing at the turning point right now. Give me your protection & care as I abandon myself to you & give up my old ways & my old ideas just for today. Amen.

As I write this to you, I am in inpatient Physical Therapy Rehab & will be for a couple of months. This is just as humbling as becoming clean & sober. Learning to stand & walk again, do daily routines that you don't normally think about. Hence, another part of my life that I don't do for the riches & glory. I do this till I die. I do just to live with conviction to bring me back stronger. While I find myself growing physically I notice that I am becoming spiritually healed. You would think too much physical pain would impair the side effects of it; yet, helps to flush out the demons that used to run rampant & free.

In sticking with our primary purpose of bringing meetings into hospitals, institutions, rehabs, detoxes, jails, psych wards & the VA. Providing over 400+ meetings a month, we can be & sometimes are the first contact people have with the strength & hope that AA provides. However, as we grow, we are in need of new & MORE volunteers. Those whom are willing to give of themselves, to help others in the various hospitals and/or institutions. So anyone with an interest or desire is welcome to participate. We are always looking for speakers & chairpersons.

The NIAA Institutions Committee is the longest running committee, bringing AA's experience, strength & hope, in to the hospitals, institutions, & jail. Nowadays, most of us, find our ways to AA through those paths of sort. While those institutions provide treatment for acute symptoms of the disease, we can provide information to the broader AA community as a necessity to get well & stay sober. We maintain our 12<sup>th</sup> step Institutions work, "we have had a Spiritual Experience as a Result of these steps, we try to carry this message to alcoholics & practice these principles in all our affairs". In Tradition 5 "each group has but one primary purpose-to carry its message to the alcoholic that still suffers"

We meet on the 1<sup>st</sup> Wed of the month in the Intergroup office 361 Hempstead Tpke, West Hempstead at 8pm. The main purpose is to bring the chairperson of each facility with the reps & people who can fill the available speaking dates. Secondary, is to distribute conference approved literature, newsletters, and meeting books. If you wish to participate simply send a rep down or provide a cash donation, 5% of a group donations should be earmarked for H&I as per General Services guidelines.

To all groups & individuals whom participate, speak, donate, attend, chair & carry the AA message via your experience, strength hope, I offer on behalf of AA Thank you;

Archie N  
Primary Purpose Group, Lynbrook  
Institutions@nassauny-aa.org



**NASSAU GEN SVCS DISTRICTS 208,208,211  
PRESENT:**

**“SPONSORSHIP”**



**OLD CONCEPT <—> NEW CHALLENGES**

**Panel Discussion & Interactive Discussion:**

- **Sponsoring the LGBT Alcoholic**
- **The special needs alcoholic**
- **The dual addicted alcoholic plus MORE!!**

**WHERE:**

**St. Luke's Episcopal Church  
253 Glen Avenue Sea Cliff, NY 11579**

**WHEN:**

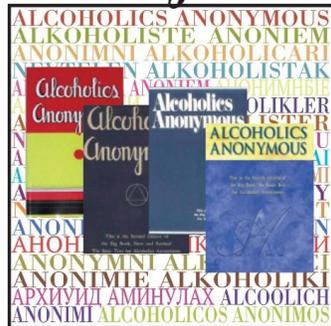
**SATURDAY MAY 11th 9:30am - 1:00pm  
Complimentary Breakfast & Luncheon**

Save the date.

**51<sup>st</sup> SENY  
Convention**

**March 22-24,  
2019**

*Our Big Book*



*80 Years | 71 Languages*

**Westchester Marriott Hotel**

670 White Plains Road, Tarrytown, NY 10591

Speaker Meetings • Workshops & Panels • Alkathon • Banquet • Archives  
Literature & Service Tables • AA Videos • Spanish Translation  
Entertainment • Al-Anon • Much More

Online convention and hotel registration open at  
[www.aaseny.org](http://www.aaseny.org).

[convention@aaseny.org](mailto:convention@aaseny.org)



# CLUSTER MEETING!

*Serving Districts 208,  
209, & 211*



- **ALL GSRs are asked to attend from our Districts!**
- **PLUS ANY INTERESTED AAs**

-

- *Where:*

- **St. Luke's Episcopal Church**
- **253 Glen Avenue**
- **Sea Cliff, NY 11579**

*When:*

**Second Thursday of Each Month  
This month: February 14th, 2019  
From 7:00pm - 8:00pm**

**☺ See You There!! ☺**



## Meeting List Changes

### NEW GROUPS

#### **-Bethpage 11714**

Principles Before Personalities: ,New Apostolic Church, 600-620 Broadway; Mon. 7PM C(1st & 3rd, S, 2nd & 4th ,T), Wed. 7PM C (Daily Reflections), Fri. 8PM, B.

#### **-East Rockaway 11518**

Sobriety First, VFW Post # 3350, 164 Main St.; Mon. 7PM B, 8:15PM O.

#### **--Freeport 11520**

Jaywalkers, 178 S. Ocean Ave. added Thurs, 8PM , B

#### **--Garden City 11530**

Garden City Gp, 245 Stewart Ave., Tues., 7:30PM now a Step Mtg.

#### **--Great Neck 11021**

Sobriety First; 98 Cuttermill Rd., Ste, 386N; Thurs. CD 7:30PM

#### **--Huntington Station 11746**

High Noon, 175 Wolf Hill Rd., Added Sun noon O, Sat., 10AM YP, 5PM Meditation

#### **—Levittown 11756**

Courage to Change, Good Shepard Lutheran Church, 3434 Hempstead Tpk.; Mon. 7PM C.

Seeking God First, Good Shepard, 3434 Hempstead Tpk., Women's C. 9AM

#### **—Malverne 11565**

Tuesday Morning Reflections, Church of the Intercessor, 50 St. Thomas Pl.; Tue.10:45AM Daily Reflections.

#### **—Seaford 11783**

The Rainbow Room, St. Michael's Episcopal Church, 2197 Jackson Ave. (Main building); 7:30PM, 1 st& 3

rd Tue. CD (Sober and Out book), 2

nd Tue. C

(Meditation), Last Tue.,O (Anniversary); LGBTQ.

#### **—Wantagh 11793**

Lady Clique, St Frances de Chantal School, 1309 Wantagh Ave., Room 23; Sat. 8:30PM CD.

#### **—Westbury 11590**

AA Beyond Belief, Life Lutheran Church, 1 Old Westbury Rd. (Parking in rear); Wed. 8PM CD

### CHANGES—

#### **-Amityville 11701**

Friendly Group; New Location: Simpson United Meth, 30 Locust Ave.

#### **—Baldwin**

New Look on Life, First Church Baldwin, 881 Merrick Rd.; Tue. 7:30PM OB is now B; no other changes.

Sober Living, Last Thursday only, O

#### **—Bethpage 11714**

Acceptance Group, St. Martin of Tours (new location), 40 Sea- men Ave. Church; no other changes.

#### **-- East Norwich**

East Norwich Group, 3rd Tuesday is now Beginner meeting, 7:30PM

--East Rockaway 11518

Sobriety First; Mon. B now meets at 7:00 PM

#### **--Franklin Square**

Road to Recovery, Ascension Luth Ch, 145 Franklin Ave.; Added BB Sat.,8:45AM

#### **—Levittown 11756**

Thurs. AM Disc. Good Shepard, 3434 Hempstead Tpk.,1st Th BB, 2nd Th CD, 3rd Th S, 4th Th Anniversary

Old Skool, New Location, 36 Taylor Ave, East Meadow, Wed 6PM B

#### **--Long Beach11561**

Serenity by the Sea AM, St James Episc. 220 W. Penn St., Wed 10AM CD is now "As Bill Sees It".

#### **—Manhasset 11030**

Big Book Experience, Shelter Rock Church, 626 Plandome Rd.; Fri. BB moved to Sat. 11AM; WC.

#### **--Wantagh 11793**

Wantagh Fri. AM Gp, St. Francis de Chantel, 1309 Wantagh Ave.,3rd Fri now S, last Fri. now Anniversary

#### **--West Hempstead**

Creatively Sober; Trinity Luth., 260 Church St. Sun. 8AM CD no longer meets

### CLOSED GROUPS—

**--Manhasset** Manhasset greoup Cong Ch./1845 northern Blvd. 7:30 CD

#### **--Huntington**

Sobriety First, W. Hills United Methodist, 1 West Hills Ct., 1se Thurs Step, 6PM

#### **—Malverne**

12 Step Fever, Church of the Intercessor, 50 St. Thomas Place.

## Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 8/30/2018.)

BEGINNERS = B BIG BOOK = BB

CLOSED = C CLOSED DISCUSSION = CD

OPEN = O OPEN DISCUSSION = OD

STEP = S TRADITION = T

WC = WHEELCHAIR ACCESSIBLE

YP = YOUNG PEOPLE

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS

## NASSAU INTERGROUP EMAIL ADDRESSES OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

### STANDING COMMITTEES

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Program Chair/Secretary [seclist@nassauny-aa.org](mailto:seclist@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

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Speakers Exchange [speakersexchange@nassauny-aa.org](mailto:speakersexchange@nassauny-aa.org)

Special Needs [specneeds@nassauny-aa.org](mailto:specneeds@nassauny-aa.org)

12th Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

Or phone 516-292-3045 business hours and leave a message

Nassau county General Service contact Annabel:

[dcmc@nassau.aaseny.org](mailto:dcmc@nassau.aaseny.org)

## **HELP NEEDED**

### **PHONE REPS**

**INTERGROUP ASSOCIATION OF NASSAU**

**SUN-9AM-1PM & 1PM-5PM**

**MON-1PM-5PM**

**TUES-1PM-5PM**

**SAT-1PM-5PM**

**CONTACT: KENNY 516 292-3045 1 YR SOBRIETY REQ.**

