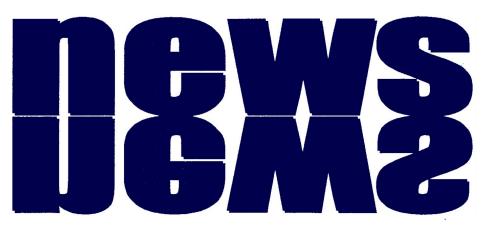
nassau intergroup of alcoholics anonymous®



Intergroup Association of Nassau

(Nassau Intergroup of AA, Inc.)

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org

516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

MAY 2019

CALENDAR OF EVENTS

All meetings are Intergroup events held at 361 Hempstead Turnpike, West Hempstead unless otherwise noted.

MAY 2019

- 5/1— Institutions Committee, 8PM, followed by Corrections Committee
- 5/2— **Reps Orientation**, 7PM (Suggested for new Reps.)

Reps Meeting, 7:30PM

- 5/4— <u>SENY Pre-Conference Assembly, Cross Hill Academy, 160</u> Bolmer Avenue, Yonkers 10703, 8:30AM-3:15PM
- 5/9— PI/CPC Committee, 7:30PM
- 5/12— NI Tradition 5 Workshop, 9:30AM
- 5/15— Website Committee, 7:30PM
- 5/20— Nassau General Service Group (NGSG), Bridging the Gap Workshop, 7PM. See announcement page 7.
- 5/19-25— 69th AA General Service Conference (By invitation.)
- 5/20— Newsletter deadline for June
- 5/30— **Steering Committee**, 7:30PM (By invitation.)
- 5/30-6/2— Northeast <u>Regional Forum</u> (NERF), in cooperation with <u>SENY</u>, Area 49, Westchester Marriott Hotel. See announcement page 7 for details.

JUNE 2019

- 6/2— 35th Nassau Unity Breakfast, Long Island Marriott Hotel, 101
 James Doolittle Boulevard, Uniondale 11553; 9AM-1PM.
 See announcement page 7 for details.
- 6/5— Institutions Committee, 8PM, followed by Corrections Committee
- 6/6— **Reps Orientation**, 7PM (Suggested for new Reps.) **Reps Meeting**, 7:30PM
- 6/9— NI Tradition 6 Workshop, 9:30AM
- 6/15— **Exchange Meeting**, 7-9AM, Nassau Community College, 1 Education Drive, Cluster F, Room 127, Uniondale 11553
- 6/15— SENY Post-Conference Assembly, Brooklyn, details TBA.

6/17— Nassau General Service Group

(NGSG) Orientation, 6:30P (Suggested for new DCMs/GSRs.) NGSG Meeting, 7:30PM

6/19— Website Committee, 7:30PM

6/20— Newsletter deadline for July

6-27— **Steering Committee**, 7:30PM (By invitation.)

OPEN HOUSE & BARBEQUE June 22

(Rain date June 29) 11AM-3PM Visit your Intergroup. Meet the Officers & Committees.

From the Chair

Last April Reps meeting we celebrated the end of our Night Book Chair's term in the spirit of rotation, and we filled as many weeks until June. In the next two months we need a dedicated person to take over the Night Book. There could be groups that take on the Night Book on a weekly basis until then, but ultimately someone needs to be the chair and switch the phones to and from the volunteers and keep up the books with up to date group information. I am putting a help wanted sign up here in the newsletter.

We are also still looking for phone reps for the office. If you have six months sober and want to volunteer for answering the phones either 9AM to 1PM or 1PM to 5PM, a four hour block any day, please call office and talk to Karl or Ron about volunteering.

April 6 also was our Annual Share-A-Day, and there were about 290 participants Plenty of food was served and it was a huge success.

(Continued page 3.)

AA'S THREE LEGACIES FOR MAY

Step 5— Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Tradition 5— Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept 5— Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

We offer a listing of opportunities for service with Nassau Intergroup.

Help Wanted

Interested? Leave a message at the NI office during business hours (9AM-5PM daily) at 516-292-3045 or send an email to the addresses below.

Current service opportunities include:

■ Assistant Treasurer — Back up for the treasurer and primary responsibility for record keeping and compliance with respect to

proposed literature sales and related sales tax filings if sales are restarted. Contact:

treasurer@nassauny-aa.org.

- **Night Book Chair** Coordinate coverage of the Hotline after office hours daily. Contact: chair@nassauny-aa.org.
- 12th Step List Coordinator Upkeep of the group 12th Step Lists used in the office and with the

Night Book. Contact: chair@nassauny-aa.org.

- Intergroup Office— Volunteers needed to answer phones and handle inquiries, any day(s), 9AM-1PM or 1-5PM. Contact: officemanager@nassauny-aa.org.
- Website— Volunteer(s) needed familiar with PHP or MySQL or willing to learn. Chair also needed. Contact: webcommittee@nassauny-aa.org.

Want to know more? Phone the office and leave a message for the chair (Kevin McH.) or email, chair@nassauny-aa.org.

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AA HISTORY FOR MAY

May 11, 1935— Bill W. reaches out to Rev. Walter Tunks from lobby of Mayflower Hotel in Akron after losing proxy fight. He is put in touch with and meets Henrietta Seiberling who sets up a meeting with Dr. Bob S. the next day.

May 12, 1935 — Bill W. meets Dr. Bob S. on Mother's Day.

May 1938— Alcoholic Foundation (later to become the General Service Board) establishes a trusteeship for AA.

May 1, 1939— Bill and Lois W. lose their Clinton Street, Brooklyn home. May 10, 1939— Cleveland AA begins under the leadership of Clarence S., the first formal break with the Oxford Groups.

May 22, 1940— Works Publishing is established.

May 1, 1944— AA office moves from Vessey Street to Lexington Avenue with the mailing address PO Box 459, Grand Central Station.

May 9, 1944— Bill W. is invited to speak to the NY State Medical Society.

FAQs About AA History from AAWS *

 ${\it Q.--}$ What is the story behind the Herbert Spencer quote in Appendix II of the Big Book?

A.— The Herbert Spencer quote first appeared in the First Edition, First Printing of the Big Book (1939), on page 380, at the beginning of the story "An Artist's Concept." The quote was included with this story throughout all 16 printings of the First Edition, from 1939 through 1955. That story was dropped when the Second Edition of

the Big Book was published in 1955—and the Spencer quote was dropped with it. The Spencer quote does not appear in the Second Edition/First Printing (1955) or the Second Edition/Second Printing (1957). However, the quote was added to the Third Printing of the Second Edition in 1959, at the end of Appendix II, where it still appears today.

We have been unable to locate the source for this quote in any work by Spencer, who published an enormous amount on a great variety of topics. The quote is attributed to Spencer on page 650 of *The Great Quotations*, compiled by George Seldes and published in 1961. More recently, one scholar conducted a considerable amount of research into the origin of the quote and concluded that it derives from a Christian apologetic work by the 18th Century British theologian William Paley. We can neither confirm nor refute this finding, but share it here as an additional resource.

* Edited from, www.aa.org > Archives & History > History and Resources > FAQs.

"We will be more reconciled to discussing ourselves with another person when we see good reason to do so. The best reason first: If we skip this vital step, we may not overcome drinking."

—From Step Five, Alcoholics Anonymous, p. 72.

Haiku

1935

It only took two people. Founders' first meeting.

by Brenda P.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson
1st Vice Chair
2nd Vice Chair
Secretary
Treasurer

Chair@nassauny-aa.org
1stvice@nassauny-aa.org
2ndvice@nassauny-aa.org
2ndvice@nassauny-aa.org
secretary@nassauny-aa.org
treasurer@nassauny-aa.org

STANDING COMMITTEES

Archives Coop. Pro. Comm. (CPC) Corrections **Financial Review** Institutions (H&I) Literature Meeting List Newsletter Night Book Officer Coordinator (Mgr.) Public Information (PI) Share-a-Day (SAD) Speakers Exchange Special Needs 12th Step List Website

archives@nassauny-aa.org cpc@nassauny-aa.org corrections@nassauny-aa.org finance@nassauny-aa.org institutions@nassauny-aa.org literature@nassauny-aa.org meetinglist@nassauny-aa.org news@nassauny-aa.org nightbook@nassauny-aa.org officemanager@nassauny-aa.org publicinfo@nassauny-aa.org shareaday@nassauny-aa.org speakersexchange@nassauny-aa.org specneeds@nassauny-aa.org 12thstep@nassauny-aa.org webcommittee@nassauny-aa.org

Or phone 516-292-3045 business hours and leave a message.

"If we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission—to carry the AA message to those who don't know there is a way out."

-From "Tradition Five," Twelve Steps and Twelve Traditions, p. 151.

Share-A-Day Wrap Up

Thank you to all the volunteers and groups that took commitments at Share-A-Day. The day was just perfect. The comradery and workshops were exceptional. Your input from our survey sheets was very helpful. If you want to get involved, stay tuned to the newsletter for planning committee updates for Share-A-Day 2020.

I am grateful to have served in the capacity as chair and I know that everything I learned about event planning and service has been freely given to me by loving God.

Carol M., SAD 2019 Chair

516-292-3045 or shareaday@nassauny-aa.org

From the Chair (Continued)

The participation of the Young People was a new addition to our normal program. My hat is off to Carol and all the committee. Augi was in the kitchen all day, and did a great job helping me keep everything moving. Tom helped with all the shopping, and getting all the equipment from the office to Share-A-Day. Registration was moving people at a great pace, and the Long Timers and Keynote speakers were great!

I attended the SENY committee on April 1, April 3 the Reps meeting, Share-A-Day April 6 and the Share-A-Day Wrap meeting April 10, the Al-Anon Board meeting April 11, the Nassau General Service (NGSG) meeting April 15, and the Long Island Spirituality Through Service (LISTS) planning committee on April 16.

I hope all the AAs in our county will make our Nassau Intergroup office as well facilitated as possible.

"I am responsible: When anyone, anywhere, reaches out for help, I want the hand of AA always be there. And for that: I am responsible."

Kevin McH., Chair

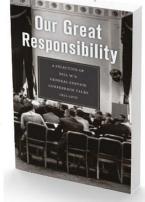
516-292-3045 or chair@nassauny-aa.org

Literature— "New" from Bill W.

A review of previously obscure recordings in the AA archives provides access to a wealth of material from talks AA co-founder Bill W. had offered at the many General Service Conferences he attended between 1951 and 1970. Expected this month, *Our*

Great Responsibility: A Selection of Bill W.'s General Service Conference Talks will be the first new book published by AAWS in over 30 years. Access to these talks offers new insights into Bill's vision for AA and the Conference, and a window into AA history as Bill lived and recalled it, views not previously available along with Bill's thoughts on a number of questions still open for AA today.

The road to the new publication was long and time consuming. It began with a GSO staff member listening to many hours of recordings to identify the relevant talks which were interspersed with other materials. From there the selected talks had to be transcribed, and then those transcriptions checked for accuracy. The book proposal then needed development. The AAWS Board reviewed the resulting



proposal, and sent it on to the Trustees' Archives Committee for consideration. From the Trustees it was sent on to the 2017 General Service Conference Archives Committee for further consideration, and from there the development of a manuscript was approved. Following some minor changes to the proposed manuscript, the 2018

Conference approved the publication of the book expected this month.

In addition to Bill's Conference talks, the new book includes an introduction and preface, additional talks by Lois W., Bernard Smith (non-alcoholic chair of the Alcoholic Foundation—later renamed the General Service Board—and one of the architects of the Conference structure) and Dr. Jack Norris (also a non-alcoholic chair of the General Service Board, and one of the originators of the Regional Forums), notes, appendices and over 60 images from the AA Archives as illustrations.

For more on *Our Great Responsibility*, go to *Box 4-5-9*, Vol. 65, No. 1/Spring 2019, pp. 1-2.

Closer to home, feedback is coming in on the questions Literature put to the groups in Nassau concerning the future of Literature sales at Nassau Intergroup. (See box below.) Continue to watch your newsletter and to attend the monthly Reps meeting for further developments and for chances for more input, and thanks for your participation as we work on this matter.

Bill C., Literature Committee Chair 516-292-3045 or literature@nassauny-aa.org

Literature Questionnaire

Your group can help us decide on a future course by answering the following three questions:

- 1. Does your group offer/use AA literature (books and pamphlets) and related items (any other items in the AAWS/AAGV catalogues)?
- 2. In the past, did your group get its AA literature and related items mainly from NI?
- 3. Would your group like to see NI return to making AA literature and related items available for sale?

Please return the answers to these questions along with any further comments to the attention of Literature either electronically (literature@nassauny-aa.org) or in writing to the Literature box in the office, one response per group please.



"We recognize that minorities frequently can be right; that even when they are partly or wholly in error they still perform a most valuable service when, by asserting their 'Right of Appeal,' they compel a thoroughgoing debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority."

-From, Twelve Concepts for World Service, p. 22.

Practice These Principles— Step 5— "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

Admit our wrongs to God, ourselves, and to another person? Didn't we just go through all of this in Step 4? Why rehash this stuff all over again and why to another person? These are all normal and expected questions when it comes to Step 5. As with many things in AA, the answer to these questions is that because through doing so, more will be revealed.

Before digging deeper into the purpose of Step 5, a few caveats are required. This Step involves very personal and perhaps embarrassing or damaging things. Caution should be taken when sharing information to another person. It should be someone you trust, or someone who cannot use the information against you. Also, you should not do this Step with someone who could be hurt by what you reveal. Caution should also be used in divulging information that could result in criminal or civil liability for you or others.

With that out of the way, we return to wondering why we have to continue shining a light on things that we'd rather not remember. This seems to only dig up the past and to have the possibility of hurting us and others. The reason for this Step stems from human emotions: guilt, shame, resentments, anger, fear. The reactions and emotions that resulted from our behavior created burdens that we carry with us and they make us weak and wear us down over time, like hiking with a stone in our shoes.

As by now should be apparent from the prior Step work, we are continuing on a journey of cleaning up the wreckage of an alcoholic past. To strengthen our recovery, we need to keep moving onward and forward, and we do this in Step 5 through a physical and verbal act that demonstrates the willingness to change, to become unburdened, to step out of isolation, to shine a light that wipes away the darkness of fear.

By doing this Step, we hope to emerge with a stronger personal awareness, an improved ability to be honest, deeper spirituality and a greater humility that will help us to finally put down the bat that we have been using to hit ourselves and others with.

Sean M., Gratitude Group, Malverne



Tradition 5—"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

"Shoemaker, stick to thy last." So opens Tradition 5 in the "12 and 12." What does this mean? Does it mean that the cobbler has to remember the last pair of shoes made? A quick internet search reveals that a cobbler's "last" is the metal or wooden form that shoes are made or repaired on. So the most accurate interpretation of this saying is that we should stick to what we know best. This is a perfect illustration for Tradition 5: the "Primary Purpose" Tradition.

Here we learn that our primary purpose needs to be to carry the message of recovery to all that still suffer. One of the ways we can ensure we do exactly that, and nothing else, is to remind ourselves that we have a specific reason for the existence of our Fellowship. We are specialists in our own recovery, we are not generalists, and our focus is on nothing but recovery: learning it from others, discovering it for ourselves and passing it on to the willing newcomer. All else are outside issues.

As we learned in our 4th Step work, we alcoholics are pretty good at building resentments and running off in all kinds of directions. If we didn't stick to our primary purpose, our Fellowship, our society, would not have lasted very long. But because we keep it to the primary purpose, we have managed to keep this thing going since the mid-1930s. The sober among us discovered that we no longer have to live the miserable life of the active alcoholic and we have an obligation to share this wisdom with others who seek it.

Giving it away becomes an act of self-preservation, the "insurance policy" as our literature calls it. We do this without want for money or to proselytize a particular religion. We keep our fellowship moving along in its primary purpose so that we can find our own state of grace, that is, a state of being that we can be comfortable with, and that not only gives us a bit of peace and serenity, but also gives us the humbleness and willingness to share it with others so that we can stay sober one day at a time.

Sean M., Gratitude Group, Malverne

Concept 5— Minority Voice

Concept V reminds us that, "The well-heard minority . . . is our chief protection against an uninformed, misinformed, hasty or angry majority." Considering this, it may be helpful to go back to Tradition 2

which suggests that, "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience." If so, the route we take to determining our group conscience is all important.

Sometimes we may be inclined to want to get the group's Business Meeting over with quickly so we can move on to other things. This may cause us to rush through decisions big and small. It may not matter too much when we're talking about the kind of cookies we serve or the size of coffee cups, but it may be a mistake when talking about more weighty matters such as selecting group officers and representatives, considering how we dispose of excess funds, or deciding if we add, drop or change a meeting for instance.

The AA Group pamphlet (P-16, a little gem of shared experience) suggests that, "The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of AA principles. To be fully informed requires a willingness to listen to minority opinions with an open mind." (Page 28.) This clearly suggests we not rush our process, and make sure every point of view on a given matter is heard before we try to make a decision. This is where the minority voice comes in.

Consider that some information being presented on a matter may be incomplete or even incorrect, or that emotion may be clouding the question. The minority voice may complete or correct information, or may offer a less commonly held or even an unpopular view on a matter. (It's easy to listen to a widely held view—especially if it coincides with my own—but less so when it is otherwise.) Allowing that voice to be heard ensures a thorough consideration of any matter.

Ideally, the minority view should be offered in the routine course of discussion, not to be held back until a point of reconsideration. It is also not simply a restating in different words of a point already in consideration. Not rushing a discussion and decision can help assure the minority is heard. (After all, few things cannot be allowed more time, even if that means we defer our decision to a later date.)

Commonly, the minority voice does not (Continued page 5.)

Practice These Principles—

Concept 5— Minority Voice (Continued)

carry the day, but from time to time it may provide a tipping point in decision making, or at the very least ensures we have thoroughly and reasonably considered a matter before we decide. This too helps assure we are able to reach a point of "substantial unanimity" (a broadly supported grounding) on the given matter.

Do I take the time to listen carefully to all points of view when my group is making important decisions?

Bill C., Baldwin Group

(Reprinted from May 2016 NI Newsletter.)

NIAA Institutions Committee

It's May. Time shifts from winter to spring. It's here we are reminded of one of the most necessary steps in our recovery. This has been a contention of many attempting recovery. Some break, where others grow, like a flower blooms.

Step 5, "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs." Sounds difficult, but if we approach it with high hopes and a chance to grow, we will succeed.

The founders of AA were visionaries in their characterization of alcoholism as a disease. This was a revolutionary idea at the time, rather than the prevailing view, that alcoholics were simply bad people. The perception was transformed to the modern view, that alcoholics are gravely ill people who can get well.

The NIAA Institutions Committee brings AA meetings throughout the county to facilities such as jails, rehabs, detoxes, etcetera, and is the longest standing committee of NIAA. These days many of us find our way to AA through an institution of sorts. So, to H&I it stands as worded here, "If we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our society has concluded that it has but one high mission—to carry the AA message to those who don't know there is a way out." (From "Tradition Five," Twelve Steps and Twelve Traditions, p. 155.)

To all the groups and individuals who have responded to the request of the Institutions Committee for donations- please accept our appreciation. Hence, the institutions committee is made up of volunteers,

willing to do service by bringing meetings to the ones incapable of going out. We also work closely with the Corrections Committee.

We meet on the 1st Wednesday of each month at 8PM at the Intergroup office, 361 Hempstead Turnpike, West Hempstead. The main purpose of the meeting is to bring together the chairs of each institution meeting with anyone else interested in speaking at institutions. The chairperson will announce the meeting dates and times that he/she has available for speakers.

A secondary purpose of the Institutions Committee meeting is to distribute Conference-approved AA literature.

Lastly, the Institutions Committee meeting can be used as a forum to discuss any issues of importance to the committee. The goal of the committee is one of support, especially those whom are reaching out for help. We want to make sure the hand of AA is there. Beyond that, while these institutions provide treatment for the acute symptoms of the disease of alcoholism, we can provide the information for long term recovery.

Honesty gets us sober, but tolerance keeps us sober.

Archie N., Institutions Chair, 516-292-3045 or institutions@nassauny-aa.org

From the Nassau AA Archives

Our project was to compare the 1971 Nassau County answering service meeting list (the earliest one we have) with the current list of January, 2019.

The first list had 53 groups in the 39 towns. The current list has 263 groups in the 54 towns.

Can you help with these questions?

- Why wasn't the Manhasset group on the first list in 1971?
- Why weren't there any Big Book meetings on the same list?
- Why were there Queens and Suffolk county meetings included on this list?

Okay, back to business.

This archivist had a very interesting month.

■ April 6th was Share-A-Day with the usual archives display at Cedarhurst-Hewlett. Many visitors from the Fellowship and sisters from Al-Anon visited the table. In fact, quite a few signed a poster board that will be laminated for inspection at future

Share-A-Days. We also had a volunteer for the Archives committee. Finally, yours truly was honored to speak with four others on the "Old Timers Panel."

- April 24th we attended the SENY Archives meeting in Manhattan. It is important that we assist in updating the AA history in Area 49. Our part would consist of a continuation and amendment of the last history, originally completed in 1996.
- Additionally, the committee is looking at old newsletters, meeting lists, group flier's individual histories and meeting minutes.
- We need your help in obtaining these documents, please send them if you have them to Nassau County Archives.

Anyone interested in volunteering and serving our community by joining the Archives Committee is most welcome. We look forward to working with you.

John W., Archives Chair 516-292-3045 or archives@nassauny-aa.org

AA Grapevine Highlights for May

May Issue— With a Special Section, "Our Big Book Turns 80" featuring stories by AA members about the ways the Big Book changed their lives.

Books— New, *Take Me to Your Sponsor* (GV40). Sobriety can be tough sometimes,



which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too

seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing. Also, *One Big Tent* (GV39), a collection of

Also, <u>One Big Tent</u> (GV39), a collection of stories, originally pub-

lished in Grapevine, which represent the shared experience of secular AA members who have struggled with alcoholism, yet ultimately found a common solution in AA. These members share how they



found their place in AA, work the program, do service and sponsor others.

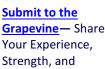
<u>Sobriety Calculator</u>— It's fun to count your years, days, hours or minutes in recovery.

AA Grapevine (Continued)

The Laugh's On Us— Submit a caption for a Grapevine cartoon.

Daily Quote Subscription — Sign up to receive an inspirational daily quote from the Grapevine via email.

Grapevine Magazine App-\$1.99/month with a 12 month subscription.





Hope. Submit your stories, photos, art and more. Go to www.aagrapevine.org for more info.

Consider a *Grapevine* or *La Viña* subscription or one of the many other AA Grapevine publications as a gift for that special AA

Go online to www.aagrapevine.org for more info or to get an AA Grapevine catalogue.



More on the Slogans











We are first introduced to AA slogans at the end of Chapter 9, "The Family Afterward," in the "Big Book." To me, they offer a shorthand for the way of living being suggested, "First Things First," "Live and Let Live," and, "Easy Does It."

As a newcomer to AA, I found these and other AA slogans and suggestions a kind of pocket wisdom I could readily carry with me into my daily living, reminders of the new way of life I was trying to pursue in the place of my disastrous drinking life. Recourse to these bits of AA wisdom was as valuable to me as carrying my sponsor's phone number or my 90 day token. They helped connect me like a lifeline to a drowning man at a time I was particularly vulnerable to falling back on my drinking ways. Today, they remain that lifeline even with a good number

of years of AA recovery behind me as I need to understand I'm still only an arm's length way from a drink should I allow my spiritual condition to lapse.

How many additional slogans can you think of? How do they influence your living?

Watch these pages as your newsletter editor continues his monthly series on the AA slogans.

Bill C., Literature Committee Chair

Newsletter E-Subscription

Take an e-subscribe to Nassau Intergroup's newsletter. Go to



www.nassauny-aa.org > Current Newsletter >

bottom of the page under the current issue's "pdf" to sign up. It's easy to opt in or out.

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change.

(Changes received as of 4/25/2019.)

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

ALL TIMES ARE PM UNLESS OTHERWISE NOTED.

NEW GROUPS

-Glenwood Landing 11547

Womens Big Book Study Group, Glenwood Life Center, 71 Grove St.; Thurs. 7:00, BB.

-Levittown 11756

Courage to Change Group, 3434 Hempstead Tpke., 6:00, BB (Women's closed, wheelchair accessible).

-Westbury 11590

AA Beyond Belief Group, Life Lutheran Church, 1 Old Westbury Rd. (parking in rear, wheelchair accessible); Wed. 8:00, CD.

CHANGES

-East Meadow 11554

Old Skool Group, 36 Taylor Ave.; Wed. B, now meets at 7:00.

I Am Responsible Group, Crossroads Church, 610 Carmens Rd. (handicap accessible); Tues. BB now 7:30; no other changes. -Franklin Square 11010

Brew Crew Group, Ascension Lutheran Church, 145 Franklin Ave.; add Mon. 11:00AM, Topic (T last Mon.), Tues. 11:00AM,

-Glen Head 11545

Glen Head Group, Glen Head Youth Center, 200 Glen Head Rd.; Thurs. 8:00, CD dropped; no other changes.

—Great Neck 11020

Big Book Group, St. Aloysuis, 592 Middle Neck Rd. (school building basement, enter from Breuer Ave. at awning); Mon. BB now meets at 7:45.

-Hicksville 11801

Monday Night Big Book Group, United Methodist Church, 130 W. Old Country Rd. (enter on Nelson St.); 7:30, O now C.

-Long Beach 11561

Sobriety After Work Group, Temple Israel, 305 Riverside Blvd.; Mon. 4:30, OBB added; no other changes.

-Manhasset 11030

Manhasset Group, Congregational Church, 1845 Northern Blvd.; Thurs. 7:30 Men's CD only, no other meetings Thurs.; no other changes

-Merrick 11566

Sobriety with Hope Group, Cure of Ars Church, 2323 Merrick Ave., Rm. 210; Mon. 7:00, S (last Mon., T); no meetings Sun. or Thurs.

—Mineola 11501

County Seat Group, Winthrop Hospital, Lower Level (wheelchair accessible); Sun. BB now meets at 10:45AM; no other changes. -Rockville Centre 11570

T.G.I.F. Group, St. Agnes Church, 1290 Quealy Pl., Dominic Room (new location); Fri. 11:30AM, OD.

TEMPORARY CHANGES

CLOSED GROUPS

None.



12th Step Contact List

As the capstone to our recovery, "Step Twelve" suggests we carry the AA message to other alcoholics. AA co-founder Dr. Bob tells us why he does this service including a sense of duty, payback to the person who carried the message to him, and as insurance against a slip. (See, Alcoholics Anonymous, "Dr. Bob's Nightmare," page 181.) Similarly, "Tradition Five" tells us this is our groups' "Primary Purpose."

Nassau Intergroup gives life to this service in part through our 24/7 Hotline through which an alcoholic can connect with an AA member for shared experience, strength and hope. That hope may be delivered through our arranging a 12th Step call through which the struggling alcoholic can meet with members in recovery, and perhaps get to a first meeting. But for this to work, we need current group contact info which is where the 12th Step Contact List comes in. Office and Night Book volunteers use group 12th Step Contact Lists to set up those first meetings, but can't effectively do so unless the member info is accurate and current.

Since member availability and contact info changes readily, it is suggested groups update their lists every six to 12 months. Does your group have a current list on file? Not sure? Best to submit a new list.



12th Step Contact Lists are available through the office, in this newsletter, and online at www.nassauny-aa.org > "Group Forms" > "12th Step Contact."

Please update your group's 12th Step Contact List. Thanks.

Announcements

CLUSTER MEETING!
Serving Districts 208, 209, & 211



ALL GSRs are asked to attend from our Districts! PLUS ANY INTERESTED AAs...

Where: St. Luke's Episcopal Church 253 Glen Avenue Sea Cliff, NY 11579

When: Second Thursday of Each Month This month: May 9, 2019 From 7:00pm - 8:00pm Nassau General Service Group presents

BRIDGING THE GAP



A WORKSHOP FOR AAS INTERESTED IN HELPING TO
CONNECT THE NEWLY RELEASED ALCOHOLIC TO AA

Learn how to help the newly released alcoholic "Bridge the Gap" between rehab and AA, or between a correctional facility and AA (your choice!)

This is AA's 12th Step in its most basic form. You can be a temporary phone contact, or a friendly face for a new AA member. This is not sponsorship – but a bridge for the new AAs, just coming out of rehab or a correctional facility, into the community.

Participants will receive Bridging the Gap (BTG) forms & tips that have worked in other areas of the USA. FOOD AND REFRESHMENTS WITH BE SERVED AT THE WORKSHOP!

Monday, May 20, 2019 - 7:30pm to 9:00pm

Nassau Intergroup Office • 361 Hempstead Turnpike • West Hempstead, NY For more information, contact dcmc@nassau.aaseny.org

Northeast Regional Forum

in cooperation with South Eastern NY (SENY)

May 31-June 2, 2019

Westchester Marriott Hotel

670 White Plains Road Tarrytown, NY 10591

Meet members & the staffs of the AA

General Service Board, AA World Services/GSO & AA Grapevine who will be on hand to answer your questions and hear your suggestions.
Registration is free.

For more information, go to www.aa.org and click on "Regional Forums Information."

NASSAU GEN SVCS DISTRICTS 208,209,211 PRESENT:

"SPONSORSHIP"



OLD CONCEPT <---> NEW CHALLENGES

Panel Discussion & Interactive Discussion:

- Sponsoring the LGBT Alcoholic
- The special needs alcoholic
- The dual addicted alcoholic plus MORE!!

WHERE:

St. Luke's Episcopal Church 253 Glen Avenue Sea Cliff, NY 11579 WHEN:

SATURDAY MAY 11th 9:30am - 1:00pm Complimentary Breakfast & Luncheon

TWELVE

STEPS AND TWELVE TRADITIONS

TRADITION HOW IT DEVELOPED

HEMPSTEAD'S GROUP

70TH ANNIVERSARY

AMERICAN LEGION HEMPSTEAD POST

160 MARVIN AVE, HEMPSTEAD, N.Y.

DJ MUSIC

MAY 25, 2019

7PM-11PM

No children please

Food, speaker rapples gifts 50/50



Nassau General Service Group Presents 35th Unity Breakfast 84 Years of AA

"Our Big Book-80 Years,
71 Languages"

June 2, 2019 • 9am-12pm

Long Island Marriott
101 James Doolittle Bivd.,
Uniondale, NY 11553
516-794-3800



Ticket Information:
Tickets: \$33.00 per person
Service Fair 8am
dcmc@nassau.aaseny.org
Support Your Sobriety Through
Service

Nassau Intergroup

presents an

AA Traditions Workshop

Second Sunday monthly 2019

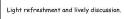
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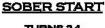
Nassau Intergroup 361 Hempstead Turnpike West Hempstead, NY 11552

9:30-11AM

Tradition One January 13
Tradition Two February 10
Tradition Five March 10
Tradition Five May 12
Tradition Six June 9
Tradition Six June 9

Tradition Seven July 14
Tradition Eight August 11
Tradition Nine September 8
Tradition Ten October 13
Tradition Eleven November 10
Tradition Twelve December 8





TURNS 24

SATURDAY MAY 25, 2019 ST BONIFACE SCHOOL GYM 114 MAIN AVENUE

SEA CLIFF, NEW YORK

FOOD 7:00PM

MUSIC & DANCING 9-1 1PM





WELCOMES YOU TO OUR **74**TH GROUP ANNIVERSARY

WHEN: June 15, 2019 WHERE: St. Luke's First Presbyterian Church 717 St. Luke's Place Baldwin, NY 11550 TIME: 6:00pm - 11:00pm



Come and enjoy the Food, Fellowship, and Fun!





NIAA NUMBER

Nassau InterGroup of Alcoholics Anonymous

361 Hempstead Turnpike, West Hempstead, NY 11552~1329
Hot Line: (516) 292~3040
Office: (516) 292~3045

WebSite: http://www.naseauny.ca.com/

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ZAIC	**	2[™] S тер	CONTACT	list [®] ∗				

Group Town:	
GROUP NAME:	
Mrq Facility:	
Mrg Addr:	Zip:
Grp Mail Addr:	
GRD Mail Town:	Zip:

It is recommended that you have 90 days sober before including your name on this list.

CONFIDENTIAL

If you can give rides to others, please place an "R" after your name.

Please fill this form out completely and PLEASE print legibly!

CONFIDENTIAL

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NASSAU INTERGROUP NEEDS YOUR HELP TO CARRY THE MESSAGE OF AA.

I AM RESPONSIBLE...

When anyone, anywhere, reaches out for help,

I want the hand of AA always to be there, And for that:

I am responsible.

NIAA 07/07/17