

(Nassau Intergroup of AA, Inc.)
361 Hempstead Turnpike,
West Hempstead, NY 11552-1342

516.292.3040 (24/7 Hotline)
intergroup@nassauny-aa.org Business 516.292.3045

September 2019



All workshops & meetings are held in office, 361 Hempstead Tpk, West Hempstead, unless otherwise noted.

Alcoholics Anonymous and AA are registered® trademarks of AAWS, Inc. Quotes and other items from AA literature or other AA sources are copyright © AAWS, Inc. or AA Grapevine, Inc., and are used with permission or under fair use provisions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2  Labor Day	3	4 H&I 8pm, followed by Corrections Committee	5 New Reps orientation 7pm Reps meeting 7:30 pm	6	7
8 Tradition workshop IX 9:30 am	9	10	11	12 PI/CPC 7:30 pm	13	14 AA takes over Adventureland, 2245 Broadhollow Rd. Farmingdale, N.Y. 11735 6:30pm-9:30pm
15	16	17	18 Web committee 7:30 pm	19	20 Newsletter Deadline	21 Exchange Meeting NCC 1 Education drive. Uniondale, N.Y. 11530 rm127, 7am Grapevine Workshop see add inside
22	23	24	25	26 Steering committee by invitation only	27	28 INTERGROUP OPEN HOUSE BARB-Q 11-4
29	30	1	2 H&I 8pm, followed by Corrections Committee	3 New Reps orientation, 7pm Reps meeting 7:30	4	5
Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12

September Intergroup Chair Report 2019

On Monday Aug. 19 at 6 PM, there was a Bridging the Gap meeting before the Nassau General Services meeting.

Our, SENY Delegate, Corrections chair for SENY, DCMC, 1 St. Alt. DCMC, Treatment Chair for Nassau General Services, DCM for Cluster of Districts 208,209 & 211, 12 step list Chair, our Office Manager, & myself talked over options for the committee.

We will be looking into General Services purchasing a cell phone to direct our volunteers called gappers to alcoholics getting out of Treatment Facilities and Corrections for them to go to meetings, by "Bridging the Gap" from the Institutions to AA.

Afterward there was a Nassau General Services meeting at 7:30 PM, the big meeting was announced, also the new Unity Breakfast chair, and upcoming Grapevine workshop on Sat. September 21 in Seacliff. I still have tickets for \$26.00 per person for Suffolk county's Intergroup "Alcoholic's take over Adventureland" on Sept. 14 from 6PM to 9 PM email me to contact me if interested.

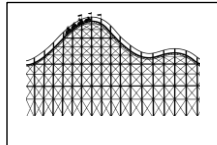
At Intergroup on Sat. September 28th We will have another Open House with Hamburgers and Hot Dogs! I will be attending the Intergroup Seminar in Mesa Arizona Sept. 26 to the 28 to see how all the other Intergroup offices are run.

Kevin McH

Nassau County Intergroup Chair
chair@nassauny-aa.org



**AA TAKES OVER
ADVENTURLAND**



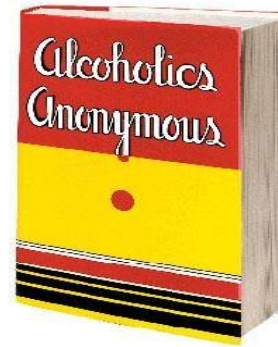
LONG ISLAND'S AMUSEMENT PARK
SINCE 1962

Where: 2245 Broadhollow Rd,
Farmingdale, NY 11735

When: Saturday, 09/14/19

6:30pm-9:30pm Cost: \$26/person

FIRST COME, FIRST SERVE BASIS
(BUY EARLY) **ALL ARE WELCOME**



Literature: Progress Report

As of this writing, the voluntary disclosure to NYS Taxation and Finance regarding Nassau Intergroup's sales tax obligations is submitted and pending a reply. In anticipation of a workable reply from NY State on the past sales tax matter, the special workgroup established at the July Reps meeting to address the desire of the groups in the county to see literature sales return to Intergroup had its first meeting early in August.

The recommended course of the workgroup to the Steering Committee is to return to the purchase and resale of AAWS/AAGV items as before, but with the required collection of NYS sales tax on the resold items using the point of sale (POS) system previously purchased for that purpose. That system is similar to those you see in most retail outlets where bar codes on items are scanned or an item number is entered along with item quantities and then the system registers and receipts the transaction including a calculation of the required sales tax.

To enable our use of the POS system, the current hardware and software need to be tested, procedures for their use need to be developed, the office volunteers need to be trained, and the online inventory needs to be updated.

The Steering Committee had not met to consider the workgroup's suggestion when this was written, but will have by the time you read this so we should have some kind of progress report at the September Reps meeting.

Please stay connected and involved as we work this out.

Bill C., Literature Committee Chair
516-292-3045 or literature@nassauny-aa.org



I suggest your group take's on the Night book.

Contact Karen on our business line 516-292-3045 Or email: Nightbook@nassauny-aa.org

The Night book is looking for groups to do service by answering the phones between 5 pm and 9 am. The Hotline number gets automatically transferred to your number at 5 pm and taken back by the day shift at 9 am. The only thing we ask is that if you take the commitment to PLEASE answer your phone and speak with the person on the other end for a brief time as they are reaching out for help. Sometimes it's just a meeting they need to find. I know for me, answering the phones on this commitment has helped me to "give back", and has also helped me to stay IN the program, and not just around the program.

I want to personally thank all the groups who have taken the Night book commitment since I have become the Night book Chair.

Thanks to North Bellmore Group, Manhasset Group, Moonlight Group of East Meadow, and Sunday at the Park Group of Farmingdale who stepped up the past month as well as a few individuals that filled in when needed.

Also, thanks to Steve, Karl, and Kenny who helped me to transition into this position with ease.

You can sign up for this commitment by attending the Reps meeting the first Thursday of every month at the Intergroup office, or by sending an email at: Nightbook@nassauny-aa.org or leave a message at our business office 516-292-3045 with the phone rep to put in our mailbox.

Thanks in Advance!
Karen , Nightbook Chair

NASSAU COUNTY INTERGROUP PRESENTS

Open House BAR-B-Q

SATURDAY SEPT.28

11AM-4PM



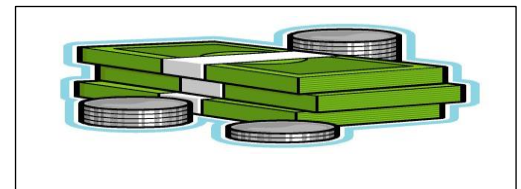
361 Hempstead Turnpike, West Hempstead, NY
11552-1342

IN REAR PARKING LOT RAIN OR SHINE

MEET THE INTERGROUP COMMITTEE.

PICK UP SOME BROCHURES, CHANGE YOUR GROUPS MEETING SCHEDULE, SIGN UP FOR THE NJIGHTBOOK, TAKE A SERVICE COMMITMENT.

FINANCE



In September and October, the Finance Committee will meet for a proposed Nassau Intergroup 2020 Budget. Money is allocated for Office, phones, meeting lists, literature for jails, hospitals, institutions, public information, and the other various committees. There is also Share-A-Day, Workshops, Big Meeting, Picnic, and other important fellowship events. If you have any questions , concerns, or recommendations, please feel free to email me at Finance@nassauny-aa.org. George P. Finance.

Good Morning God Group Returns



“GOOD MORNING GOD”

AA Closed Disc. Meeting & Meditation

We meet twice per week:

Sundays - *9:00 am @ *(MEETING LIST WRONG!)

Temple Judea 333 Searingtown Rd, Manhasset

&

Thursday's - 10:30 am @

Unitarian Universalist Church 48 Shelter Rock Rd, Manhasset.

(Veatch building 2nd floor Rm 209)

NOTE the TWO LOCATIONS!! COME JOIN US!

The "Good Morning God Group" will return from its summer vacation on September 8, at Temple Judea, 333 Searingtown Road, Manhasset. **Held on Sundays, the meeting starts at a new time: 9:00 am.**

This is a Closed AA Meeting with a meditation format. For those of you unfamiliar with such meetings, it runs as follows: The chairperson opens the meeting with the usual opening statements. *The Serenity Prayer* is recited. Next, the speaker is introduced, and an AA passage is read twice.

This sets the mood for some quiet reflection; which is then held for five minutes. The speaker, who stays on topic, shares on the passage about 10 minutes. The way a group member described it: "The reading focuses on the *solution* to the alcohol problem as laid out in the *Big Book*." After this, the meeting opens.

Here's a little background on the history of the group: One of our local AAs, would spend the winters in Sunrise, FL., and visit a friend; Al P., who had 33 years sober when he passed on. While in FL., they would attend a meeting called "Good Morning God," which met every day, seven days a week at 10:00 am. When our local AA returned to Manhasset, he saw the need for a nice, meditative and spiritual meeting, focusing on the *solution*, just like the one in Sunrise. His enthusiasm spread to two other friends, and so "Good Morning God" came up north.

After some planning, the meeting began on Sunday and Thursday mornings at the St. Ignatius Retreat House on Searingtown Road. After a while, it moved to *two places*: Temple Judea on Sundays, and at the Unitarian Universalist Church on Shelter Rock Road on Thursday mornings.

The meetings are as follows: Sundays at 9:00 am at Temple Judea, and on Thursdays at 10:30 am at the Unitarian Church, 48 Shelter Rock Road.

When the new Nassau meeting schedule comes out in November, these times will be in there. They should also be online at nassauny-aa.org sooner. The group officers are excited about the new season and hope that they see old faces as well as newcomers interested in a solution-based, spiritual meeting; so, come down and check it out. Of course, ALL AAs are welcome!

Sincerely,
The Good Morning God Group

Live and Let Live... But for the Grace of God... First Things First... It... Does of God... First Things First...

Series on Slogans continued... From the editor, Steven S.

I am lucky to have met Karrie at a meeting in Franklin Square. I knew intuitively that I would ask her to write something for a series on slogans. Her share was so captivating that you could hear a pin drop in the room. So here it is, Karrie's experience, strength and hope with slogans...

When I arrived at AA I was in bad shape. I had recently been released from the hospital. I was physically sick, mentally ill, an emotional basket case, financially bankrupt and a spiritual corpse.

My "score card read zero." I heard "Let us love you, until you can love yourself" and "You never have to feel this way again." I heard lots of slogans, which I didn't understand were the lingo of the members.

Slogans had no meaning to me, until I started living the slogans. I was asked to "Suit up and show up," Meeting makers make it." AA told me, "I would receive more in the future, than I lost in the past." I could buy into that! I held on tight to that promise!

When I heard "Pitiful and incomprehensible demoralization," I finally understood how the disease of alcoholism had affected my life and those around me. I was asked to "Surrender and join the winning side."

Through AA I have learned to "Live in the present, One Day at A Time." "Remain teachable with an Attitude of Gratitude." Through "Constant contact with God," by prayer and meditation, I'm able to "Show up for my own miracle," "Let go & let God" and "Prepare for the day...rather than repair the day." Grateful, Recovering Alcoholic, Karrie K. Road To Recovery, - . . . -

Be a Winner! Submit correct answers to the five questions below

1st, 2nd 3rd place winners will be announced at next intergroup reps meeting in September and this Newsletter

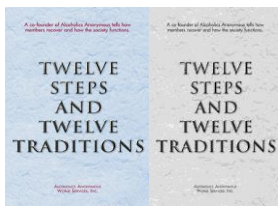
All AA members are invited to participate.

AA Jeopardy: Sponsored by Nassau County Intergroup

1. Why did Bill W. stop at twelve steps?
2. What hotel did Bill W. make that first call from and to who?
3. What is the name of the Doctor who cared for Bill in his first four attempts at rehab.?
4. What is the name of Bill W. wife?
5. Who is the co-founder of AA?

ANSWERS 1.12 APOSTLES,2. MAYFLOWER HOTELHE CALLED DR.BOB SMITH,3. DR. SILKWORTH,4. LOIS, 5.DR.BOB SMITH...

UNFORTUNEATELY THERE WERE NO ENTRIES THIS MONTH...



STEP NINE By Sean M Gratitude Group, Malverne

There are two things that must be said at the outset of step nine: first, remember that the goal here is to help clean up the wreckage of an alcoholic past. Its purpose is not to dig up hurtful things or to get even for past wrongs. Its goal is to clean up our side of the street so that we can move on from the past and continue in our new sober lives. Second, and this must be emphasized, be careful! This step shouldn't hurt you or others. Careful consideration should be given to the feelings, emotions and real-world impacts to us and others.

This step should not be performed hastily or without having thoroughly gone through the preceding steps with a sponsor, adjusted our attitudes, gathered some sober time and committed ourselves to a new way of life. It won't do any good to make apologies and say we've changed only to go out and get drunk again. Doing so will make us look insincere, dig deeper emotional holes and set us and others back. But if we have a good foundation and a commitment to change through sobriety, mindset and action, then we are ready to proceed.

There are many ways to make the amends: face to face, phone call, email, letter, or possibly even texting. In some cases amends can be made by action, example, in spirit, or in a letter, statement or prayer that isn't meant to be read or heard; but in choosing the method, we should be sure we're not simply taking the path of least resistance.

We also keep in mind that we can't buy our own peace of mind from others and it is for this reason that we make amends without excessive remorse or begging for forgiveness, nor are we overconfident, arrogant or in any other way emotionally inappropriate. We should not go into an amends with assumptions or expectations. We never know how someone will react and if it doesn't go our way we may be hurt or disappointed or feel like we failed. Remember that we are responsible for the effort and not the outcome.

Some of us will be able to complete our amends quickly, others will take some time. The ninth step doesn't need to be a sprint, it can be a marathon, but like all of the other steps, any delay in action should be the result of careful consideration and not procrastination or fear. Caution, care, honesty, and sincerity are the keys to successfully approaching this step.

TRADITION NINE

AA is not organized centrally from top down, but rather bottom up. Our primary purpose and general program are defined by our literature and by the group (the most important unit of the AA fellowship) followed closely by individual members. With groups in different cultures and geographical locations around the world and with members from all kinds of backgrounds, education, ages, experiences, attitudes, etc. AA would simply be unmanageable if expected to run on arbitrary dictates from a central human authority. Instead, we operate on guiding principles and a simple program of recovery defined by our writings, history, experiences and collective group conscience. This works for our program of sobriety, but not necessarily for the non-recovery tasks of simply getting things done.

No volunteer organization and certainly no large organization can exist and be effective without some kind of structure and AA is both volunteer and large and as such there is a need to gather and manage the collective group conscience, maintain a budget, print and distribute literature, answer correspondence, handle accounting and legal matters, public relations, etc. For that, there has to be an organization and even paid professionals and thus the need for AA to be empowered by tradition nine to form service boards, committees, staff, etc. that are needed to keep AA running administratively.

Nassau Intergroup of AA Presents AA Traditions Workshop

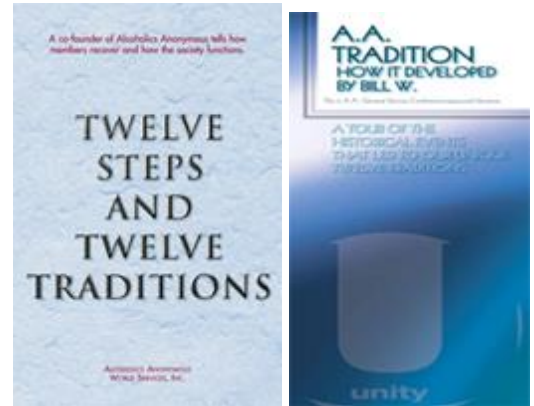
361 Hempstead Turnpike West Hempstead, NY 11552

JOIN US!!!

Second Sunday monthly 2019

Open discussion... --Not just reading!!!

Time: 9:30Am-11AM Lite refreshments



Tradition One---1/13

Tradition Two---2/10

Tradition Three---3/10

Tradition Four---4/14

Tradition Five---5/12

Tradition Six---6/9

Tradition Seven---7/14

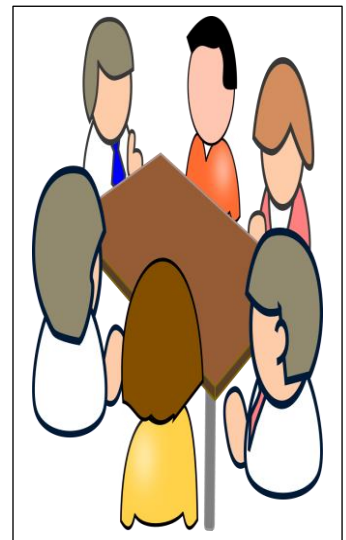
Tradition Eight---8/11

Tradition Nine---9/8

Tradition Ten---10/13

Tradition Eleven---11/10

Tradition Twelve---12/8

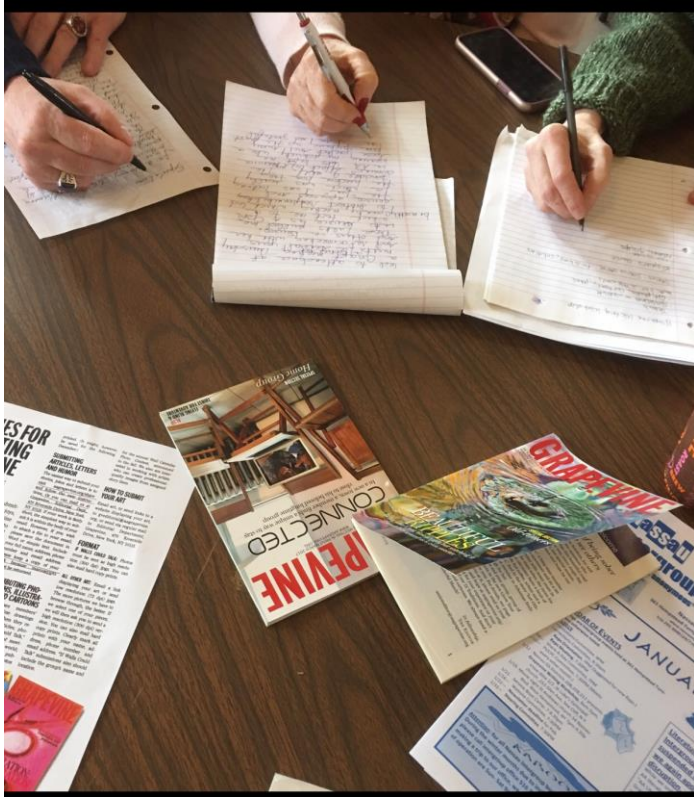


“The TWO most IMPORTANT days in your life are the day you are born and the day you find out WHY.”

~Mark Twain

**AA GRAPEVINE Writing
Workshop & 75th Birthday
Celebration!**

- Write your own Grapevine Article
- Grapevine print subscription raffle!



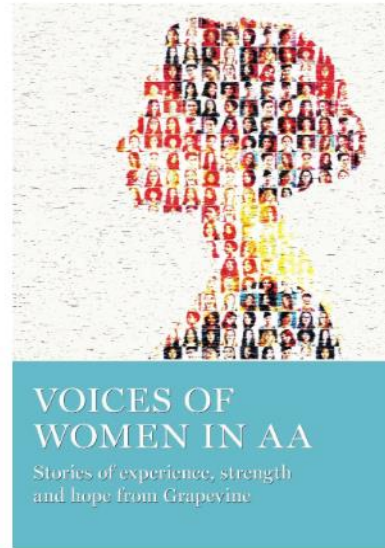
- Play "Grapevine Jeopardy"
- Breakfast, Lunch provided
- GV 75th Anniversary birthday cake

**St. Luke's Episcopal Church
253 Glen Avenue
Sea Cliff, NY 11579
Saturday, Sept. 21, 2019
10:00 am - 2:00 pm**

**Sponsored By:
Nassau General Services
Districts 208-209-211**

**DO NOT MISS THIS!
Special: ALL AA LITERATURE
WILL BE SOLD!**

**ANNOUNCING A
FAVORITE FROM
GRAPEVINE!**



**Voices
of
Women
in AA**

Stories of
experience,
strength
and hope from
Grapevine

Voices of Women in AA is a collection of 61 stories from Grapevine. The soft cover book begins with articles by or about women who contributed to AA early in its history, followed by stories by some of the program's earliest female members. Sections are devoted to spirituality, sponsorship, life changes, relationships, family, careers and friendships. The collection concludes with a chapter devoted to women's meetings. The stories demonstrate the various ways women alcoholics—often with great courage—find sobriety in AA and embrace the program to live rich and rewarding lives.

AAGrapevine.org

Our international magazine in print! Members, a group and standing committees can order a 1year or 2-year subscription. Can gift a subscription!!! Aa grapevine. org and go to gift subscription!!!! Can order back issues of the Grapevine!!!!

Submitted by, Martin K.



Nassau County Big Meeting

2019

Saturday, November 9th

5:30-7:30 PM



Location: Ethical Humanist Society

38 Old Country Road, Garden City, N.Y. 11530

Celebrating 78 Years in Nassau County

Co-Hosted by Nassau County Intergroup

& Nassau County General Service

Light refreshments and coffee will be served

GLEN HEAD GROUP
OF
ALCOHOLIC'S ANONOMYOUS
PRESENTS
8th ANNUAL OLD TIMER'S PANEL
ON
OCTOBER 22,2019

FOOD AT 6:30 PM
FOLLOWED BY 4 SPEAKERS
WITH 25+ YEARS OF SOBRIETY

COME JOIN US AT THE
GLEN HEAD COMMUNITY CENTER
200 GLEN HEAD RD
GLEN HEAD, NY 11545

**THE
SOLUTION
GROUP**
of Willston Park

1974 **45th** 2019
GROUP ANNIVERSARY
One Day at a Time

**THE SOLUTION GROUP
• OF WILLISTON PARK**

45th Anniversary Party

Saturday, October 19, 2019

7:00pm -11:00pm

Guest Speaker at 7:30pm

followed by food, D.J. and dancing.

Church of St. Aidan

Msgr. Kirwin Hall, 525 Willis Avenue

Williston Park, NY 11596

Please come and join us to celebrate

New Look on Life's

5th ANNIVERSARY

Saturday, September 21, 2019

Doors open at 6PM

SPEAKER : ROGER L. FROM STEPPING STONES OCEANSIDE

HOT BUFFET • DESSERTS • COFFEE • LIVE DJ •

50/50 • RAFFLES

First Church Baldwin UMC
886 Merrick Road
Baldwin, NY 11510

NASSAU INTERGROUP EMAIL ADDRESSES OFFICERS

Chairperson chair@nassauny-aa.org **1st Vice Chair**
1stvice@nassauny-aa.org **2nd Vice Chair**
2ndvice@nassauny-aa.org **Secretary**
secretary@nassauny-aa.org **Treasurer**
treasurer@nassauny-aa.org

STANDING COMMITTEES Archives

archives@nassauny-aa.org **Coop. Pro. Comm. (CPC)**
cpc@nassauny-aa.org **Corrections**
corrections@nassauny-aa.org **Financial Review**
finance@nassauny-aa.org **Institutions (H&I)**
institutions@nassauny-aa.org **Literature**
literature@nassauny-aa.org **Meeting List**
meetinglist@nassauny-aa.org **Newsletter**
news@nassauny-aa.org **Night Book**
nightbook@nassauny-aa.org **Officer Coordinator**
(Mgr.) officemanager@nassaunyaa.org **Program**
Chair/Secretary seclist@nassauny-aa.org **Public**
Information (PI) publicinfo@nassauny-aa.org **Share-**
a-Day (SAD) shareaday@nassauny-aa.org **Speakers**
Exchange speakersexchange@nassaunyaa.org
Special Needs specneeds@nassauny-aa.org **12th**
Step List 12thstep@nassauny-aa.org **Website**
webcommittee@nassauny-aa.org **Or phone 516-292-**
3045 business hours 9-5 and leave a message with
phone rep Nassau county General Service contact:
Annabel: dcmc@aanassaugs-ny.org

GROUPS EXCHANGE MEETING

WHEN: SEPTEMBER 21 TIME: 7:00 AM

WHERE: NASSAU COMMUNITY COLLEGE

1 EDUCATION DRIVE, GARDEN CITY, N.Y. 11530
CLUSTER F ROOM 127

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or on-line under "Group Services") whenever your meeting details change. (Changes received as of 5/25/2019.)

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS. ALL TIMES ARE PM UNLESS OTHERWISE NOTED.

NEW GROUPS

- Glenwood Landing 11547 Women's Big Book Study Group, Glenwood Life Center, 71 Grove St.; Thurs. 7:00, BB.
- Levittown 11756 Courage to Change Group, 3434 Hempstead Tpke., 6:00, BB (Women's closed, wheelchair accessible).
- Westbury 11590 AA Beyond Belief Group, Life Lutheran Church, 1 Old Westbury Rd. (parking in rear, wheelchair accessible); Wed. 8:00, CD.

Meeting List CHANGES

- East Meadow 11554 Old Skool Group, 36 Taylor Ave.; Wed. B, now meets at 7:00.
- East Meadow 11554 The Moonlight Group, 36 Taylor Ave.; Mon. B. now meets at 8:00, BB now meets on Thurs.8:00
- Farmingdale 11735 I Am Responsible Group, Crossroads Church, 610 Carmens Rd. (handicap accessible); Tues. BB now 7:30; no other changes. —Franklin Square 11010
- Franklin Square,11010 Brew Crew Group, Ascension Lutheran Church, 145 Franklin Ave.; add Mon. 11:00AM, Topic (T last Mon.), Tues. 11:00AM, CD.
- Glen Cove, 11542 Closed Discussion Group, Glen Cove Hosp.,101 St. Andrews lane, lower level. now BB 7PM WED
- Glen Head 11545 Glen Head Group, Glen Head Youth Center, 200 Glen Head Rd.; Thurs. 8:00, CD dropped; no other changes.
- Great Neck 11020 Big Book Group, St. Aloysius, 592 Middle Neck Rd. (school building basement, enter from Breuer Ave. at awning); Mon. BB now meets at 7:45.

CHAIRPERSONS NEEDED: HOLIDAY ALKATHON



THANKSGIVING, CHRISTMAS, NEWYEARS

HOURS OF ALKATHON THANKSGIVING EVE 5PM-10PM-FOLLOWING DAY, CHRISTMAS EVE 5PM-10PM-FOLLOWING DAY, NEW YEARS EVE 5PM TILL 10PM-FOLLOWING DAY.

Currently we need New Year's Eve Chair

CONTACT:2ND VICE CHAIR BUS.516.292.3045

EMAIL: 2ndvice@nassauny-aa.org