

Intergroup
Association of
Nassau, Inc.
361 Hempstead
Turnpike
West Hempstead, NY
11552
516.292.3040
(24/7 hotline)
Bus. # 516.292.3045

NOVEMBER 2020



Check out our website
www.nassauny-aa.org
for updated virtual and face2
face meetings.
<https://nassauaa.org/meetings>
Remember our e-subscription
option. Opt in or out at our
website, www.nassauny-aa.org/NwsLtrrs/ just below
the "Current Issue" pdf icon.

Intergroup Chair Report

My Congratulations to all who ran on Oct. 3rd, 2020 for the 2021-2022 term Officers in our Nassau Intergroup Elections! I was in Murfreesboro Tenn. For our Nassau Intergroup Election for my Wife's Stepson's Wedding on Oct 5th and checked in on our Virtual Platform. While I quarantine at Home until Monday Oct.26, I will be attending 2 of my home Groups Virtually, as they are starting one as a Hybrid Meeting.

The next Chair is Jim M. our current Treasurer, John M. our next 1st Vice Chair and a past Treasurer of Nassau. Mike F. our Current Nassau Secretary will be our incoming 2nd Vice Chair with Mary M as the next Treasurer and Sean M. as our next Secretary.

In Nassau General Services Elections on Oct. 20th, 2020 The new DCMC of Nassau will be Marty K., 1st Vice chair Ann G., 2nd Vice Chair Steve S., Secretary Deb S., Treasurer Karen K., Communications Tech Chris L.

During this month and next month being my last as your Chair, I want to thank you all for allowing me to help get us through the Covid- 19 Pandemic and answering those remote calls from our daytime & night time reps in or out of our Office. This year will set a new standard moving forward with lot of new ways of doing our 12-step work! There has been a lot of changes to how we run our night book, our office, and selling our literature. We need new volunteers to take on all the work we do for our fellow Alcoholics and Groups in Nassau County. We are continuing with our Virtual Platform at least to the end of year for Steering, Reps, and any Committee meetings. *We need all the groups to know that we are still here and want your input on how we can list your Virtual, Live or Hybrid meetings on the website and Meeting Guide App.* Many meetings need to tell us how they are reopening and participate at the Intergroup Reps meetings. There is room for about a hundred people or even more space for your Group Reps from our over 300 Groups.

We will have our Alkathon's via Zoom hosted by the groups for this Thanksgiving, Christmas, and New Year! We need your Support; we will be discussing open slots for Alkathon's this upcoming Rep's meeting.

Just let us know when you attend on 1st Thursday of Every Month how Intergroup can help serve all our Groups in Nassau County.

Kevin McH Chair Intergroup Association of Nassau, Inc. email: chair@nassauny-aa.org

November Rep's meeting

Thursday, November 5th, 7:30

<https://zoom.us/j/5546705146>

Meeting ID: 554 670 5146

Password: 870607

Holiday Alkathon supported by Intergroup Assoc. of Nassau Inc.

Chaired by our Nassau County groups, some slots are available to chair: contact: 2ndvicechair@nassauny-aa.org



<https://zoom.us/j/5546705146>

554 670 5146

Passcode: 870607



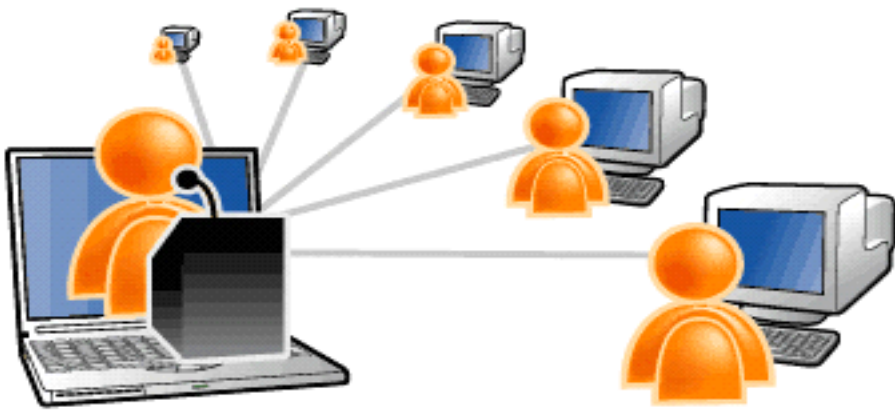
Meetings start on the hour throughout each holiday Alkathon

Thanksgiving Alkathon: Meetings start Wed eve 11/25 at 5pm and last meeting is at 10pm Thanksgiving Day 11/26

Christmas Alkathon: Meetings start Thurs eve 12/24 at 5pm and last meeting is at 10pm Christmas Day 12/25

New Year's Alkathon: Meetings start Wed eve 12/31 at 5pm and last meeting is at 10pm New Year's Day 01/01/2021

The BIG MEETING



WHERE: Hosted on Zoom: 554-670-5146; Password 870607

WHAT: This a three-hour virtual meeting celebrating over 60 years Of AA in Nassau County. How we began, how we got to where we are today, and how we are handling the changes of the future.

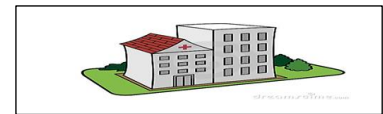
WHEN: Sunday, November 22nd, 2020 @ 10:00 am - 1:00 pm

WHO: Panelists knowledgeable about our county's AA history, of the optimistic spirit of Service, and memorable experience in their own powerful words.

OLDTIMER'S PANEL: People with 25 or more years of continuous sobriety who will share their experience, strength, and hope!

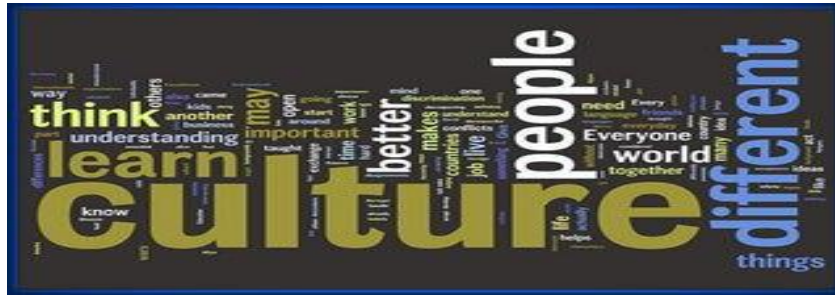
This should be an informative and enjoyable three hours! Audience participation will follow the presentations.

Hospitals & Institutions



As for what is happening in H&I, some good things. Last month we held a first virtual committee meeting via Zoom. I put it out there that my term was up at the end of the year, but no one was ready to step up, so I will continue for two more years as H&I Chair with the consent of the Reps meeting. Literature was delivered to various institutions including the Charles Evans Center (nee Melillo Center), Mercy New Hope in Freeport, NUMC, Brunswick Hospital, South Oaks Hospital, and the Salvation Army in Hempstead. Meetings are slowly resuming at South Oaks and the Salvation Army, and we are working on Mercy New Hope and other locations. Getting back into NUMC and New Hope are on unknown timetables for now. No word even for trying virtual meetings. We will be hosting another virtual H&I Committee meeting Wednesday, Nov.4 at 7:30PM on Zoom, and may be coordinating the distribution of more literature. Archie N., Institutions Committee Chair 516-292-3045 or institutions@nassauny-aa.org

Literature Sale Profits & Self Support



As long as there has been AA literature to sell, we've been talking about the role of the profits enjoyed from those sales and how they relate to the question of AA wanting to be at all levels "self-supporting through our own contributions."

Historically, thinking about why we needed a book, co-founder Bill W. is thought to have felt in 1937-1938 that one of the benefits of offering what would become the "Big Book" was the possibility of generating revenue which might "be used to establish an office to handle inquiries, publicity, etc." (From, *Pass It On*, p. 190.) It appears that from the beginning Bill was not concerned with bringing in money through this channel.

In his 1962 essay on "Concept XII," Bill directly comments on the matter:

Some of us have another concern, and this is related to so-called book "profits." The fact that AA Headquarters and most of the groups sell books for more than they cost is thought to be spiritually bad. But is this sort of noncommercial book income really a profit after all? In my view, it is not. This net income to the groups and to AA's General Services is actually the sum of a great many contributions which the book buyers make to the general welfare of Alcoholics Anonymous. The certain and continuous solvency of our world services rests squarely upon these contributions. Looked at in this way, our Reserve Fund is seen to be actually the aggregate of many small financial sacrifices made by the book buyers. This fund is not the property of private investors; it is wholly owned by AA itself. (From, [*Twelve Concepts for World Service by Bill W.*](#), p. 65.)

While I don't feel he settles the question for us, this seems to confirm that even after the advent of "Tradition 7" (1946) Bill remained unconcerned with money coming into AA this way.

According to the [2020 Conference Report](#) (p.49), in 2019, AAWS/GSO saw almost \$8.9 million in contributions, \$9.4 million in literature profits, and the Reserve Fund closed at 9.2 months. (A detailed [Finance Report](#) for AA for 2019 is available.) The reports reflect a significant reliance on book profits, something true of AA since it began publishing literature in 1939.

Recently, in light of the total [\\$4.5 million draw down from the Reserve Fund](#) from the Reserve Fund so far this year supporting operations at GSO in the face of a marked drop in revenue due to the pandemic, GSO in part encouraged groups and members to get back to purchasing AA literature to revive those profits. Encouraging sales, they offered a 10% discount on any "Big Book" purchase July through September, and other discounts more recently. (It's an ironic footnote that if you try to buy the hard cover "Big Book" from AAWS at this writing, you are told the item is "out of stock.")

Nassau Intergroup relies on profits from literature sales to fund its operations, but not to the same extent. We lean mainly on member and group contributions to operate, seeing only a few percent of our budget any recent year coming in through book profits. We've always been transparent about our use of those profits which allow us to do a little more. (The recently engaged point of sale system for literature sales is funded this way for example.) This doesn't make us special or better. It's just the way we've been doing it. (In contrast, many Intergroup/Central Offices generate in some cases significant income by selling literature including non-AA recovery-related items such as medallions or outside literature such as the Hazelden *Twenty-Four Hours a Day* book.)

Rolling forward, Intergroup has in stock a good supply of all AA literature and related items. Contact Literature at the email below with questions, to arrange any special order (items available but ordinarily not on hand without prior arrangement, usually large items such as shades or placards, or odd selections of pamphlets), to get a calculation on the cost of any order, or to arrange prepayment for an order (available via [Zelle](#)). Literature sales remain exact change, cash, check, money order or prepayment. Remember too to check out the now not so new [Literature pages](#) on our website.

The county continues to do well in its battle against COVID-19, and, if things hold steady, we can be hopeful of a progressive although slow return to much of our prior AA way of life. But despite positive signs including the reopening of our office and the return of more and more AA meetings as face to face gatherings, we are not quite at the end of this chapter. If coming to the office, you will still be asked to wear a mask, to maintain six foot distancing and to limit your entry to the office to just within the front door. In the interests of all and the progress made, please maintain your vigilance in respecting all continuing COVID health and safety concerns and related restrictions. Given all the sacrifices, we don't want to see a resurgence of virus, and especially not tied to AA.

Stay safe, stay positive, use the literature and stay connected. Hope this is helpful.

Bill C., Literature Committee Chair 516-292-3045 or literature@nassauny-aa.org

STEP 11

Sought through prayer and meditation. “Uh oh” says the skeptic. Prayer? Here comes the God stuff again. Meditation? Here comes the granola, incense, and chimes. Step 11 can be these things for us if that is what we want, but it can also be a lot more down to earth than that. In fact, prayer can be viewed as a form of meditation, so both can be done at the same time. Prayer, if viewed as an expression of hope, does not need to be to a traditional God or formal prayers from the religion of our youth. It can simply be an effort to step out of ourselves and seek a conscious contact with a power greater than ourselves. And if our higher power is a traditional God and we prefer traditional prayers, then Step 11 gives us a daily opportunity to assess ourselves considering the way we believe our God would want us to be. As for meditation, this too can be formal or informal, the main objective is to take time for quiet personal reflection and listen for answers to our prayers (and in our prayers we are careful not to ask for outcomes, only guidance, lest we be disappointed in the outcomes – life on life’s terms).

The Big Book offers noticeably clear suggestions on this step, that we start and end our day taking a simple, relaxed and mindful inventory that is neither overly emotional nor lax. In the evening we ask ourselves how we did during the preceding day against what we believe our higher power wants us to be. In the morning, we proactively ask our higher power to help us map out our day. Just as the office worker prepares for a presentation or trade workers check their tools before a job, we prepare ourselves to follow the design for living that helps us work toward personal betterment which in turn helps keep us sober one day at a time. The Big Book uses words like assurance, inspiration, watching our motives, etc. This helps us to be purposeful in our daily lives, not willful and disorganized, or easily agitated and so on. We are reminded again in Step 11 that “faith without works is dead”. The more we practice this step, the more able we are to push away the self will run riot and to better our lives and the lives of those around us. Like the closing at some meetings says: “It works if you work it, so work it you’re worth it.” We are all worth it.

TRADITION 11

Like many things in AA, Tradition 11 might at first seem to present a paradox. We are advised to have AA be a program of attraction rather than promotion, but if we look at the early days of AA, we might ask ourselves, “what about the *Liberty Magazine* article, or Jack Alexander and the *Saturday Evening Post*?” Real AA history buffs might even ask about a radio segment in 1939 on the Gabriel Heatter show. True, these were promotions, and in fact there are still promotions and Public Service Announcements made available through AA World Services (https://www.aa.org/pages/en_US/videos-and-audios). The fact is that AA must be promoted in some way, it won’t do much good if it’s a too well-kept secret. The key guidance in this tradition is to maintain individual anonymity. When AA is promoted in public media, it is done so as to attract based on our message and program as a whole, not on the individual. There should be no personal publicity and if personal stories or testimonies are used, efforts are made to protect the individual from recognition. The reason for this is twofold. First, as individuals we are all fallible and inappropriate actions, words, etc. could bring harm to the fellowship – a few bad apples can ruin the whole barrel as the saying goes. Second, the AA message should be about principles, not personalities. The program and promise of AA could easily be diminished in the shadows of overly charismatic or popular individuals. Thus, it is far better for the simple program of AA to speak for itself and for our good work to inspire others to comment about the benefits of Alcoholics Anonymous. By, Sean M

Traditions Workshops for the Remainder of 2020



Please Join us every 2nd Sunday of the Month via Zoom

Meeting ID: 467 421 2768

Password: 304861

November 8th @ 10:00 am - 11:00 am. **TRADITION ELEVEN:** Hosted by “Gift of Serenity.” Hosted by Archie N

December 13th @10:00 am - 11:00 am. **TRADITION TWELVE:** Hosted by “Firing Line Group.” Hosted by Michele.

Supported by Intergroup Association of Nassau, Inc.

Amendment of the By-Laws

The following changes to the Intergroup Association of Nassau, Inc. By-Laws, Article VIII are being suggested by the Steering Committee for consideration by the Reps (NIR) meeting. They will be up for discussion November and December and may be settled at the January meeting. Unchanged text is in black, text being removed is in red and struck out, and new text being added is in blue and underlined.

Article VIII

Finances

Section 1. ~~Following the precedent set by the General Service Office,~~ Nassau Intergroup will seek to accrue and maintain a prudent reserve ~~not to exceed one (1) years~~ of approximately six months of the combined expenses of Nassau Intergroup and its various committees (~~ie., Institutions e.g., H&I,~~ Literature, Share-A-Day, etc.).

Section 2. The operating fund of Nassau Intergroup (e.g., the NI bank accounts other than the dedicated sub-accounts and the reserve account) shall not exceed one ~~1/4~~ quarter (1/4) of the ~~then-current~~ annual budget.

Section 3. An "Assistant Treasurer" shall be appointed by the NI Chair (in consultation with the Finance Committee) and confirmed by a majority vote of all present and eligible to vote at an NIR Meeting. The Assistant Treasurer shall be primarily responsible (under the supervision of the Treasurer) to calculate and prepare the quarterly or annual literature sales tax reports, and to authorize, control and track the NI expenses for large events such as the Alkathons, Share-A-Days, Picnics and the Big Meeting. As an unelected, non-officer position, the Assistant Treasurer shall have "view only" access (and shall not have check writing or withdrawal authority on any NI bank accounts).

Section ~~3~~ 4.

The Financial Review committee shall:

(a) be composed of the following members:

~~(1). A Chairperson,~~

~~(2). _____~~

(i) a Committee Chair,

(ii) a past NI Treasurer, to be appointed by the ~~Intergroup Chairperson~~ NI Chair and confirmed by ~~the Intergroup Representatives, (3). One Intergroup Representative selected from the floor, (4). the current Treasurer shall be an ex-officio member, but have no a~~ majority vote, (5). of all present and eligible to vote at an NIR Meeting (; however, if no past Treasurer is available, ~~the Intergroup Representatives shall elect~~ another person of

Amendment of the By-Laws Continued...

commensurate fiscal responsibility and experience, shall be selected from the floor at an NIR Meeting and confirmed by a majority vote of all present and eligible to vote at an NIR Meeting),

(iii) two NIRs selected from the floor at an NIR Meeting and confirmed by a majority vote of all present and eligible to vote at an NIR Meeting, and the then-current Treasurer and Assistant Treasurer, who shall be *ex officio* members but have no votes.

(b) meet at least bi-monthly starting in January, to review finances and budget, and to ensure that expenditures, the operating fund balance and prudent reserves are in compliance with these Bylaws, and with any standing procedures approved by the membership at an NIR Meeting and that Nassau Inter- group is operating in a manner that will preserve its status as a tax-exempt social welfare organization under Internal Revenue Code section 501(c)(4),

(c) present the previous year's annual report at the January Steering Committee meeting and then at ~~in~~ the February NIR meeting, and

(d) prepare the yearly budget for review at the October Steering Committee meeting and for presentation at the November NIR meeting, so that the ~~groups~~ NIRs will have a month to review it before voting on it in December.

Section ~~4~~ 5. Nassau ~~This~~ Intergroup shall not be operated for profit and all income and earnings shall be used exclusively for NI purposes. so as to maintain and preserve its status as a tax-exempt social welfare organization under Internal Revenue Code section 501(c)(4). No part of the net earnings or as- sets shall inure to the benefit ~~on~~ of any member, officer or private individual, except that reasonable compensation may be paid for services rendered to or for ~~the Nassau~~ Intergroup.

Section ~~5~~ 6. If for any reason, Nassau Intergroup shall cease to function, all monies, records, and other property held in its name shall become the property of its successor AA organization, or if none such exists, it shall become the property of the General Service Office of Alcoholics Anonymous.

“NIGHTBOOK COVERAGE NEEDED”

HAVE YOU EVER CALLED THE HOTLINE FOR HELP? Well, that would really be sad if nobody were there to answer!

Please support our hotline by signing your group up for one week of service. All you need is 6 months of continuous sobriety, and a telephone.

Leave me an email message at Nightbook@nassauny-aa.org or call 516-292-3045 and leave a message for me to contact you. Another way would be to attend the Intergroup Rep meeting the first Thursday of every month.

Your help is greatly needed for this to be successful.

LET'S HELP ANOTHER ALCOHOLIC IN NEED!

Yours in service,

Karen, Nightbook Chair.

Corrections



The month of October jail's rehab group request for Big Books, 12&12 and Living Sober. It had to be soft cover and no staples. As there are now two men's dorms again and a women's dorm, I am requesting that we give them 18 of each - 6 for each dorm - to be shared by the inmates and remain property of the jail.

We were able to contribute to their needs from our Corrections budget from Intergroup ASSOC. of Nassau Inc..

STAY SAFE

Paul L. corrections@nassauny-aa.org

REMINDER: If you make an ONLINE CONTRIBUTION please be sure to include your HOMEGROUP in the "notes" when using the app so, we can **THANK YOU** treasurer@nassauny-aa.org or *Send a check or money order payable to "Intergroup Association of Nassau, Inc." mail to: Intergroup Association of Nassau, 361 Hempstead Turnpike, West Hempstead, NY 11550*



November is Gratitude Month!

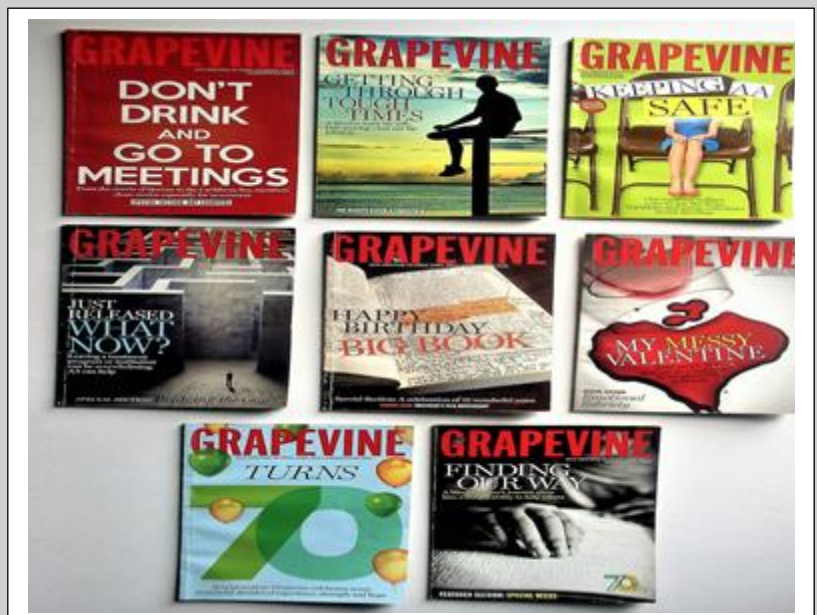


It was during that "bleak November" in 1934 that Ebby T. visited Bill W., and offered him a way out.

**Want to express YOUR GRATITUDE
for the lifesaving message you received?
Visit our new [Self-Support](#) page to make a
contribution online or by mail.**

AREA 49 Grapevine/Lavina Committee Presents

The Place of the AA Grapevine Within Our Three Legacies of Service



When: Sunday December 6, 2020

Where: Zoom ID 467-421-2768

Password: 304861

A panel discussion just how our AA GRAPEVINE fits into our Three Legacies of Recovery, Unity and Service. The panel will be followed by an interactive discussion.

NASSAU INTERGROUP EMAIL ADDRESSES OFFICERS

Chairperson chair@nassauny-aa.org
1st Vice Chair 1stvice@nassauny-aa.org
2nd Vice Chair 2ndvice@nassauny-aa.org
Secretary secretary@nassauny-aa.org
Treasurer treasurer@nassauny-aa.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org
Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org
Corrections corrections@nassauny-aa.org
Financial Review finance@nassauny-aa.org
Institutions (H&I) institutions@nassauny-aa.org
Literature literature@nassauny-aa.org
Meeting List meetinglist@nassauny-aa.org
Newsletter news@nassauny-aa.org
Night Book nightbook@nassauny-aa.org
Office (Mgr) officemanager@nassauny-aa.org
Public Information (PI) publicinfo@nassauny-aa.org
Share-a-Day (SAD) shareaday@nassauny-aa.org
Speakers Exchange
speakersexchange@nassauny-aa.org
Special Needs specneeds@nassauny-aa.org
12th Step List 12thstep@nassauny-aa.org
Webmaster webmaster@nassauny-aa.org

Or phone 516-292-3045 business hours 9-5
and leave a message with phone rep

Nassau County General Service

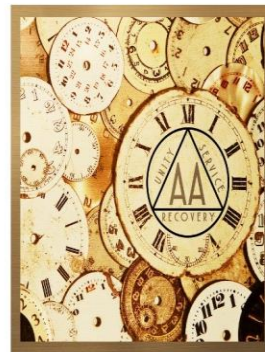
contact: Annabel dcmc@aanassaugs-ny.org

Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" Meeting List Changes form from the website, fill it out, and return it to meetinglist@nassauny-aa.org, or drop it off at or mail it to the office. Questions?

Our contact info is below, email preferred. Meeting List, 516-292-3045 or meetinglist@nassauny-aa.org
(BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE NON-LCOHOLICS ARE WELCOME AT "OPEN" MEETINGS. ALL TIMES ARE PM UNLESS OTHERWISE NOTED.

2021 SENY CONVENTION A.A. IN A TIME OF CHANGE



MARCH 5-7

* LET'S GET THE PARTY STARTED *

* INFORM - COMMUNICATE * INVOLVE - ACT * INSPIRE - ATTRACT *

GO TO "MEETING FINDER" ON OUR WEBSITE FOR MEETING DETAILS.

<https://nassauaa.org/meetings>

REOPENED GROUPS — Baldwin — Bellmore Baldwin Group Only Booze — Bethpage — Douglaston Caring & Sharing Fresh Start Little Neck Douglaston Group — East Meadow — East Rockaway Clean and Sober Men's E. Rockaway Group It Can Be Done Soul Survivors — Farmingdale — Garden City -- Group Attitude Adjustment — Glen Cove -- Glen Cove 1 Group — Hicksville — Island Park Sunday Afternoon Discussion Island Park Group "Below Sea Level" — Levittown — Long Beach Nassau Afternoon Discussion Early Risers Serenity Night Live High Noon/West Women's 3 O'Clock End Young by the Beach — Manhasset — Massapequa Early Cup of Sobriety Massapequa Park Group Turning Point — Merrick — New Hyde Park Merrick/Bellmore Recovery Conscious Contact New Hyde Park Group New Spirit — North Bellmore — Oceanside North Bellmore Group 12 & 12 One Day at a Time — Port Washington Grupo Serenidad En Port Washington — Syosset Brookville/Muttontown Group

GO TO "VIRTUAL MEETINGS" ON OUR WEBSITE FOR MEETING DETAILS.

VIRTUAL MEETINGS — Cambria Heights Give It a Try Group — Cold Spring Harbor — East Meadow Discussion Group Moonlight Group — Elmont — Garden City Back Stretch Group Freedom Seekers Garden City Group — Glen Head — Hicksville Only Requirement First Things First — Levittown — Long Beach Courage to Change Early Risers Serenity by the Sea/AM Three Legacies Workshop Young by the Beach — Lynbrook — Primary Purpose — Manhasset Big Book Experience Early Cup of Sobriety — Massapequa — Massapequa Park Massapequa Bottom Line Lost Weekend Massapequa Park Group Women's Sunday Zoom — Melville — Merrick Sweet Air