



# NEWSLETTER

Intergroup Association of Nassau, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1342

24/7 Hotline: (516) 292-3040  
Business: (516) 292-3045  
intergroup@nassauny-aa.org

## MARCH 2021

### A.A. ANNOUNCEMENTS

- Speaker Exchange currently exchanging Speakers for all types of AA meetings- In Person- Hybrid -Zoom. Exchange will take place virtually on Zoom in March for April-May-June meetings. Please contact Exchange Chair Elise M. via email [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org) to sign up to participate in Nassau Speaker Exchange.
- The H&I Meeting is being held on 3/3/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- The March Reps. meeting will be on 3/4/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- The SENY Convention is being held on 3/5/21-3/7/21 (see pg. 15)
- The Nassau General Service workshop on Concepts 3 & 4 will be on 3/15/21 at 7:30 pm. The Zoom information is as follows: Meeting ID: 922 8787 8377 Passcode: 12345
- The Technology Committee will be meeting on 3/17/21 at 7:00 pm. The Zoom information is as follows: Meeting ID: 861 6828 0466 Passcode: techc
- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see pg. 8)
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.

### Calendar Of Events:

#### March 2021

- 3/3/21:  
- Institutions Committee Meeting 7:30 pm  
- Corrections Committee Meeting 8:30pm
- 3/4/21:  
- New Representatives Orientation 7:00 pm  
- Nassau Intergroup Representatives Meeting 7:30 pm
- 3/5/21:  
- Annual SENY Convention
- 3/6/21:  
- Annual SENY Convention
- 3/7/21:  
- Annual SENY Convention
- 3/10/21:  
- Share-A-Day Planning Committee 7:00 pm
- 3/14/21:  
- Traditions Workshop 10:00 am
- 3/15/21:  
- Nassau General Service 12 Concepts Workshop 7:30 pm
- 3/17/21:  
- Tech. Committee Meeting 7:00 pm
- 3/20/21:  
- Quarterly Groups Speaker Exchange Meeting 7:00 am  
- Delegate's Day of Sharing 9:00 am
- 3/25/21:  
- Steering Committee Meeting 7:30 pm

#### April 2021

- 4/1/21:  
- New Representatives Orientation 7:00 pm  
- Nassau Intergroup Representatives Meeting 7:30 pm
- 4/5/21:  
- SENY Committee Meeting
- 4/7/21:  
- Institutions Committee Meeting 7:30 pm  
- Corrections Committee Meeting 8:30pm
- 4/10/21:  
- SENY Pre-conference Assembly 8:30 am
- 4/11/21:  
- Traditions Workshop 10:00 am
- 4/14/21:  
- Share-A-Day Planning Committee 7:00 pm
- 4/18/21:  
- GSO Conference
- 4/19/21:  
- GSO Conference  
- Nassau General Service Representatives Meeting 7:30 pm (New Reps. Orientation at 7:00 pm)
- 4/20/21:  
- GSO Conference
- 4/21/21:  
- GSO Conference  
- Tech./Website Committee Meeting 7:00 pm
- 4/22/21:  
- GSO Conference
- 4/23/21:  
- GSO Conference
- 4/24/21:  
- GSO Conference
- 4/29/21:  
- Steering Committee Meeting 7:30 pm



**Drunks are calling...  
Let's ensure the hand of  
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to  
Kenny at [officemanager@nassaunya.org](mailto:officemanager@nassaunya.org) or  
Karen at [nightbook@nassaunya.org](mailto:nightbook@nassaunya.org)  
for opportunities  
to do service.

*"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."*

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

## THE THREE LEGACIES

### Step Three

Growing up, I wasn't raised with with a clear cut idea of what, or who, God really was. So, coming into A.A. and trying to grasp onto a Higher Power that I had no familiarity with was like grasping for a hand that wasn't really there. It took time, open-mindedness, and willingness to get to the point where I could acknowledge that there was something greater than me that was already working in my life.

When it came time for me to take my third step, my conception of a Higher Power was no where close to what my conception is now at almost 6 years sober. At the time, being just about 6 months separated from a drink, I heard the words from my sponsor "if you need a Higher Power, here, borrow mine". That was all I needed to make my beginning.

This vital and important step, in the 12 step process, should be well thought out before taking it. However, it was explained to me that this step is designed as a point of reference before simply moving forward with the rest of the steps. By making the decision to turn my will and



life over to the care of God, I was simply deciding to move on to step 4. Nothing more or nothing less, however action was necessary. I needed to hand over the steering wheel of my thoughts and my actions to the God of my understanding. It was time for me to no longer be in control.

I hold incredible gratitude for this decision that I made, and for the loving hand of my Higher Power for carrying me along the way through this journey.

Taylor G.

### STEP THREE

Made a decision to turn our will and our lives over to the care of God as we understood Him.

*Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.*

## Tradition Three

At the root of the 3rd tradition, "...any alcoholic is a member of our Society when he says so (*Twelve Steps and Twelve Traditions* p.139)." You are a member of AA once you declare yourself one. According to the 12 steps and 12 traditions, AA had a bumpy start with this tradition. Elders were worried that certain people would diminish the AA reputation. They began to list "protective regulations" for membership as many feared the collapse of the program. "So beggars, tramps, asylum inmates, prisoners, queers, plain crackpots, and fallen women were definitely out. Yes sir, we'd cater only to pure and respectable alcoholics! Any others would surely destroy us (*Twelve Steps and Twelve Traditions* p. 140)." After serious consideration, the elders concluded, "At last experience taught us that to take away any alcoholic's full chance was sometimes to pronounce his death sentence, and often to condemn him to endless misery (*Twelve Steps and Twelve Traditions* p141)." Who were they to condemn anyone to a life of alcoholism? Then there's the case of a newcomer with a "double stigma," or someone who was an alcoholic, but suffered from another addiction. The Elders initially did not want him to join. They claimed, we deal only with

alcoholics. However, when the elders realized this was more about fear of a poor reputation rather than the collapse of the program, they allowed him in. It's uncommon nowadays to have purely alcoholism only (though they are still out there). So many people I meet (including myself), especially young people, have the "double (and sometimes multiple) stigma of other addictions. As long as you have a desire to stop drinking, according to tradition 3, you are welcome at any AA meeting. Finally, the case of the atheist named Ed. Ed was tired of all this "God nonsense." He managed to stay sober for years until he relapsed when away at work. When he was at his wits ends, he found a bible in his hotel room, thus, finding God. The elders reflected, "What if we had actually succeeded in throwing Ed out for blasphemy? What would have happened to him and

all the others he later helped (*Twelve Steps and Twelve Traditions* p. 145)?" "The only requirement for A.A. membership is a desire to stop drinking. "

Kelly R.

## TRADITION THREE

The only requirement for A.A. membership is a desire to stop drinking.

*Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.*

## TRADITION THREE CHECKLIST

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

## THE THREE LEGACIES CONTINUED...

### Concept Three :

#### Trusting Those We Entrust

This spiritual principle focuses on the idea of making sure that each trusted servant in our fellowship is granted what we often referred to as "Right of Decision." At the simplest level, this means that when someone is elected, selected, or appointed to do an AA job, they will often have to make certain decisions to carry out their duties, and therefore must have a certain amount of decision-making authority delegated to them. The connection between this Concept and the two that precede it is immediately clear, especially when we recall the necessary connection between responsibility and authority, and that all individual authority in A.A. is delegated by the Fellowship.

To understand the importance of the "Right of Decision," I was told to consider what AA service would be like if we didn't have this principle. Imagine a delegate to the General Service Conference who is simply told by her/his area how to vote on all agenda items, but then learns new information at the Conference which suggests s/he should vote otherwise. How could that delegate hope to carry out their duty, which is to vote in the best interest of Alcoholics Anonymous as a whole? On a simpler level, what if the coffee maker at our home group saw that a different brand of coffee was on

sale, but wasn't allowed to make that decision without first getting a majority vote at the next business meeting three weeks later? Sounds kind of silly, doesn't it?

Of course, we do expect trusted servants at all levels to defer decisions and confer with others in certain matters. The chairperson of a local meeting doesn't generally have the authority to just decide to change the meeting topic or format. The manager of a local Central office can't unilaterally adjust the budget. The trustees of the general service board, while trusted guardians of our copyrighted literature, don't have the authority to change the wording of our Steps or Traditions.

Fortunately, most AA members are super careful with the authority that is delegated to them. That's why we delegate power to such people to make certain decisions on our behalf -- including the decision of when they can decide on their own, and when they should seek broader input. It's an approach that might lend itself to real problems in an organization driven by self-serving motives, but has thus far worked in AA thanks to the humble spirit of service that guides our empowered -- and entrusted -- servants.

Jim M.

## CONCEPT THREE

To ensure effective leadership we should endow each element of A.A.- the Conference, the General Service Board and its service corporations, staffs, committees, and executives- with a traditional "Right of Decision."

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## CONCEPT THREE CHECKLIST

1. Do we understand what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"?
2. Do we trust our trusted servants- G.S.R., D.C.M., area delegate, the Conference itself?

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## THE A.A. "PROMISES"

What used to be the hunch or the occasional inspiration, gradually becomes a working part of the mind.

*Reprinted from Alcoholics Anonymous, p. 63, with permission of A.A. World Services, Inc.*



It felt like I lived on a carousel - for more years than I care to admit. I grew up knowing right from wrong, but this [sobriety] wasn't about moral psychology. I knew the types of people I should have stayed away from, yet I was drawn to them. I struggled with the metaphorical angel versus devil on my shoulder and I always watched the devil win out. When I stepped off that ride, my world continued to spin for a little bit. The chaos was comfortable, perhaps I found small moments of peace, but I soon found out that discomfort felt normal and I reached for everything other than

myself. In the beginning of my sobriety, I heard the cliches in the rooms. Those cliches grew into the passwords of my recovery. It drove me to investigate into doing the next right thing. This didn't come easy. In fact, the "right thing" was something that I've always struggled with because it took a conscious decision to do it. The Big Book has close to 150 promises, and as I went along reading it with my sponsor, each one was pointed out to me. Each one gave me a little more hope until the next one came along to inspire me along this path. Slowly but surely, the next right thing

began to be an intuitive behavior. The thought was no longer a conscious struggle but now a subconscious reaction. I can pause today, when I am uncomfortable with a situation, without reacting immediately. I am able to see other people's perspectives of a situation, before my own. I am able to give things over to my Higher Power, through this conscious contact that I have made with Him. I don't run my life on self will anymore. I am not in constant collision with the world around me. I am able to be with myself and the restlessness has disappeared. I am endeared by that initial gift of desperation that stopped the spinning. The working part within my mind was provided by a design of living in rough going which offered me an entire perspective change.

Shannon D.

## "WE ASK"... A.A. MEMBERS FAVORITE BIG BOOK PRAYERS

And acceptance is the answer to *all* my problems today.

When I am disturbed, it is because I find some person, place, thing, or situation—some fact of my life—unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake.

Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

*Reprinted from Alcoholics Anonymous, p. 417, with permission of A.A. World Services, Inc.*

Not living in acceptance, disconnects me from my fellows and participating harmoniously in the stream of life. I cannot be useful to God or grow spiritually.

I have spent many agonizing hours, offhandedly, praying for my idea of what's best for others. An insult to God is the best way that I can reflect upon this delusion now.

It has been a difficult and humbling process, practicing this spiritual principle. It is critical for me to be happy, joyous, and free.

What a relief it is to surrender, allowing myself to let go and let God. It has been the first

step for me to disengage with my perfectionism, self-sufficiency, and ultimately denying myself the opportunity to grow in all aspects in my life.

Discovering the acceptance prayer has changed the way I navigate life significantly. I no longer need to be that annoying person giving

unsolicited advice, ruminating in the past, and attempting to save the world from the future. Just for today, I can set myself free by accepting God's plan.

Corine M.

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"JUST FOR TODAY, I CAN SET MYSELF FREE BY ACCEPTING GOD'S PLAN."

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## CHAIR'S CORNER

### A Position for You!

One of the things I love most about service in A.A. is that there's a job for everyone. The outgoing guy cheerfully greets newcomers at the door. The gal with a knack for organizing, volunteers to plan the annual group anniversary. The tech-savvy member sets up the Zoom account and a digital basket for contributions. The kitchen guru makes a cake for a newcomer's first sobriety birthday.

My first job in A.A. was the "assistant literature person." I was the backup guy to an older member named Rick who handled getting books and pamphlets for my first homegroup. My job was to set up the books on a table before the Friday night meeting, then put them back in a box afterward. I've always suspected they invented that job simply because they knew how badly I

needed to participate in this miraculous thing called A.A.

At Nassau Intergroup, the same principles apply. We have different jobs that require different skills. Are you like Kenny, a natural Twelve Stepper when it comes to talking to drunks? We've got shifts open to answer the hot-line. Or maybe you're like Mary, organized with a great eye for detail? We're looking for a Literature chair to handle the inventory at the office, as well as tracking and recording sales made by our office volunteers.

None of those seem to be a good fit? No worries -- reach out to us anyway. If you love A.A. like us, and you want to help, we'll find something that will be a great fit. Or maybe we'll invent something just for you!

Jim M.-Chair

### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair, please send an email to [chair@nassaunya-aa.org](mailto:chair@nassaunya-aa.org).

## Circles of Love and Service

*How A.A.s work together to help the alcoholic who still suffers*

This is A.A. General Service Conference-approved literature.

YOU CAN READ THE FULL PAMPHLET [HERE](#)

## NIGHTBOOK CHAIR'S CORNER



### THE NIGHTBOOK IS STILL IN NEED OF HELP ANSWERING THE PHONES!!

The A.A. hot-line is a very important tool in helping people get sober. As a member of A.A., I have seen many people get the introduction into this program through the help of this hot-line.

I don't ever want to forget how difficult it was to get sober! Some people go to a rehab or outpatient treatment centers, or just go to meetings; however, the phones continue to be a

very important aspect of STAYING SOBER!

Answering the hot-line is a great way of giving back. I want to acknowledge the groups/people that have helped with the phones last month. Young By The Beach, Sober Start Group, Malverne Gratitude Group, and Ms. Tova and friends. You all have contributed to a successful hot-line! Your service is greatly appreciated.

If your group, or group of friends wish to commit to a week of answering the phones between 5 pm and 9 am, please contact me via email me at [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org). Please leave me your name, and a phone number so I can contact you directly.

Yours in service,  
Karen- Nightbook Chair

This is our *twelfth suggestion*: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when other's fail. Remember they are very ill. Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends- this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.

*Reprinted from Alcoholics Anonymous, p.89, with permission of A.A. World Services, Inc.*

### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).





## HOSPITALS & INSTITUTIONS CHAIR'S CORNER

On Wednesday March 3rd, 2021, at 7:30 pm there will be an H&I meeting via Zoom. The details are as follows:

Meeting ID:  
554 670 5146

Passcode:  
870607

I will be discussing future plans for H&I and the current situation that we still face because of Covid-19. There will also be a discussion about bringing in literature to certain locations.

We have a few meetings taking place:

On Zoom:  
South Oaks Hospital meetings are every Thursday, limited to patients and speakers only. This was expanded from 2 times

a month to weekly.

Face-to-face:  
The Salvation Army in Hempstead, men only. This is a weekly meeting.

A new meeting was started at a women's sober house. It is residents only. I thank a very caring woman for making that possible, it looks real promising.

Unfortunately, many of the locations that we used to provide meetings for are still shut down until further notice.

If you or someone you know is in need of H&I meetings, please get in touch with me at

[Institutions@nassauny-aa.org](mailto:Institutions@nassauny-aa.org)

Thank you

Archie N

H&I Chairperson IAN

## CONTACT INFORMATION

If you would like to get in touch with the H&I Chair, please send an email to [Institutions@nassauny-aa.org](mailto:Institutions@nassauny-aa.org).



A.A. in  
Treatment  
Settings

YOU CAN READ THE FULL  
PAMPHLET [HERE](#)

## SHARE-A-DAY CHAIR'S CORNER



The Share-A-Day committee meets every month, on 2nd Wednesday of each month, at 7:00 pm on Zoom. The Zoom information is as follows:

<https://zoom.us/j/5546705146>

Meeting ID: 554 670 5146

Passcode: 870607

The Phone Access for Zoom meeting is :1 929 205 6099 and then follow the instructions.

The next meeting is Wednesday March 10th at 7:00 pm.

We are trying to see if we can use Eisenhower Park as a possible meeting location during the Summer (possibly August). We are hoping to have a live Share-A-Day event outside, that

can withstand 50 to 100 members.

Volunteers are needed within the Share-A-Day Committee. The open positions are: Set-up and Clean-up, a Chair person, hospitality, Greeting Chair, Food Chair, Play Chair, Al-Anon participants, Nassau General Service Table, Archives Table and Display, and Literature Table.

There are places that we can barbecue and Share-A-Day is always an open event so A.A. Members can bring family members who are not A.A. members too.

Please discuss the open commitments at your group's business meeting and send a

member to our Share-A-Day meeting to be a part of the committee!

We are here to serve the groups in Nassau County!

In Service,  
Kevin McH

Share A Day Chair 2021

### CONTACT INFORMATION

If you would like to get in touch with the Share-A-Day Chair please send an email to [shareaday@nassaunya-aa.org](mailto:shareaday@nassaunya-aa.org).

## DISTRICT COMMITTEE MEMBER CHAIR'S CORNER

### **71st General Service Conference April 18th- April 24th**

#### Theme: A.A. In A Time Of Change

The deliberative body known as the Conference is made up of elected area delegates from the United States and Canada, now numbering 93, together with the trustees, the directors of A.A.W.S., Inc., The A.A. Grapevine, Inc., G.S.O. The Grapevine staff members numbering 40 or more.

The Conference held its first annual meeting in 1951. Since then, it has met annually in April or May in New York. It has proved itself an immense success, establishing a record of advisory actions that have served the Fellowship well during the intervening years of growth and development.

A.A. is an upside-down organization. The General Service Representative, the "G.S.R.", is perhaps the most important role in A.A. If your group doesn't have a G.S.R. already, consider bringing it up at your business meeting. It is through the G.S.R., that each group has a voice and a vote in

the larger A.A. matters. This connection helps keep A.A. unified both in a practical sense and spiritually. We would not last long, as a fellowship, if it weren't for the service of G.S.R.'s! The groups are on top and the trustees are on the bottom.

Concept One tells us that the A.A. groups today hold ultimate responsibility and final authority for our world services. Keeping a balance between ultimate authority, responsibility, and the active day-to-day functioning of World Services means there must be constant communication among all the elements of service.

Our elected South Eastern New York Area 49 Delegate Tom B., Panel 71, has been assigned to be on the Cooperation with the Professional Community Committee. On March 20th, at the Delegates Day of Sharing, the Delegate is selectively sharing agenda items from the General Service Conference Agenda. The Delegate will have presentations by members regarding items that will be on our Area questionnaire. G.S.R.'s and Alternates will then discuss these actions with their Groups. The communication

process starts with the individual groups, which decides its group conscience –for or against change, approval or disapproval- of a proposed action. After the D.D.O.S., G.S.R.'s are responsible that the group members are informed about the presentation. The group needs to have a group conscience.

Then on April 10th, the Pre-Conference Assembly, G.S.R.'s and members of our Area will inform the Delegate. A G.S.R.'s group might still need more information on agenda items or a G.S.R. will discuss how and why your group came to the decision.

Marty K. Nassau County  
DCMC-AAIOU

### CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to

[DCMC@aanassaugs-ny.org](mailto:DCMC@aanassaugs-ny.org).

## Financial Review— On Contributions

The [long form](#) of Tradition 7 states, “We view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated AA purpose.” (*The Language of the Heart*, “Twelve Suggested Points for A.A. Tradition,” page 23.)

One answer to such an accumulation of funds is to consider contributing any excess to the service structure beyond the home group. A.A. groups and individual members often ask about making such contributions. Who gets the money? How much should we give? How may the contributions be made?

We could simply say pass it all along to Intergroup, but a better answer might be to suggest you look at the services the various A.A. service entities provide and the costs, decide how you value those services and consider too how broad a funding base the various service entities enjoy. Then decide on any distribution.

What are the service entities? There is of course [Nassau Intergroup](#). Beyond Intergroup, some of the possible General Service entities include [A.A. World Services \(AAWS\)/GSO \(A.A. Grapevine \(AAGV\)\)](#) can not accept contributions, but is solely supported through magazine subscriptions and the sale of GV-related items); our local area, [South Eastern NY \(SENY or Area 49\)](#); [Nassau General Service Group \(NGSG\)](#); and your local General Service District (contact NGSG for [district information](#)). Other service entities may also come to mind along with the possibility of earmarking funds for any entity committees such as Institutions (H&I) or Share-A-Day at Intergroup. (Not all entities accept earmarks).

What services do they provide and at what costs? Intergroup maintains a 24/7 Hot-line, an office and fields 16

service committees such as Public Information, Corrections and Literature. Intergroup’s annual report (offered every February) details what we did in prior year, and our budget (settled the prior December) plots the course for services in the current year. You may seek similar information from other service entities.

As to thinking about the funding base for service groups, consider for instance that AAWS has access to support from as many as 70,000 groups and almost 1.5 million members in the [US and Canada](#) alone while Nassau Intergroup depends mainly on the far fewer groups and members in just Nassau County.

By whatever criteria you choose to apply, you may distribute any excess funds as you see fit (there is no suggested formula although you can find sample distribution plans) including giving any excess to any single entity or to any select entities with or without earmarks as you think right. (You should know however that if you send everything to one entity, that will likely be where the funds will stay. No further distributions will generally be made). Also, the size of your contribution does not matter. Many contributions to Intergroup are relatively small, but all contributions serve to link us together spiritually in support of AA’s primary purpose.

Each service entity has either a mailing address or digital portal for receiving funds or both. For Intergroup, our mailing address is 361 Hempstead Turnpike, 1st floor, W. Hempstead 11552. (Make any check or Money Order to “Intergroup Assoc. of Nassau.”) We also have additional information on the [“Contributions”](#) page of our website including instructions for sending funds electronically via [Zelle](#). For the other service entities, check their web pages.

The pamphlets *Self-Support: Where Money and Spirituality Mix* (F-3) and *The AA Group Treasurer* (F-96) provide

additional information concerning matters of finance in AA including deciding on a prudent reserve and making contributions to the AA service structure. They’re available without cost [online](#) and in print editions at the Intergroup office.

Also on finance, we look ahead to next month’s General Service Conference which will invariably have a number of finance related agenda items. That agenda was not available in time for this article, but should now be available. Go to the [“From the Delegate”](#) page at [SENY](#) for more information.

COVID-19 remains a concern impacting our day to day A.A. way of life. Stay vigilant and patient today, and hopeful for the future.

Stay safe, stay positive, and stay connected. Hope this is helpful.

Bill C., Financial Review Committee  
finance@nassauny-aa.org





The new book, *A Visual History of Alcoholics Anonymous: An Archival Journey*, is now available on a first come basis in very limited quantities at Intergroup from a limited print run from AA World Services (AAWS). As described in AAWS' pre-publication materials, "Lavishly illustrated, this lively tour through AA's history is told in hundreds of iconic images never before published in one volume."

Originally prepared as the souvenir book for the 2020 International, it is a beautiful volume, ideal for the AA history buff or anyone who enjoys the history of our Fellowship or who is looking for a thoughtful AA-related gift.

Routine sales of AA literature and related items remain available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in as we don't always have the volunteers on hand we need to keep the office open.

COVID-related precautions and practices remain in effect in the office including the need to wear a mask and to maintain social distancing.

Also, at last month's Reps meeting we opened a discussion on the possibility of the office carrying anniversary medallions. To date, we've only carried materials developed by AAWS, AAGV and a few of our own publications. As of this writing that conversation was still developing and needs your participation.

April's General Service

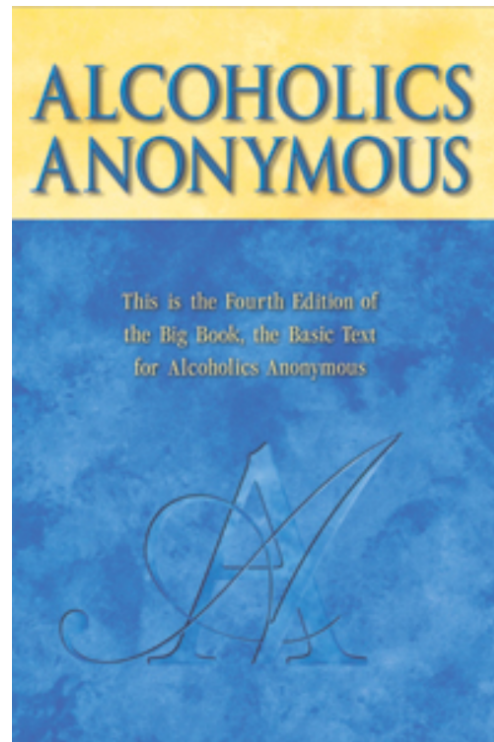
Conference is expected to have a number of literature-related agenda items including considerations for the future of the "Big Book," the "Twelve and Twelve" and the "AA Preamble" continuing from [last year's Conference](#) (see page 4 in the link). That agenda was not available in time for this article, but should now be available. Go to the "[From the Delegate](#)" page at [SENY](#) for more information. Consider too attending the virtual [Delegate's Day of Sharing](#) on March 20 (details TBA) for more information on these and other Conference agenda items.

COVID-19 unfortunately continues to be a concern, and along with that the restrictions on our activities remain. Many things in AA have not been able to return to their pre-COVID norms, and some may never be better or worse. I continue to encourage vigilance and patience as we move into the spring with hope for a better year ahead for all.

Stay safe, stay positive, use the literature and stay connected. Hope this is helpful.

Bill C., Acting Literature Committee Chair

[literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)



## CONTACT INFORMATION

"Sales of A.A. literature and related items remain available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in"

## Radio Show

Each Wednesday from 3 pm to 4 pm, the Student Escape Corner hosts a radio show on OWWR (Old Westbury Radio) called "Living Clean and Sober"!

The upcoming shows for March are, on March 3rd at 3:15 pm, on the topic "Children of Alcoholics and Al-Anon". April is "Alcohol Awareness Month" so, on April 28th at 3:15, my Sponsor, Allison, will be the featured guest speaker.

Hosted by Blanca Schneider, her co-host Treasurer of the Peer Educators Luis Solano, Stony Brook Graduate intern Morgan Mecalianos, and an Old Westbury intern, we discuss a range of topics all related to

alcohol/substance use and abuse.

Each week, the show welcomes a different guest speaker to share their experiences with and take on alcohol/substance abuse and use specifically related to college students. Our speakers provide helpful tips about Alcoholics Anonymous and the fellowship.

Click here to tune-in <http://owwrny.org/> or call (516) 876-4964 during our time slot to share your thought, opinions, or questions on the week's topic!

If you or someone you know are interested in being a guest speaker, please contact me at [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org).

Doreen P.- P.I. Chair

## Understanding Anonymity



*"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."*

This is A.A. General Service Conference-approved literature.

## CONTACT INFORMATION

If you would like to get in touch with Public Information please send an email to [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

YOU CAN READ THE FULL PAMPHLET [HERE](#)

★ 2021 SENY CONVENTION ★  
A.A. IN A TIME OF CHANGE



MARCH 5 - 7

• HISTORIC 53RD VIRTUAL CELEBRATION ON ZOOM •

- \* A.A. \* AL-ANON \* ALATEEN \* YOUNG PEOPLE IN A.A. \*
- \* SPEAKER MEETINGS \* 15 WORKSHOPS \* ALKATHONS \*
- \* SPANISH LANGUAGE MEETINGS \* SPANISH TRANSLATION \*
- \* UNITY \* INCLUSIVITY \* DIVERSITY \* ACCESSIBILITY \*
- \* BOX LUNCH + DINNER GUEST HOSPITALITY \*
- \* 12 STEPS \* 12 TRADITIONS \* 12 CONCEPTS \*
- \* FUN \* GAMES \* ENTERTAINMENT \*

★ LET'S GET THE PARTY STARTED ★



REGISTER ONLINE @ [AASENY.ORG](http://AASENY.ORG)  
REGISTER BY MAIL :  
SENY CONVENTION 2021  
PO BOX 571  
NEW YORK, NY 10116  
REGISTRATION FEE : \$20.00

★ INFORM - COMMUNICATE ★ INVOLVE - ACT ★ INSPIRE - ATTRACT ★

2021 SENY CONVENTION  
A.A. IN A TIME OF CHANGE



TECH VOLUNTEERS

THE 2021 SENY CONVENTION NEEDS YOUR TALENT  
TO HELP FACILITATE MAIN SESSIONS + WORKSHOPS

Since our 2021 Convention will be held virtually March 5 - 7 using the Zoom platform, we are looking for volunteers with experience using Zoom's host controls or experience acting as a host or co-host in a large (>20 participants) meeting. Volunteers should be proficient in managing the waiting room, muting and unmuting participants, removing unwanted participants from the meeting, and other participant management tasks. Volunteers should also be familiar with common Zoom settings, and have an understanding of basic user functionality to be able to assist participants who are accessing the meeting space with either a smartphone, a computer, or dialing in with a phone.

Each workshop will require at least 2 volunteers : a primary Host and a Co-Host. If enough volunteers are available, we would like 1 or 2 additional volunteers to act as Spiritual Ushers / Time Keepers and help with monitoring for unwanted disruptions, especially in the larger sessions. The Tech Committee will provide training and rehearsal.

HOST : Primarily responsible that the workshop is running smoothly and on time.

CO - HOST : Assists host with room/participant management duties.

SPIRITUAL USHERS / TIMEKEEPERS : Monitors for disruptions and takes appropriate action.

★ LET'S GET THE PARTY STARTED! ★



TO VOLUNTEER : [CLICK HERE](#) OR FOR MORE INFORMATION PLEASE CONTACT  
JOHN L.  
2021 SENY CONVENTION  
VOLUNTEER COORDINATOR  
JPLIVZ@YAHO.COM

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★ 2021 SENY CONVENTION ★  
A.A. IN A TIME OF CHANGE  
MARCH 5 - 7

★ REGISTRATION FORM ★

Full Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email Address \_\_\_\_\_

\* Must Provide Email Address To Receive Meeting IDs And Passwords \*

AA \_\_\_ Al-Anon \_\_\_ Other ( Please Specify ) \_\_\_\_\_

Home Group \_\_\_\_\_

Sober 25+ years? Sobriety Date : \_\_\_/\_\_\_/\_\_\_

Translation/ASL/Accessibilities Request? ( Please Specify ) \_\_\_\_\_

Registration : \$20 Per Person  
Number of Registrations \_\_\_\_\_ Total : \$ \_\_\_\_\_

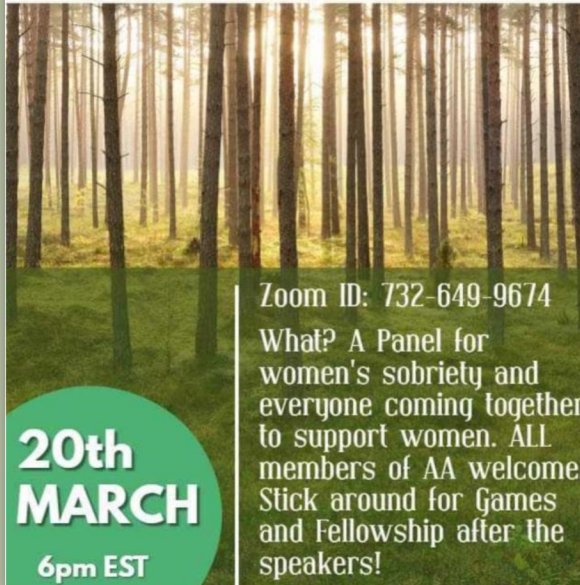
**\* All Attendees At The Convention Will Need To Register  
To Have Access To Meeting IDs And Passwords \***

Checks or Money Orders Payable to : SENY Convention  
2021 Mail Payment and Registration Form to:  
SENY Convention 2021  
PO Box 571  
New York, NY 10116  
Questions? Email : [convention@aaseny.org](mailto:convention@aaseny.org)

★ INFORM - COMMUNICATE ★ INVOLVE - ACT ★ INSPIRE - ATTRACT ★



**RIVYPAA & LICYPAA**  
Present:  
Beauty of the Forest



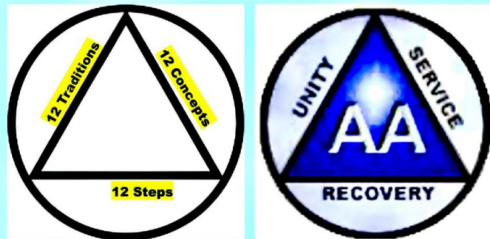
**20th MARCH**  
6pm EST

Zoom ID: 732-649-9674  
What? A Panel for women's sobriety and everyone coming together to support women. ALL members of AA welcome. Stick around for Games and Fellowship after the speakers!

**Nassau General Services**  
is proud to present:  
~A Workshop~

“OUR TWELVE CONCEPTS OF WORLD SERVICE:”  
**AA'S Spiritual Principles of Recovery**

**Our “Three Legacies”**



This will be a series of  
six presentations per year;  
every other month,  
covering all Twelve Concepts Of Service ~  
Presented in a relaxed, discussion format

Meeting- ID: 441-970-4071 Passcode: 13570  
All workshops begin at 7:30 pm and end at 8:30 pm

- March 15<sup>th</sup> - Concepts III & IV**
- May 17<sup>th</sup> - Concepts V & VI**
- July 19<sup>th</sup> - Concepts VII & VIII**
- Sept 20<sup>th</sup> - Concepts IX & X**
- Nov 15<sup>th</sup> - Concepts XI & XII**

**24<sup>th</sup> National A.A. Archives Workshop**  
“Today is Tomorrow’s History”

September 30<sup>th</sup> -- October 3<sup>rd</sup>, 2021  
San Antonio, Texas



Home of the Alamo, S.A. Missions World Heritage Site, and Riverwalk  
[www.2021NAAAW.org](http://www.2021NAAAW.org)

Hilton, San Antonio Airport Hotel  
611 N.W. Loop 410, San Antonio, TX 78216  
Phone: (210) 340-6060

Special Room Rate: \$110. per night  
Queen-size beds,  
Single or Double occupancy  
Rates available from Sep 26 thru Oct 6  
Free covered parking  
Free Shuttle to/from airport and in  
3-mi radius

Reservations: Phone: (866) 238-4218  
Online: Hilton.com Booking Code: “NAAAW”  
Thursday City Tours:

City Tours Available. Program includes GSO Archives Workbook contents, speakers, hands-on workshops, and expert presentations. Hospitality Room.

REGISTRATION FORM (Sign up early for discount. Please Print Clearly.)

Name: \_\_\_\_\_ Registration: \_\_\_\_\_  
Name on Badge: \_\_\_\_\_ - Prior Jan 1, 2021 @ \$40. \_\_\_\_\_  
Street Address: \_\_\_\_\_ - After Jan 1, 2021 @ \$45. \_\_\_\_\_  
City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Banquet dinner @ \$50. \_\_\_\_\_  
Zip Code/Postal Code: \_\_\_\_\_ Full Breakfast & lunch @ \$35. (per day) \_\_\_\_\_  
Service Position: \_\_\_\_\_ Hospitality & Coffee Contribution \_\_\_\_\_  
Telephone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_ Ice Cream Social @ \$15. \_\_\_\_\_  
Special Needs: \_\_\_\_\_ Total Enclosed: \$ \_\_\_\_\_

Mail form with check to: 2021 NAAAW Workshop, P.O. Box 17991, San Antonio, TX 78217

For more information, contact:  
[2021ArchivesWorkshop@gmail.com](mailto:2021ArchivesWorkshop@gmail.com)



## IAN Monthly Tradition Workshops

**nassau intergroup**

**Monthly  
Traditions Workshop**



**The SECOND SUNDAY  
of each month**

**10am-11am**

**Zoom Meeting ID: 554-670-5146**

**Passcode: 870607**

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA? Or maybe just unfamiliar with their meaning and purpose within our Fellowship? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

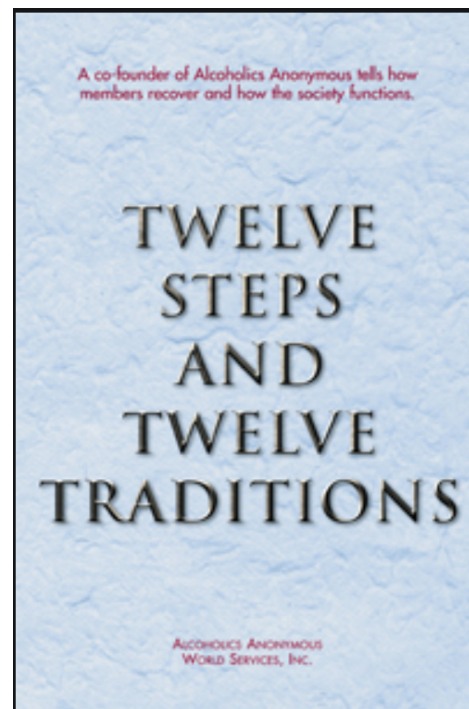
The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



## NASSAU INTERGROUP - EMAIL ADDRESSES

### OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

Nassau General Service District Committee Member Chair (DCMC)  
[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

### STANDING COMMITTEES

Archives [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)

Coop. Pro. Comm. (CPC) [cpc@nassauny-aa.org](mailto:cpc@nassauny-aa.org)

Corrections [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org)

Financial Review [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

Institutions (H&I) [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

Literature [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Meeting List [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org)

Newsletter [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

Night Book [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Officer Coordinator (Mgr.) [officemanager@nassauny-aa.org](mailto:officemanager@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

Share-a-Day (SAD) [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

Speakers Exchange [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org)

Special Needs [specneeds@nassauny-aa.org](mailto:specneeds@nassauny-aa.org)

12<sup>th</sup> Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

### Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

#### Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and intergroup business.

Yours in love and service,  
Nassau InterGroup of Alcoholics Anonymous

## Meeting List Changes:

Due to the nature of the current situation, please refer to the meeting list on the Intergroup website. The meeting finder can be found [here](#). It will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

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