



NEWSLETTER

Intergroup Association of Nassau, Inc.
361 Hempstead Turnpike, West Hempstead, NY 11552-1342

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intergroup@nassauny-aa.org

MAY 2021

A.A. ANNOUNCEMENTS

- The May Reps. meeting will be on 5/6/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see pg. 7)
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- If you have any information about a group formed after 1970 please contact John from archives via email at archives@nassauny-aa.org.

Calendar Of Events:

- May 2021
- 5/3/21:
- SENY Committee Meeting 7:30pm
 - 5/5/21:
- Corrections Committee Meeting 8:30pm
 - 5/6/21:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm
 - 5/9/21:
- Traditions Workshop 10:00am
 - 5/12/21:
- Share-A-Day Planning Committee 7:00pm
 - 5/13/21:
- Public Information & Cooperation with the Professional Community Committee Meeting 7:30pm
 - 5/17/21:
- Nassau General Service 12 Concepts Workshop 7:30pm
 - 5/19/21:
- Tech./Website Committee Meeting
 - 5/27/21:
- Steering Committee Meeting 7:30pm (by invitation)
- 6/2/21:
- Institutions Committee Meeting 8:00pm
- Corrections Committee Meeting 8:30pm
 - 6/3/21:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm
 - 6/7/21:
- SENY Committee Meeting 7:30pm
 - 6/9/21:
- Share-A-Day Planning Committee 7:00pm
 - 6/12/21:
- SENY Post Conference Assembly 9:00am- 3:30pm
 - 6/13/21:
- Traditions Workshop 10:00am
 - 6/19/21:
- Quarterly Groups Speaker Exchange Meeting 7:00am
 - 6/21/21:
- Nassau General Service New Reps Orientation 7:00pm
- Nassau General Service Committee Meeting 7:30pm
 - 6/24/21:
- Steering Committee Meeting 7:30pm (by invitation)



**Drunks are calling...
Let's ensure the hand of
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to
Kenny at officemanager@nassaunyaa.org or
Karen at nightbook@nassaunyaa.org
for opportunities
to do service.

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

June 2021

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

THE THREE LEGACIES

Fear. Just when I had thought alcohol was the root of all my problems; now looking in hindsight, I had delusionally concluded with full conviction that alcohol alone was my only problem and the scapegoat for everything.

Anger. The justification of my “unbeknownst” fear(s) in my drinking career.

Self-pity. The “comedown” I shall call it.

I can assure you of one reservation I had coming into AA, it was definitely NOT wanting to learn a new vocabulary; I only wanted to rid the drink from my life. Another thing I can assure you of is the promise that one day I could wake up free from the obsession to drink came true. My sponsor, a few good drunks, the literature/design for living, and God helped materialize that gift; despite my foggy doubts. I could just stop here and tell you life is great today because alcohol alone had been removed from the equation; but truth be told I gained more than I could ever ask. I would be a satisfied customer if all I ever received from AA was the desire to stop drinking. Those gift came at a price however... in order to free myself of the reckless baggage; which included but are not limited to: fear, anger, self pity & a mile long list of character defects; I had to honestly look inward at the things I ran from the most, those secrets I swore I would take to the grave HAD to be discussed with another alcoholic, I HAD to admit where I was wrong. How rude and humiliating! The thing I was running from the most was me.

In my experience because I did an honest 4th step (which was strongly

suggested & engraved in my thoughts) I believe it allowed a true cleansing effect for me during my 5th step. I was ready to let go. I was ready to take one more brick off my back and place it under my feet to continue to enlarge my spiritual life.

A true “ah-ha” moment to see how my fears, anger and self pity were killing me slowly; alcohol was just an added fuel to enable my disease to spread like a wild-fire.

Something that really sticks out to me during my 5th step was that prayer and meditation where I asked God to show me the truth & help remember anything I may have left out. The thoughts of what I did not want to tell my sponsor afterwards; turned into willingness was a huge turning point for me. It was almost like a direct answer from God. The willingness to discuss those things immediately with my sponsor was such pivotal point in the growing idea of a relationship between God and I. those things I swore I would take to the grave would have taken me there much faster than not; had I not been honest.

The humility I felt, which I consider a gift, allowed me to be humble- GET humbled I should say. I truly believe I’ve that if I did not do an honest 5th step I would not be writing these words to you. I was ready to be humble before God to continue on the path that these steps outlined. I was able to let go of that mental torment. The noise was gone.

I was almost embarrassed at myself for the way I felt about things/people on my 4th step, prior to doing my 5th. Step 5 allowed me to feel humility for the first time but not in a negative way. One more crushing blow to my ego, to make room for God in my heart, thoughts, actions. This prepared me to readily & humbly ask God to help

remove my shortcomings. This was a spiritual door that unlocked another level to the relationship I was building with God as I understood him; and I continue to do so daily.

There was no “white light” or “parting of the seas” but I no longer felt alone. I no longer felt the desire to run from myself.

Today I am grateful to be able to feel and acknowledge things like fear, anger and self pity — and not have to drink over it.

Kriss

STEP FIVE

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.

Tradition Five

AA's Traditions represent the experience, strength and hope of the "children of chaos" based in the trial and error of the formative years of the Fellowship, codified and documented by Bill W., first in a series of articles in the AA Grapevine in the 1940's, and later in the book Twelve Steps and Twelve Traditions. The non-binding principles reflected in our Traditions are guides to harmonious and effective group life disregarded at a group's own peril. Tradition Five, in the long form, "Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers," tells us all we need to know about why we are here. We of AA have become privy to an answer to the age old problem of alcoholism. Passing that answer on to fellow sufferers is the reason for being for any collective calling itself an AA group. Doing so as individual members, we find as Bill W. did close to 75 years ago, is also the only way we can keep this precious gift. In this context, Bill talks about the "compulsions of self

preservation, duty and love." In his "Big Book" story, Dr. Bob too talks about his reasons for "passing it on" including a sense of duty, a way of paying his debt to those who helped save him, and as a way of taking out some insurance against a slip. In order not to lose our way, we are admonished to keep to what we know. We are neither physicians nor ministers, social workers nor counselors. We are not experts in finance nor are we experts of any other kind. We are simply drunks who have found a way out. It is that way out that we share.

TRADITION FIVE

Each group has but one primary purpose- to carry its message to the alcoholic who still suffers.

Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.

TRADITION FIVE CHECKLIST

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

THE THREE LEGACIES CONTINUED...

Concept Five : The Right of Participation

The first time I observed “minority opinion” in action was at the annual NERAASA (Northeastern Region A.A. Service Assembly). A motion had just been passed to spend a significant amount of money on an “event banner” -- one of those big things we hang in the front of the room at a convention or conference that spells out the name of the event.

At the time, NERAASA didn't yet have one, and a well-researched presentation had been made that included a proposed design, the expected cost, and the observation that practically every AA event had one of these things and NERAASA should too.

During the vote, when practically every hand in the room was raised in support and only a couple of people voted against, I remember thinking, “Well, that was easy!” and assumed we would move on to the next piece of business.

I was wrong.

The NERAASA chair then asked, “Would anyone in the minority like to speak to why they voted against this idea?”

A woman quietly walked to the microphone and said something like this (sorry, I didn't take notes): “I'm not opposed to the banner, but the cost is quite high. I think we could use many of those AA dollars to help alcoholics -- to provide AA literature for jails and institutions, or other Twelve Step work. I'm sure we've got creative people here who could make a banner for a fraction of the proposed cost. We could even still use the same

design. We'd save money. We'd get more folks involved in service. I'd be willing to help with making it.”

Even before the chair asked if anyone who voted in favor of the motion wished to change their vote, you could feel a shift in the room. Heads were nodding. Someone came forward and said they wished to change their vote. A “motion to reconsider” was made and passed. The discussion that followed was mostly people stepping up to help with making the banner, or to offer suggestions for what could be done with the money that would be saved.

The original motion was overturned and a motion for a homemade banner was passed.

Concept V also includes the “right of appeal,” a principle that gives individuals the right to be heard if they feel they've been treated unfairly. This principle can be found in Nassau Intergroup's Bylaws. While the Steering Committee has the authority to remove any committee member or elected officer for misconduct, that member has the right to speak before the group Reps at the next Reps' meeting and appeal the decision. Thanks to Concept I, the Reps hold the power of “final responsibility and ultimate authority,” and may therefore exercise their Concept III “right of decision” to reinstate the individual to their position if the Reps believe the Steering Committee was in error.

Both of the core principles of Concept V -- seeking minority opinion after a vote, and allowing individuals to appeal decisions that have been made -- are rooted

in the voluntary humility many of us first learn in our Fourth Step and practice in our Tenth Step: the idea that, despite our “certainty” that we are in the right, perhaps we are in the wrong. This voluntary humility keeps us from many of the pitfalls of hasty decisions, and helps us avoid the tyranny of the majority.

Jim M.

CONCEPT FIVE

Throughout our world services structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

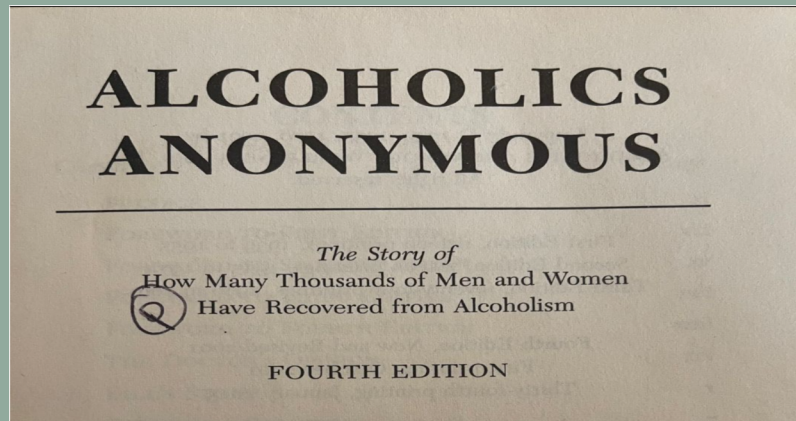
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CONCEPT FIVE CHECKLIST

1. Do we encourage the minority opinion, the “Right of Appeal,” to be heard at our home group, district committee meetings, area assemblies and the Conference?
2. What does our group accept as “substantial unanimity”?
3. Has our group experienced the “tyranny of the majority” or the “tyranny of the minority”?
4. Does our group understand the importance of all points of view being heard before a vote is taken?

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THE A.A. "PROMISES"



Reprinted from Alcoholics Anonymous, title page, with permission of A.A. World Services, Inc.

Hello my name is Frank H. and I am a grateful recovered alcoholic.

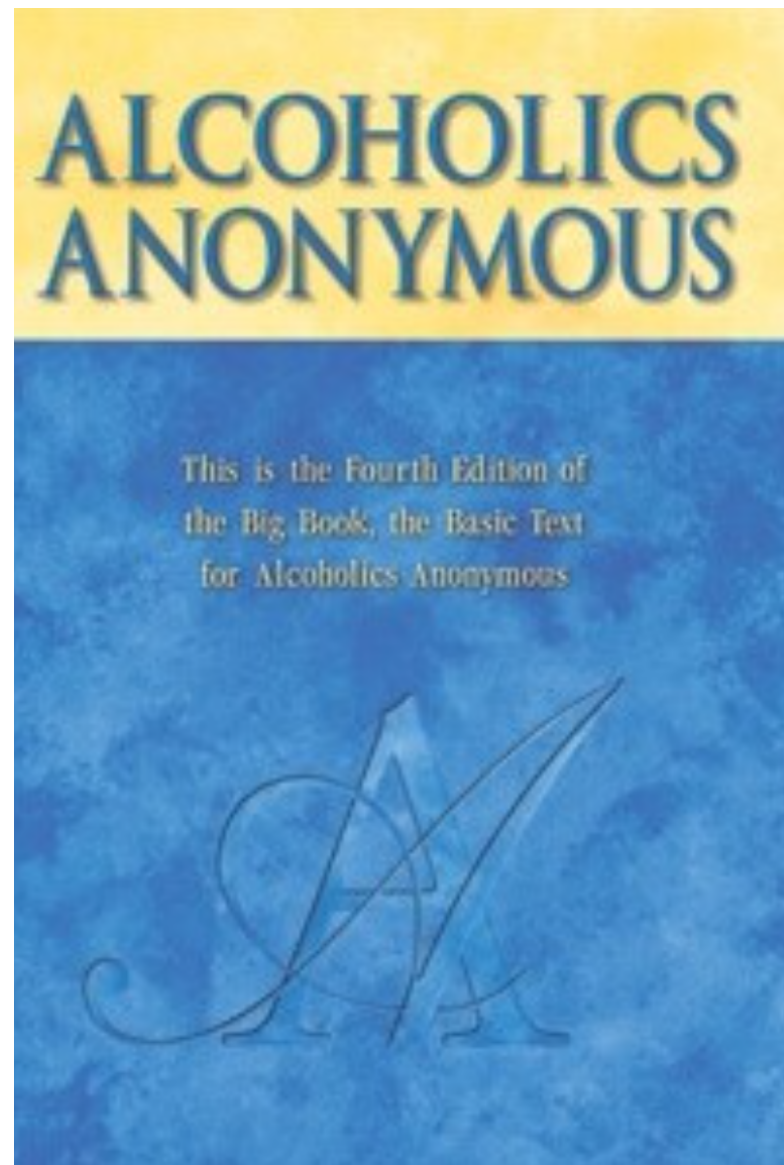
For many years I have had this malady of the mind, body, and spirit. This harsh reality that life on life's term was too hard for me to handle. And because of that I was introduced to true hopelessness, and for that I am grateful. For if I never experienced hopelessness at the level that I did I would never have acquired the desire to live a different lifestyle. Today I stand in front of you a new man, with a life beyond my wildest dreams. No longer do I live in this hopeless state of mind and body and no longer do I suffer from a spiritual illness.

Today I choose to live life on gods terms, today I choose to

remain restored back to health.

I am recovered from alcoholism as many thousands of men and woman before me were. If we can do it then you can do it too.

Frank H.



CHAIR'S CORNER

But One Primary Purpose

At my very first A.A. meeting, people talked about their drinking. This was of vital importance to me. If no one had done that -- if everyone just talked about their individual conceptions of God, of their experience with the Steps, and about how wonderful they found the Fellowship -- I probably wouldn't have come back.

The solution to alcoholism made available to me that night was not what first connected me to you. The first thing that connected me to you was your drinking. Your reliance on alcohol. Your need for it. The magic and power of it. How it was the center of your existence, or (as one guy put it) "the greatest love affair of my life until the bleepity-bleep turned on me."

This is what got my attention. I didn't need to be told at the first meeting that you'd found a way to be happy, joyous and free. I already knew that by the laughter in the parking lot when I arrived, and by the spark in your eye when you smiled and shook my hand near the coffee pot. What I needed, and what you provided, was the knowledge that all the people in that room that

night had once been dying from what was killing me.

Tradition Five talks about our primary purpose -- to help alcoholics. Does our solution work for other problems too? Apparently so, which is part of the reason why A.A. has so freely granted permission to countless other fellowships to adapt our principles for other problems. However, helping people with "problems other than alcohol" form other fellowships isn't the only reason we've shared our core principles. We've also done it to preserve our own Fellowship.

A.A. is a fellowship of alcoholics. Sure, many alcoholics have additional problems, but it is their problem with alcohol -- and their desire to stop drinking -- that makes them eligible for A.A. membership.

Inviting non-alcoholics to attend open meetings is a long-standing practice, and one that reportedly has been helpful to such people in their efforts to address other problems. However, as Bill W. writes about in the pamphlet [Problems Other Than Alcohol](#):

"It has also been learned that there is no possible way to make nonalcoholics

into A.A. members. We have to confine our membership to alcoholics, and we have to confine our A.A. groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone."

If I'd walked into that first meeting and heard someone talking about gambling, and then someone talking about opioid addiction, and then someone talking about being an overeater, I would not have felt the sense of hope that arose in me that night.

A day when a newcomer walks into A.A. and can't identify with those speaking would be a sad day indeed.

Jim M.- Chair

CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair, please send an email to chair@nassaunya-aa.org.

A.A. PREAMBLE

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

NIGHTBOOK CHAIR'S CORNER



NIGHTBOOK IS ALWAYS LOOKING FOR YOUR SUPPORT!!!

If you can give back what was freely given to you, please consider answering the hotline from 5 pm – 9 am on any given evening.

The nightbook can only be as successful as the support of the people in this program. That would be YOU! I feel there are more people in need of this hotline during this pandemic. Maybe YOU can be the one to save someone's life by being there for them at their time of need.

I would like to acknowledge the groups that have helped with the phones last month:

Extravagant Promises, Young By The Beach, Stepping Stones, Early Risers, and Pt. Lookout/As Bill Sees It.

If your group, or group of friends wish to commit to a week of answering the hotline,

please contact me via email at nightbook@nassauny-aa.org.

Please leave your name and number so you can be contacted directly.

Yours in service,

Karen

Nightbook Chair

CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to

nightbook@nassauny-aa.org.

SHARE-A-DAY CHAIR'S CORNER

Hi, we held our first live Share A Day Committee on April 14. There were 5 Members at the office with 1 other on Zoom Hybrid (Carol M., past Assistant Treasurer from 2019-2020 was attending on Zoom). We elected her to be the Program Chair for our Share A Day 2021. Karen K. will be our Hospitality Registrar.

We have not heard back from St. Joseph's yet about the possibility of an indoor event in the fall. If anyone knows of a facility with a large cafeteria and several classrooms that might be available in the Fall for an AA event, please contact the Share-A-Day chair!

We've begun to make tentative plans for an outdoor meeting, in case our reps decide to approve moving Share-A-Day to an outdoor venue (Eisenhower). Some members think this is a good idea, but others feel we should just have our annual picnic at Eisenhower park, and find an indoor venue for Share-A-Day in the fall. We'll be discussing this issue at the May Reps meeting, and we're hoping to have a decision soon! Here are some of the thoughts that have been shared:

Having an outdoor event makes following social distance guidelines easier, but it raises other challenges. Some of our members have expressed concern about having the event in a public space, and sensitivity to different levels of comfort with personal anonymity. We did hold the annual Big Meeting outdoors some years ago (at the beach) but we've never held a full day event like Share-A-Day. Since our Share-A-Day is an event for all Nassau County AA members, we want to make sure the event is welcoming to everyone.

Regardless of location, we'll have an Oldtimers' panel (chaired by our Archivist, John), a Traditions play (being coordinated by Archie), a Keynote speaker (selected from the hat after we gather suggestions for speakers), and LOTS OF AA MEETINGS. We also hope to have participation from our Spanish-speaking members, YPAA, and Al-Anon.

There will be many more topics and Questions to go over in the next several months, but I am sure we can have a great event, wherever the reps decide we should hold it.

Outside or inside, we'll be sure to have a full program that allows members from our local A.A. groups to share on the Twelve Steps, explore various aspects of service, hear great speakers, and fellowship with our sober AA friends. Share-A-Day is always a high-energy event and we're excited for this year's gathering! Please be sure to share your thoughts at the upcoming reps' meetings, bring back any questions from your groups, and join our committee if you wish!

Kevin McH Share A Day
Chairshareaday@nassaunyy-aa.org

CONTACT INFORMATION

If you would like to get in touch with the Share-A-Day Chair please send an email to shareaday@nassaunyy-aa.org.

DISTRICT COMMITTEE MEMBER CHAIR'S DESK

Community & Opportunity= Unity

Communicating to members who are on the fence about service, that opportunity begins at your home group. When we begin to cooperate & participate it begins a partnership.

Involvement with our A.A. community definitely helps to break the feeling of isolation that can still plague our members after we have continuous sobriety.

Involvement produces a feeling of being part of. Become an effective home group member of an effective home group. Be an effective committee member of an effective committee!!!

Communication is at the heart of A.A.s' mission to extend the hand of recovery from alcoholism to anyone who seeks help.

My first service opportunity at Carnarsie Group, in Brooklyn, the members told me to come back next week and they are



going to make me the coffee maker. It doesn't matter that I wanted to say "NO", the willingness to live said, "YES"!!! The voice to say "no" or "what have I gotten myself into" is there after every time I stand for a position. Being uncomfortable, I found is the best.

God does for Marty, what Marty cannot do on his own power. I was taught from the coffee maker that in the 2nd tradition, the group conscience, trusted servants that a loving God expressed himself through them. God thought I needed that commitment and how true that lesson has been ever since. They also assured me that there was a lot of love in that coffee pot.

The opportunity to grow spiritually through service, that service affirms the spiritual principles. The most important words being communicated at our meetings, committees, workshops & conventions is gratitude in action. The most

contented members are those in continuous and effective service.

The 3rd tradition to be

an active member of one of the 100 contributors to major change in the 20th century, is something you won't want to miss out on.

The beginning of the 12th step reading in our 12 & 12, the joy of living is the theme of A.A.'s Twelfth Step and action is the key word. I am a component of service. The opportunity that service inside the A.A. community has taught me to become a member of society as a whole is nothing short of a miracle.

I hope in prayer the encouraging words of this article that service brings, I love dare you to get in involved and the growth it will bring to your personal recovery.

Marty K. -Serving as your Nassau County D.C.M.C

CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to DCMC@aanassaugs-ny.org.

AA Guidelines: Finance

Ever think about why you put money in the basket as it circulates at your local AA meeting? If I have the money, it's often almost reflexive to do so. Almost everyone else is doing it, and it offers at once a sense of connection and participation. But am I done with my responsibility to AA once I've made my contribution? If able, do I participate in my group's discussions and decisions in the business meeting on what happens with that money? (Similar discussions take place at every level of the Fellowship including Intergroup.) Do we buy that new coffee pot, opt for a better quality cookie, or upgrade our Zoom package for our virtual meeting? Do we have any "excess" funds? If so, do we send any of the excess on to Intergroup or General Service, or do we hold on to the money just in case? Do I see participating in helping settling such questions as part of my membership in my group?

AA members contribute their time, energy and money in support of carrying the message. Without money, none of the rest of our activities can go forward. Action at some

point costs something. It's that interface between the material and the spiritual and some of the particulars of supporting AA at and beyond the home group that concern us here.

For those who do choose to participate in helping settle questions of finance in AA, several pieces of AA literature seek to help inform those discussions and that decision making. This month we'll look at [AA Guidelines: Finance](#) (MG-15).

AA Guidelines, "are compiled from the shared experience of AA members . . ." and "reflect guidance given through the Twelve Traditions and the General Service Conference . . ." While a bit GSO-centric in parts, *AA Guidelines: Finance* offers a helpful overview of finance in AA, "where money and spirituality mix."

A few of the questions considered include: Why support services and activities beyond my home group? How can members and groups participate? Does a contribution to one AA service entity get shared with other service entities? (The answer is no.) How do we decide what funds are in excess, and how do

we decide what we do with any excess funds? How can we pass a virtual basket if not meeting entirely face to face? Can we use funds from the basket to support a group anniversary? What guidance is offered by our Seventh Tradition? What are the implications of Federal and State rules on AA finance?

Many "self-support" resources are available online through both [Intergroup](#) and [AAWS/GSO](#). *AA Guidelines: Finance* is best used in tandem with that other information. We'll talk about some of those additional resources in the coming months.

As of this writing, COVID-19 unfortunately remains a concern although things do seem to be improving. I continue to encourage vigilance and patience as we look ahead.

Stay safe, stay positive, and stay connected. Hope this is helpful.

Bill C., Financial Review Committee

516-292-3045 or finance@nassauny-aa.org

Literature- Back from the Conference and More

This year's General Service Conference considered a number of literature related items among many others including challenges to wording in the "Big Book," some parts of the "Twelve and Twelve" and the "AA Preamble." (See the full Conference agenda [here](#).)

Concerning the "Big Book," a 22 minute video prepared for last year's Conference, "The Big Book: Researching Issues, Possible Tools and Access," looks at some of the history of the development of the book, and some of the current challenges some feel we face of accessibility (readability) and how relatable (ease of identification) the book may be for contemporary alcoholics. The video attempts only to facilitate a conversation on the book, not necessarily to provide opinions or answers. (I've watched the video twice, and recommend it for those interested in the swirl of questions concerning the future of our "Big Book.") For access to the video which is available online but password protected, please reach out to our delegate, Tom B., at delegate@aaseny.org.

Interested in how the Conference handled these and other questions? Attend our area's virtual [Post-Conference Assembly, June 12](#) where we'll hear our delegate report back from his first Conference. Information should also be available after that date on the "[From the Delegate](#)" page

of the area website. Watch too for the full Conference report, probably available late in the summer.

In related matters, AA World Services (AAWS) will be experimenting May 17 through October 18 with reduced shipping costs on orders placed through its online store. This may be of special importance to members and groups who do not have a local outlet (such as Intergroup) for AA literature and related items.

Closer to home, routine sales of AA literature and related items remain available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in as we don't always have the volunteers on hand we need to keep the office open. (While our phones are always answered, the office is open only a fraction of the time it was pre-COVID.) COVID-related precautions and practices remain in effect in the office including the need to wear a mask and to maintain social distancing. Sales have been slow to move back toward their pre-COVID levels probably matching the pace of the return of face to face AA meetings and events, and limited too by reduced and sometimes irregular availability of volunteers for office coverage. Email Literature if you have trouble getting to the office, and we may be able to set up a special appointment at our mutual convenience.

Intergroup still has available a

few copies of the new AA history book, [A Visual History of Alcoholics Anonymous: an archival Journey](#), a beautifully and richly illustrated small volume originally intended to be the souvenir book for the 2020 International. This is from a very limited printing by AAWS, so it won't be available again once the supply is exhausted. The cost is \$12 plus tax.

Also, at the March Reps meeting we opened a discussion on the possibility of the office carrying anniversary medallions. The continuation of that conversation at the April Reps meeting was inconclusive with some in favor and some opposed, and no decision taken as no one sought to move the question.

COVID-19 remains a concern, and along with that the restrictions on our activities also remain. Stay vigilant and patient. Keep safe and keep others safe, stay positive, use the literature and stay connected. Hope this is helpful.

Bill C., Acting Literature Committee Chair

516-292-3045 or literature@nassauny-aa.org



PUBLIC INFORMATION CHAIR'S CORNER

On April 12th Todd P. and I were guest speakers at the Peer Educator Program for SUNY Old Westbury college. The Zoom Show was hosted by Angelina Liberato. We each told our collegiate experience regarding our Alcoholism. Then it was opened for questions and comments.

The majority of the students had questions on how to know if you are an alcoholic and how to approach a friend that they think has a problem with alcohol. We both suggested viewing

the [Nassau County Intergroup website of Alcoholics Anonymous](#) for more information.

It was a fantastic experience to speak to the college students and provide insight on alcoholism.

If you or someone you know are interested in being a guest speaker, please contact me at publicinfo@nassauny-aa.org.

Doreen P.-P.I. Chair

CONTACT INFORMATION

If you would like to get in touch with Public Information please send an email to publicinfo@nassauny-aa.org

www.aa.org

A.A. at a glance

What is A.A.?

Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership.

Current Membership

It is estimated that there are over 120,000 groups and over 2,000,000 members in approximately 180 countries.

Relations with Outside Agencies

The Fellowship has adopted a policy of "cooperation but not affiliation" with other organizations concerned with the problem of alcoholism. We have no opinion on issues outside A.A. and neither endorse nor oppose any causes.

How A.A. Is Supported

Over the years, Alcoholics Anonymous has affirmed and strengthened a tradition of being fully self-supporting and of neither seeking nor accepting contributions from nonmembers. Within the Fellowship, the amount that may be contributed by any individual member is limited to \$5,000 a year.

How A.A. Members Maintain Sobriety

A.A. is a program of total abstinence. Members simply stay away from one drink, one day at a time. Sobriety is maintained through sharing experience, strength and hope at group meetings and through the suggested Twelve Steps for recovery from alcoholism.

Why Alcoholics Anonymous Is "Anonymous"

Anonymity is the spiritual foundation of A.A. It disciplines the Fellowship to govern itself by principles rather than personalities. We are a society of peers. We strive to make known our program of recovery, not individuals who participate in the program. Anonymity in the public media is assurance to all A.A.s, especially to newcomers, that their A.A. membership will not be disclosed.

(OVER)

YOU CAN READ THE FULL PAMPHLET [HERE](#)

LICYPAA presents
KICKBALL TOURNAMENT 2021
Saturday, May 15th
 1pm | Suggested \$5 donation
Heckscher Park, Field 4
1 Heckscher State Pkwy
East Islip, NY 11730
 ~ Parking - \$8 per car ~
 Bring your own Refreshments

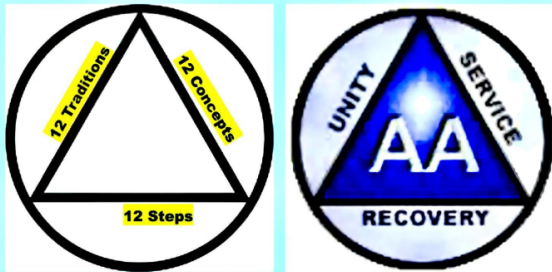
To register your team, email: events4licypaa@gmail.com
 For additional info, please visit: www.licypaa.org



Nassau General Services is proud to present:
 ~A Workshop~

“OUR XII CONCEPTS FOR WORLD SERVICE:”
AA’S Spiritual Principles of Recovery

Our “Three Legacies”



This will be a series of six lectures per year; every other month, covering all XII Concepts of Service ~

Presented in a relaxed discussion format

On Zoom- ID: 922-8787-8377 Password: 12345

All workshops begin at 7:30 pm and end at 8:30 pm

- March 15th - Concepts III & IV**
- May 17th - Concepts V & VI**
- July 19th - Concepts VII & VIII**
- Sept 20th - Concepts IX & X**
- Nov 15th - Concepts XI & XII**

24th National A.A. Archives Workshop
“Today is Tomorrow’s History”

September 30th -- October 3rd, 2021
 San Antonio, Texas



Home of the Alamo, S.A. Missions World Heritage Site, and Riverwalk
www.2021NAAAW.org

Hilton, San Antonio Airport Hotel
 611 N.W. Loop 410, San Antonio, TX 78216
 Phone: (210) 340-6060

Special Room Rate: \$110. per night
 Queen-size beds,
 Single or Double occupancy
 Rates available from Sep 26 thru Oct 6
 Free covered parking
 Free Shuttle to/from airport and in
 3-mi radius

Reservations: Phone: (866) 238-4218
 Online: Hilton.com Booking Code: “NAAAW”
 Thursday City Tours:

City Tours Available. Program includes GSO Archives Workbook contents, speakers, hands-on workshops, and expert presentations. Hospitality Room.

REGISTRATION FORM (Sign up early for discount. Please Print Clearly.)

Name: _____ Registration: _____
 Name on Badge: _____ - Prior Jan 1, 2021 @ \$40. _____
 Street Address: _____ - After Jan 1, 2021 @ \$45. _____
 City: _____ State/Province: _____ Banquet dinner @ \$50. _____
 Zip Code/Postal Code: _____ Full Breakfast & lunch @ \$35. (per day) _____
 Service Position: _____ Hospitality & Coffee Contribution _____
 Telephone: () _____ Email: _____ Ice Cream Social @ \$15. _____
 Special Needs: _____ Total Enclosed: \$ _____

Mail form with check to: 2021 NAAAW Workshop, P.O. Box 17991, San Antonio, TX 78217

For more information, contact:

2021ArchivesWorkshop@gmail.com

LICYPAA presents

MENTAL HEALTH & RECOVERY

Sunday, May 30th, 2021

3:00 - 5:00 pm EST

Fellowship and Fun to Follow

Zoom ID: 658 749 0274

PW: LICYPAA

FOR ADDITIONAL INFO, VISIT WWW.LICYPAA.ORG



Join LICYPAA for a day of Mental Health and Recovery from 3-5pm EST on Sunday, May 30th, 2021. We will be reading conference approved literature dealing with seeking professional help and medications, and have two amazing speakers followed by open shares. Fellowship and fun to follow!



AA GRAPEVINE STORY HOUR

NEW Zoom ID & Password and an additional meeting!

Now meets:

Every Monday and Tuesday evenings at 8:00 PM - 9:00 PM

<https://us02web.zoom.us/j/82166416812?pwd=eCtOS2dmRHBLeIIVQ0dSWjNnVkliZz09>

ID: 238-790-0906

For the passcode please email us at GrapevineStoryHour@gmail.com

We read a story from the GrapevineArchives and share.
Grab a cup of coffee & sit back & relax!

Questions/Suggestions:

GrapevineStoryHour@gmail.com



IAN Monthly Tradition Workshops

nassau intergroup

**Monthly
Traditions Workshop**



**The SECOND SUNDAY
of each month**

10am-11am

Zoom Meeting ID: 554-670-5146

Passcode: 870607

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA? Or maybe just unfamiliar with their meaning and purpose within our Fellowship? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

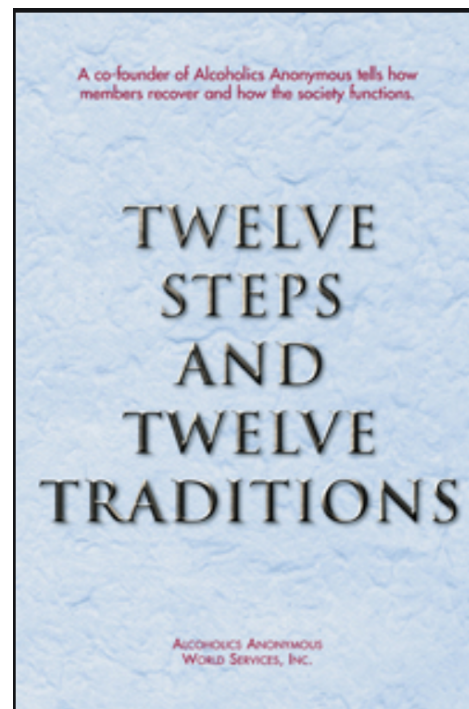
The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary secretary@nassauny-aa.org

Treasurer treasurer@nassauny-aa.org

Nassau General Service District Committee Member Chair (DCMC)
dcmc@aanassaugs-ny.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions (H&I) institutions@nassauny-aa.org

Literature literature@nassauny-aa.org

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) officemanager@nassauny-aa.org

Public Information (PI) publicinfo@nassauny-aa.org

Share-a-Day (SAD) shareaday@nassauny-aa.org

Speakers Exchange speakerexchange@nassauny-aa.org

Special Needs specneeds@nassauny-aa.org

12th Step List 12thstep@nassauny-aa.org

Website webcommittee@nassauny-aa.org

Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and intergroup business.

Yours in love and service,
Nassau InterGroup of Alcoholics Anonymous

Meeting List Changes:

The following Meetings have been added or changed in the Meeting Finder (and by extension, the Meeting Guide App), the Virtual Meeting list on our Website or both, where applicable:

Hicksville - First Things First

Long Beach - New Beginnings

Levittown - Turnpike Group

Farmingdale Group - Women's Meeting

Sober Blizzard Virtual Meetings

Sober Network Virtual Meetings

Grapevine Story Hour

The meeting finder can be found [here](#). It will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

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