



NEWSLETTER

Intergroup Association of Nassau, Inc.
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040
Business: (516) 292-3045
intergroup@nassauny-aa.org

SEPTEMBER 2021

A.A. ANNOUNCEMENTS

- The Sept. Reps. meeting will be on 9/2/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- The Intergroup picnic has been rescheduled for the date 9/12/21 (see flyer on page 13)
- For upcoming A.A. events see pages 11-13.
- The Share-A-Day Committee is still looking into possible meeting venues and dates, volunteers will be needed. If you are interested in volunteering or if your group is interested in taking a meeting slot, please email Kevin at shareaday@nassauny-aa.org.
- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- If you are interested in speaking at the Nassau County Jail email Auggie at corrections@nassauny-aa.org.
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- If you have any information about a group formed after 1970 please contact John from archives via email at archives@nassauny-aa.org.
- LICYPAA Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: LICYPAA
- Nassau General Service CPC/PI Committee Meeting is the 1st Monday of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345

Calendar Of Events:

September 2021

- 9/1/21:
- H&I Committee Meeting 8:00pm
- Corrections Committee Meeting 8:30pm
- 9/2/21:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm
- 9/6/21:
- LICYPAA Committee Meeting 8:15pm
- 9/8/21:
- Share-A-Day Planning Committee Meeting 7:00pm
- 9/9/21:
- PI/CPC Committee Meeting 7:30pm
- 9/10/21:
- Bridging the Gap Workshop
- 9/11/21:
- Bridging the Gap Workshop
- SENY Assembly 9:30am -3:30pm
- 9/12/21:
- Traditions Workshop 10:00am
- Bridging the Gap Workshop
- 9/18/21:
- Speaker Exchange Meeting 7:00am
- 9/20/21:
- NGS 12 Concepts Workshop 7:30pm
- LICYPAA Committee Meeting 8:15pm
- 9/30/21:
- Steering Committee Meeting 7:30pm (by invitation)

October 2021

- 10/4/21:
- SENY Committee Meeting 7:30pm
- 10/6/21:
- H&I Committee Meeting 8:00pm
- Corrections Committee Meeting 8:30pm
- 10/7/21:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm
- 10/13/21:
- Share-A-Day Planning Committee Meeting 7:00pm
- 10/18/21:
- New GSR Orientation Meeting 7:00pm
- GSR Reps Meeting 7:30pm
- 10/28/21:
- Steering Committee Meeting 7:30pm (by invitation)



**Drunks are calling...
Let's ensure the hand of
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to
Kenny at officemanager@nassaunyaa.org or
Luisa at nightbook@nassaunyaa.org
for opportunities
to do service.

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).



One day at a time

Admitting the truth isn't easy to do.

That I'm powerless, with no control, and I don't have a clue.

Life's unmanageable, I'm drawn to alcohol like a magnet.

Whether passed down through genetics, learned behaviors, or bad habits.

Whether it be through poor choices, or any decision of my own.

I must label myself this title, a condition I can't disown.

I was powerless over cocaine, alcohol, and many things.

To not be this way, I would surely do anything.

This is the story of my life, but I wouldn't call it the end, I've been broken for far too long, and now it's time to mend.

Some old wounds may never heal, but it is time to let them breathe.

My sanity can be restored by a Power greater than me.

I've reached the point of no return, which means there is no turning back.

I'm running the race now, I'm finally on the right track.

Following a path full of life, love, happiness, and even laughter.

After for so long living in despair, resentments, sadness, and anger.

Making a conscious choice to amend the way I think.

Sober minded, navigating through rough waters, and not sink.

Some may think, I'm doing too much, you know with all that's on my mind.

But I'm not, I'm just trying to stay sober, One Day At A Time.

Kash

THE THREE LEGACIES

Ninth Step Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

*Reprinted from Alcoholics Anonymous, p. 83-84,
with permission of A.A. World Services, Inc.*

Step Nine

The best and worst part of the twelve steps is how much courage you need to complete them. Having to build courage to make direct amends to those you feel you've wronged is scary beforehand. But the bliss that comes with performing any task that requires courage is all the motivation I needed.

Before I started the steps, there was a lot of fear and doubt. I asked myself if I needed to stay sober, or did I need the steps to stay sober? I find it very easy to justify not pushing myself when it comes to personal growth. I really don't want to try to better my life most of the time but that leads to mounds of anxiety and depression. No

matter how great the reward of making amends is, I still find myself forgetting that relief when it comes to the next opportunity to make amends.

This is when I need to get out of myself and seek guidance. Through prayer, through my sober network and maintaining a strong relationship with my sponsor. I don't know what is best for me and probably never will. So, I choose to not let fear run my life today and pray I take advantage of my opportunities to make amends in the future. I fear a life of running much more than a life of facing my fears.

Brendan

STEP NINE

Made direct amends to such people wherever possible, except when to do so would injure them or others.

*Reprinted from Alcoholics Anonymous, p. 59, with
permission of A.A. World Services, Inc.*

THE THREE LEGACIES CONTINUED...

Tradition Nine

In the real world of business, groups are organized by rank. A hierarchy is developed so that some people are given the authority to direct the ones they lead. However, in the 12-step program of AA, there is no one such person. There are no people who have such authority. All the groups are equal. The whole group, not just a few members, makes decisions within the group. By creating an environment of equality, even the newest members can feel a sense of “belonging.” Each group must have as little organization as possible. Groups can elect a secretary and other positions on a rotating basis. Larger groups should have a rotating committee, and then the even larger groups such as the Intergroup committee, may hire a secretary (as established in Tradition Eight). “The trustees of the General Service Board are, in

effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness. (Twelve Steps and Twelve Traditions, p. 191).”

Kelly R

TRADITION NINE

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.

TRADITION NINE CHECKLIST

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Concept IX - Securing our Future

In A.A., there is no “them.” There’s just us. The “Trustees of the General Service Board” mentioned in this concept refer to people who are, for the most part, just like me and you. People whose lives have been changed -- and saved -- by this spiritual entity we call A.A. If you want to understand how those trustees are selected, you can learn about it in the [A.A. Service Manual](#). But I’d prefer to examine this principle with an eye toward more local concerns, since that is the purpose of Nassau Intergroup: to ensure the functioning of A.A. here in Nassau County.

If we all waited for ‘someone else’ to make the coffee, or talk to that newcomer, or make sure the literature gets ordered -- those things would never happen. That’s why our Responsibility Declaration reminds us that “I am Responsible.”

Our local groups want alcoholics in distress to have a sober A.A. member to speak to when they call our hotline, so they encourage members to volunteer during the day at our West Hempstead office and answer phones for the Night Book.

Our groups want meetings brought into institutions, and a website with accurate meeting information, and alcathons during the holiday season, so they encourage members to sign up to speak, and they send in meeting updates, and they volunteer for alcathon slots.

This is great stuff-- but it’s not what Concept IX is talking about, because these are all examples of A.A. members being service workers. Concept IX is talking about something different: service leaders.

CONCEPT IX

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

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Don't get me wrong --we need the workers. They're the ones who carry the message.

But volunteers to answer phones won't be very effective or efficient if there isn't a volunteer coordinator managing the office, and a Nightbook chair coordinating the after-hours schedule.

Sending meeting updates into the office has to happen if our website and meeting lists are to be reliable -- but someone has to process all those updates.

That's where service leaders come in. They keep the ducks in a row. They coordinate schedules, answer questions, provide orientation and encouragement, place bulk literature orders, edit newsletter articles, plan and execute events.

They listen. They support.

Like the service workers, they also serve. If the service workers are the powerful wheels that propel AA forward, then service leaders are the hands on the steering wheel, and the eyes on the road ahead.

For our intergroup purposes, some are elected. Some are appointed (and then approved by the reps). But all are responding to a call that taps into not only their love for other alcoholics, but also their love for the loosely organized machinery that ensures A.A. will keep moving forward.

Some of these leadership positions require specific skill sets. All require commitment.

And thanks to our principle of rotation, each leadership position is waiting for someone to be next.

Jim M.

CONCEPT IX CHECKLIST

1. Do we discuss how we can best strengthen the composition and leadership of our future trusted servants?
2. Do we recognize the need for group officers? What is our criteria for election? Do we sometimes give a position to someone "because it would be good for them"?
3. Do I set a positive leadership example?

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DISTRICT COMMITTEE MEMBER CHAIR'S DESK

I attended the Virtual New York State Information Workshop hosted by Area 48. For any past attendees the Hudson, Mohawk, Berkshires, HMB is now known as North East New York (NENY). Thank you all from Nassau that supported the workshop. I found the attendance to be the same number when we met in person. I want to let you know that next year's workshop is being hosted by our Area 49. Jeanette has served the area in the past and will be chairing the workshop. Join the planning committee. Service affirms the spiritual principles of recovery. Let me tell you the opening speaker spoke powerfully regarding recovery-based service. When the spiritual malady is overcome we straighten out mentally and physically. Friday nights program was short. Saturday was a 13-hour program, starting with meditation. We meditated on the set aside prayer. The reason for the choice it's inclusive, not

specific to any particular denomination. All the Committee panel presenters were informative and the discussion after was good. Nassau had 2 panel presenters. Accessibility & Cooperation Professional Community. Saturday night speaker also did a fabulous share through her years of growth doing service. I sing praises to Area 48 for the outpouring of support their area stepped up. The wonderful committee, the tech team made the event go smoothly for those they served. The time they put in for planning, was effective to produce a successful event.

Marty K. DCMC-AAIOU



CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to DCMC@aanassaugs-ny.org.

NIGHTBOOK CHAIR'S CORNER



Asking For Help

There are so many ways to be involved in service and taking the Nightbook Commitment is one of those ways!

Ask your group to sign up for one week. We transfer the AA hotline to each volunteer from 5:00 pm-9:00 am. Whether someone is looking for a meeting or information about A.A., we can provide help around the clock!

If your group would like to sign up to volunteer or have any questions, please email me at Nightbook@nassauny-aa.org

Thank you to the following groups and volunteers for the month of August!

Bellmore- Merrick
 Young By The Beach
 Tova and Friends
 Gratitude Into Action
 Bottom Line Group

Thank you for your service!

With Love & Gratitude,
 Luisa
 Nightbook Chair

THIRD STEP PRAYER

God, I offer myself to Thee
 — to build with me and to
 do with me as Thou wilt.
 Relieve me of the bondage
 of self, that I may better do
 Thy will. Take away my
 difficulties, that victory
 over them may bear witness
 to those I would help of Thy
 Power, Thy Love, and Thy
 Way of life. May I do Thy
 will always!

*Reprinted from Alcoholics Anonymous, p.63, with
 permission of A.A. World Services, Inc.*

CONTACT INFORMATION

If you would like to get in touch with the
 Nassau Intergroup Nightbook Chair, please
 send an email to
nightbook@nassauny-aa.org.

SEPTEMBER FINANCIAL REVIEW

Financial Review— The Intergroup Budget

While the [Intergroup By-Laws](#) are currently under review and will likely be amended, Article VIII which governs finance was largely settled this past January. That article charges the Financial Review Committee (FR) with preparing each fall a proposed budget for the following year. While this is not sexy stuff, it's essential to the responsible functioning of our Intergroup. This is what that process looks like.

At the close of this month, FR will receive from the treasurer the current year's income and expenses for the year to date. Keeping in mind that 2020 and 2021 which have or will drive our financial projections were exceptional years hopefully not to be repeated, the 2021 figures will be compared to this year's budget to see how our expectations are holding up. Officers and standing committee chairs too have been invited to have input to our planning affording them a chance to secure funding for an event or project they might like to see in the coming year, or simply to point up something we should consider. Individual members and groups are welcome to have input too.

Considering the above, FR will look at each budget line. Allowing that a quarter of the year hasn't passed and that there are often seasonal variations to be expected for both income and expenses, how are we doing this year? Are our contribution and other income expectations holding up? Does it look like we will

use most allocated funds? Have we or will we likely go over budget in some cases? Have we needed to amend the budget during the year? We allow that some expenses can be expected to go up with some regularity while others may be more unpredictable. Some expenses can be dropped entirely while others may need to be added. A big and in some ways impossible to answer question remains how may the persistence of COVID impact our operations the rest of this year and next?

Driven by what we think will be reasonable income expectations, we seek a balanced budget, that is, we want income to cover expenses fully for the year. (Insofar as we have funds on hand at the close of every year, we could budget to tap those funds in addition to expected income, but we don't usually plan that way.)

FR's suggested 2022 budget, essentially an educated guess arrived at as described, will be presented to the Steering Committee (SC) for review in October. The SC may pass the proposal along as is or may make changes. The 2022 proposal out of the SC will be presented to the Reps at the November meeting at which time the Reps may ask questions and make comments before taking it back for consideration.

The 2022 budget will be up for review, amendment and final approval at the December Reps meeting. Whatever is passed there will serve as Intergroup's financial roadmap for 2022. As always, those projections may be amended in light of new information or circumstances

as needed at any subsequent time, but we try to stick by our budget once approved without a strong reason to do otherwise.

In other but related matters, FR will complete this month its consideration of Intergroup's proposed Purchasing Guidelines (as of this writing, review complete only through Section XV), a project started and largely completed in the last rotation. These guidelines are intended to serve as a template for our use of funds and other finance related practices designed to keep us in line with our obligations as a non-profit corporation in NY State, as a State sales tax vendor, and as a 501c4 entity with the IRS. This work too will pass through the SC before coming to the Reps for approval as Intergroup policy and procedure. Unlike the budget process which is driven by our By-Laws, there is no fixed time frame on this project.

Details on these and other Intergroup activities may be found in the reports attached to the monthly Reps meeting agendas, or are available for the asking.

Hope this is helpful.
Be careful. COVID's still out there.

Bill C., Financial Review Committee
516-292-3045 or
finance@nassauny-aa.org



LITERATURE CHAIR'S CORNER

During this time of constant change, AA principles remain fixed as reflected in the twelve steps, twelve traditions, and 12 concepts. While it's all about the change, we as alcoholics can struggle with change. Although with change as a challenge it becomes an opportunity for growth!!!

There are many changes in the Literature world being considered; such as, updating many of the pamphlets, a plain language, simplified language, accessible translations and large print versions of the book Alcoholics Anonymous, as well as the workbooks to help study the program, and other recovery literature. So keep watching as I will keep you apprised of these changes as they occur.

There is talk about how Literature will eventually become a victim of the "shortage syndrome" that is occurring throughout all of the printing productions. Well, at this time of ever changing life events, Nassau Intergroup office has been able to maintain a large variety of literature in our office. So come

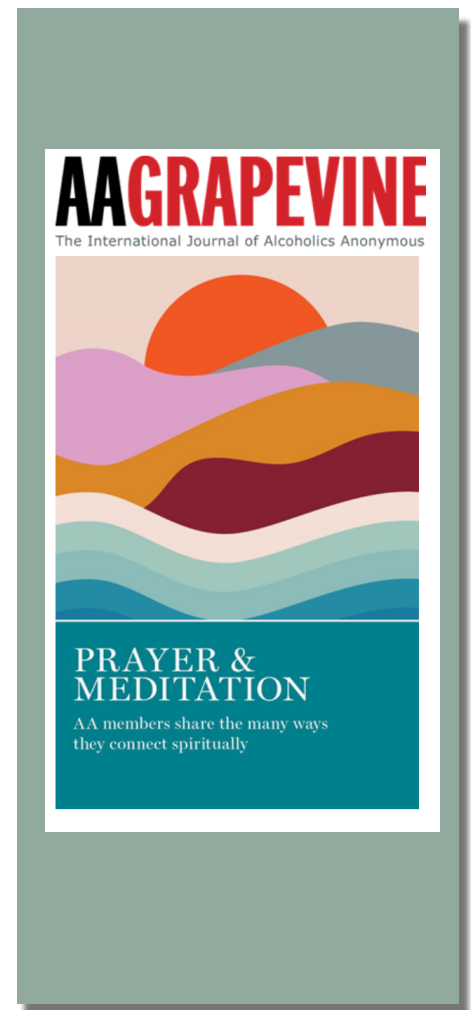
down and purchase while supplies last.

Literature can also be ordered via email literature@nassauny-aa.org or in person at the office daily between 9 am and 5 pm. We ask that you call ahead at 516-292-3045 to assure someone is physically at the office as many volunteers are still answering the phones virtually from their homes.

As this pandemic remains a concern, there are still restrictions in place. We ask that you be courteous of other's safety by wearing a mask, and maintaining a 6 ft distance when possible while in the office.

COMING IN SEPTEMBER 2021: The AA Grapevine, The International Journal of Alcoholics Anonymous book featuring Prayer & Meditation with stories of how AA members share the many ways they connect spiritually. To learn more please visit: [Coming Soon: New Book – Sept. 2021! | AA Grapevine](#)

Yours in service,
Karen G.



CONTACT INFORMATION

If you would like to get in touch with the Literature Chair please send

an email to
literature@nassauny-aa.org

1ST VICE CHAIR'S CORNER



Again, please pass the word to other members you know who don't have a registered Intergroup Rep that we are setting up a digital connection to communicate with every group in Nassau County. All we need is a contact name, phone and email account. Connect with me at 1stvice@nassauny-aa.org. You have no obligation to do anything except pass information on to your group.

Continuing to push to create awareness for the importance of our Traditions, especially in this age of Covid-19. Come and join us on Sunday, September 12th at 10AM as we discuss Tradition 9. I encourage everyone to seek out Tradition meetings on Zoom and to join us for the Tradition Workshop sponsored by Nassau Intergroup on the second Sunday of each month at 10:00 AM. (Zoom ID 554 670 4146, Password 870607).

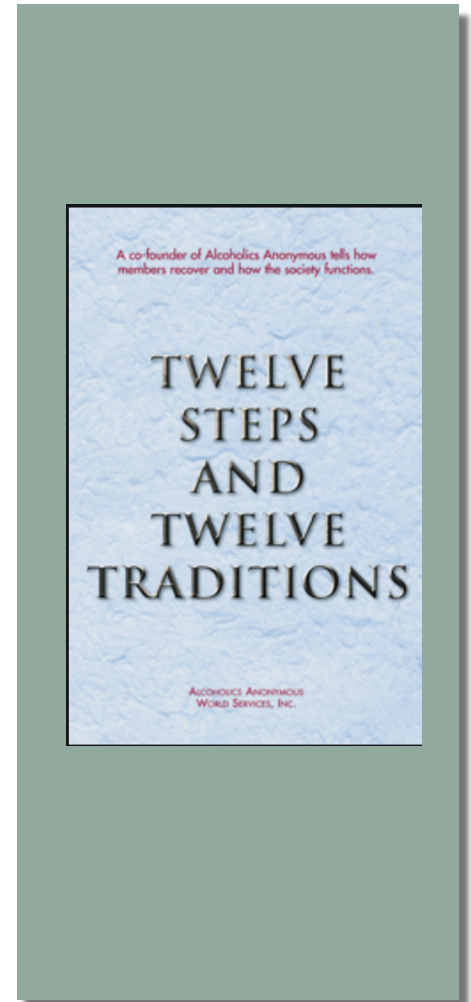
COMMITMENT:

Looking for groups to take the lead at Tradition Workshop. Take September, October, November or December.

Contact me, John M. at 1stvice@nassauny-aa.org.

Finally, we are setting up a reminder process using email addresses in our database. Would like to get people's permission to do so. Maybe also include an opt out option for people who don't want it.

John



CONTACT INFORMATION

If you would like to get in touch with the 1st Vice Chair please send an email to 1stvice@nassauny-aa.org

LICYPAA's 13th Annual CAMP OUT

Wildwood State Park
790 Hulse Landing Rd, Wading River, NY 11792

**September
10th-12th
2021**

\$30 SUGGESTED DONATION

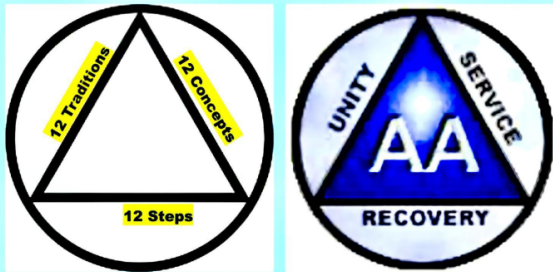
Join the Long Island Committee for Young People in AA for a weekend full of Meetings, Meditation, Beach, Fire, Food, Fellowship and more!

www.licypaa.org

Nassau General Services is proud to present: ~A Workshop~

"OUR XII CONCEPTS FOR WORLD SERVICE:"
AA'S Spiritual Principles of Recovery

Our "Three Legacies"



This will be a series of six lectures per year; every other month, covering all XII Concepts of Service ~

Presented in a relaxed discussion format

On Zoom- ID: 922-8787-8377 Password: 12345

All workshops begin at 7:30 pm and end at 8:30 pm

- March 15th - Concepts III & IV**
- May 17th - Concepts V & VI**
- July 19th - Concepts VII & VIII**
- Sept 20th - Concepts IX & X**
- Nov 15th - Concepts XI & XII**

24th National A.A. Archives Workshop "Today is Tomorrow's History"

September 30th -- October 3rd, 2021
San Antonio, Texas



Home of the Alamo, S.A. Missions World Heritage Site, and Riverwalk
www.2021NAAAW.org

Hilton, San Antonio Airport Hotel
611 N.W. Loop 410, San Antonio, TX 78216
Phone: (210) 340-6060

Special Room Rate: \$110. per night
Queen-size beds,
Single or Double occupancy
Rates available from Sep 26 thru Oct 6
Free covered parking
Free Shuttle to/from airport and in
3-mi radius

Reservations: Phone: (866) 238-4218
Online: Hilton.com Booking Code: "NAAAW"
Thursday City Tours:

City Tours Available. Program includes GSO Archives Workbook contents, speakers, hands-on workshops, and expert presentations. Hospitality Room.

REGISTRATION FORM (Sign up early for discount. Please Print Clearly.)

Name: _____ Registration: _____
 Name on Badge: _____ - Prior Jan 1, 2021 @ \$40. _____
 Street Address: _____ - After Jan 1, 2021 @ \$45. _____
 City: _____ State/Province: _____ Banquet dinner @ \$50. _____
 Zip Code/Postal Code: _____ Full Breakfast & lunch @ \$35. (per day) _____
 Service Position: _____ Hospitality & Coffee Contribution _____
 Telephone: () _____ Email: _____ Ice Cream Social @ \$15. _____
 Special Needs: _____ Total Enclosed: \$ _____

Mail form with check to: 2021 NAAAW Workshop, P.O. Box 17991, San Antonio, TX 78217

For more information, contact:

2021ArchivesWorkshop@gmail.com

*Nassau General Services
Announces:*

“THE BIG MEETING”

Celebrates AA in Nassau County!

Sunday, November 21st, 2021

A virtual event

TIME & PROGRAM TO BE ANNOUNCED

**We're bAAck!
Intergroup Picnic**

Nassau County Parks
& Recreation Rules

No pets, vehicles in
picnic area, for sale
items, open fires or
bottled gas grills,
amplified music, or
tents.

\$10 parking fee non-
Nassau residents; ID
check at gate.



**Eisenhower Park, The Cedars
East Meadow, 11554
(Parking Field 6A)**

**Sunday, September 12, 2021
8AM-5PM
(Rain or shine)**

Attendees expected to observe all park safety
regulations.

Water & soda provided by Intergroup.

**SENY ACCESSIBILITIES
COMMITTEE WORKSHOP
VIRTUAL**

September 9, 2021 @ 7:30 PM - 9:00 PM

**Hybrid Considerations
12th Step Technology
Personal Stories of AAs**

**Zoom ID: 998 938 7641
Passcode: 714921**

More information to follow

Contact: access@aaseny.org

IAN Monthly Tradition Workshops

nassau intergroup

**Monthly
Traditions Workshop**



**The SECOND SUNDAY
of each month**

10am-11am

Zoom Meeting ID: 554-670-5146

Passcode: 870607

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA? Or maybe just unfamiliar with their meaning and purpose within our Fellowship? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

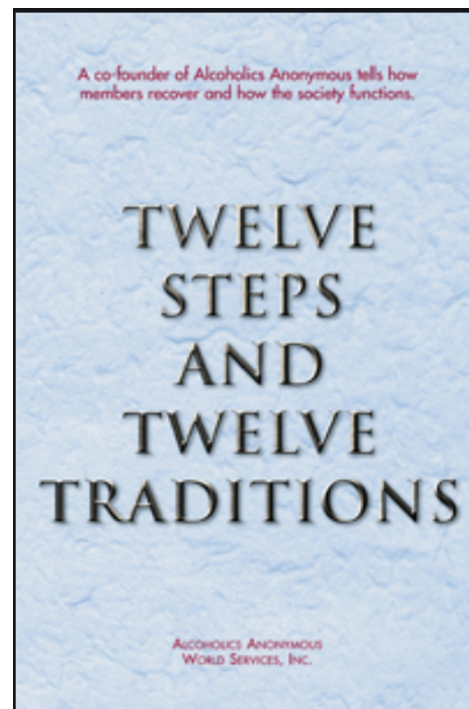
The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary secretary@nassauny-aa.org

Treasurer treasurer@nassauny-aa.org

Nassau General Service District Committee Member Chair (DCMC)
dcmc@aanassaugs-ny.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions (H&I) institutions@nassauny-aa.org

Literature literature@nassauny-aa.org

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) officemanager@nassauny-aa.org

Public Information (PI) publicinfo@nassauny-aa.org

Share-a-Day (SAD) shareaday@nassauny-aa.org

Speakers Exchange speakerexchange@nassauny-aa.org

Accessibilities accessibilities@nassauny-aa.org

12th Step List 12thstep@nassauny-aa.org

Website webcommittee@nassauny-aa.org

Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,
Nassau InterGroup of Alcoholics Anonymous

Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:
webmaster@nassauny-aa.org.

The Nassau Intergroup meeting guide can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

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