



# NEWSLETTER

Intergroup Association of Nassau, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040  
Business: (516) 292-3045  
intergroup@nassauny-aa.org

## DECEMBER 2021

### A.A. ANNOUNCEMENTS

- The Dec. Reps. meeting will be on 12/2/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- Alkathon coordinators are needed if you are interested please contact Jim at [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org).
- For upcoming A.A. events see pages 11-14.
- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- If you are interested in speaking at the Nassau County Jail email Auggie at [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- LICYPAA Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: LICYPAA
- Nassau General Service CPC/PI Committee Meeting is the 1st Monday of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345
- The newsletter wants to know your groups thoughts on how to proceed with the format of the newsletter (digital, print, or hybrid- mainly digital with a few printings for accessibility purposes). Please contact Kyla at [news@nassauny-aa.org](mailto:news@nassauny-aa.org) with the feedback.

### Calendar Of Events:

December 2021	January 2022
<u>12/1/21:</u> - H&I Committee Meeting 8:00pm - Corrections Committee Meeting 8:30pm	<u>1/6/22:</u> - New Representatives Orientation 7:00pm - Nassau Intergroup Representatives Meeting 7:30pm
<u>12/2/21:</u> - New Representatives Orientation 7:00pm - Nassau Intergroup Representatives Meeting 7:30pm	<u>1/12/22:</u> - Share-A-Day Planning Committee
<u>12/6/21:</u> - SENEY Committee Meeting 7:30pm	<u>1/23/22:</u> - SENEY Assembly
<u>12/12/21:</u> - Traditions Workshop 10:00am	<u>1/27/22:</u> - Steering Committee Meeting 7:30pm (by invitation)
<u>12/18/21:</u> - Speaker Exchange Meeting Eisenhower Park Field #3 7:00am	
<u>12/20/21:</u> - Nassau General Service New Reps Meeting 7:00pm - Nassau General Service Committee Meeting 7:30pm	
<u>12/30/21:</u> - Steering Committee Meeting 7:30pm (by invitation)	



**Drunks are calling...  
Let's ensure the hand of  
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to  
Kenny at [officemanager@nassaunyaa.org](mailto:officemanager@nassaunyaa.org) or  
Luisa at [nightbook@nassaunyaa.org](mailto:nightbook@nassaunyaa.org)  
for opportunities  
to do service.

*"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."*

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

## Step Twelve

I look at this step and think if I have thoroughly worked the prior 11 steps, this would result in a spiritual awakening thus I would be willing to carry the message and be unconsciously practicing these principles in all my affairs! But For me I need to look at this Step in three parts: I. I believe having had a spiritual awakening as a result of these steps refers to all prior eleven steps. By skipping a few steps (2, 3, 6, 7, 8 and 9) as I did for my first 14 years, I never had that physic change nor any changes on the inside and no improvement in behavior other than I had not used alcohol. Though active in fellowship and service, I believe that I had many small awakenings, but by skipping steps I wasn't allowing myself the full spiritual experience. Becoming ashamed of my behaviors, not being honest and holding onto secrets made feel like I didn't belong anymore resulting in a three year relapse after one beer. II. Now back 10 years, I've experienced many changes in my belief system and consciousness which allow

me the opportunity to do things differently resulting in practicing these principles in all my affairs. Here are some examples: At work, when I make a mistake, I no longer cover it up or blame someone or something else. I admit it, and move swiftly to the solution. I no longer need to feel bad or apologize when I snap at my elderly father if I am diligent about maintaining patience and holding my tongue, and we actually have a harmonious home. While driving the LIE daily to work, I often found myself speeding above the normal limit which caused me to be on the lookout thus creating unnecessary anxiety and worry. I found that staying within the speed limit, I could move over, let others pass and relax all the way. This all so seems so simple, but it takes work to change and I am certainly not perfect. III. As far as carrying the message, we do this in so many ways. Firstly, by staying sober we show others that it works. Remembering our primary purpose, we can set up meetings, take the hotline, be an intergroup rep, take someone through the steps, and the list goes on. For me, doing service in AA has changed my life for the

better in so many ways, but mostly by making me feel a part of. In AA we learn how to humbly perform services to benefit others with no expectations of anything in return. But we do by the grace God get something, another day sober!

Liz P

## STEP TWELVE

Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

*Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.*

## THE THREE LEGACIES CONTINUED...

### Tradition Twelve

In the time I've been a member of A.A., I've been drawn to learning about the concept of anonymity. After all, we are called Alcoholics Anonymous, so I think it's a good idea to take an interest in the name of the fellowship that has become the center of my life. I remember when I got sober I heard a few things about anonymity. Some people guarded their anonymity with fervor, and others were very lax. I broke my anonymity to a ton of people early on, and disregarded the anonymity of others. I thought nothing of it, because I didn't understand anything about the traditions. When I started learning about the traditions, it was really boring because I didn't see how they could help me in my life. I read that anonymity was the spiritual foundation of the traditions, but I couldn't wrap my head around what that meant. Luckily, as I stayed in service, I came to understand the spiritual significance.

Early on in my sobriety, I heard someone say, "Gratitude is a key ingredient in Humility, which is a key ingredient in Anonymity." I have taken that statement to heart and held onto it. It's in the forefront of my mind in the times over the years that I've felt like I'm on the beam. If I'm grateful for the things in my life, I'm not afraid of losing the things I have or not getting the things I want, so I

can be humble. In the Seventh Step in the 12 and 12, Bill talks about Humility being the desire to seek and do God's will. I am easily able to make that action in my life if I'm grateful. So, if I'm able to have humility, I'm able to be anonymous in every area of my life. I'm able to be a worker among workers and fly under the radar without needing to be the face of A.A. I can even practice anonymity -- and it's usually a good idea if I do -- if I'm serving A.A. in a position below the group level.

Currently I serve as the group chair of my home group, Young At Heart in Islip, and as the chairperson of LICYPAA. These commitments are great opportunities to remain humble, as I don't get a vote or an opinion in the business meetings. I personally have a ton of opinions of the ways I think things should go, but I don't get to express them. Instead, I get to see God speak through the group's conscience and be available, willing, and supportive of the results. As a result, I can be an effective, good leader, as called for in Concept 9. It also gives me the opportunity to practice placing principles over personalities in A.A. I have spent years of my life in A.A. business meetings taking peoples' inventories and taking resentments past the prayer at the end of the meeting into my home and into the relationships with the people I love and care about. To

make a long story short, that didn't work out well for me. When I can see past the sometimes ego-centric opinions made in business meetings and listen to the real reasons why they're being made, I can have love for people instead of hate.

I am grateful to A.A. for all of the principles it offers me to practice in all my affairs, and as I continue to stay sober and grow as a person, I get to continue to have peace in my life. That's all I was ever looking for in alcohol, and because of principles like those of the Twelfth Tradition, I get to have it in sobriety. Thank God for that.

In Love and Service,

Matt F.

## TRADITION TWELVE

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

*Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.*

### TRADITION TWELVE CHECKLIST

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition—or believe it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?

**Concept XII:**

## Concept XII - Long Form

*General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and, whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that, though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.*

The General Warranties of the Conference aren't just in effect during the annual week-long meeting of our delegates, trustees, directors and staff. They're the guiding principles for the entire structure of AA.

In our home groups and local service centers, we're careful to avoid gathering too much money beyond a prudent reserve. When we have more

than we need, we send it to other parts of AA so someone else can put it to use to help more drunks.

In our local committees, we elect service leaders, but never "bosses," staying true to the adage that "You can always tell an alcoholic, but you can't tell 'em much!"

As sober alcoholics, we love to talk -- and talk and talk and talk -- about everything, and we REALLY LOVE to vote. And when it's really important stuff, we talk some more after the vote until we either have substantial unanimity, or we're ready to let it go.

We don't shoot our wounded. If someone relapses, we do what we can to let them know they always have a seat among us. If someone gets belligerent or rude at a meeting, we may suggest they find another meeting for a bit, but we never kick someone out of AA.

The Twelfth Concept reminds us that we must continue to see each other as equals. To shoulder the weight of our life-saving message. To chip in with time, with a dollar, with a handshake and a smile. Nobody can make us do

these things. We have to choose this path. Fortunately, we can see the light in the eyes of those who've gone before us, and we know the truth of what Dr. Bob said it all boils down to: Love and Service.

If you want to learn more about the Twelve Concepts, take a few minutes to check out this pamphlet, the [Twelve Concepts Illustrated](#).

Jim M.

## CONCEPT XII

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

*Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.*

## CONCEPT XII CHECKLIST

1. How do we guard against becoming a "seat of perilous wealth or power"?
2. How do we practice prudent use of our Seventh Tradition contributions and literature revenue?
3. Do we insure the spiritual liberties of all A.A. members by not placing any member in the position of absolute authority over others?
4. Do we try to reach important decisions by thorough discussion, vote and, where possible, substantial unanimity?
5. As guardians of A.A.'s traditions, are we ever justified in being personally punitive?
6. Are we careful to avoid public controversy?
7. Do we always try to treat each other with mutual respect and love?

*Reprinted from Service Material from the General Service Office, p.2, with permission of A.A. World Services, Inc.*



## More Will Be Revealed

A YPAA experience by Kayla G

When I came into the rooms of AA the first time, I felt like maybe I didn't belong. I was 26 years old and it felt as though I had walked in to a room full of people my parents age.

Everyone seemed to be a few decades older than me. It was discouraging to an extent and solidified my initial idea of sobriety, that I was never going to have fun again. My sponsor told me that there were 3 principles that were indispensable, those were honesty, OPENMINDEDNESS, and willingness. So I tried my best to be open minded and I found hope in those rooms of recovering alcoholics. Part of me wishes I could say I got into the program and never looked back, but that is not my truth.

9 months later I found myself dealing with an unbearably painful experience and I picked up again. I returned to rehab where a few women from a young people group in Long Beach brought a meeting in every week. I had experienced one or two young people groups before, but these girls were different. They had peace, they were full of light and love, they had recovered. I got out of rehab and that very night I headed to that group. I was in awe when they asked who was available to sponsor and more than 75% of the room's hands went up. I thought, "They've all been

through the steps?!?" and began wanting what they all had. I got a sponsor and a support group that would soon be inviting me to do fun things like go to the beach, six flags, Christmas light show drive thrus and so much more. That old idea of never having fun again was abolished within a month or two of getting involved in this young person meeting.

Fast forward 15 months, I too am raising my hand for sponsorship, greeting the newcomer and inviting them to various fun activities. I was invited to another young people group in East Islip and then to a sober party. I went and met some incredible people and had a ton of fun. I found myself thinking, "Are all these people really sober?" and the truth is, YES, they were. From those connections I found myself at a sober campout hosted by LICYPAA. I had many spiritual experiences while there. I met even more young sober people like myself and had the time of my life. I instantly wanted to get involved in this committee that was helping the young people of AA in Long Island have fun in sobriety while keeping the priority on recovery, sponsorship and step work. Thus, began a wild journey. The idea of being able to be of service to any young person in recovery on Long Island brought on emotions of gratitude and awe.

I'm here to tell you, more will be revealed. This passed weekend I

attended my first YPAA convention, ESCYPAA (Empire State Conference of Young People in Alcoholics Anonymous), where I had spiritual awakening after spiritual awakening. I met so many new young people, and people who had gotten and stayed sober young. As a member of LICYPAA we had been working hard to bid to hold the convention on Long Island next year and become the Empire State Conference of Young People in Alcoholics Anonymous. Saturday night came, we heard an incredible main speaker and the announcement was made; "WE'RE GOING TO LONG ISLAND!!!" We shot up and were losing our minds; as a committee we pulled it off. All of a sudden, an incredible wave of positive emotions came over me and I was sobbing. It had dawned on me; we now have the opportunity to be of service to not only every young person in the great state of New York but the entire country! Wow never had I thought that I would be involved in that level of service as a now 28 year old recovered alcoholic. I don't know what the God of my understanding has in store next, but I do know that MORE WILL BE REVEALED.

-Kayla G

## DISTRICT COMMITTEE MEMBER CHAIR'S DESK

Hello To All,

I need to encourage participation, especially in "The" Nassau County. We have lacked participation with groups that have a current General Service Representative. Subscribers on this email, talk it up if your group needs a General Service Representative. Discuss the spiritual benefits of service. Service affirms our spiritual program of recovery.

The Responsibilities of a Groups General Service Representative is as follows:  
 \* Attends SENY'S 5 annual assemblies and 1 Delegates Day of Sharing  
 \*This communication is a two-way street, making the

G.S.R. responsible for bringing back to the group any Conference actions that affect A.A.'s unity, health, and growth. Only when a G.S.R. keeps the group informed and communicates the group conscience, can the Conference truly act for A.A. as a whole.

Relationship of the G.S.R. to Area 49:

- \* Attends and participates at assemblies.
- \* Attends orientation sessions, and county workshops and area workshops.
- \* Studies the Traditions, The A.A. Service Manual/12 Concepts for World Service.
- \* Obtains the services of an alternate G.S.R.- at least during the second year of the term.
- \* A G.S.R. may also want to learn more about or get

involved with our Nassau County service committees. Some committees are: Grapevine, Corrections, Cooperation Professional Community, Public Information, Archives & Accessibility. Our County Unity Breakfast Committee is a wonderful event to do service.

Be an effective member of an effective committee. This participation is encouraged. Watch out for me on the Service Road. May I meet you there also!

Marty K. Nassau County  
DCMC-AAIOU

[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)



### Technical- Communication Officer (Registrar)

- 3 years sobriety and needs to have been a GSR
- Enrolls new GSR's & Alternates in Nassau County, SENY, GSO database

### 2nd Alternate to the DCMC

- Needs 5 years sobriety needs to have been a past GSR
- Provides leadership to adhoc chairs & Committees ( Unity Breakfast, LISTS, Big Meeting)

If you are interested in these service opportunities contact Marty at [Dcmc@aanassaugs-ny.org](mailto:Dcmc@aanassaugs-ny.org)

## CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to

[Dcmc@aanassaugs-ny.org](mailto:Dcmc@aanassaugs-ny.org).

## Financial Review—Treasurer Trusted Servant



If your group is at all like mine, you may be preparing to rotate trusted

servants either this month or next. This might mean a new group treasurer coming on board. And just as every group may be a bit different or very different from the next AA group, AA treasurers may be quite different one from another in how they approach the responsibility. As with all group trusted servants, it is suggested we select our treasurer with care. What that means is pretty much up to the group, but should definitely be given some serious thought.

The [AA Group Treasurer](#) pamphlet (F-96) notes, “The position of group treasurer is one of the most responsible positions in any AA group. While there is no standard length of sobriety necessary for a member to take on the position of group treasurer, many groups suggest that the treasurer should have a reasonable period of sobriety (at least six months to a year or more).” Does that mean a member with less sober time can’t be a treasurer? Not necessarily. The matter is up to the group that will be served.

What about experience and skills? Does the treasurer need to have professional experience as an accountant or bookkeeper? Do they need to be able to run accounting software? Do they need to be able to

work an Excel spreadsheet? While it probably makes sense for the experience and skills of a group treasurer to somehow match the needs of the group being served (larger groups that handle more funds or some service groups probably have different needs than groups with simpler finances), here again, it’s up to the group what qualifies their treasurer.

Treasurer candidates should also be given some idea of the likely demands of the position including possible time commitment along with group expectations.

A few things will be true regardless of the demands of a group’s finances. All treasurers should be encouraged and expected to keep records, to provide regular reports on the group’s finances and to be ready to have any member review and comment on the group’s finances and practices. This latter point does not imply a lack of trust.

New treasurers may look to available AA literature and fellow members for information and support. As to literature, the [“Contributions”](#) page on the Intergroup website provides ready access to everything AA offers. (Check out the links near the bottom of the page.) As to support, new treasurers may reach out for shared experience from their prior group treasurer and from current and past treasurers at any of the local service groups. This includes Intergroup ([treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org) or [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)) and General Service ([treasurer@aanassaugs-ny.org](mailto:treasurer@aanassaugs-ny.org) or [treasurer@aaseny.org](mailto:treasurer@aaseny.org)). We need never be alone in our AA service.

In local matters, in the [September](#)

and [November](#) newsletters we wrote about the process of developing Intergroup’s annual budget. By the time you read this, Intergroup’s 2022 budget will likely have been settled. A copy of the approved budget is available on request. By way of further process, the settled 2022 budget may be amended at any time by the Reps meeting in the light of new information.

In other related matters, Financial Review (FR) has completed its work on Intergroup’s proposed Purchasing Guidelines. (We noted prematurely that we had done so last month.) These guidelines are intended to serve as a template for our use of funds and other finance related practices designed to keep us in line with our obligations as a non-profit corporation in NY State, as a State sales tax vendor, and as a 501c4 entity with the IRS. ([26 US Code § 501](#) deals with tax exemption, and sub-section 501c defines tax exempt organizations.) Review and final approval of the Guidelines is pending.

Also, FR is recommending applying to move Intergroup from being recognized by the IRS as a 501c4 entity to 501c3. The change would make Intergroup eligible for a range of complementary or low cost resources available only to 501c3s which would greatly benefit some of our operations, and also impacts the tax deductible nature of individual contributions to Intergroup. This too will come up for consideration, probably next year.

Hope this is helpful. Stay safe.

Bill C., Financial Review Committee  
516-292-3045 or  
[finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)



As we get into the holiday season full of pumpkins, fallen leaves, and apple everything, lets get just as excited to be part of. Being a part of AA full of fellowship, recovery and service, the abundance of life in sobriety is full. What a wonderful feeling! As we have learned, what we gain in this program we do our best to give back. In celebration of this gratitude, a rewarding way to be of service is by asking your group or a few sober friends to volunteer for the Nightbook. Our AA hotline continues round the clock and in order to stay

that way, we ask for your help. The Nassau Intergroup hotline will be handed over to each person for the week they sign up between the hours of 5pm until 9am the following day. Sleep is required so try not to lose any if you miss a call in the middle of the night! We simply ask that you remain willing and open to being available. Any and every call that is answered is always very much appreciated. I'd like to say Thank You to the following Groups and Volunteers that took this commitment for the month of October:

- Gratitude Into Action, Oceanside
- Serenity By The Sea AM, Point Lookout
- No Frills, Bellmore
- Early Risers, Long Beach

If you are interested in getting your group or group of friends involved, please contact me via email anytime!

[Nightbook@nassauny-aa.org](mailto:Nightbook@nassauny-aa.org)

With Love & Gratitude,  
Luisa, Nightbook Chair

## CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to

[nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).



**LITERATURE.....**  
**LITERATURE.....**  
**COME AND GET YOUR**  
**LITERATURE!!!!!!**

Nassau Intergroup office has a large variety of literature available for purchase. Can you ever have enough AA literature? I find there is always something good to read within the literature closet.

Also, a reminder that the newly "revised" Preamble is now in "print", and available for purchase.

This can be ordered upon your group's request.

Literature requests can be obtained via email at [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org) or in person at the office daily between 9 am and 5 pm. We ask that you call ahead at [516-292-3045](tel:516-292-3045) to assure someone is physically at the office as many volunteers are still answering the phones virtually. If there is a special request, I can arrange for someone to meet you at the office to obtain the literature needed.

As this pandemic remains a concern, there are still restrictions in place. We ask that you be courteous of other's safety by wearing a mask, and maintaining a 6 ft distance when possible while in the office.

Yours in service,

Karen G., NI Literature  
Chair, 2021-2022



A new episode each  
Monday at 9:00 am EST

Each week Don and Sam will interview a different member about their experience, strength and hope, in a casual "meeting after the meeting" manner. Special features will enhance each episode.

A new podcast episode will be available in English every Monday.

To hear the podcasts go to [aagrapevine.org/podcast](http://aagrapevine.org/podcast)

## CONTACT INFORMATION

If you would like to get in touch with the Literature Chair please send

an email to  
[literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

## 12TH STEP LIST CHAIR'S CORNER

### Are You Willing to be the Hand of AA?

Service has been such an important tool in my journey of sobriety, so when I was asked if I was interested in helping as the 12-Step Chair list for Nassau County, I jumped right in!

I am excited to announce that we just launched our new digital 12-Step list sign-up and already have 24 members ready to help another alcoholic in need. This list will be used by the Nightbook volunteers, and the office phone volunteers, and the link will be changed on a regular basis for security reasons.

Any groups or members who'd prefer being sent a printable PDF for group sign ups can contact me to request it directly.

Here is the link to sign-up for the 12-step list, please pass it on to others in your homegroup.

<https://forms.gle/3ZTJzmUMzmD3SQuC6>

Carlos M.

12th Step List Chair

[12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

### CONTACT INFORMATION

If you would like to get in touch with the 12th Step List Chair please send an email to

[12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

## Twelve Step Contact Info - Nassau Intergroup of AA

Please fill in this form if you would like our Nassau County AA hotline volunteers to reach out to you when someone calls looking for help with a drinking problem in your town/community. It is recommended that you have 90 days sober before including your name on this list.

Your contact information will NOT be given out. If a call from someone in your town comes in, a volunteer will call you and pass along the number of the person who has reached out to us for contact with a sober member of A.A.

REMINDER: If you're going to meet a newcomer or help someone get to a meeting, take another sober A.A. member with you! Don't go on a Twelfth Step call alone.

LIVE! IN-PERSON!



# NERAASA 2022

Northeast Regional  
AA Service Assembly



**FEB. 25-27**  
**WPA AREA 60**  
**PITTSBURGH, PA**

This is as close as it gets in the Northeast Region to where it all started ... Dr. Bob's House in Akron, OH is just 2 hours away.

DOUBLE TREE BY HILTON HOTEL PITTSBURGH - GREEN TREE BOOK WITH A DISCOUNT AT NERAASA.ORG

FOR MORE INFO CONTACT  
INFO2022@NERAASA.ORG  
OR GO ONLINE AT NERAASA.ORG

## Nassau Intergroup Newsletter

— Find topical articles, AA History, AA Grapevine, Calendar of Events, Announcements, Intergroup Contact Info, Three Legacies, Meeting List Updates, and "Who Am I?"



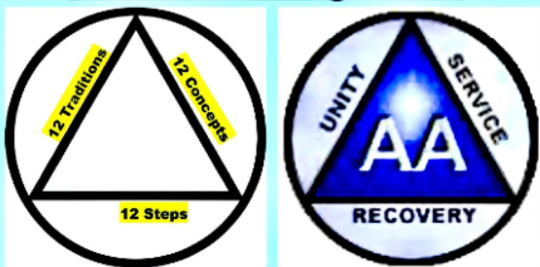
— E-Subscription available. Get your copy of the newsletter early and in full colour with working hyperlinks. Look for "Subscription Form" under "Newsletters" at [www.nassauny-aa.org](http://www.nassauny-aa.org).

— Seeking member submitted content, articles, poems, puzzles, cartoons, announcements, anything reflecting your experience of AA's Three Legacies: Recovery, Unity, Service. Mail to the office or [news@nassauny-aa.org](mailto:news@nassauny-aa.org).

## Nassau General Services is proud to present: ~A Workshop~

"OUR TWELVE CONCEPTS for WORLD SERVICE:"  
AA'S Spiritual Principles of Recovery

### Our "Three Legacies"



\*\*\*\* Suggest to have your service manual. It's open for all A.A. members. The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST\*\*\*\*  
922 8787 8377 Passcode 12345

Dates :

- January 17 Concepts 1 & 2
- March 21 Concepts 3 & 4
- May 16 Concepts 5 & 6
- July 18 Concepts 7 & 8
- September 19 Concepts 9 & 10
- November 21 Concepts 11 & 12



## Service Is Essential

Service,  
Our Third  
Legacy

Want to know more?

Join us at

### The Big Meeting

Saturday December 4, 2021

From 2:00 pm - 6:00 pm at

True North Church

1101 Lakeland Ave.

Bohemia NY, 11716

There will be Food, Fellowship and information on Service Opportunities.

This is about one hand reaching for another,  
Alcoholic to Alcoholic  
Sponsor to Sponsee



Practical experience shows that nothing will so much ensure immunity from drinking as intensive work with other alcoholics. It works when other activities fail"

Big Book, Page 89

Baldwin Group Holiday Party  
 December 25, 2021, 11am-3pm  
 Food, Fellowship, Fun



First Presbyterian Church  
 717 St. Luke's Place  
 Baldwin 11510

(Regular Meetings 7:30pm & 9:00pm)

**PRIMARY PURPOSE  
 GROUP  
 OF LYNBROOK'S  
 16TH ANNIVERSARY!**

DECEMBER 21, 2021 6:00 PM TO 8:00 PM

HYBRID EVENT  
 FELLOWSHIP 6:00 PM - 7:00 PM  
 FOLLOWED BY THE MEETING FROM 7:00 PM - 8:00 PM

IN PERSON AT: 225 EARLE AVE. LYNBROOK, NY 11563  
 ENTRANCE ON PENINSULA BLVD.

ZOOM INFORMATION: MEETING ID: 766-717-5808 PASSCODE: ppg

**LICYPAA → ESCYPAA VIII**

LICYPAA just won the bid to hold the 2022 Empire State Convention RIGHT HERE on LI, and we're becoming ESCYPAA VIII!

Now it's time for **ELECTIONS**

Come on out to elect your next host committee positions. Elections will take place before our Holiday Party! So there will be lots of fun after. This will be a HYBRID event.

**WHERE:** Thrive Suffolk 1324 Motor Pkwy Hauppauge, NY 11749  
**Or Join on Zoom:** ID: 658 749 0274 Passcode: LICYPAA  
**WHEN:** Saturday, December 11, 2021 4:30p - 7:30p EST

**FOLLOWED BY...**

ESCYPAA VIII PRESENTS  
*Holiday Party*  
 DECEMBER 11, 2021 | 7-11PM

Thrive Suffolk 1324 Motor Pkwy Hauppauge, NY 11749  
 Suggested \$5 contribution and a grab bag gift donation of \$10 or less

7:30PM GRATITUDE MEETING | 8:30PM CAROLS AND KARAOKE | 9:30PM GRAB BAG | 10PM DANCING

www.licypaa.org

**Nassau County Big Meeting  
 of A.A.**

*Waves of Change*

DATE: 12/11/21 TIME: 1PM-4PM

sometimes in the waves of change, we find our true direction

**Ticket & Mask Required!  
 Use QR code to reserve your seat!**

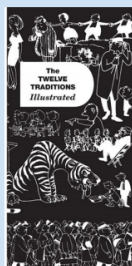
LOCATION: GARDEN CITY COMMUNITY CHURCH  
 245 STEWART RD AVE. GARDEN CITY, NY 11530  
 RSVP email Nassaubigmeeting2021@gmail.com



## IAN Monthly Tradition Workshops

**nassau intergroup**

**Monthly  
Traditions Workshop**



**The SECOND SUNDAY  
of each month**

**10am-11am**

**Zoom Meeting ID: 554-670-5146**

**Passcode: 870607**

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA? Or maybe just unfamiliar with their meaning and purpose within our Fellowship? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

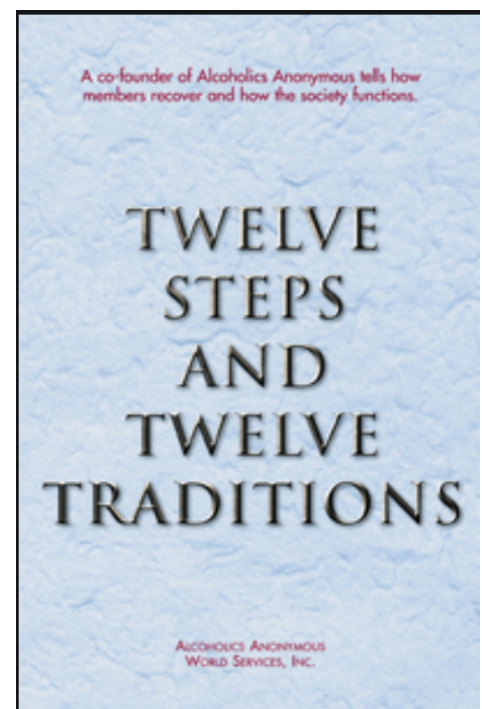
The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



## Service Workshops



Long Island Spirituality  
Through Service (“LISTS”)

### Service Workshops

LISTS is a workshop which was established in 2010. It is sponsored by the General Services of Queens, Brooklyn, Suffolk and Nassau Counties, plus the four counties’ Hispanic Districts. Its purpose is to bring together AA members involved in service below the home group (General Service, InterGroups, YPAAs, the Hispanic Districts, SENY and more). It also hopes to attract new participants (AA members) considering becoming involved in

service other than their homegroups.

Service for me, has been key from the beginning of my sobriety. Many AA members have found spirituality through service in the 12 Steps, 12 Traditions and 12 Concepts.

Please join us on a virtual platform, Saturday, December 18, 2021, from 10:00 a.m. to 2:00 p.m. There will be a Keynote Speaker and six workshops concerning various service topics.

Please look for the flyer with more information

regarding Zoom meeting ID/password and phone call-in soon on the Nassau General Service and InterGroup websites.

I hope to see many of you.

Yours In Service,  
Regine V.

## NASSAU INTERGROUP - EMAIL ADDRESSES

### OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

Nassau General Service District Committee Member Chair (DCMC)  
[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

### STANDING COMMITTEES

Archives [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)

Coop. Pro. Comm. (CPC) [cpc@nassauny-aa.org](mailto:cpc@nassauny-aa.org)

Corrections [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org)

Financial Review [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

Institutions (H&I) [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

Literature [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Meeting List [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org)

Newsletter [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

Night Book [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Officer Coordinator (Mgr.) [officemanager@nassauny-aa.org](mailto:officemanager@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

Share-a-Day (SAD) [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

Speakers Exchange [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org)

Accessibilities [accessibilities@nassauny-aa.org](mailto:accessibilities@nassauny-aa.org)

12<sup>th</sup> Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

### Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

#### Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,  
Nassau InterGroup of Alcoholics Anonymous

### Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:  
[webmaster@nassauny-aa.org](mailto:webmaster@nassauny-aa.org).

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

Alcoholics Anonymous and A.A. are registered ® trademarks of AAWS. Inc. Quotes and other items from A.A. literature or other A.A. sources are copyright © AAWS, Inc. or A.A. Grapevine, Inc. and are used with permission or under fair use provisions.